

## Preschool Programs

Preschool Programs are 45 minutes in length. Available May – June & September – November.

### Baby Animals

Baby animals don't always look like their parents. See if you can match them up and discover what a baby animal needs to grow.



### Tiny Trees

Not all trees start off as giants of the forest. Discover what makes a tree grow and how it can provide habitat to other animals.

### Itsy Bitsy Insects

From egg to larva to eight-legged creepy crawly, discover the magnificent changes these tiny creatures go through, where they live and how they are important to our ecosystem.

All Preschool Programs are geared towards 4 – 6 year olds.



## Guided Walks

Guided walks are a great addition to any program and can incorporate a number of natural and cultural themes. Available May – June and September – November.

**Cedar Bog Trail** (3.5 km) 1.5-2 hrs.  
Topic: Biodiversity of ecosystems & land

**Nimowin Trail** (1.8 km) 45 min - 1 hr.  
Topic: Interactions of plants, animals & humans

**White-tailed Deer Trail** (1.5 km) 45 min.  
Topic: White-tailed deer & habitat

**Bur Oak Trail** (1 km) 30-45 min.  
Topic: Aspen/Oak Parkland

Other walking trails may be accessed from various locations in the park.

## Spring & Fall Programs

Spring & Fall Programs are 45min to 1hr in length. Available May – June & September – November.

### Deer Detectives

**Grades 1 – 4**  
Discover the characteristics, habitat and adaptations of Birds Hill's white-tailed deer.

### What's Alive

**Grades 1 – 6**  
Learn about the biodiversity and interactions of living & non-living things in the park's ecosystems.



### Animal Investigation

**Grades 1 – 6**  
What makes a bird a bird? A mammal a mammal? Learn about the diversity of living things in the park.

### Plants & Seeds

**Grades 1 – 3**  
Discover the many types of plants in the park, what they need to grow and how their seeds disperse.

### Super Soils

**Grade 3**  
Get your hands dirty with the discovery of soils in the park & why they're important to the ecosystem.

### Nature's Engineers

**Grades 1 – 6**  
Find out how the beaver's adaptations help them change the landscape to form their perfect habitat.

### Owls - Lords of Darkness

**Grades 3 – 6**  
Learn about this magnificent predator: what they eat, how they hunt and their special adaptations.



### Fantastic Forests

**Grades 3 – 8**  
Discover the unique forest ecosystems of Birds Hill & how they play an important role in animal's lives.

### Rocks & Minerals

**Grades 4 – 8**  
Discover the geological history of Birds Hill while searching for fossils and rock samples.

### Vanishing Grasslands

**Grades 4 – 8**  
Learn about the endangered tall grass prairie and the species that are affected by its loss.



### Dr. Deer

**Grades 5 – 8**  
An expansion of "Deer Detectives," learn about the predator-prey relationship of deer.

### Water Systems

**Grades 5 – 8**  
Find out about the importance of water, its link to the weather and how to conserve it.

### Eco-Games

**Grades K – 8**  
Various topics explained and demonstrated through fun, interactive games for all ages.

## Specialty Programs

Uncover the secrets of Birds Hill Park with a specialty program (transportation to specific areas required). Available May – June & September – November.

### Tall Grass Prairie Tour

Experience this endangered ecosystem first hand. Location: Pope's Hill

### Blast from the Past

Discover the history of the Pine Ridge Community. Location: Pine Ridge Trail

### Critter Dipping

Search for invertebrates and other creatures, and find out why they're an important part of the food web. Location: Kingfisher Lake



## Winter Programs

Winter Programs at the park can be flexible to meet your interpretive and recreational needs, and can encompass a variety of activities for Grades K – 8. Available January – March.

### "Beat the Freeze" Game

Find the best place for your little animal and see if they survive the temperature. (15 minutes at the beginning and at the end of your field trip)



### Quinzhee Building

Break-up and pile the snow, then let it stand before digging out this traditional winter shelter used on the prairies. (30min. at beginning and 30min-1hr. at end of your field trip)

### Snow Ecology

After building your quinzhee, take a more in-depth look at snow: the various temperatures, shapes and sizes of snowflakes and how it is important to animal survival.

### Winter Walk on Nimowin Trail

Venture down the snowy Nimowin Trail in search of animal tracks, signs of animal activity and a closer look at the forest's adaptations to survive the winter. (30min. – 1hr. usually in the morning)



Snowshoes and cross country skis are not available through the Interpretive Program or the Park, however, schools are welcome to bring out their own equipment if desired.

All Winter Programs are held at the Interpretive Workshop and can accommodate a maximum of 30 students.