

Lead can be found in unexpected places

Lead exposure is a known health risk. It's important to know what causes lead exposure, and how to reduce exposure for yourself, your family, and children in your care

Some hobbies and jobs can expose you to lead

Your job or hobbies may require you to work with lead. If they do, take steps to handle it safely, minimize your exposure, and prevent the spread of lead residue after you're done.

These activities can expose you to lead:



Refurbishing old furniture



Soldering



Casting or handling ammunition or fishing weights



Pottery



Making Stained Glass

Exposure can occur if you bring lead dust home on your clothes, skin and hair, or vehicle. Working with lead at home can create harmful lead vapours and dust in your household.

Here's what you can do about it:

Use personal protective equipment such as:



Face Mask



Goggles



Gloves



Boots



Protective Clothing

- Do not eat or drink when working with lead
- Keep surfaces clean
- Change your clothes and wash or shower after working with lead

- Keep lead-contaminated laundry away from other laundry
- Ensure proper ventilation
- Keep children and pregnant women out of the area when working with lead

GET MORE INFORMATION ABOUT LEAD AT:

Manitoba.ca/leadaware

If you have further questions about lead exposure, contact Health Links — Info Santé at 204-788-8200 or toll-free at 1-888-315-9257.

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