

Mary's Favourite Foods!



These are some of Mary's favourite foods that she would eat all the time if she could!



Vegetables and Fruits

- Fruit drink
- Orange popsicle
- Grape soda
- Carrot muffin
- Potato chips
- Popcorn
- French fries

Milk Products

- Chocolate (Yum)
- Chocolate milk
- Ice cream
- Milkshake

Others

- Jam
- Pop
- Candy
- Pretzels
- Coffee
- Ketchup

Meat and Alternatives

- Sausages
- Bacon
- Big juicy steak
- Eggs benedict
- Peanut butter
- Hamburger

Grain Products

- White bread
- Bagel
- Pancakes and syrup
- Donuts
- Chocolate cake



What is wrong with Mary's food choices?

1. _____
2. _____
3. _____
4. _____