

PART 5 First Aid

Previous Regulation(s): MR140/98

Summary of requirements:

- **More than one employer at the same workplace** – first aid services may collectively be provided if agreed to in writing.
- **Workers to be advised of location for first aid.**
- **Ill or injured worker must report** to the area where first aid services are available.
- **Prompt Assistance** from a first aider, or a supervisor if a first aider is not required, must be provided to an ill or injured worker.
- **Number of first aiders that must be present** – as per tables in this Part of the Regulation.
- **List of the name and work location of each first aider** – must be maintained and posted in a conspicuous location at the workplace.
- **Employer obligations to first aiders:**
 - Allow a first aider to provide prompt and adequate first aid.
 - Ensure no loss of pay or other benefits as a result of providing the first aid.
 - Ensure that a first aider has adequate time off regular work to attend required first aid training.
- **Employer to keep record of illness and injury** for five years.
- **Transportation of seriously ill or injured worker:**
 - At employer's expense.
 - If licensed ambulance service is operated from a location within 30 minutes' travel time, a means of communicating with the ambulance service must be available.
 - If a licensed ambulance service is not available within 30 minutes' travel time a means of transportation must be provided.
- **Appropriate first aid for occupational hazard** that creates a risk not adequately addressed by the first aid services required under this Part of the Regulation must be provided.
- **Anything contamination by blood or bodily fluids** must be disposed of or cleaned by a competent person.
- **Asphyxia or poisoning** - if there is a risk of asphyxia or poisoning at the workplace, arrangements must be made to immediately provide first aid, medical attention or other first aid appropriate to the nature and probably effects of a worker being asphyxiated or poisoned.
- **First aid kits required** – as per Schedule B and the Table included in this Part of the Regulation.
- **Personal first aid kit for worker working alone** – must be provided meeting requirements of Schedule B.

- **First Aid Rooms** must be provided at a workplace where 100 or more workers per shift are employed in work that is not low hazard work and at a construction camp or industrial camp (where the camp is provided by the employer as a residence separate from the workplace).
- **Requirements for first aid room:**
 - Located in an area that is easily accessible to workers;
 - Have adequate lighting, ventilation and heating;
 - Be of an adequate size to accommodate a stretcher;
 - Instructions on how and where to access a first aider, a communication system capable of communicating with the medical facility where the injured worker would be transported, a permanently installed sink with hot and cold water; a cot or bed with a moisture-protected mattress and two pillows; items listed in Schedule C.
 - Must be clearly identified, used exclusively for administering first aid, and kept clean and sanitary.
- **Director's Powers** – the director may:
 - Require additional first aid services;
 - Allow that the employer provide alternative adequate first aid services;
 - Publish the name and other relevant information of a person or organization that provides a training course in first aid that is consistent with the requirements of Schedule A.
- **New definitions:**
 - **Close workplace** – a workplace where under normal travel conditions an injured or ill worker could be transported to a medical facility in 30 minutes or less.
 - **Distant workplace** – a workplace where under normal travel conditions an injured or ill worker can be transported to a medical facility in two hours or less.
 - **Isolated workplace** - a workplace normally accessible only by air; or from which under normal travel conditions an ill or injured worker cannot be transported from the workplace to a medical facility within two hours or less.
 - **Licensed ambulance service** – means an ambulance service licensed under *The Ambulance Services Act*.
- **The following schedules are included with this Part:**
 - **SCHEDULE A = FIRST AIDER QUALIFICATIONS**
 - **SCHEDULE B = FIRST AID KITS CONTENTS**
 - **SCHEDULE C = FIRST AID ROOM REQUIREMENTS**