



Keep food out of the
TEMPERATURE DANGER ZONE

The DANGER ZONE is 5°C to 60°C (41°F to 140°F)

Keep cold food cold 4°C (40°F) or less

Keep hot food hot 60°C (140°F) or more

Keep frozen food frozen -18°C (0°F) or less

FOOD-BORNE ILLNESS BACTERIA GROW RAPIDLY IN THE DANGER ZONE.

Canada

Growing Forward 

Manitoba 