

**A5****APGAR SCORE**

The APGAR scoring system provides a method to document a newborn's condition at specific intervals after birth

- it is also a useful objective indicator to determine effectiveness of resuscitative efforts
- the scoring system does not determine the need for resuscitation

| Sign                | 0 points    | 1 point                            | 2 points              |
|---------------------|-------------|------------------------------------|-----------------------|
| Heart rate          | absent      | < 100                              | > 100                 |
| Respiratory effort  | absent      | weak cry                           | strong cry            |
| Muscle tone         | flaccid     | some flexion                       | active motion         |
| Reflex irritability | no response | grimace                            | cough, sneeze, or cry |
| Color               | blue, pale  | body – pink;<br>extremities – blue | fully pink            |