



HEALTHY BABY

Winnipeg Community Support Programs

• Support before and after your baby is born •

Parenting Tips • Nutrition Activities • Bonding with your Baby • Milk Coupons • Bus Tickets

Downtown & Wolseley:

**Valour Community Centre
Baby Circle**
204-775-3869
Valour Community Centre
715 Telfer St. N

Orioles Community Centre
444 Burnell Street

Healthy Start for Mom & Me
204-949-5350
Freight House Comm. Centre
Door 1-200 Isabel St.

Magnus Eliason Rec. Centre
2nd floor - 430 Langside St.

Wolseley Family Place
Lower Level-691 Wolseley Ave.

Knox United Church
400 Edmonton St.
(Newcomers to Canada)

Building Healthy Families
204-772-1923 ext.212
Crossways in Common
102-222 Furby St.

St. Vital:

Family Foundations
204 946-9153
Barbara Mitchell Family Res.
Centre;
51 Morrow Ave.

Baby and Me
204-255-4840
The United Church in Meadowood
1111 Dakota Street
(across from Collège Jean -Sauvé)

Young Expectations
204-255-4840
Youville Centre
6-845 Dakota St.

North End & McPhillips:

Baby Feathers
204-982-4425 or 204-982-4563
NorWest Co-op Comm. Food
Centre, 103-61 Tyndall Ave

Healthy Start for Mom & Me
204-949-5350

Hope Centre
240 Powers St.
(Midwives*)

Maples Community Centre
434 Adsum Drive

Turtle Island Community Centre
510 King Street **(Midwives*)**

Families Connecting
Ph: 204-947-2422 ext.113
Gwen Sector Creative Living
Centre; 1588 Main Street

River & Osborne:

Families Connecting
204-947-2422 ext.113
Lord Roberts Comm. Centre
725 Kylemore Ave.

Mayfair Recreation Centre
40 Mayfair Place

Charleswood & St. James:

Great Expectations
204-885-5415
Westgrove School
50 Westgrove Way

Sturgeon Heights Comm. Centre
210 Rita Street

Heritage-Victoria Comm. Centre
950 Sturgeon Road

Transcona East & North Kildonan:

**Parents Connecting
Growing Baby**
204-982-1720
Braeside Church
1011 Munroe Ave.

Families Connecting
204-947-2422 ext.113
Transcona Memorial United
Church
209 Yale Avenue W

Access River East
975 Henderson Hwy.
(evening classes)

Young Parents Connecting
204-223-9450
Kildonan East Collegiate
845 Concordia Ave.

Fort Garry & St. Boniface:

Healthy Start for Mom & Me
204-949-5350
Trinity United Church
933 Summerside Ave.

**Bébés, parents, et
gazouillements**
204-981-5904
(Services in French)
Ecole Précieux-Sang
Centre de la petite enfance
209 Kenny St.

Little Moccasins
204-586-8474
Windsor Park United Church
1062 Autumnwood Drive

Access St Boniface
170 Goulet Street