
Telephone Numbers for Psycho-social Support**Provincial**

Manitoba Farm and Rural Stress Line: 1-866-367-3276 (1-866-FOR-FARM) or visit the website at: www.ruralstress.ca

Klinic Community Health Centre 24 hour Crisis Line: 786-8686 in Winnipeg; toll free 1-888-322-3019

Regional Health Authorities**Assiniboine Regional Health Authority**

Crisis Services 204-725-4411; or toll free 1-888-379-7699

Central Regional Health Authority

Mental Health Intake: toll free 1-888-310-4593

Mental Health Crisis Services: toll free 1-866-588-1697

Interlake Regional Health Authority

24 Hour Crisis Services: toll free 1-866-427-8628

Community Mental Health Central Intake: 204-785-7752 in Winnipeg or toll free 1-866-757-6205

North Eastman Regional Health Authority

24 Hour Crisis Services: toll free 1-866-427-8628

Mental Health Intake & Urgent Care: toll free 1-866-577-2901 (8:15 a.m. to 5:30 p.m. Mon. to Fri.)

Parkland Regional Health Authority

Mental Health Crisis Response: toll free 1-866-332-3030

South Eastman Regional Health Authority

Crisis Services: toll free 1-888-617-7715 (12 p.m. to 12 a.m.)

Winnipeg Regional Health Authority

Mobile Crisis Service: 204-940-1781

Klinic Crisis Line: 204-786-8686