



Manitoba Housing Meal Program

The Manitoba Housing Meal Program helps eligible tenants stay independent by serving fresh, delicious meals from a menu selected to please all tastes.

All meals are prepared by food service workers to ensure quality and nutrition. In some locations, meal service or take out orders are available seven days a week.

Check the menu for your meal program or contact your food service worker for meal times and to find out how to order.



Menus

Menus describing daily meals are posted for viewing in your residence.

For just \$ 4.00 per meal, you will receive:

- a main course*
- potato, rice or noodles
- vegetables
- soup or salad and fresh fruit (as available)
- dessert
- coffee, tea or juice

***Main Courses may include:**

- roast turkey
- ginger beef
- veal cutlets
- pork chops
- pickerel
- roast beef
- spaghetti and meat sauce
- lasagne and garlic toast

How To Use The Program

- You must place your order with your food service worker at least three hours before meal time.
- You may pay the food services worker when you order or arrange for meal payments in advance.
- Direct billing to Employment and Income Assistance (EIA) and to The Public Trustee's Office is available. To arrange direct billing, talk to an EIA or Public Trustee officer.
- If have questions about this program, please ask your food service worker.

Manitoba Housing offers hot, fresh, nutritious meals at residences in Winnipeg and Brandon for only \$4 per meal.



Manitoba Housing Meal Program Locations and Service Days

Winnipeg

385 Carlton St. (Tues. and Thurs.)
125 Carriage Rd. (Mon. to Fri.)
60 Chesterfield Ave. (Mon. to Fri.)
529 Country Club Blvd. (Mon., Wed., Fri.)
515 Elgin Ave. (Mon. to Fri.)
875 Elizabeth Rd. (Mon. to Fri.)
555 Ellice Ave. (Mon., Wed., Fri.)
170 Hendon Ave. (Mon., Wed., Fri.)
444 Kennedy St. (Mon. to Fri.)
817 Main St. (Mon., Tues., Thurs.)
101 Marion St. (Mon. to Fri.)
601 Osborne St. (Mon. to Fri.)
340 Princess St. (Mon. to Fri.)
185 Smith St. (Mon. to Fri.;
breakfast and supper)
22 Strauss Dr. (Mon., Wed., Fri.)

Brandon

253 - 9th St. (Mon. to Fri.)
212 - 15th St. (Mon., Wed., Fri.)

Manitoba Housing Meal Program
200-185 Smith St. Winnipeg, MB R3C3G4
Phone 204-945-0821 • Fax 204-948-3806

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