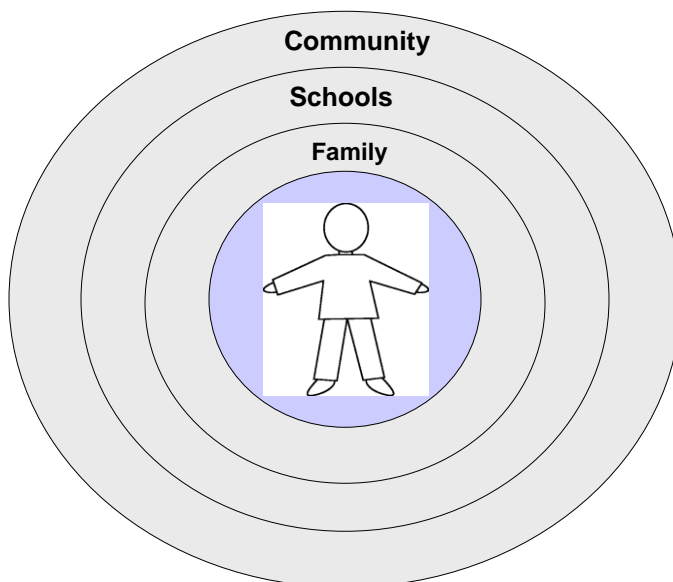


# Addressing Substance Use in Schools

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**Substance Abuse Prevention**



*The best substance abuse prevention efforts are woven into the core mission of health-promoting schools.*

Source: Canadian Centre on Substance Abuse, "Building on Our Strengths: Canadian Standards for School-based Youth Substance Abuse Prevention, 2010"



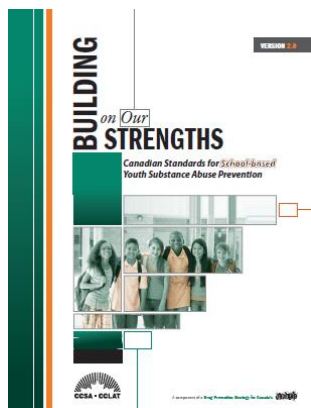
## **Ontario Student Survey 2009** **Gr.7-12, Past Year Use**

- Alcohol 58.2% (*Binge drinking 48.5% in Gr.12*)
- Cannabis 25.5%
- Opioid Pain Meds 17.8%
- Cigarettes 11.7%
- OTC Cough & Cold Meds 7.2%
- Other Drugs < 5.0% (each)

Source: Ontario Student Drug Use and Health Survey (OSDUHS) 2009



## Standards for School-Based Youth Substance Abuse Prevention (CCSA)



## Standards for School-Based Youth Substance Abuse Prevention (CCSA)

- A). *Assess the Situation*
- B). *Prepare a Plan & Build Capacity*
- C). *Implement a Comprehensive Initiative*
- D). *Evaluate the Initiative*

Source: Canadian Centre on Substance 2010



## A Note on School Alcohol and Other Drugs Policy

A comprehensive alcohol and other drug policy will have three main components:

- Prevention
- Early Identification & Intervention
- Discipline Protocols

## AFM Youth Clinical Services

- Referral and Assessment Services
- Individual and Group Counselling
- Community-based Services, School-based Services
- Residential Treatment (Compass)
- Support for Affected Youth
- Family Therapy
- Parent Support Services

*Call your local AFM office for further information*



## AFM Youth Prevention Services

- Health Curriculum (Support and Consultation)
- School Alcohol & Drug Policy
- Student Assistance Program (SAP)
- In-Servicing for School Staff
- Classroom Presentations
- Resource Development
- Manitoba Addictions Awareness Week (MAAW)

*Call your local AFM office for further information*



## Questions?

