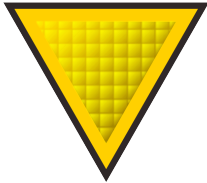


**#RestartMB Pandemic Response System**

COVID-19 is still a threat across Manitoba; however, transmission levels are low. The chief provincial public health officer has set the response level to Caution across the entire province.

Manitobans must:

- Stay home when sick.
- Practise social distancing, hand washing/sanitizing and cough etiquette.
- Wear a mask in indoor settings where social distancing is not possible.
- Follow public health guidance on travel and self-isolation.
- Limit group sizes to a maximum of 50 people indoors and 100 outdoors.
- Vulnerable people, such as seniors, are encouraged to exercise additional caution.

Additional sector-based guidance at the Caution Level follows. All activities require two metres of physical distancing except for brief exchanges, where masks are used, or if non-permeable barriers (e.g., Plexiglas) are in place.

Public Health officials may place individual sectors, regions or facilities in an elevated response level. For more detailed guidance, including restrictions and recommendations for specific workplaces, visit [www.manitoba.ca/covid19](http://www.manitoba.ca/covid19).

**Travel**

- Non-essential travel outside of Manitoba is strongly discouraged. Exceptions exist for certain critical needs like health care and transporting important goods and services.
- Fourteen days of self-isolation is required people returning or coming to Manitoba from all jurisdictions except, western and northern Canada and northwest Ontario.

**Gatherings**

- Indoor gatherings of up to 50 people are permitted.
- Outdoor gatherings of up to 100 people are permitted.

- Larger group sizes will be allowed where distinct groups (cohorts) of 50 (indoors) or 100 (outdoors) can be separated to prevent contact with other groups.
- For faith-based gatherings, powwows and other cultural and spiritual events, the site capacity will be a maximum of 30 per cent or 500 people, whichever is lower. Sub-groups or cohorts are not required.

### **Hospitals, personal care homes and long-term residential care**

- Two designated caregivers that are family or close friends with an established pattern of involvement may visit for any length of time.
- General visitors are permitted indoors for shorter periods in certain situations with precautions.
- Outdoor visits remain preferred and are only limited by the ability to maintain physical distancing.

### **Kindergarten to Grade 12 Schools**

- Kindergarten to Grade 8 students and students with special learning needs will participate in in-class learning five days per week.
- Students in grades 9 to 12 will be in class to the greatest extent possible. Remote learning for high school students may vary from school to school, depending on the ability to physically distance including in classrooms, hallways and other areas.

### **Post-secondary Institutions**

- Institutions may operate and may limit classroom size or offer online or remote learning to maintain physical distancing.

### **Child Care**

- Family child-care homes and child-care centres may be able to open and work toward safely increasing their operations to full regular licensing capacity while still meeting directives outlined by public health.
- Child-care centres will have maximum group sizes/cohorts within indoor settings of up to 30 people, including children and staff. Cohorts are allowed as long as there is a physical barrier or if at least four metres of space is maintained when a non-permeable barrier is not possible.

### **Retail**

- Retail businesses may be able to open. However, they must ensure that members of the public are reasonably able to maintain a separation of at least two metres, except for brief exchanges.

### **Restaurants and Other Public Food Establishments, and Bars, Beverage Rooms, Brew Pubs, Micro-breweries and Distilleries**

- Businesses may fully operate within normal occupancy levels indoors and outdoors; however, there may not be self-service buffet services.
- Measures must be put in place to ensure two-metre separation between tables and seating, or a temporary or permanent physical barrier.
- Walk-up counter service is not generally permitted.

### **Fitness Clubs, Gyms and Training Facilities**

- Fitness clubs, gyms and training facilities, martial arts, gymnastic clubs, yoga studios and dance, theatre and music schools must remain at occupancy levels of 50 per cent or one person per 10 square metres, whichever is less.

### **Casinos**

- Facilities able to open with a maximum occupancy of 30 per cent of the site's capacity, including staff. Sub-groups or cohorts are not required.

### **Performing Arts and Movie Theatres**

- Facilities may open, at a capacity of 30 per cent of the site's capacity or 500 people, whichever is lower. Sub-groups or cohorts are not required.