

Manitoba Public Health Measures for Novel A/H1N1 Influenza for Public Health Practitioners

CASE MANAGEMENT	CONTACT MANAGEMENT	PUBLIC EDUCATION
<p>Regional Public Health follow-up:</p> <ul style="list-style-type: none"> ▪ Confirmed cases are reported to RHA Public Health by MHHL Surveillance Unit. ▪ Public Health Nurse contacts case (phone or in person) to complete case investigation form, to reinforce voluntary isolation for 7 days after onset of illness or until symptoms resolve (whichever is longer), and to provide education as per the Public Education section ▪ Case is put on passive surveillance for 7 days from onset of symptoms ▪ Group education to provide ongoing public information and messages for people in voluntary isolation ▪ Communication with schools or child care centres will be initiated by the MOH to inform about a case in the facility and follow the Public Education measures in this document. 	<p>Regional Public Health follow-up:</p> <ul style="list-style-type: none"> ▪ Contact follow-up is not recommended at this time. ▪ Case is to inform their contacts (many of whom are household members) that they should monitor for symptoms for 7 days from the last contact with the case while infectious and to undertake voluntary isolation and seek care if symptoms develop (Passive surveillance) ▪ If recommended, in a given pandemic situation, instructions on clinical assessment and access to antiviral medication within 48 hours if contacts develop ILI while on surveillance are given ▪ Management of close contacts to confirmed cases of H1N1, who are symptom-free MAY differ on a case by case basis (e.g. No travel out of province, avoidance of farm animals, working from home if possible, no social gatherings) ▪ voluntary isolation for healthy individuals who may have had contact with H1N1 influenza is not recommended <p>The Public Health message:</p> <ul style="list-style-type: none"> ▪ Self diagnosis and report if symptoms occur within 7 days ▪ Hand and Cough Hygiene practices instruction ▪ No masks are necessary in public unless the contact has become sick. ▪ No antiviral treatment is recommended for contacts at present ▪ Group education by providing ongoing public information and messages to people in voluntary modified activities 	<p>Individual infection prevention and control measures (includes education regarding):</p> <ul style="list-style-type: none"> ▪ hand hygiene, respiratory/cough etiquette, proper tissue disposal, and other personal protective measures to avoid droplet/contact spread ▪ the importance of fresh air and how to increase air circulation in buildings ▪ wearing of masks by the public for people who do not have influenza is not recommended ▪ how to clean and disinfect environmental surfaces to avoid droplet/contact spread <p>Social distancing (includes education regarding):</p> <ul style="list-style-type: none"> ▪ stay home from day-care, school, work and public events if they have influenza-like-illness (ILI) symptoms ▪ School and Child Care Centre closures will be determined by the Ministers of Education, Citizenship, and Youth, and Family Services and Housing based on consultation the Chief Provincial Public Health Officer or the regional medical officer of health, and with advisement to the affected school boards ▪ to reduce non-essential travel to Mexico (PHAC) ▪ when and how to get information on any closures, cancellations or changes to community services/events ▪ about emergency preparedness supplies they should have in their homes (e.g., food, water) ▪ Influenza care, including information about: <ul style="list-style-type: none"> ▪ how to access health care advice/triage services (e.g., Health Links-Info Santé, internet sites) ▪ where and how to seek medical care in a way that minimizes exposure to influenza ▪ self care and how to care for others who are ill at home

The Public Health Measures Interim Guidelines document will provide more detailed description and discussion (in development). Policy and protocol development is the responsibility of each Regional Health Authority /First Nations and Inuit Health based on local circumstances and aided by the MHHL Public Health Measures Interim Guidelines.

MHHL NOVEL A/H1N1 INFLUENZA PUBLIC HEALTH MEASURES ALGORITHM

