

Kiche Manitou Campground

Spruce Woods Provincial Park

Campground Tips

- Be sure matches are extinguished. Break them in half before discarding.
- Build no fires except in a designated firepit or use a camp stove. Before leaving make sure your fire is completely out.
- Be careful with your cigarettes, cigars and pipe ashes. Crush them thoroughly before discarding. Never toss them from a vehicle.
- Please! Do not litter.
- Be sensitive to wildlife. Bears can be dangerous and should not be fed. Food must be stored away from your campsite, preferably in a locked vehicle, to avoid attracting hungry animals. Do not store food in your tent.
- Warm clothing is needed for cool nights.
- The use of insect repellent will add to your comfort.
- Learn to recognize and avoid poisonous plants such as poison ivy.
- In case of injury or illness contact a Campground Attendant or Park Patrol Officer. They can assist you to reach medical help.
- Canoeists and hikers travelling in backcountry areas should advise a friend of their intended destination and anticipated length of trip.
- Backcountry camping is only allowed at designated campsites.
- It is illegal to use or transport elm firewood.
- Out of Province Firewood can spread harmful pests and destroy our forests - buy it locally, burn it locally.

Spruce Woods

- The Spirit Sands is a desert-like area featuring 30 metre sand dunes



Located in western Manitoba, Spruce Woods Provincial Park consists of 269 km² of spruce parkland, forest, mixed grass prairie, and the Spirit Sands. The park, named for all the spruce trees growing in the area, was once the home of Fort des Epinettes, a 1700s Northwest Company trading provisioning post.

Spruce Woods is home to the famous Spirit Sands, a desert-like area that features sand dunes that tower up to 30 metres. Within these dunes, catch a glimpse of Manitoba's only lizard, the Northern prairie skink, or see the Western hognose snake and cacti - all unique to Manitoba! Be sure to visit the Devils Punch Bowl, an eerie pond formed by an underground stream. There are 11 oxbow lakes found in the park, one of which is Kiche Manitou Lake located in the Day Use area of the campground. "Kiche Manitou" is an aboriginal phrase meaning "Great Spirit."

The park boasts a new interpretive centre including a gift shop, operated by the park's co-operating association, The Friends of Spruce Woods Inc., an exhibits building, and interpretive offices, each of

which open up into a spacious amphitheatre. The park interpreters will lead you on various programs like campfire talks, guided hikes, and children's events.

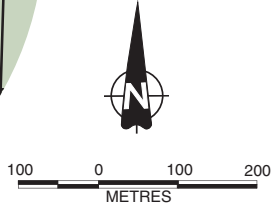
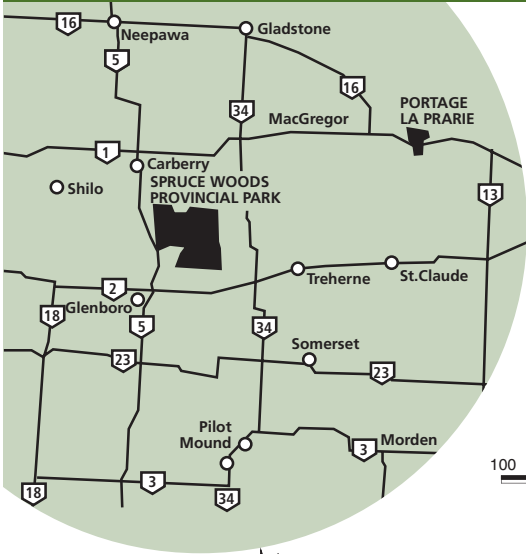
There are many activities to keep the family busy, including interpretive programs, miniature golf at the Pine Fort IV concession, fishing, biking, swimming, bird watching, hiking and equestrian trails. Kiche Manitou, the 200+ site campground, features electrical and basic camping and activities. See the best features of the park with a wagon ride through the Spirit Sands booked with Spirit Sands Wagon Outfitters.

If you are on the lookout for fresh produce and baking, be sure to stop by the Farmers Market in Glenboro and Carberry on your way to Spruce Woods. While in Carberry visit Seton Centre to see rotating displays of artwork, books and memorabilia by world-famous naturalist, writer and artist, Ernest Thompson Seton.

More information on Kiche Manitou Campground and Spruce Woods Provincial Park is available on request from the park office.

Kiche Manitou Campground

Spruce Woods Provincial Park

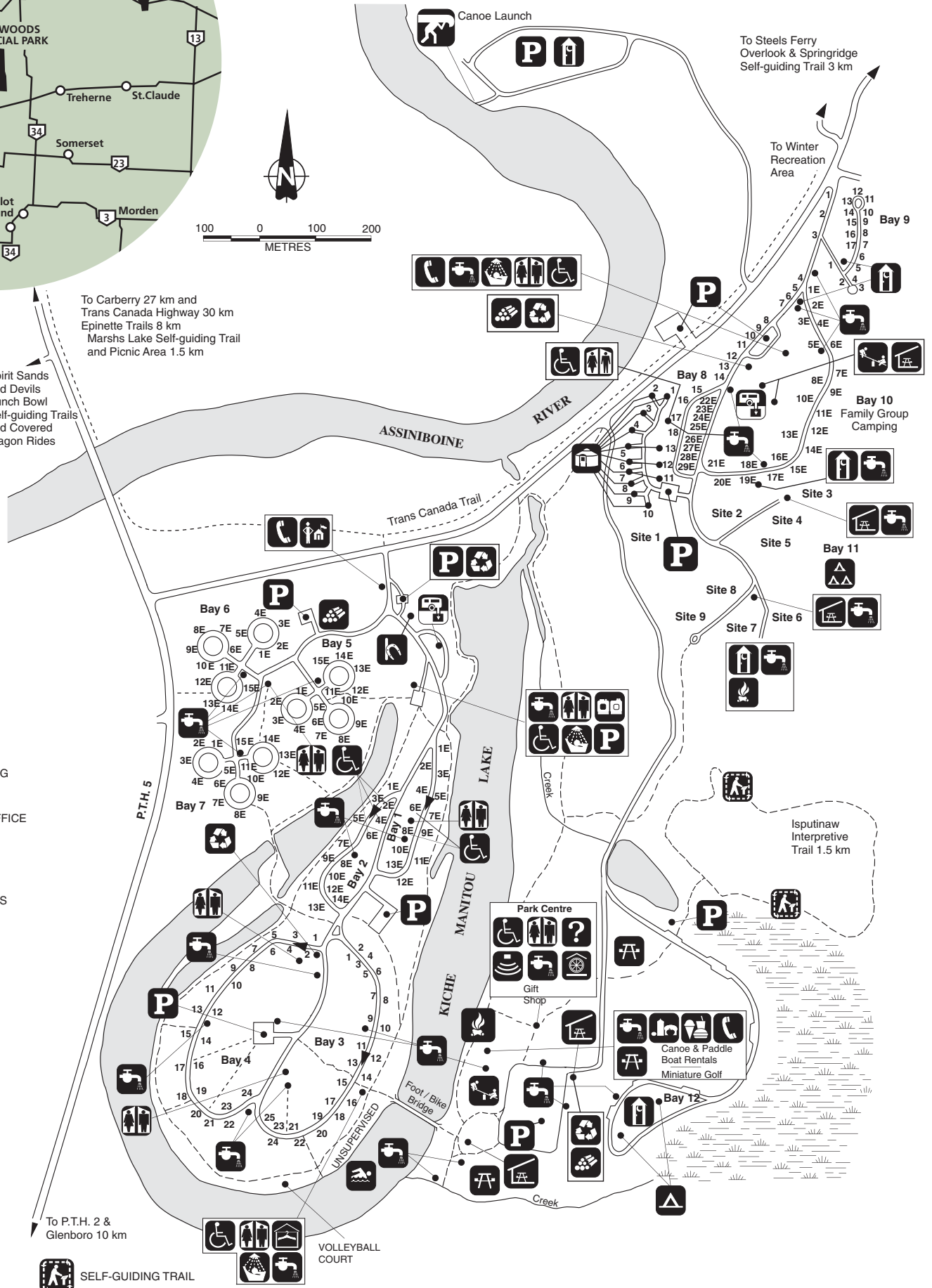


To Carberry 27 km and
Trans Canada Highway 30 km
EpINETTE Trails 8 km
Marshs Lake Self-guiding Trail
and Picnic Area 1.5 km

Spirit Sands and Devils
Punch Bowl Self-guiding Trails
and Covered
Wagon Rides

LEGEND

- DISABLED ACCESSIBLE
- AMPHITHEATRE
- BEACH / SWIMMING UNSUPERVISED
- CAMPGROUND OFFICE
- PORTAGE
- CHANGING ROOMS
- CONCESSION
- FIRE PIT
- FIREWOOD
- GROCERY STORE
- GROUP USE AREA
- HORSESHOE PITCH
- INFORMATION
- LAUNDRY
- MUSEUM
- OVERFLOW CAMPING
- PARKING
- PUBLIC TELEPHONE
- PICNIC AREA
- PICNIC SHELTER
- PLAYGROUND
- RECYCLING STATION
- SELF-GUIDING TRAIL
- SHOWERS
- TRAILER SANITARY STATION
- WASHROOMS (MODERN)
- WASHROOMS (NON-MODERN)
- WATER SUPPLY
- YURT
- ELECTRICAL SERVICE



NOTE:

- For campsite, yurt and group use reservations: www.manitobaparks.com or 1-888-4U2-Camp (1-888-482-2267). In Winnipeg call 948-3333.
- For more information or last minute campsite availability call 1-800-214-6497. In Winnipeg call 945-6784 or visit us at: www.manitobaparks.com
- **IN CASE OF EMERGENCY CALL 911**