

PART 9

Working Alone Or In Isolation

Previous Regulation(s): MR105/88R

Summary of requirements:

- **Working alone** – means the performance of any work function by a worker who (a) is the only worker for that employer at that workplace at any time; and (b) is not directly supervised by the employer, or another person designated as a supervisor by the employer, at any time.
- **Working in isolation** – means working in circumstances where assistance is not readily available in the event of injury, ill health or emergency.
- **Risk identification** – employer must identify, in consultation with the committee/representative/workers, the risks arising from the conditions and circumstances of the worker's work.
- **Risk elimination or reduction** – take steps to eliminate or reduce the identified risks.
- **Safe work procedures for workers working alone** – must be developed, implemented and workers must be trained.
- **Safe work procedures must include:**
 - (a) The establishment of an effective communication system that consists of:
 - Radio; phone or cellular phone; or other means that provides effective communications given risks involved.
 - (b) any of the following:
 - System of regular contact by employer and worker;
 - Limitations or prohibitions of specific activities;
 - Establishment of training requirements.
 - Where applicable, provision of emergency supplies for use in traveling or working under extreme cold or other inclement weather conditions.
- **Posting of safe work procedures** – in a conspicuous location.
- **Review and revision of procedures** – not less than every three years or sooner if circumstances change.

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Note: *This is high-level summary.
Please refer to the Regulation for more detailed requirements.*