

### Emergencies or Urgent Issues

**Call 9-1-1 immediately**

### General Health questions and guidance

#### **Health Links-Info Santé**

Phone: 204-788-8200

Toll-free: 1-888-315-9257

Health Links-Info Santé is a telephone health information service staffed 24 hours a day, seven days a week by knowledgeable, experienced nurses and can assist with triaging client needs.

### Non-urgent or Emergent Care

Should newly arrived people from Ukraine require non-urgent or emergent care, they can access the Walk-In Connected Care (WICC) Clinics.

**Settlement workers are asked to call ahead first and advise that they are coming and who the WICC can expect.**

**Hours of operation vary, please call ahead or check the website for details.**

Walk-In Connected Care is provided by nurse practitioners, physician assistants and registered nurses.

#### **Walk-In Connected Care ACCESS Winnipeg West**

280 Booth Drive

Phone: 204-940-2084

#### **Walk-In Connected Care ACCESS Fort Garry**

135 Plaza Drive

Phone: 204-940-7100

#### **Walk-In Connected Care ACCESS NorWest**

785 Keewatin Street

Phone: 204-938-5900

#### **Walk-In Connected Care McGregor**

363 McGregor Street

Phone: 204-940-1963

#### **Walk-In Connected Care Centre de santé Saint-Boniface**

170 Goulet Street

Phone: 204-940-3838

For more information visit:

<https://wrha.mb.ca/locations-services/walk-in-connected-care/>

### Mental Health & Addictions

Call 911 for immediate mental health and/or addictions help or transport to Health Sciences Centre Children's Emergency Department for medical intervention

#### Crisis Services

#### **Klinic Crisis Line (24/7)**

Phone: 204-786-8686

Toll free: 1-888-322-3019

#### **Manitoba Suicide Prevention & Support Line (24/7)**

Toll free: 1-877-435-7170

[www.reasonstolive.ca](http://www.reasonstolive.ca)

#### **Sexual Assault Crisis Line (24/7)**

Phone: 204-786-8631

Toll-free: 1-888-292-7565

#### **The Link (formerly Macdonald Youth Services) Youth Mobile Crisis Team & 24 hour Provincial Crisis Line**

Phone: 204-949-4777

Toll-free: 1-888-383-2776

#### **24/7 Mobile Crisis Service**

This team can respond to individuals/families experiencing a mental health crisis.

Phone: 204-940-1781

#### **Mental Health Crisis Response Centre**

Walk-In Centre open 24 hours/7 days a week (no appt. necessary)

Provides Urgent Mental Health Services for Adults

817 Bannatyne Avenue (at Tecumseh)

Phone: 204-940-1781

#### **RAAM clinics**

The Rapid Access to Addictions Medicine (RAAM) Clinic is an easy to access walk-in clinic that people can visit to get help for substance use and addiction issues without an appointment or formal referral.

Two locations in Winnipeg:

#### **Crisis Response Centre (CRC)**

817 Bannatyne Avenue

Walk-in clinic: Registration opens at 12pm on Tues., Wed. & Fri.

Phone: 204-792-7159

#### **River Point Centre**

146 Magnus Avenue

Walk-in clinic: Registration opens at 12:30 p.m. on Mon. & 9:00 a.m. on Thurs. from 9:30 to 11:30 a.m.

Phone: 204-944-6209

Toll-free: 1-855-662-6605 (Call Mon-Fri, 8:30 a.m. – 4:30 p.m.)

#### **Harm Reduction Supplies available 24/7**

**For assistance on RAAM services at the CRC contact the Service Navigator at: 204-940-2433**

### Mental Health & Addictions

#### Non-Crisis Services

#### **Non-Crisis Child and Adolescent Mental Health Centralized Intake**

Centralized Intake provides a central point of entry for all services in the Shared Health Child and Adolescent Mental Health Service.

This service enables clients and families to access the appropriate programs and services based on the individual needs of the client and their family.

165 St. Mary's Road  
Phone: 204-958-9660

#### **Youth Addictions Centralized Intake Service**

Youth Addictions is a provincial service that offers information and support to parents regarding the Youth Drug Stabilization (Support for Parents) Act.

The service is designed to assist people navigating the continuum of youth addiction services and identifying an appropriate program.

165 St. Mary's Road  
Phone: 204-958-9692  
Toll-free: 1-877-710-3999

#### **Street Connections**

A mobile van service run by WRHA Public Health that provides a variety of services and resources:

Public Health Nurses are in the van Fri. & Sat. evening. They offer testing for various STIs, as well as pregnancy testing, prenatal services, information about pregnancy options, vaccines against hepatitis A & B, the flu, and other illnesses, care for minor wounds and abscesses, and referrals to other programs and services

Street Connections provides clean injection supplies.

We also take used needles and safely dispose them.

We also provide condoms, lube, and safer sex information.

Street Connections does home visits for needle exchanges and some nursing services.

496 Hargrave Ave.  
Regular Office Hours: Mon-Fri: 8:30am-4:30pm  
Regular Van Hours: Mon-Fri: 6:00pm-11:15pm  
Sat: 5:00pm-10:15pm  
Phone: 204-981-0742  
[www.streetconnections.ca](http://www.streetconnections.ca)

#### **Manitoba Addictions Helpline**

1-855-662-6605

### Language Interpreter Services

WRHA Language Access employs trained, accredited interpreters who provide services in many languages. This reduces risks associated with language barriers and enhances patient safety, accessibility and equity. WRHA Interpreter Services are available 24/7 face-to-face or remotely (video conference, conference call).

Services are provided at no cost to publicly funded health services such as hospitals, community health services, CancerCare MB, fee-for-service physicians working in the Winnipeg Health Region.

To request an interpreter call: 204-788-8585 (24/7) or fax your request to the Language Access office.

Interpreter fax request forms can be found at:

<https://professionals.wrha.mb.ca/old/professionals/language/request-form.php>

For more information, please visit:

<https://professionals.wrha.mb.ca/old/professionals/language/>