

## PART 8

### MUSCULOSKELETAL INJURIES

#### **Risk assessment**

**8.1(1)** When an employer is aware, or ought reasonably to have been aware, or has been advised, that a work activity creates a risk of musculoskeletal injury, the employer must

(a) ensure that the risk is assessed; and

(b) on the basis of the assessment, implement control measures to eliminate or reduce, so far as is reasonably practicable, the risk of musculoskeletal injury to the worker.

**8.1(2)** The control measures may include one or more of the following:

(a) providing, positioning and maintaining equipment that is designed and constructed to reduce or eliminate the risk of musculoskeletal injury;

(b) developing and implementing safe work procedures to eliminate or reduce the risk of musculoskeletal injuries;

(c) implementing work schedules that incorporate rest and recovery periods, changes to workload or other arrangements for alternating work;

(d) providing personal protective equipment in accordance with Part 6 (Personal Protective Equipment).

**8.1(3)** An employer must

(a) monitor the effectiveness of any control measure implemented to eliminate or reduce the risk of musculoskeletal injury; and

(b) where the monitoring identifies that a risk of musculoskeletal injury is not being or has not been eliminated or reduced, implement further control measures, where it is reasonably practicable to do so.

#### **Duty to inform workers**

**8.2** An employer must ensure that every worker who may be exposed to a risk of musculoskeletal injury

(a) is informed of the risk and of the signs and common symptoms of any musculoskeletal injury associated with the worker's work; and

(b) receives instruction and training respecting any control measure implemented by the employer.