



*School Nutrition  
Information Line*

Need more help with  
guidelines and  
policies?

Call 1-888-547-0535  
toll free to get  
assistance from the  
school nutrition  
support team.

## Healthy Lunch Program Checklist

- ✓ Have you identified the benefits of healthier lunches for your school?
- ✓ Are you clear about what you want to achieve?
- ✓ Have you involved the Parent Advisory Council (PAC), Home and School Committee and/or School Nutrition Action Committee (SNAC)?
- ✓ Have you asked parents and students what they would like? Are they fully involved?
- ✓ Do you know what students are currently eating for lunch?
- ✓ Are you promoting consistent messages about healthier eating as part of a whole school approach?
- ✓ Have you planned a strategy to promote healthier lunches to students and parents?
- ✓ Have you considered health and safety issues, including storage of lunch in your school and students with food allergies and special dietary concerns?
- ✓ Have students and parents been given the opportunity to provide feedback about the healthy lunch program?
- ✓ Have you planned how you will monitor and evaluate the impact of your healthy lunch program?

*Visit the Food in Schools  
website:*

*[www.gov.mb.ca/  
healthyschools/  
foodinschools](http://www.gov.mb.ca/healthyschools/foodinschools)*