

Forty Hour Course Options for

Child Care Assistants and Family Child Care Providers

There are many education options available in Manitoba for Child Care Assistants (CCAs) and family child care providers to fulfill the 40-hour training requirement. CCAs are encouraged to consult with their directors to determine their learning needs. Family child care providers should choose a course that will best assist them in their work with children.

The following is a list of post-secondary institutions that offer early childhood education training, as well as suggested courses.



A. Red River College

2055 Notre Dame Avenue
Winnipeg, MB R3H 0J9
Toll free: 1-800-903-7707
Website: www.rrc.ca

Continuing Education,
Distance Education and online courses
Phone: 204-694-1789 in Winnipeg
Toll free: 1-866-242-7073
Email: cde@rrc.mb.ca

Suggested courses:

1. Introduction to Early Childhood Care and Education CCAs are responsible for interacting with children and working collaboratively with ECEs. This course provides an overview of ways to interact with children and to keep them healthy and safe. It will also introduce students to the emergent curriculum approach for early learning and child care.

2. Study of Human Development This course provides an overview of the ongoing process of human development from conception to death. Emphasis is placed on the child's developmental

tasks and needs as part of a complex lifelong process. The course also focuses on objectively observing and recording children's behaviour and activities.

3. Interact with Children Through Play The focus is on the value of indoor and outdoor play for children and the importance of play in all aspects of the child's day. Both the theoretical aspects and the preschool application of play theory are emphasized. It also focuses on the ECE's role in encouraging children's play.

4. Introduction to the Science of Early Childhood Development This interactive, online 40-hour course uses the Science of ECD content. It looks at how children's experiences affect their biological pathways, why people who work with children and families need to understand the science of ECD and how caregivers can affect the long-term health and well-being of children and of an entire population.

To register for this course, go to:
www.scienceofecd.com; or call 204-632-2962 (info line) in Winnipeg; or call the Continuing Education, Distance Education and online courses office (see contact information above).

B. Assiniboine Community College

1430 Victoria Avenue East
Brandon, MB R7A 1B6
Phone: 204-725-8701 in Brandon
Toll free: 1-800-862-6307

Distance Education for ECE courses:
Phone: 204-725-8700 ext. 6699 in Brandon
Toll free: 1-800-862-6307 ext. 6699
Email: registrar@assiniboine.net
Website: www.assiniboine.net

Suggested courses:

1. Overview of Early Childhood This course provides an overview of early childhood education. Students are introduced to a variety of early childhood settings through five days of practical experience and course work. Comparisons are made between routines, schedules, activities and the role of staff within the settings. Influences on early childhood education outside of the setting are identified and described.

2. Curriculum Planning 1 ECEs require knowledge and ability to plan and provide activities that meet the child's developmental skill levels, needs and interests. They require skill in assessing and evaluating an activity's potential. In this course, students learn activity planning strategies and the planning form used throughout the diploma program curriculum.

3. Health, Nutrition and Safety 1 This course introduces students to the basic principles and practices of good health promotion, occupational health, and illness prevention and management.

C. Université de Saint-Boniface

École technique et professionnelle Éducation de la jeune enfance

200, ave de la Cathédrale
Winnipeg, MB R2H 0H7
Phone: 204-233-0210 ext. 735 in Winnipeg
Toll free: 1-888-233-5112 ext. 735
Website: www.ustboniface.mb.ca

Suggested courses: (available in French only)

1. Interventions Éducatives 1 Étude des rôles et des droits des enfants dans la société à différentes époques, du développement du concept de soi chez l'enfant, de la définition et des objectifs de l'intervention et de la législation en matière de maîtrise de comportement.

This course gives students an opportunity to examine positive child guidance. It is an introductory course.

2. Introduction aux Services de Garde du Manitoba Étude des services de garde du Manitoba et leur évolution. Identification du réseau des divers organismes qui appuient les professionnels en services de garde.

This course provides students with an overview of the various early childhood programs that are available in Manitoba and the services which support them.

3. Le Jeu de L'enfant 1 Étude de l'importance de jeu dans le processus de développement et l'éducation de l'enfant, du nouveau né jusqu'à 12 ans. Éveil à l'influence de l'environnement et des interventions de l'éducateur ou de l'éducatrice sur les expériences de jeu. Apprentissage des outils de planification utilisés au sein des cours et des stages.

This introductory course examines the importance of play in children's lives and the role adults can have in an early childhood setting in planning for play using an emergent curriculum approach.

4. Santé et Sécurité Apprentissage du concept de la santé physique et des moyens de promouvoir la santé des enfants, en connaissant les mesures de préventions des maladies infectieuses et des accidents les plus fréquents en milieu de garde.

Connaissance des exigences de la *Loi sur la garde d'enfants* par rapport à la santé et à la sécurité.

This course presents an overview of health and safety in early childhood settings. Students become familiar with regulations for health and safety.

5. La Garde en Milieu Familial Étude du fonctionnement général d'un service de garde en milieu familial. Administration, programmation, santé et alimentation des enfants, communication sous forme de rapports avec les parents, ressources communautaires et exigences de la profession.

This course is designed specifically for family child care providers. It provides students with an overview of the various components of operating a family child care home.

D. University College of the North

The Pas Campus
PO Box 3000, 436 – 7th Street
The Pas, MB R9A 1M7
Phone: 204-627-8500 ext. 8655 in The Pas
Toll free: 1-866-627-8500 ext. 8655
Evening courses: 204-627-8535 in The Pas
Email: admissions@ucn.ca
Website: www.ucn.ca

Thompson Campus
504 Princeton Drive
Thompson, MB R8N 0A5
Phone: 204-677-6450 in Thompson
Toll free: 1-866-677-6450
Evening courses: 204-677-6457 in Thompson
Email: admissions@ucn.ca
Website: www.ucn.ca

Suggested course:

Safe and Healthy Environments This course of study will increase the student's understanding of creating and maintaining a healthy, safe environment in accordance with policies and guidelines.

E. Suggested courses for family child care providers

1. Family Child Care This course provides students with knowledge of Infant, Toddler, Preschool and School Age development from birth to 12 years and strategies for working with these age groups in a family child care setting.

Available at:

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and at:

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Brandon, MB R7A 1B6
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2. La Garde en Milieu Familial Étude du fonctionnement général d'un service de garde en milieu familial. Administration, programmation, santé et alimentation des enfants, communication sous forme de rapports avec les parents, ressources communautaires et exigences de la profession.

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École technique et professionnelle
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Phone: 204-233-0210 ext. 735 in Winnipeg
Toll free: 1-888-233-5112 ext. 735
Website: www.ustboniface.mb.ca

F. Campus Manitoba

Campus Manitoba (CMB) is a virtual campus that gives students across the province access to post-secondary education through distance learning and online courses.

CMB instructors and staff co-ordinators provide support to students who take early childhood education courses through:

- Red River College
- Assiniboine Community College
- University College of the North

Toll free: 1-866-445-0063

Website: www.campusmanitoba.com

G. If you have completed other post-secondary courses or programs

Child care assistants who are working towards a university degree or college diploma at a publicly funded, post-secondary institution, or who have already completed a program in a similar field during the past eight years, may qualify for the provincial 40-hour course requirement.

Examples of eligible courses include:

- Introduction to Psychology
- Developmental Psychology
- Child Development
- Observation and Recording
- Family Studies
- Conflict Resolution
- Interpersonal Communication

Examples of eligible programs include:

- Bachelor of Human Ecology
- Bachelor of Elementary Education
- Educational Assistant
- Health Care Aide
- Child and Youth Care

If there is a course that is not listed here, please check with your Child Care Co-ordinator.

H. Certificates from Provincial / Territorial Regulatory Bodies Outside Manitoba

Individuals who have received certification to work in early learning and child care from another province or territory may apply to have their prior certification recognized for the 40-hour course requirement necessary under Manitoba regulations.

To find out more, contact:

Manitoba Early Learning and Child Care Information Services

Phone: 204-945-0776 in Winnipeg

Toll free: 1-888-213-4754

