

INDIGENOUS ORGANIZATIONS IN MANITOBA DIRECTORY



INDIGENOUS ORGANIZATIONS IN MANITOBA

Compiled, edited and printed by
Manitoba Indigenous Reconciliation and Northern Relations

INTRODUCTION

The directory of Indigenous organizations is designed as a useful reference and resource book to help people locate appropriate organizations and services.

The directory also serves as a means of improving communications among people. The idea for the directory arose from the desire to make information about Indigenous organizations more available to the public. This directory was first published in 1975 and has grown from 16 pages in the first edition to more than 100 pages in the current edition.

The directory reflects the vitality and diversity of Indigenous cultural traditions, organizations, and enterprises.

Every effort has been made to present accurate and up-to-date listings, with fax numbers, email addresses and websites included whenever possible. If you see any errors or omissions, or if you have updated information on any of the programs and services included in this directory, please call, fax or write to the department of Indigenous Reconciliation and Northern Relations, using the contact information on the below.

Indigenous Reconciliation and Northern Relations
400 - 352 Donald Street
Winnipeg MB R3B 2H8

Tel: 204-945-2510
Fax: 204-948-2274
Email: IASgeneral@gov.mb.ca

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INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

Aboriginal Council of Winnipeg

112 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1

Tel: 204-989-6380
Fax: 204- 942-5795
Website: www.abcouncil.org/

The Aboriginal Council of Winnipeg is a political non-profit organization that addresses the needs of the Aboriginal community in Winnipeg including all aspects of living in an urban environment.

Assembly of First Nations

55 Metcalfe Street
Suite 1600
Ottawa, ON K1P 6L5

Tel: 613-241-6789
Toll free: 1-866-869-6789
Fax: 613-241-5808
Website: www.afn.ca

Manitoba Regional Office:

Suite 200 - 275 Portage Avenue
Winnipeg, MB R3B 2B3

Tel: 204-956-0610
Fax: 204-956-2109

The Assembly of First Nations presents the views of various First Nations through their leaders in areas such as Aboriginal and treaty rights, environment, economic development, housing, health, social services, land claims and other issues of common concern which arise from time to time. It also exists to promote the restoration of the nation-to-nation relationship between the 633 First Nations communities in Canada and other nations. The Chiefs of the First Nations have met in assembly at least once annually since 1982 to set national policy and direction through its resolutions. The main spokesperson and leader of the Assembly of First Nations is the National Chief, who is elected every three years by the Chiefs-in-Assembly.

Assembly of Manitoba Chiefs Secretariat

Head Office:

Long Plain Madison Indian Reserve No.1
137-476 Madison Street
Winnipeg, MB R3J 1J1

Tel: 204-956-0610
Fax: 204-956-2109
Toll free: 1-866-331-9561

Website: www.manitobachiefs.com

Winnipeg Sub-office:

Suite 200 - 275 Portage Avenue
Winnipeg, MB R3B 2B3

Tel: 204-956-0610
Fax: 204-956-2109

The Assembly of Manitoba Chiefs (AMC) was formed in 1988 to act as an advocate on issues that commonly affect all of the First Nations of Manitoba. At the time when AMC began, there were 61 recognized Manitoba First Nations and 64,315 First Nation citizens. Today, there are 64 First Nations, with a total of 136,616 (May 2011) First Nation citizens.

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This represents 11 per cent of the provincial population.

AMC's primary focus is political, but it also fills in gaps that cannot be bridged by regional services. Two examples are the Eagle's Nest, which helps First Nations youth return to school, and the Patient Advocate Unit, which helps First Nations patients navigate Manitoba's health care system. On a national front, AMC works closely with the Assembly of First Nations, which collectively represents the political interests of the 633 First Nations across the country.

First Peoples Development, Inc.

101 - 1355 Mountain Avenue
Winnipeg, MB R2X 3B6
Website: www.fpdinc.ca

Tel: 204-987-9570
Fax: 204-987-9589
Email: enquire@fpdinc.ca

First People Development Inc. was designed to assist First Nations sub-agreement holders at the community level in development and delivering their own programs and services that meet their labour market and employment needs.

Manitoba Keewatinowi Okimakanak, Inc. (MKO)

Thompson Sub-Office:
205 - 55 Selkirk Avenue
Thompson, MB R8N 0M5
Website: www.mkonation.com

Toll free: 1-800-442 0488
Tel: 204-677-1600
Fax: 204-778-7655

Winnipeg Sub-Office:
102 – 1700 Ellice Avenue
Winnipeg, MB R3H 0B1

Toll free: 1-800-442 0488
Tel: 204-927-7500
Fax: 204-927-7509

Manitoba Keewatinowi Okimakanak is composed of 26 First Nations whose land base is in Northern Manitoba. MKO is a political and advocacy group for its members in Northern Manitoba. Its objectives are to maintain, strengthen, enhance, lobby for and defend the interests and rights of First Nations peoples in its jurisdiction and to promote, develop and secure a standard and quality of life deemed desirable and acceptable by its member First Nations.

Manitoba Métis Federation, Inc. (Home Office)

300 - 150 Henry Avenue
Winnipeg, MB R3B 0J7
Website: www.mmf.mb.ca

Tel: 204-586-8474
Fax: 204-947-1816

The Manitoba Métis Federation (MMF) is a non-profit organization whose primary purpose is to represent and serve the needs of the Métis people of Manitoba. "Métis" means an Aboriginal person who self-identifies as Métis, who is distinct from Indian and Inuit, who is accepted as such by the Métis community, and whose name is not registered on any First Nation band list. The objectives of the MMF are as follows:

- to promote the history and culture of the Métis people and otherwise to promote the

INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

cultural pride of its membership;

- to promote the education of its members respecting their legal, political, social and other rights;
- to promote the participation of its members in community, municipal, provincial, federal, Aboriginal and other organizations; and,
- generally, to promote the political, social and economic interests of its members.

Departments of the M.M.F.:

Tripartite Self-Government Negotiations	Tel: 204-586-8474
Métis Family and Community Institute	Tel: 204-586-8474
Métis Survivor Family Wellness Program	Tel: 204-586-8474
Community Housing Managers of Manitoba	Tel: 204-586-8474
Métis Child & Family Support Services	Tel: 204-586-8474
Human Resource Development & Training	Tel: 204-586-8474
Rural/Urban Youth Initiatives	Tel: 204-586-8474
Provincial Recruitment Initiative	Tel: 204-586-8474
Pemmican Publications, Inc.	Tel: 204-586-8474
Louis Riel Capital Corporation	Tel: 204-589-0772
	Fax: 204-589-0791
Louis Riel Institute (LRI)	Tel: 204-984-9480
	Fax: 204-984-9484

Regional Offices:

MMF Interlake Regional Office P.O. Box 390 St. Laurent, MB R0C 2S0	Tel: 204-646-2706 Fax: 204-646-4171
MMF Northwest Regional Office 40-1st. Avenue NW Dauphin, MB R7N 1G7	Tel: 204-638-9485 Fax: 204-638-3878
MMF Southeast Regional Office P.O. Box 13 Grand Marais, MB R0E 0T0	Tel: 204-754-2721 Fax: 204-754-2697
MMF Southwest Regional Office 656 - 6th Street Brandon, MB R7A 3P1	Tel: 204-725-7520 Fax: 204-728-9085
MMF The Pas Regional Office P.O. Box 2467 The Pas, MB R9A 1M2	Tel: 204-623-5701 Fax: 204-623-2825
MMF Thompson Regional Office 44 Copper Road Thompson, MB R8N 0V6	Tel: 204-677-1430 Fax: 204-677-2240

INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

MMF Winnipeg Regional Office
412 McGregor Street
Winnipeg, MB R2W 4X5

Tel: 204-589-4327
Fax: 204-582-2711

Métis Women of Manitoba Inc. (Manitoba Métis Federation)

3rd Floor, 150 Henry Avenue
Winnipeg, MB R3B 0J7

Tel: 204-586-8474 ext. 236
Fax: 204-947-1816

Website: www.mmf.mb.ca/pages/departments/mwm/

The Métis Women of Manitoba Inc. is a committee comprised of eight directors: one Provincial Spokesperson (elected province wide), and seven regional directors (elected regionally). The seven regions are: Thompson, The Pas, Northwest, Interlake, Southwest, Southeast and Winnipeg.

MWM's primary purpose is to improve the social and economic situation of Métis peoples, with a particular focus on Métis women and children. Our organization was also created to provide support to our communities in the form of educational and cultural programs.

Southern Chiefs' Organization Inc. (SCO)

Head Office:

Swan Lake First Nation
200 – 200 Alpine Way
Headingley, MB R4H 0B7

Toll free: 1-866-876-9701

Winnipeg Office:

1572 Dublin Avenue
Winnipeg, MB R3E 0L4

Tel: 204-946-1869
Fax: 204-946-1871

Website: www.scoinc.mb.ca

Email: receptionist@scoinc.mb.ca

The Southern Chiefs' Organization (SCO) represents 34 Anishinaabe and Dakota Nations and more than 81,000 citizens in what is now called southern Manitoba. SCO is an independent political organization that protects, preserves, promotes, and enhances First Nations peoples' inherent rights, languages, customs, and traditions through the application and implementation of the spirit and intent of the Treaty-making process.

Treaty and Aboriginal Rights Research Centre of Manitoba, Inc. (T.A.R.R.)

Head Office:

Brokenhead Ojibway Nation
P.O. Box 7
Scanterbury, MB R0E 1W0

Tel: 204-766-2494

Winnipeg Office:

104 - 420 Des Meurons Street
Winnipeg, MB R2H 2N9

Tel: 204-943-6456
Fax: 204-942-3202

Website: www.tarr.mb.ca

Toll free: 1-888-802-8277

Email: admin@tarr.mb.ca

INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

The T.A.R.R. Centre provides historical research services to the 63 First Nations of Manitoba, specializing in research related to Treaty Rights, Aboriginal Rights, Treaty Land Entitlement, Claims Policy Reform, First Nation History, Indian Trust Funds and land claims.

T.A.R.R. has a large collection of historical material focused mainly on the First Nations of Manitoba. Please visit the T.A.R.R. website for more information on accessing the collection.

TRIBAL COUNCILS, BAND COUNCILS, AND FIRST NATIONS BANDS

TRIBAL COUNCILS

Dakota-Ojibway Tribal Council

230 - 510 Crescent Road West
Keeshkeemaquah, MB R1N 4B1

Website: www.dotc.mb.ca

Tel: 204-239-8650

Fax: 204-875-6037

Email: admin@dotc.mb.ca

Interlake Reserves Tribal Council

Head Office:

Box 323
Fairford, MB R0C 0X0

Website: www.irtc.ca

Tel: 204-659-4465

Fax: 204-659-2147

Email: info@irtc.ca

Winnipeg Office:

225 – 300 Alpine Way
Headingley, MB R4H 0E1

Tel: 204-956-7413

Fax: 204-942-8840

Island Lake Tribal Council

General Delivery
St. Theresa Point, MB R0B 1J0

Tel: 204-462-2351

Fax: 204-462-2538

Winnipeg Office:

2nd floor - 338 Broadway
Winnipeg, MB R3C 0T2
Email: wpgsuboffice@iltc.ca

Tel: 204-982-3300

Fax: 204-943-7029

Keewatin Tribal Council

23 Nickel Road
Thompson, MB R8N 0Y4

Tel: 204-677-2341

Fax: 204-677-0256

Winnipeg Office:

165 – 200 Alpine Way
Headingley, MB R4H 0B7

Tel: 431-222-2006

Fax: 204-949-4013

Toll free: 1-800-665-6212

Southeast Resource Development Council (SERDC)

Box 30
Scanterbury, MB R0E 1W0

Tel: 204-766-2386

Fax: 204-766-2716

Winnipeg Office:

6th floor - 360 Broadway Avenue
Winnipeg, MB R3C 0T6

Tel: 204-956-7500

Fax: 204-956-7382

TRIBAL COUNCILS, BAND COUNCILS, AND FIRST NATIONS BANDS

Swampy Cree Tribal Council

P.O. Box 150
The Pas, MB R9A 1K3
Website: <https://swampycree.com/>

Tel: 204-623-3423
Fax: 204-623-2882
Email: info@swampycree.com

Winnipeg Office:

Suite 608 - 294 Portage Avenue
Winnipeg, MB R3C 0B9

Tel: 204-989-4800
Fax: 204-947-5928
Toll free: 1-800-442-0459

West Region Tribal Council

Head Office:

Rolling River First Nation
P.O. Box 207
Erickson, MB R0J 0P0

Email: wrtc9450@mts.net

Sub-Office:

Unit C-21 3rd Avenue NE
Dauphin, MB R7N 0Y5

Tel: 204-622-9450
Fax: 204-638-8062

The West Region Tribal Council Inc. (WRTC) is accountable to approximately 9,000 First Nation members under the leadership of eight First Nation councils. The councils have a mandate to facilitate the transfer of local control and responsibility of programs and services to member First Nations. Advisory and technical expertise is provided in all areas of band program management and accountability to ensure effective local control is achieved.

WRTC provides the following advisory services to eight First Nations in Manitoba;

- housing-advisory, technical services and maintenance management
- social development
- fire safety
- education
- governance
- water and wastewater

The West Region Tribal Council Member First Nations are:

- Keeseekoowenin Ojibway First Nation Treaty #2
- Ebb & Flow First Nation Treaty #2
- O-Chi-Chak-Ko-Sipi First Nation Treaty #2
- Pine Creek First Nation Treaty #4
- Rolling River First Nation Treaty #4
- Skownan First Nation Treaty #2
- Gambler First Nation Treaty #4
- Tootinaowazibeeng Treaty Reserve Treaty #4

TRIBAL COUNCILS, BAND COUNCILS, AND FIRST NATIONS BANDS

BAND COUNCILS

The local government of each First Nation Reserve is an elected band council and a chief, who in most cases is also elected. First Nations in Manitoba constitute of over 130,000 registered people. Of those, about 60 per cent live on reserve. There are 63 First Nations in the province and five First Nations linguistic groups. The languages are Cree, Ojibwe, Dakota, Ojibwe-Cree and Dene. They are listed by common usage names, but other names may be applied in certain areas. As an example, Cree Nation and First Nation is applied to certain bands on the same reserve.

FIRST NATIONS BANDS

There are about 63 reserves in Manitoba.

<u>First Nation</u>	<u>Phone</u>	<u>Fax</u>	<u>Address</u>	<u>Lang.</u>
Barren Lands First Nation	204-323-2300	204-323-2275	PO Box 40 Brochet MB, R0B 0B0	Cree
Berens River First Nation	204-382-2161	204-382-2297	PO Box 131 Berens River MB, R0B 0A0	Ojibwe
Birdtail Sioux First Nation	204-568-4540	204-568-4687	PO Box 22 Beulah MB, R0M 0B0	Dakota
Black River First Nation	204-367-4411	204-367-2000	General Delivery O'Hanley MB, R0E 1K0	
Bloodvein First Nation	204-395-2148	204-395-2099	General Delivery Bloodvein MB, R0C 0J0	Ojibwe
Brokenhead Ojibway First Nation	204-766-2494	204-766-2306	PO Box 180 Scanterbury MB, R0E 1W0	Ojibwe
Buffalo Point First Nation	204-437-2133	204-437-2368	PO Box 1037 Buffalo Point MB, R0A 2W0	Ojibwe
Bunibonibee Cree Nation (Oxford House)	204-538-2282	204-538-2220	PO Box 235 Oxford House MB, R0B 1C0	Cree
Canupawakpa Dakota First Nation (Oak Lake)	204-854-2959	204-854-2525	PO Box 146 Pipestone, MB R0M 1T0	Dakota
Chemawawin Cree Nation	204-329-2161	204-329-2017	PO Box 9 Easterville MB, R0C 0V0	Cree
Cross Lake Band of Indians (Pimicikamak Cree Nation)	204-676-2218	204-676-2990	PO Box 10 Cross Lake MB, R0B 0J0	Cree
Dakota Plains First Nation	204-252-2300	204-252-3637	General Delivery Edwin MB, R0H 0G0	Dakota
Dakota Tipi First Nation	204-857-4381	204-857-9855	2020 Dakota Drive Dakota Tipi MB, R1N 3X6	Dakota
Dauphin River First Nation	204-659-5370		PO Box 58 Gypsumville MB, R0C 1J0	Ojibwe
Ebb and Flow First Nation	204-448-2134	204-448-2305	PO Box 159 Ebb and Flow MB, R0L 0R0	Ojibwe

TRIBAL COUNCILS, BAND COUNCILS, AND FIRST NATIONS BANDS

Fisher River Cree Nation	204-645-2171	204-645-2745	PO Box 367 Koostatak MB, R0C 1S0	Cree
Fort Alexander First Nation (Sagkeeng)	204-367-2287	204-367-4315	PO Box 3 Fort Alexander MB, R0E 0P0	Ojibwe
Fox Lake Cree Nation	204-486-2463	204-486-2503	PO Box 369 Gillam MB, R0B 0L0	Cree
Gambler First Nation	204-773-2525	204-773-8353	PO Box 250 Binscarth MB, R0J 0G0	Cree
Garden Hill First Nation	204-456-2085	204-456-9315	PO Box 261 Garden Hill MB, R0B 0T0	Ojibwe- Cree
God's Lake First Nation	204-335-2130	204-335-2400	PO Box 258 God's Lake Narrows MB, R0B 0M0	Cree
Hollow Water First Nation	204-363-7278	204-363-7418	PO Box 2561 Wanipigow MB, R0E 2E0	Ojibwe
Keeseekoowenin First Nation	204-625-2004	204-625-2019	PO Box 100, Elphinstone MB, R0J 0N0	Ojibwe
Kinonjeoshtegon First Nation (Jackhead)	204-394-2255	204-394-2305	PO Box 210 Dallas MB, R0C 0S0	Ojibwe
Lake Manitoba First Nation	204-768-3492	204-768-3036	PO Box 1250 Lake Manitoba MB, R0C 3K0	Ojibwe
Lake St. Martin First Nation	204-659-4539	204-659-2034	PO Box 69 Gypsumville MB, R0C 1J0	Ojibwe
Little Grand Rapids First Nation	204-397-2264	204-397-2340	PO Box 129 Little Grand Rapids MB, R0B 0V0	Ojibwe
Little Saskatchewan First Nation	204-659-4584	204-659-2071	PO Box 98 Gypsumville, MB, R0C 1J0	Ojibwe
Long Plain First Nation	204-252-2731	204-252-2012	PO Box 430, Portage la Prairie MB, R1N 3B7	Ojibwe
Manto Sipi Cree Nation (God's River)	204-366-2011	204-366-2282	PO Box 97 God's River MB, R0B 0N0	Cree
Marcel Colomb First Nation (Black Sturgeon)	204-356-2439	204-356-2330	PO Box 1150 Lynn Lake MB, R0B 0W0	
Mathias Colomb Cree Nation (Pukatawagan)	204-553-2090	204-553-2419	PO Box 135 Pukatawagan MB, R0B 1G0	Cree
Misipawistik First Nation (Grand Rapids)	204-639-2485	204-639-2503	PO Box 500 Grand Rapids MB R0C 1E0	Cree
Mosakahiken Cree Nation (Moose Lake)	204-678-2113	204-678-2292	General Delivery Moose Lake MB, R0B 0Y0	Cree
Nisichawayasihk Cree Nation (Nelson House)	204-484-2332	204-484-2392	PO Box 20 Nelson House MB, R0B 1A0	Cree
Northlands Dene First Nation (Lac Brochet)	204-337-2270	204-337-2055	PO Box 120 Lac Brochet MB, R0B 2E0	Dene

TRIBAL COUNCILS, BAND COUNCILS, AND FIRST NATIONS BANDS

Norway House Cree Nation	204-359-6786	204-359-4186	PO Box 250 Norway House MB, R0B 1B0	Cree
O-Chi-Chak-Ko-Sipi First Nation (Crane River)	204-732-2490	204-732-2596	PO Box 103 Crane River MB, R0L 0M0	Ojibwe
O-Pipon-Na-Piwin Cree Nation (South Indian Lake)	204-374-2271	204-374-2350	PO Box 139 South Indian Lake MB, R0B 1N0	Cree
Opaskwayak Cree Nation (The Pas)	204-627-7100	204-623-5263	PO Box 10880 Opaskwayak MB, R0B 2J0	Cree
Pauingassi First Nation	204-397-2371	204-397-2145	PO Box 60 Pauingassi MB, R0B 2G0	Ojibwe
Peguis First Nation	204-645-2359	204-645-2360	PO Box 10 Peguis, MB R0C 3J0	Cree & Ojibwe
Pinaymootang First Nation (Fairford)	204-659-5705	204-659-2068	General Delivery Fairford MB, R0C 0X0	Ojibwe
Pine Creek First Nation	204-524-2478	204-524-2801	PO Box 70 Camperville MB R0L 0J0	Ojibwe
Poplar River First Nation	204-244-2267	204-244-2690	PO Box 90 Negginan MB, R0B 0Z0	Ojibwe
Red Sucker Lake First Nation	204-469-5041	204-469-5966	Red Sucker Lake MB R0B 1H0	Oji- Cree
Rolling River First Nation	204-636-2211	204-636-7823	PO Box 145 Erickson MB, R0J 0P0	Ojibwe
Roseau River Anishinabe First Nation	204-427-2312	204-427-2584	PO Box 30 Ginew MB, R0A 2R0	Ojibwe
Sandy Bay First Nation	204-843-2462	204-843-2706	PO Box 109 Marius, MB, R0H 0T0	Ojibwe
Sapotaweyak Cree Nation (Shoal River)	204-587-2012	204-587-2072	Pelican Rapids MB, R0L 1L0	Cree
Sayisi Dene First Nation (Tadoules Lake)	204-684-2022	204-684-2069	General Delivery Tadoules Lake MB, R0B 2C0	Dene
Shamattawa First Nation	204-565-2340	204-565-2606	PO Box 210 Shamattawa MB, R0B 1K0	Cree
Sioux Valley Dakota Nation	204-855-2671	204-855-2436	PO Box 38 Griswold MB R0M 0S0	Dakota
Skownan First Nation (Waterhen)	204-628-3373	204-628-3289	PO Box 106 Skownan MB, R0L 1Y0	Ojibwe
St. Theresa Point First Nation	204-462-2106	204-462-2646	PO Box 580 St. Theresa Point MB, R0B 1J0	Ojibwe- Cree
Swan Lake First Nation	204-836-2101	204-836-2255	PO Box 368 Swan Lake MB, R0G 2S0	Ojibwe
Tataskweyak Cree Nation (Split Lake)	204-342-2045	204-342-2270	PO Box 250 Split Lake MB, R0B 1P0	Cree
Tootinaowazibeeng Treaty Reserve (Valley River)	204-546-3334	204-546-3090	PO Box 1 Tootinaowazibeeng MB, R0L 2L0	Ojibwe

TRIBAL COUNCILS, BAND COUNCILS, AND FIRST NATIONS BANDS

War Lake First Nation	204-288-4315	204-288-4371	General Delivery Ilford MB, R0B 0S0	Cree
Wasagamack First Nation	204-457-2337	204-457-2255	PO Box 1 Wasagamack MB, R0B 1Z0	Ojibwe- Cree
Waywayseecappo First Nation	204-859-2879	204-859-2403	PO Box 9 Waywayseecappo MB, R0J 1S0	Ojibwe
Wuskwi Sipihk First Nation (Indian Birch)	204-236-4201	204-236-4786	PO Box 220 Birch River MB, R0L 0E0	Cree
York Factory First Nation	204-341-2180	204-341-2322	General Delivery York Landing MB, R0B 2B0	Cree

FEDERAL / PROVINCIAL GOVERNMENT

Aboriginal Single Window

100 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1

Tel: 204-984-1415

Fax: 204-984-1424

Office hours: Monday - Friday 8:30 a.m. - 4:30 p.m.

The Aboriginal Single Window is a joint undertaking of the Government of Canada, the Province of Manitoba and the City of Winnipeg. It enables staff in various government departments currently working with Aboriginal issues to co-locate in a single office. The intention of this cooperative plan is to:

- provide a one-stop-shop to organizations that need access to government-funded Aboriginal programs;
- make information about these programs easier to obtain; and,
- foster co-operation and information-sharing between various government agencies and Aboriginal organizations.

Services available include:

- pick up and drop off point for:
 - Social Insurance Number and Employment Insurance applications
 - information on: Old Age Security Benefits, Canada Pension Plan, Retirement Pension, Child Tax Benefit and Manitoba Housing
- consultation with available departments by appointment
- information on various programs
- free Internet access
- free use of telephones for client job searches

Centre for Aboriginal Human Resource Development, Inc. (CAHRD)

304 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1

Tel: 204-989 7110

Fax: 204-989 7113

Website: www.cahrd.org

The Centre for Aboriginal Human Resource Development Inc. (CAHRD) is a non-profit, human resource development organization that delivers literacy, education, training and employment services to the urban Indigenous population of Winnipeg, Manitoba. CAHRD provides a variety of supports including childcare, student housing, personal development and wellness programs.

Indigenous Inclusion Directorate

(Manitoba Education)

510 Selkirk Avenue
Winnipeg, MB R2W 2M7

Tel: 204-945-7886

Fax: 204-948-2010

Toll free: 1-800-282-8069 ext 7886

Email: iid@gov.mb.ca

Website: www.edu.gov.mb.ca/abedu/index.html

FEDERAL / PROVINCIAL GOVERNMENT

The Indigenous Inclusion Directorate provides leadership and coordination for departmental initiatives in Indigenous education and training. This includes:

- ensuring an integrated approach to Indigenous education and training;
- promoting the removal of systemic barriers for Indigenous student success in education and training; and,
- participating in and ensuring linkages with inter-sectoral initiatives related to Indigenous education and training.

Indigenous Services Canada

Mailing Address:

10 rue Wellington

Gatineau, QC K1A 0H4

Toll free: 1-800-567-9604

Website: www.canada.ca/en/indigenous-services-canada.html

Tel: 819-664-2962 (appointments only)

Fax: 1-819-953-9395

Email: aadnc.infopubs.aandc@canada.ca

Manitoba Region Office:

Mailing Address:

Room 200, 365 Hargrave Street

Winnipeg, MB R3B 3A3

Tel: 1-833-983-5910

Fax: 204-983-2936

Manitoba Indigenous Reconciliation and Northern Relations

Minister's Office

301 - 450 Broadway

Winnipeg, MB R3C 0V8

Website: www.gov.mb.ca/inr/index.html

Tel: 204-945-3788

Fax: 204-945-1383

Email: MINIRNR@leg.gov.mb.ca

400 - 352 Donald Street

Winnipeg, MB R3B 2H8

Tel: 204-945-2510

Fax: 204-945-2274

The Indigenous Reconciliation and Northern Relations' (IRNR) priority is to bring a focus to Indigenous quality of life issues. Indigenous Reconciliation and Northern Relations endeavours to provide a global perspective, across government, of progress toward achieving quality of life for Indigenous Manitobans. Indigenous Reconciliation and Northern Relations promotes innovative policy and program development through identification of needs of Indigenous people, through the provision of accurate, relevant, timely information and through the development of partnerships with the Indigenous community, other government departments, other levels of government and the private sector. IRNR undertakes the coordination, negotiation, analysis and implementation of initiatives, arrangements and agreements which impact on northern Manitoba, its communities, residents, land base and related programs.

Manitoba Indigenous Reconciliation and Northern Relations Communities by Regional Offices:

Northern Region:

Manitoba Indigenous Reconciliation and Northern Relations
Northern Affairs Branch – Northern Region **Tel:** 204-677-6786
Box 27 -- 59 Elizabeth Drive
Thompson, MB R8N 1X4

Manitoba Indigenous and Northern Relations
Northern Affairs Branch – Northern Region **Tel:** 204-627-8176
Box 2550 - 3rd & Ross Avenue
The Pas, MB R9A 1M4

- Brochet
- Cormorant
- Cross Lake
- Dawson Bay
- Easterville
- Gods Lake Narrows
- Granville Lake
- Herb Lake Landing
- Ilford
- Moose Lake
- Nelson House
- Norway House
- Pelican Rapids
- Pikwitonei
- Sherridon
- South Indian Lake
- Thicket Portage
- Wabowden

North Central Region:

Manitoba Indigenous Reconciliation and Northern Relations
Northern Affairs Branch – North Central Region **Tel:** 204-622-2110
27 - 2nd Avenue S.W. (Box 15)
Dauphin, MB R7N 3E5

Manitoba Indigenous Reconciliation and Northern Relations
Northern Affairs Branch – North Central Region **Tel:** 204-945-2163
400 – 352 Donald Street
Winnipeg, MB R3B 2H8

- Aghaming
- Baden
- Barrows
- Berens River
- Bissett
- Camperville
- Crane River
- Dallas/Red Rose
- Dauphin River
- Duck Bay
- Fisher Bay
- Harwill
- Homebrook
- Island Lake
- Little Grand Rapids
- Loon Straits
- Manigotagan
- Mallard
- Matheson Island
- Meadow Portage
- National Mills
- Pine Dock
- Powell
- Princess Harbour
- Red Deer Lake
- Red Sucker Lake
- Rock Ridge
- Salt Point
- Seymourville
- Spence Lake
- Waterhen

Northern Association of Community Councils Inc. (NACC)

Unit 9 – 395 Berry Street
Winnipeg, MB R3J 1N6

Email: adminasst@naccmanitoba.com

Website: www.naccmanitoba.com

Tel: 204-947-2227

Fax: 204-947-9446

Toll free: 1-888-947-6222

Mission Statement:

The purpose of NACC is to be a meaningful and effective lobby group and improve the quality of life in Northern Association communities. It does this by having positive, proactive meetings with ministers and cabinet on issues affecting our communities and by informing and involving community councils and residents of their progress. NACC believes that all communities are unique and that their needs and interests should be recognized.

Services Canada

Toll free: 1-800-622-6232

Winnipeg Centres:

Winnipeg Portage Place – Portage Place Mall, Floor Ground, Unit 122, 393 Portage Avenue

Passport Office – 433 Main Street, Suite 400

Winnipeg Crestview - 3393 Portage Avenue, Suite 140

Winnipeg Rivergrove – Rivergrove Shopping Centre, 2599 Main Street

Winnipeg Taylor – 1450 Taylor

Manitoba Centres:

Brandon – 1530 – 12th Street

Dauphin – 181 1st Avenue North East

Flin Flon – Government of Canada Building, 111 Main Street

Morden – Government of Canada Building, 158 Stephan Street

Notre-Dame-de-Lourdes – 51 Rodgers Street

Portage la Prairie – Government of Canada Building, Unit 2, 1016 Saskatchewan Ave. East

Selkirk – 51 Main Street

Steinbach – 2 Provincial Trunk Highway 12, Unit 1

St. Pierre-Jolys - 427 Sabourin Street

Swan River – 355 Kelsey Trail, Unit 1

The Pas – Uptown Mall, 333 Edwards Avenue

Thompson – 40B Moak Crescent

Regional Call Centre for Employment Insurance and Social Insurance numbers
(Manitoba including Winnipeg):

Tel: 1-800-206-7218

FRIENDSHIP CENTRES

FRIENDSHIP CENTRES

National Association of Friendship Centres

275 Maclaren Street
Ottawa, ON K2P 0L9
Email: nafcgen@nafc.ca

Tel: 613-563-4844
Fax: 613-594-3428
Website: <http://nafc.ca>

Manitoba Association of Friendship Centres

102-150 Henry Avenue
Winnipeg, MB R3B 0J7
Email: info@friendshipcentres.ca
Website: www.friendshipcentres.ca/

Tel: 204-942-6299
Fax: 204-942-6308

Winnipeg Indigenous Friendship Centre

50 – 200 Alpine Way
Headingley, MB R4H 0B7
Email: info@wpgindigenousfriendshipcentre.ca
Website: www.wpgindigenousfriendshipcentre.ca

Tel: 204-204-925-0300

Other Manitoba Friendship Centres

Brandon Friendship Centre Inc.
836 Lorne Avenue **Tel:** 204-727-1407
Brandon, MB R7A 0T8 **Fax:** 204-726-0902

Selkirk Friendship Centre
425 Eveline Street **Tel:** 204-482-7525
Selkirk, MB R1A 2J5 **Fax:** 204-785-8124

Dauphin Friendship Centre, Inc.
210-1st Avenue NE **Tel:** 204-638-5707
Dauphin, MB R7N 1A7 **Fax:** 204-638-4799

Elbert Chartrand Friendship Centre
1413 Main Street **Tel:** 204-734-9301
Swan River, MB R0L 1Z0
Fax: 204-734-3090

Flin Flon Aboriginal Friendship Centre
57 Church Street **Tel:** 204-687-3900
Flin Flon, MB R8A 1M7 **Fax:** 204-687-5328

The Pas Friendship Centre, Inc.
81 Edwards Street **Tel:** 204-623-6459
P.O. Box 2638 **Fax:** 204-623-4268
The Pas, MB R9A 1M3

Lynn Lake Friendship Centre, Inc.
625 Gordon Street **Tel:** 204-356-2407
Lynn Lake, MB R0B 0W0
Fax: 204-356-8223

Ma-Mow-We-Tak Friendship Centre, Inc.
4 Nelson Road **Tel:** 204-677-0996
Thompson, MB R8N 0B4
Fax: 204-677-3195

Portage la Prairie Friendship Centre, Inc.
20 - Third Street N.E. **Tel:** 204-239-6333
Portage la Prairie MB R1N 1N4
Fax: 204-239-6534

Riverton & District Friendship Centre
53 Laura Avenue **Tel:** 204-378-2927
P.O. Box 359 **Fax:** 204-378-5707
Riverton, MB R0C 2R0

The Friendship Centres provide a focus for activities and services of interest and/or aid to Aboriginal people.

CHILDREN AND YOUTH

CHILDREN AND YOUTH

Aboriginal Head Start Program

Aboriginal Health and Wellness Centre of Winnipeg, Inc.

215 - 181 Higgins Avenue

Tel: 204-925-3700

Winnipeg, MB R3B 3G1

Fax: 204-925-3709

Email: info@mbaboriginalheadstart.ca

Website: www.mbaboriginalheadstart.ca

The Aboriginal Head Start Program is designed to promote healthy development of Aboriginal children living in both urban and rural settings. It is controlled by local parents and caregivers. Its goals are:

- to foster the spiritual, emotional, intellectual and physical growth of each child;
- to support the role of parents and guardians as the primary teachers and caregivers of their children;
- to recognize and support the role of the extended family;
- to ensure that the broader Aboriginal community participates in the planning, development and evaluation of the program; and,
- to ensure that the program is coordinated with other community programs and services.

Children selected to participate in this program will be living in or around the core area, 3-5 years of age, and of Aboriginal ancestry. Children who are not enrolled in a formal day care setting will be given priority.

Times of operation are:

- 3-4 year-olds: Mon. - Thurs. morning 8:30 - 11 a.m.
- 4-5-year-olds: Tue. - Thurs. afternoons 1 - 3:30 p.m.

The children are picked up and returned home in a school bus. The children will receive a nutritious snack during their group time. **Note:** There is no charge for this program.

Head Start Locations (times of operation vary):

Little Red Spirit Aboriginal Head Start
185 Young Street **Tel:** 204-783-8116
Winnipeg, MB R3C 1Y8 **Fax:** 204-774-1621
Email: littlered.lrs@mymts.net

Children For The Future
1413 Main Street **Tel:** 204-734-3257
Winnipeg, MB R3C 1Y8 **Fax:** 204-734-3090
Email: headstart@elbertchartrandfc.com

Little Red Spirit Satellite – Aboriginal Head Start Dufferin
545 Alexander Avenue **Tel:** 204-783-8116
Winnipeg, MB R3C 1Y8 **Fax:** 204-774-1621
Email: littlered.lrs@mymts.net

Abinoje Aboriginal Head Start Program, Duck Bay
65 Government Road Allowance
Duck Bay, MB R0L 0N0 **Tel:** 204-524-2355
Fax: 204-524-2802

CHILDREN AND YOUTH

Onashiwon Aboriginal Head Start Program
222 Manitoba Avenue **Tel:** 204-482-6419
Winnipeg, MB R3C 1Y8 **Fax:** 204-482-1064
Email: sfcahs@mts.net

Four Feathers Inc. Head Start Program
45B Gilbert Avenue **Tel:** 204-982-4425
Winnipeg, MB R2X 0T4 **Fax:** 204-982-4424
Email: ffeather@mymts.net

Little Steps Head Start Family Program
210-1st Avenue N.E. **Tel:** 204-638-5707
Winnipeg, MB R2X 0T4 **Fax:** 204-638-4799
Email: dfcheadstart@mymts.net

New Beginnings – The Connection for
Aboriginal Children
4 Nelson Road **Tel:** 204-677-0980
Winnipeg, MB R2X 0T4 **Fax:** 204-677-0981
Email: NBdirector@mamowwetak.mb.ca

New Beginnings – The Connection for
Aboriginal Children Wabowden
269 Flemming Drive **Tel:** 204-689-2408
Wabowden, MB R0B 1S0 **Fax:** 204-689-2408

New Beginnings – The Connection for
Aboriginal Children Thicket Portage
138 Thicket Avenue **Tel:** 204-286-3284
Thicket Portage, MB **Fax:** 204-286-3284
R0B 1R0

Aboriginal Health & Wellness Centre of
Winnipeg, Inc. Aboriginal Head Start Program
215-181 Higgins Avenue **Tel:** 204-925-3740
Winnipeg, MB R0B 1S0 **Fax:** 204-925-3632
Email: ngentes@ahwc.ca

Flin Flon Sweetgrass Aboriginal Head Start
Program
57 Church Street **Tel:** 204-687-1311
Flin Flon, MB R8A 1K8 **Fax:** 204-687-1312
Email: ffsahsc@mymts.net

Lynn Lake Aboriginal Head Start Program
Public Lane **Tel:** 204-356-2131
Flin Flon, MB R8A 1K8 **Fax:** 204-356-2132

The Pas Sweetgrass Head Start Centre Inc.
145 Larose Street **Tel:** 204-627-6864
The Pas, MB R9A 1L7 **Fax:** 204-627-7136
Email: swtgrass@mymts.net

St. Laurent Aboriginal Head Start Centre
Lot 825 PTH 6 **Tel:** 204-646-2565
The Pas, MB R9A 1L7 **Fax:** 204-646-2576
Email: stlahs@mts.net

Oshki-Majahitowiin
220 Andrews Street **Tel:** 204-589-1721
Winnipeg, MB R2W 4T1 **Fax:** 204-589-7354
Email: oshki@shawbiz.ca

Little Teaching Lodge
205 College Avenue **Tel:** 204-729-0788
Winnipeg, MB R2W 4T1 **Fax:** 204-727-5082
Email: ltglodge@mymts.net

Camperville Aboriginal Head Start
60 Arena Road **Tel:** 204-524-2219
Camperville, MB R0L 0J0 **Fax:** 204-524-2230
Email: CampervilleAHS@mts.net

Cranberry Portage Aboriginal Head Start
Program
217 2 Avenue **Tel:** 204-687-0862
Cranberry Portage, MB R0B 0H0

Centre for Aboriginal Human Resource Development, Inc. (CAHRD)

304 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1
Website: www.cahrd.org

Tel: 204-989 7110
Fax: 204-989 7113

The Centre for Aboriginal Human Resource Development Inc. (CAHRD) is a non-profit, human resource development organization that delivers literacy, education, training and employment services to the urban Indigenous population of Winnipeg, Manitoba. CAHRD provides a variety of supports including childcare, student housing, personal development and wellness programs.

CHILDREN AND YOUTH

Manitoba Association for Rights and Liberties (MARL)

500 Shaftesbury Blvd
Winnipeg, MB R3P 2N2
Website: www.marl.mb.ca

Tel: 204-946-0905
Fax: 204-946-0403
Email: ed@marl.mb.ca

A community organization for the protection and extension of human rights and civil liberties, the Manitoba Association for Rights and Liberties (MARL) specifically focuses on Charter Rights and Legislative Review. MARL reviews provincial legislation, and presents briefs and recommendations to government. It is also involved in public education. Core funding is provided by the United Way.

Neecheewam Inc.

605 Wall Street
Winnipeg, MB R3G 2T5
Email: Info@Neecheewam.com

Tel: 204-775-9240
Fax: 204-774-4970

Neecheewam Inc. is a professionally staffed community based organization designed to meet unique and individual needs of youth requiring care through crisis intervention and residential care. Neecheewam Inc. currently operates seven residential facilities in Winnipeg for youth who have experienced severe family, personal and societal difficulties. These are:

- Three separate treatment programs for female-identifying youth that we currently refer to as the “Memengwa” programs. Memengwa means butterfly. *****Please note that they are in the process of changing the names for the butterfly programs to accurately reflect the spirit of the programs*****
- Ata Chiminis Mikisiw (Eagle Embracing You). A mental health and addictions unit for female-identifying youth with complex needs.
- Zongi'de Mushkodebizhike Ikwewag (Strong Hearted Buffalo Women). A crisis stabilization for female-identifying youth with complex needs.
- Zawe Ginew (Golden Eagle). Co-ed temporary shelter and emergency placement resource.

Neeginan Centre

103 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1
Email: events@abcentre.org

Tel: 204-989-6605
Fax: 204-989-7137
Website: <https://neeginancentre.com/>

Incorporated in 1990, the Neeginan Centre Inc. is a non-profit organization and is fully operated by the Indigenous community in Winnipeg. Neeginan Centre provides urban Indigenous people in Winnipeg a centralized, culturally safe space in which to gather socially, and to access education, job training, primary health care, healing, childcare and a host of other services and resources.

CHILDREN AND YOUTH

Shawenim Abinoojii Inc.

1386 Main Street

Winnipeg, MB R2W 3V1

Email: info@shawenimabinoojii.org

Website: www.shawenim-abinoojii.ca

Tel: 204-949-9407

Fax: 204-949-9413

Sub-office:

650 Dufferin Avenue

Winnipeg, MB R2W 2Z2

Toll free: 1-844-870-0099

Shawenim Abinoojii Inc. nurtures our children through culturally relevant programs and services supporting the needs of the community.

Victoria-Albert Daycare Inc.

119 – 110 Ellen Street

Winnipeg, MB R3A 1A1

Tel: 204-957-5955

Email: director@vadc.ca

Victoria Albert Daycare Inc (VADI) is a non profit licensed childcare centre for children ages 3-12 years old. There is before school, lunch, and after-school programming for school aged children in grades 1-6, and a fulltime preschool program for children ages 3-6 years old. VADI services community schools in the area (Ecole Sacré-Coeur and Ecole Victoria Albert). VADI follows a play-based program that follows the Circles of Security principles. Morning and afternoon snacks are provided, however, families are required to provide lunch. There is opportunity to buy pizza lunch twice a month. VADI is open 7:00am-5:30pm throughout the year, with the exception of statutory holidays.

Wahbung Abinoonjiag

225 Dufferin Avenue

Winnipeg, MB R2W 5N7

Email: info@wahbung.org or reception@wahbung.org

Social Media: @wahbung225

Tel: 204-925-4610

Fax: 204-582-9508

Wahbung Abinoonjiag is a domestic violence prevention, crisis and healing centre, established in 1994 to empower children and their families to end the cycle of violence. Wahbung Abinoonjiag (Children of Tomorrow) is an Indigenous non-profit organization, providing opportunities for holistic healing and support for families to thrive through culturally-relevant programs, services and advocacy. Our dynamic team of staff and volunteers deliver programs and services for children, youth, individuals and families who have been impacted by violence.

Our programming is directed by the expressed needs of the community, gathered through our community councils, community connection initiatives and inclusive strategic planning. Program and community engagement opportunities include: children's programs (Moms and Tiny Tots, Traditional Parenting and Summer Camp); youth (Junior Youth Group, Senior Youth Group and mentorship opportunities), adult programs (Women's Circle, Relapse Prevention Program and counselling); cultural activities/programs (ceremonies, Traditional artisan workshops and cultural support services); housing advocacy and life-

CHILDREN AND YOUTH

skills development through The Loving Roof housing program; wrap-around family support programming through our Community Helper program; and basic needs services through our COVID-19 community care package initiative.

Wahbung Abinoonjiag owns and operates an emergency shelter program for male-identifying individuals and their families, along with transitional housing for children and their families who are at-risk or experiencing family violence.

Youth Agencies Alliance (YAA)

300-61 Juno Street

Winnipeg, MB R3A 1T1

Website: <http://www.youthagenciesalliance.com/>

Tel: 204-982-4946

Fax: 204-982-4950

Values:

Collaboration

YAA will build on our member's experience, knowledge and resources to increase capacity for collective action in order to speak with one voice on issues related to youth.

Relationships

YAA members commit to trusting each other's expertise and having open and ongoing communication with the goal to collaborate to better serve youth. YAA values that all decisions will be made by building consensus, therefore providing an equal voice to all members.

Best Practices

YAA supports training, research, sharing and learning to help stay well-informed of issues and trends related to youth. We value continuous learning by collaborating and partnering with a range of stakeholders (the public, funders, policy makers, community leaders, and community agencies) so that together we can have youth issues on the public agenda.

Programs

YAA values the development and implementation of a wide range of safe, constructive, inclusive and meaningful programs. Through participating in programming, youth will have the opportunity to develop important life skills and develop a sense of belonging to their community.

CHILD AND FAMILY SERVICES

CHILD AND FAMILY SERVICES

Centre for Aboriginal Human Resource Development, Inc. (CAHRD)

304 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1

Tel: 204-989 7110
Fax: 204-989 7113

Website: www.cahrd.org

The Centre for Aboriginal Human Resource Development Inc. (CAHRD) is a non-profit, human resource development organization that delivers literacy, education, training and employment services to the urban Indigenous population of Winnipeg, Manitoba. CAHRD provides a variety of supports including childcare, student housing, personal development and wellness programs.

Child and Family All Nations Coordinated Response Network (ANCR)

835 Portage Avenue
Winnipeg, MB R3G 0N6

Tel: 204-944-4200
Fax: 204-944-4050
Toll free: 1-888-945-2627

Child and Family All Nations Coordinated Response Network (ANCR) is generally the first point of contact with the Child and Family Services system. ANCR seeks to bridge the gap and provide support and services to families and children to ensure the safety of children. ANCR is accessible round-the-clock to handle emergency and non-emergency calls.

General Child and Family Services Authority

301 - 180 King Street
Winnipeg, MB R3C 4C6

Tel: 204-984-9360
Toll free: 1-266-803-2814
Fax: 204-984-9366

Email: generalauthority@gov.mb.ca

Website: <https://www.gov.mb.ca/fs/childfam/>

The General Authority Board was formed after the proclamation of the Child and Family Services Authorities Act in 2003. The General Authority is responsible for ensuring the provision of child and family services through the agencies and service regions under our jurisdiction. As a board, we strive to ensure we have a broad representation of members that takes into account gender, race/ethnicity/cultural communities, along with representation from throughout the province.

As our vision states, we strongly believe in children and youth who are safe, happy, thriving and growing up with their family in a healthy, caring community.

Ma Mawi Wi Chi Itata Centre, Inc.

Administration Office
350 – 200 Alpine Way
Headingley, MB R4H 0B7

Tel: 204-925-0300
Fax: 204-946-5042
Toll free: 1-888-962-6294

Email: info@mamawi.com

CHILD AND FAMILY SERVICES

Gathering Place for Truth and Reconciliation

445 King Street
Winnipeg, MB R2W 4V5

Booking Line: 1-888-986-8152

Community Care Sites:

363 McGregor Street
Winnipeg, MB R2W 4X4

575 Larsen Avenue
Winnipeg, MB R2K 1R5

Tel: 204-925-0375

The name Ma Mawi Wi Chi Itata translates from Ojibway into the phrase “we all work together to help one another”.

The Ma Mawi Wi Chi Itata Centre, Inc. (Ma Mawi) was born in the fall of 1984 by committed community members who sought an Indigenous solution to supporting and rebuilding families. Since that time, Ma Mawi has worked to support families to better care for children by creating meaningful opportunities for community and family involvement. Ma Mawi believes that strengthening families is a worthy investment in the future. Today Ma Mawi offers more than 50 programs, 11 sites, and 200+ staff and volunteers.

Types of services Ma Mawi offers:

- **Youth Services:**
Sons and Daughters of the Rising Sun; Four Directions Pow Wow Club; Aboriginal Scouts; Traditional Teachings and Ceremonies; Solvent Abuse Prevention; Positive Adolescent Sexuality Support; Young Fathers Program; Home-Based Crisis Intervention; and, Strong Directions - Youth Leadership Development
- **Community Care:**
Natural gathering places for Winnipeg's urban Indigenous community that are community driven, culturally relevant prevention and support based programs that include drop-in, emergency services, workshops, training and volunteer opportunities.
- **Caring for Our Relatives:**
Protect children and honour the sacred bond of families with their children by ensuring Indigenous children remain connected to their family and community.
- **Youth Development**
Honours youth as the current and future generation of leaders through culture, education, recreation, empowerment, training, employment and leadership development opportunities.
- **Indigenous Knowledge**
Returning to our Indigenous values and practices of caring for one another. Specialized programs to lead Truth and Reconciliation initiatives and our leadership role to support a strong sister organization network.

CHILD AND FAMILY SERVICES

Ndinawemaaganag Endaawaad (Our Relative's House)

650 Burrows
Winnipeg MB R2W 2M7
Email: info@ndinawe.ca

Tel: 204-417-7233
Website: ndinawe.ca/

Ndinawe offers a safe, nurturing home for male and female youth ages 11-17. If you have no place to go or you are at risk of experiencing serious physical, emotional or spiritual harm, or if you are vulnerable to sexual exploitation, call us at 204-586-2588. Open seven days a week.

Tina's Safe Haven

472 Selkirk Avenue
Winnipeg MB R2W 2M7

Tel: 204-589-5545
Fax: 204-589-4086

Tina's Safe Haven has approximately 50 participants' visit the drop-in centre a day. At the drop-in centre, youth are welcomed at the door and are able to recognize employment and housing resources upon arrival, as well as scheduled programming for that day. The drop-in centre is open 24 hours. Youth can utilize laundry facilities, television, phone services, games, and computers, as well as planned activities, special events, counseling support and resources. The program mentors are available to assist youth in pursuing their interests by locating applications, equipment usage, transportation, workshops and referrals. A large component of Tina's Safe Haven involves outings that include recreational activities, movies and camping trips. There are also special dinners and dances planned throughout the year. All the youth that participate in programs, or just come to hang out, have access to a number of services whether it being a hot plate of food or a safe ride home. Tina's Safe Haven is a safe and healthy environment that will continue to acknowledge youth and provide resourceful assistance.

New Directions for Children, Adult and Families

500 - 717 Portage Avenue
Winnipeg, MB R3G 0M8
Email: info@newdirections.mb.ca

Tel: 204-786-7051
Fax: 204-774-6468

Opikihiwawin

(New Directions)
500 - 717 Portage Avenue
Winnipeg, MB R3B 2E4
Email: opikihiwawin@newdirections.mb.ca

Tel: 204-786-7051
Fax: 204-774-6468

Opikihiwawin's aim is to provide support, education and nurturing resources to cross-cultural families that have adopted or are giving care to Aboriginal children, primarily within a 60 mile radius of Winnipeg. The co-ordinator is available for one-to-one counselling with parents and children, and will give leadership in the field of appropriate cultural and recreational activities for Aboriginal children, whether adopted or in foster care. Parent support groups meet in the Winnipeg area. Opikihiwawin is sponsored by New Directions. For more information, contact the program manager.

CHILD AND FAMILY SERVICES

Rossbrook House

658 Ross Avenue (at Sherbrook)
Winnipeg, MB R3M 0M1

Email: mail@rossbrookhouse.ca

Tel: 204-949-4090

Fax: 204-949-4095

Website: www.rossbrookhouse.ca

The original and main purpose of this drop-in centre for children and youth ages 4-24 is to offer constructive diversion and keep young people off the streets. It offers recreational, cultural and employment programs. The majority of staff are local Aboriginal youth. Three educational programs are operated in conjunction with Winnipeg School Division No. 1:

- 'Wi Wabigooni', Elementary, affiliated with Victoria Albert School
- 'Eagles' Circles', Junior High, affiliated with Hugh John MacDonald School
- 'Rising Sun' affiliated with Gordon Bell High School

Rossbrook House is open from 8 a.m. to midnight Monday to Thursday and Sunday; 24 hours Friday, and Saturday (and Sunday, if Monday is a holiday). During Christmas, spring and summer school breaks, the house is open 24 hours.

FIRST NATIONS MANDATED AGENCIES

FIRST NATIONS MANDATED AGENCIES

Mission Statement: To have a jointly coordinated child and family services system that recognizes the distinct rights and authorities of First Nations and Métis peoples and the general population to control and deliver their own child and family services province-wide. Those services will be community-based and reflect and incorporate the cultures of First Nations, Métis and the general population respectively.

First Nations of Southern Manitoba Child and Family Services Authority

200 – 200 Alpine Way
Swan Lake First Nation
Headingley, MB R4H 0B7

Tel: 204-783-9190
Fax: 204-783-7996
Toll free: 1-800-665-5762

Website: <https://www.southernnetwork.org>

First Nations of Southern Manitoba Agencies

Anishinaabe Child and Family Services

Box 321
Fairford, MB R0C 0X0

Tel: 204-659-4546
Fax: 204-659-5877

Website: www.anishcfs.org

Email: fairford.reception@anish-cfs.org

Anishinaabe West serves band members of Lake St. Martin, Dauphin River, Fairford, Lake Manitoba and Little Saskatchewan.

Winnipeg Office:

56 – 1313 Border Street R3C 1K4

Tel: 204-942-0788
Fax: 204-957-1734

Dakota-Ojibway Child and Family Services

Swan Lake First Nation 7A Band #293/Forest Hills
Box 310 Carberry, MB R0K 0H0

Tel: 204-834-2323
Fax: 204-834-2306
After Hours: 1-800-263 6237

Toll Free: 1-877-508-8289

Dakota-Ojibway Child and Family Services provides services to eight reserves: Dakota Plains, Long Plain, Roseau River, Sioux Valley, Swan Lake, and Birdtail Sioux.

Intertribal Child and Family Services

Fisher River Cree Nation
PO Box 358
Koostatak, MB R0C 1S0

Tel: 204-645-2744
Fax: 204-645-3065

Intertribal Child and Family Services serves the reserves of Fisher River.

Winnipeg Office:

765 Portage Avenue, R3G 0N2

Tel: 204-927-2800
Fax: 204-927-2807
Toll free: 1-866-573-4460

FIRST NATIONS MANDATED AGENCIES

Peguis Child and Family Services

P.O. Box 610
Peguis First Nation
Peguis, MB R0C 3J0

Tel: 204-645-2049
Fax: 204-645-2558
Toll free: 1-877-777-2049

Peguis Child and Family Services serves the Peguis First Nation.

Winnipeg Office:

Unit 1-1349 Border Street R3H 0N1

Tel: 204-632-5404
Fax: 204-632-7226

Sagkeeng Child and Family Services

P.O. Box 700
Pine Falls, MB R0E 1M0

Tel: 204-367-2215
Fax: 204-367-8510
Toll free: 1-877-367-4020

Sagkeeng Child and Family Services serves Sagkeeng First Nation.

Winnipeg Office:

85 Muir Road R2X 2X7

Tel: 204-949-1649
Fax: 204-949-1669
Toll free: 1-888-761-5897

Southeast Child and Family Services

Brokenhead Ojibway Nation
10 Thunderbird Road
Scanterbury, MB R0E 1W0

Tel: 204-766-2655
Fax: 204-766-2709
Toll free: 1-855-821-8027

Website: www.secfs.ca

Southeast Child and Family Services serves eight communities: Poplar River, Berens River, Bloodvein, Pauingassi, Little Grand Rapids, Hollow Water, Little Black River, and Brokenhead.

Winnipeg Offices:

2nd Floor – 1410 Mountain Avenue
Winnipeg, MB R2X 3C4

Tel: 204-594-0494
Fax: 204-594-0499

4th Floor, 360 Broadway Avenue
Winnipeg, MB R3C 0T6

Tel: 204-947-0011
Fax: 204-947- 0009

FIRST NATIONS MANDATED AGENCIES

West Region Child and Family Services

Rolling River First Nation
Box 280
Erickson, MB R0J 0P0

Toll free: 1-866-636-6100

Website: wr-cfs.org/

West Region Child and Family Services serves Ebb and Flow, Rolling River, Keeseekoowewin, Valley River, Pine Creek, Crane River, Waywayseecappo, Gamblers Reserves, Brandon and Skownan.

Sub Offices:

255 Sherbrook Street
Winnipeg, MB R3C 2B8

Tel: 204-985-4050

Fax: 204-985-7079

Toll free: 1-866-320-5391

431 Buchanon Avenue
Dauphin, MB R7N 3B3

Tel: 204-622-5200

Fax: 204-622-5248

Toll free: 1-888-333-5518

1239 Princess Avenue
Brandon, MB R7A 3W9

Tel: 204-571-2090

Fax: 204-571-2099

First Nations of Northern Manitoba Child and Family Services Authority

Winnipeg Office:

200 – 300 Alpine Way
Headingley, MB R4H 0E1

Tel: 204-942-1842

Fax: 204-942-1858

Website: www.northernauthority.ca

The First Nations of Northern Manitoba Child and Family Services Authority is often referred to as the “Northern Authority”. On November 24, 2003, legislation was proclaimed by the Government of Manitoba that established four authorities to oversee and coordinate the delivery of child and family services throughout the province of Manitoba. The Northern Authority is committed to the well-being of our children, families and communities and to respecting our people’s traditions and cultures.

First Nations of Northern Manitoba Agencies

Awasis Agency of Northern Manitoba

100-701 Thompson Drive
Thompson, MB R8N 2A2

Tel: 204-677-1500

Toll free: 1-800-667- 4734

Fax: 204-778-8428

Winnipeg Offices:

1244 Main Street R2W 3S9

Tel: 204-987-9480

Fax: 204-987-9489

315 McGee Street R3G 1M7

Tel: 204-987-9480

FIRST NATIONS MANDATED AGENCIES

Awasis serves communities in Northern Manitoba, including: War Lake, God's Lake, Split Lake, Northlands, Barren Lands, Oxford House, York Landing, Fox Lake, God's River and Shamattawa.

Cree Nation Child and Family Caring Agency

P.O. Box 10130
Opaskwayak, MB R0B 2J0
Email: concerns@cree-nation.ca

Tel: 204-623-7456
Fax: 204-623-3847

Winnipeg Office:

Unit 14 – 1313 Boarder Street R3H 0X4

Tel: 204-954-3100
Toll free 1-866-665-1763
Fax: 204-954-3090

Cree Nation serves seven communities in Northern Manitoba: Chemawawin, Mathias Colomb, Misipawistik, Wuskwi Sipiik, Marcel Colomb, Mosakahiken and Sapotaweyak.

Island Lake First Nations Family Services

General Delivery
Garden Hill, MB R0B 0T0

Tel: 204-456-2015
Fax: 204-456-2641

Sub-Offices:

103-1821 Wellington Avenue R3H 0G4

Tel: 204-987-9444
Fax: 204-943-4604

General Delivery
St. Theresa Point, MB R0B 1J0

Tel: 204-462-2114
Fax: 204-462-2427

General Delivery
Wasagamack, MB R0B 1Z0

Tel: 204-457-2469
Fax: 204-457-2153

General Delivery
Red Sucker Lake, MB R0B 1H0

Tel: 204-469-5444
Fax: 204-469-5448

Island Lake First Nations Family Services (ILFNFS) believes that preserving and maintaining the family unit is a partnership with parents, the extended families, and community. ILFNFS is committed to develop and implement programs and services that are effective and consistent to the agency and objectives.

Kinosao Sipi Minisowin Agency

P.O. Box 640
Norway House, MB R0B 1B0
Website: minisowin.ca

Tel: 204-359-4551
Fax: 204-359-8654

FIRST NATIONS MANDATED AGENCIES

Winnipeg Office:

585 Century Street R3H 0W1

Tel: 204-784-8220

Fax: 204-784-8241

Tollfree: 1-866-449-0181

Kinosao Sipi Minisowin Agency serves Norway House.

Nisichawayasihk Cree Nation Family and Community Wellness Centre

14 Bay Road Drive
Nelson House, MB R0B 1A0

Tel: 204- 484-2341

Fax: 204-484-2351

Sub-Offices:

1450 Wellington Avenue
Winnipeg, MB R3E 0K5

Tel: 204-784-8160

Fax: 204-784-8170

724, 18th Street
Brandon, MB R7A 5B5

Tel: 204-726-3690

Fax: 204-727-8983

Unit 12 – 15 Westwood Mall
Thompson, MB R8N 1S7

Tel: 204-778-1961

Fax: 204-778-1989

Designated Intake Office
79 Selkirk Avenue
Thompson, MB R8N 0M5

Tel: 204-778-1960

2 Wasagan Road
South Indian Lake, MB R0B 1N0

The Nisichawayasihk Cree Nation (NCN) Family and Community Wellness Centre was established to support holistic wellness by providing additional opportunities for the Citizens of the NCN to build on their strengths as individuals, as members of families and as part of the community. The Centre provides services in Public Health, Child and Family Services, Counselling and other family and community needs programs.

Métis Child and Family Services Authority

Métis Child, Family & Community Services
204 – 150 Henry Avenue
Winnipeg, MB R3B 0J7

Email: info@metisauthority.com

Tel: 204-949-0220

Fax: 204-984-9487

Toll free: 1-855-779-1277

Website: www.metisauthority.com

SUPPORT SERVICES

SUPPORT SERVICES

Abinotci Mino-Ayawin (Children's Healing)

Rm. 215 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1

Tel: 204-925-3700
Fax: 204-925-3709

The primary focus for the Abinotci Mino-Ayawin Program is on the health care needs of young Aboriginal children age 0-6 and their families living in Winnipeg. The program is based on the traditional Aboriginal principles known as the Seven Sacred Teachings: sharing, caring, kindness, humility, trust, honesty and love. All exist within the Medicine Wheel or the Circle of Life.

Abinotci is a voluntary home visiting program that provides one-to-one support towards living a healthy, balanced lifestyle through services such as one to one supportive counselling, help in setting and achieving goals, parenting programs, access to Elders and traditional healing, advocacy, and other community referrals. To contact Abinotci Mino-Ayawin, phone 204-925-7504 and ask to speak to the Senior Counsellor.

Behavioural Health Foundation, Inc.

35 De la Digue, Box 250
St. Norbert, MB R3V 1L6
Website: www.bhf.ca

Tel: 204-269-3430
Fax: 204-269-8049
Email: info@bhf.ca

The Behavioural Health Foundation Inc. is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). It provides long-term residential programming for single adult and family units that are experiencing a variety of problems with a primary focus on addictions. The program is designed to offer graduated opportunities for equipping a person with the vocational, intellectual and communicative skills necessary for successful integration into society.

Addiction Treatment Services:

- Group, family and individual counselling
- Addictions counselling, mental health supports
- Licensed Child daycare
- Advocacy on behalf of residents
- Cultural programming provided by the Director of Indigenous Services
- Court and provincial corrections' services including pre-sentence reports, bail recognizance, temporary absence, and probation residence
- Interviews and assessments at correctional institutions
- Community residential centre for parolees
- Employment training and job placement opportunities
- Education classrooms for Kindergarten to Grade 12

SUPPORT SERVICES

Breezy Point Women's Program (Separate program for women and women with children up to age 4):

- Group, family and individual counselling
- Focus on issues for women including intimate partner violence (IPV)
- Addictions counselling, mental health supports
- Licensed Child daycare
- Advocacy on behalf of residents
- Cultural programming provided by the Director of Indigenous Services
- Court and provincial corrections' services including pre-sentence reports, bail recognizance, temporary absence, and probation residence
- Interviews and assessments at correctional institutions
- Community residential centre for parolees
- Employment training and job placement opportunities

Centre for Aboriginal Human Resource Development, Inc. (CAHRD)

304 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1

Tel: 204-989 7110
Fax: 204-989 7113

Website: www.cahrd.org

The Centre for Aboriginal Human Resource Development Inc. (CAHRD) is a non-profit, human resource development organization that delivers literacy, education, training and employment services to the urban Indigenous population of Winnipeg, Manitoba. CAHRD provides a variety of supports including childcare, student housing, personal development and wellness programs.

Community Financial Counselling Services, Inc. (CFCS)

516 – 294 Portage Avenue
Winnipeg, MB R3C 0B9

Tel: 204-989-1900
Fax: 204-989-1908
Toll free: 1-888-573-2383
Email: info@cfcs.mb.ca

Website: www.cfcstaxes.com

Community Financial Counselling Services Inc. (CFCS) is a not-for-profit United Way Member Agency, and an accredited member of Credit Counselling Canada. CFCS offers credit and financial counselling that includes debt solutions and options, budgeting and spending plans, detailed assessments of your financial situation and consumer education/information. CFCS provides free income tax preparation and filing both virtually and in-person and will assist in applying for eligible government benefits. Go to website for further information.

Dakota Tiwahe Services Office Listing

Box 39
Griswold, MB R0M 0S0

Tel: 204-855-2150
Fax: 204-855-2299

After Hour Emergency #: 204-855-2205

Website: <https://svdngovernance.com/programs/dakota-tiwahe-services-inc/>

SUPPORT SERVICES

The Sioux Valley Dakota Oyate Government is determined, pursuant to the Self-Government agreement (s. 20.0) with Canada and Manitoba, to undertaking the jurisdiction through the initiative of creting a Child and Family Service Agency (Dakota Tiwahe Services Inc.) to address the need for protecting Sioux Valley Dakota Nation Children and families. This will ensure the protection of the Dakota Culture by providing services which represents the morals and philosophical, cultural and traditional components of the Sioux Valley Dakota Nation.

The approach of Sioux Valley Dakota Nation will be integrated and collaborative, involving all the SVDN departments, particularly those of Health, Education, and Social Development to impleent the objectives of creating healthy families and re-uniting families who have been impacted by child apprehensions.

The Sioux Valley Dakota Oyate Government is determined to create a new model to demonstrate that when Dakota culture, values, traditions and kinship are applied, families will be healthier and the numbers of apprehensions should be reduced and ultimately eliminated.

Ikwe-Widdjiitiwin, Inc. (Women Helping One Another)

P.O. Box 1056

Winnipeg, MB R3C 2X4

Toll free Crisis Line: 1-800-362-3344

TDD Line: 1-800-561-6178

Website: www.ikwe.ca/

Tel: 204-987-2780

Fax: 204-987-2822

Provincial Crisis Line: 1-877-977-0007

Email:

Ikwe-Widdjiitiwin provides emergency shelter for women and children who are victims of violence. Shelter counsellors are on duty 24 hours per day seven days per week to provide services, understanding and information on local services available. If service is required, please phone the shelter for the address. Services are available in most First Nations languages.

Indigenous Senior Resource Centre (Wpg) Inc.

527 Selkirk Avenue

Lower level

Winnipeg, MB R2W 2M6

Email: admin@asrcwpg.ca

Tel: 204-586-4595

Fax: 204-586-3283

Website: <http://asrcwpg.ca/>

The Indigenous Senior Resource Centre is a non-profit, charitable organization that utilizes a holistic approach to ensure the respect and well-being of Indigenous Seniors in Winnipeg. Our goal is to help improve the health and well-being of Indigenous Seniors in Winnipeg. We aim to do this by:

- Increasing access to information, resources, and supports for Indigenous Seniors;
- Creating opportunities for active involvement within the community as a means of achieving physical, emotional, mental, and spiritual balance.
- Providing opportunities for Indigenous Seniors to pass on their traditional values and historical knowledge to our younger generations.

SUPPORT SERVICES

- Creating an environment where Indigenous Seniors can celebrate their uniqueness and build strong community friendships.

Indigenous Women's Healing Centre

105 Aikins Street
Winnipeg, MB R2W 4E6
Email: t.noga@iwhc.ca

Tel: 204-989-8240
Fax: 204-586-1101
Intake: 204-998-8244 or 204-989-8251

The organization consists of three safe and sober Healing Lodges for Indigenous women, and their children, who are in the process of changing their current life situation. The Lodges provide 24/7 support and access to resources that help to enable growth and skills development on their journey to becoming self-fulfilled people. The First Stage program is a one-year residency. When graduated from this program, the option to move into Second Stage and more independent living is discussed. Our third site is a Healing Lodge that works in partnership with the Correctional Services of Canada.

Ka Ni Kanichihk, Inc.

455 McDermot Avenue
Winnipeg, MB R3A 0B5
Email: admin@kanikanichihk.ca

Tel: 204-953-5820
Fax: 204-953-5824
Website: www.kanikanichihk.ca

Ka Ni Kanichihk means Those Who Lead (Cree) and is a charitable, Indigenous-led centre in Winnipeg's core. Our mandate is to provide Indigenous identified programs and services that focus on wholeness and wellness and build on the strengths and resilience of Indigenous peoples. Ka Ni Kanichihk is home to a number of front-line programs that support individual and collective growth and development in adult education, youth job readiness and skills development, mentorship programming and wellness support services. Within a culturally safe environment, our programming helps Indigenous people on their path to being healthy, happy, respected, and included in our community both socially and economically. Ka Ni Kanichihk has a twenty-year history of solid community programming that is based on and geared towards addressing community need.

Ka Ni Kanichihk's **Velma's House 24/7 Safe Space** is a drop in, low barrier safe space for women and female-identifying members of the 2SLGBTQ+ community. Velma's House provides refuge for all women who are experiencing domestic and street violence, including sexual exploitation, and those who are unsheltered. It is a culturally safe space where women can access a wide variety of essential supports and services needed to make safer choices and escape dangerous situations. This includes: a safe place to rest, meals, snacks, water, coffee and tea, shower, washroom, laundry, harm reduction supplies, one on one counselling provided by other survivors, smudging, sharing circles, full moon ceremony, access to speak with elders, phone and computer, emergency clothing, hygiene supplies, housewares, and connection to other resources. For many of the women, the services and supports offered by Velma's House are absolutely critical, and life-saving. To connect with Velma's House please call (204)560-3007.

Kinonje Abinoonjiag Niigan Inc.

Main Office

Kinonjeoshtegon First Nation

SUPPORT SERVICES

Box 40
Dallas, MB R0C 0S0

Tel: 204-394-2011
Fax: 204-394-2286

Winnipeg Office

Unit 201 – 1555 St. James Street
Winnipeg, MB R3H 1B5

Tel: 204-560-6565
Fax: 204-560-5995

Website: <https://kinonjeabinoonjiigniigan.com>

Kinonje Abinoonjiig Niigan Inc. serves on-reserve and off-reserve community members. They work closely with children-in-care and families to provide family services, support, advocacy and/or referrals to ensure a safe and supporting environment while guiding and assisting families to maintain healthy, unified homes.

Services include protection and prevention programs to ensure that children and families receive the support they need, and children are safe from abuse and neglect. They will be assisting approximately 150 cases which include children in care and families on and off reserve.

Knowles Centre, Inc.

2065 Henderson Highway
Winnipeg, MB R2G 1P7

Tel: 204-339-1951
Fax: 204-334-4173

Email: info@knowlescenter.org

Knowles Centre is a community-based, non-profit social services agency for children, adolescents and young adults facing difficult times. It offers six therapeutic and skills-based programs that help young people to address past struggles, to develop healthier relationships and ways of life, and to reach their full potential in the future.

- **Group Care Treatment** provides a safe place for youth ages 12 to 17 to live while they receive the support to work out emotional and behavioral issues they are facing. Youth live in one of Knowles Centre's five healing homes and receive multi-disciplinary intervention including youth care, recreational, and clinical services.
- **Supported Advancement to Independent Living (SAIL)** assists youth ages 16 - 21 who are "aging out" of the child welfare system to transition to living independently in the community. Clients live in a safe, supervised apartment while they build their life skills with the one-to-one guidance of support workers.
- **Treatment Foster Care** brings together professional services for children and youth with the strengths of caring individuals or families from the community. Children in the program range from birth to 17+ years, and can often be placed with siblings.
- The **Day Treatment Program** is offered in partnership with River East Transcona School Division. Students attend the John G. Stewart School, located on the Knowles Centre grounds, and work with clinical therapists and a support worker to identify and address their behavioural and emotional concerns.
- **Sexual Abuse Treatment** is a community-based program for children ages 4 to 21+ and non-offending family members who have been impacted by sexual abuse to

SUPPORT SERVICES

help clients cope with past experiences in a positive way.

- **Moving Forward** is our counselling program for young people ages 12 to 21 and their caregivers/families who may be facing a variety of struggles. The program uses a range of therapeutic approaches within a strength-based, and non-oppressive/culturally sensitive environment.

Manitoba Aboriginal Sports and Recreation Council, Inc.

105 - 145 Pacific Avenue

Winnipeg, MB R3B 2Z6

Email: mel.whitesell@masrc.com

Tel: 204-925-5737

Fax: 204-925-5716

Website: www.masrc.com

The council's vision is to empower Manitoba's Indigenous community to grow physically, spiritually and culturally through sport and recreation. Its mission is to strengthen Indigenous participation in positive healthy lifestyles.

Manitoba Moon Voices, Inc.

301 – 286 Smith Street

Winnipeg, MB R3C 1K4

Website: www.manitobamoonvoices.com

Tel: 204-942-1828

Fax: 204-615-5300

Email: admin@mmvi.ca

Manitoba Moon Voices is a non-profit organization supporting leadership and advancement by and for Indigenous women in Manitoba. The organization focuses on building stronger connections among Indigenous women and their communities, organizations and allies across Manitoba to support women's collaborative voice and empower each other. Manitoba Moon Voices shares and promotes knowledge and resources through positive actions and self-determination, while incorporating ancestral practices with Indigenous women everywhere.

Native Women's Association of Canada (NWAC)

120 Promenade du Portage

Gatineau QC J8X 2K1

Email: reception@nwac.ca

Website: <https://nwac.ca/>

Toll free: 1-800-461-4043

Tel: 613-722-3033

Fax: 613-722-7687

The Native Women's Association of Canada (NWAC) is a National Indigenous Organization representing the political voice of Indigenous women, girls and gender diverse people in Canada, inclusive of First Nations on and off reserve, status and non-status, disenfranchised, Métis and Inuit. An aggregate of Indigenous women's organizations from across the country, NWAC was founded on the collective goal to enhance, promote and foster the social, economic, cultural and political well-being of Indigenous women within their respective communities and Canada societies.

Neeginan Centre

103 - 181 Higgins Avenue

Winnipeg, MB R3B 3G1

Email: events@abcentre.org

Tel: 204-989-6605

Fax: 204-989-7137

Website: <https://neeginancentre.com/>

SUPPORT SERVICES

Incorporated in 1990, the Neeginan Centre Inc. is a non-profit organization and is fully operated by the Indigenous community in Winnipeg. Neeginan Centre provides urban Indigenous people in Winnipeg a centralized, culturally safe space in which to gather socially, and to access education, job training, primary health care, healing, childcare and a host of other services and resources.

North End Community Renewal Corp.

c/o 509 Selkirk Avenue
Winnipeg, MB R2W 2M6

Email: info@necrc.org

Tel: 204-927-2330

Website: www.necrc.org

North End Community Renewal Corp. (NECRC) is committed to the social, economic and cultural renewal of the North End of Winnipeg. NECRC defines its development goals through annual consultations and ongoing networking with North End residents and businesses. The corporation works with community committees to plan and implement development strategies in its goal to revitalize the North End.

North End Women's Centre, Inc.

394 Selkirk Avenue
Winnipeg, MB R2W 2M2

Email: info@newcentre.org

Tel: 204-589-7347

Fax: 204-586-9476

Website: <https://newcentre.org/>

The centre is open on a drop-in basis for women to socialize, use the phone or have a coffee. Programs include the "Up Shoppe" (for Women, Children and Men), which offers clothing articles at a very low price (free of charge to women in need on the basis of a referral). Up Shoppe is open Monday to Thursday 9 a.m. to 4:30 p.m. and Friday 9 a.m. – 4 p.m.

The North End Women's Centre offers various counselling programs during the year, including:

- individual counselling
- healthy anger
- parenting program group
- grief and loss group
- healthy relationships group

There are also information sessions and numerous workshops available throughout the year, including addictions recovery and housing support programs.

The centre's hours are:

- Mon, Tues and Thurs. 8:30 a.m. - 4:30 p.m.
- Wed 12-4:30
- Fri. 8:30 a.m. - 4 p.m.

Resource Assistance for Youth (RaY)

Resource Centre:

SUPPORT SERVICES

125 Sherbrook Street
Winnipeg, MB R3C 2B5
Email: info@rayinc.ca
Website: www.rayinc.ca

Tel: 204-783-6617
Fax: 204-775-4988
Outreach: 204-391-2209

Monday – Friday hours: 1 – 4 p.m.

Resource Assistance for Youth (RaY) is non-judgemental and non-partisan, employing a harm-reduction approach to all interactions with youth in need. Their mission is to provide youth with what they need, on their terms, to better their lives. They provide access to basic needs, housing support, employment and training programs, health and wellness, mental health or addictions support, workshops and street outreach.

RaY's drop-in program operates five days a week from 1-4pm. Drop-in is easily accessible for all youth and provides them with a safe, comfortable, supportive place to access all of RaY's services, make appointments, and receive one-on-one supports or simply a reprieve from the street. A hot, nutritious meal is prepared and served by kitchen training program participants at 1 p.m. each day.

Revive and Thrive Thrift Wholesale

1032 Logan Avenue
Winnipeg, MB R3E 1P5

Tel: 204-774-4663

Revive and Thrive Thrift Wholesale is an Indigenous-led thrift shop offering more than previously loved goods for sale: they aim to help people trying to make a fresh start. Revive and Thrive provides volunteer and job experience, including for adults with intellectual disabilities, students from the River East Transcona School Division and young people involved with MacDonald Youth Services who all pitch in around the store.

Salvation Army

Prairie Divisional Headquarters
204 – 290 Vaughan Street
Winnipeg, MB R3B 2N8
Email: les.marshall@salvationarmy.ca

Tel: 204-975-1033
Fax: 204-946-9498
Website: www.salvationarmy.ca

The Salvation Army is a faith-based organization that service to meet human needs and have a positive influence on communities around the world.

Local Corps

BRANDON

9 Princess Avenue E
Brandon, MB R7A 1R8

Tel: 204-727-6271
Fax: 204-727-1752

DAUPHIN

38 2nd Avenue NE

Tel: 204-638-3764

SUPPORT SERVICES

Dauphin, MB R7N 2V4

Fax: 204-638-3636

FLIN FLON

3 Hemlock Drive
Flin Flon, MB R8A 1N1

Tel: 204-687-7812

Fax: 204-687-5314

PORTAGE LA PRAIRIE

220 Duke Avenue
Portage la Prairie, MB R1N 0S6

Tel: 204-239-7213

Fax: 204-857-4672

THOMPSON

305 Thompson Drive
Thompson, MB R8N 1M9

Tel: 204-677-3658

Fax: 204-677-5283

WINNIPEG

Shelter Services

Winnipeg Booth Centre
180 Henry Avenue
Winnipeg, MB R3B 0J8

Tel: 204-946-9400

Fax: 204-943-8898

Website: <http://www.wpgboothcentre.ca/>

Community Camp, Family Services

Winnipeg Community & Family Services
324 Logan Avenue
Winnipeg, MB R3A 0L5

Tel: 204-946-9490

Winnipeg Corrections and Justice Services

180 Henry Avenue
Winnipeg, MB R3B 0J8

Tel: 204-949-2100

Fax: 204-949-2110

Community Venture Program

1350 Church Avenue
Winnipeg, MB R2X 1G4

Tel: 204-942-1161

Fax: 204-946-5347

Email: office@communityventure.mb.ca

Website: <http://www.communityventure.mb.ca/>

Since its establishment within The Salvation Army Prairie Division in 1986, the Community Venture program has evolved, grown, and empowered countless individuals with disabilities to discover their goals and dreams. Based in faith and executed with love and respect for the individuals we serve, Community Venture offers a comprehensive range of residential, day program and outreach opportunities. Spiritual Care Services are available to obtain resources and to assist individuals along their path in life.

Multicultural Family Centre

51 Morrow Avenue
Winnipeg, MB R2M 1A5

Tel: 204-946-9152

Fax: 204-946-9154

Neighbours Helping Neighbours

324 Logan Avenue

Tel: 204-949-2106

SUPPORT SERVICES

Winnipeg, MB R3A 0L5

Fax: 204-949-2110

Mental Health Services Haven

Tel: 204-946-9404

Haven offers 24-hour care to males living with a mental illness. This includes a life skills program, activities and group work.

Residential Services

180 Henry Avenue
Winnipeg, MB R3B 0J8

Tel: 204-946-9400

The residential services program provides separate overnight accommodation for men and women 18 years and over with short term stays available. Mothers accompanied by dependent children can be accommodated.

Shelters on Reserves

First Nation Healing Centre

General Delivery
Koostatak, MB R0C 1S0

Tel: 204-645-2750

Fax: 204-645-2546

Mamawihetowin Crisis Centre

Box 131
Pukatawagan, MB R0B 1G0

Tel: 204-553-2198

Fax: 204-553-2302

Women's Crisis Centre

Box 210
Shamattawa, MB R0B 1K0

Tel: 204-565-2548

Fax: 204-565-2544

Southern First Nations Network of Care

Swan Lake First Nation
200 – 200 Alpine Way
Headingley, MB R4H 0B7

Tel: 204-783-9190

Fax: 204-783-7996

Toll free: 1-800-665-5762

Email: reception@southernnetwork.org

Website: <http://www.southernnetwork.org>

The Southern First Nations Network of Care designs and manages Southern First Nation Child and Family Services program delivery. It also sets culturally-appropriate standards within provincial policies and funds Southern First Nation CFS agencies.

Southern First Nations CFS agencies include:

- Animikii Ozoson
- Anishinaabe Child and Family Services
- Dakota Ojibway Child and Family Services
- Dakota Tiwahe Services Office Listing
- Intertribal Child and Family Services
- Kinonje Abinoonjiiag Niigan Inc.
- Sagkeeng Child and Family Services
- Sandy Bay Child and Family Services
- Southeast Child and Family Services
- West Region Child and Family Services

SUPPORT SERVICES

The Repatriation Program helps those who have been affected by the 60's scoop adoptions to find and locate birth family and community.

Two-Spirit People of Manitoba - Medicine Wolf Healing Place Program

301 – 286 Smith Street
Winnipeg, MB R3C 1K4

Tel: 204-227-6917

Email: sommer@twospiritmanitoba.ca

Website: www.twospiritmanitoba.ca

The program provides access to ceremonies, cultural workshops, and land-based programming to help Two-Spirit people who are precariously housed to heal both in mind and body in an environment where everyone's identities are accepted.

Union Gospel Mission

Family Life Centre

240 Pritchard Avenue
Winnipeg, MB R2W 2J1

Tel: 204-586-7790

Fax: 1-888-867-6914

Email: contactus@gospelmission.ca

Faith Learning Centre (Adult Ed)

220 Pritchard Avenue
Winnipeg, MB R2W 2J1

Tel: 204-586-1416

Fax: 1-888-449-6820

Fully accredited adult education, art, computers and literacy programs

Community Food Program

320 Princess Street
Winnipeg, MB R3B 3C7

- Lunch & Chapel service – 11:30am (Monday to Friday)
- Soup & Chapel service – 7:30pm (Sunday to Saturday)

Willow Place Inc.

P.O. Box 1786
Winnipeg, MB R3T 2Z9

Tel: 204-615-0313 ext. 0

Fax: 204-615-1077

24-hour Crisis Line: 204-615-0311 or 1-877-977-0007

Text-only support line: 204-792-5302

Willow Place is a family violence agency supporting transformation, healing and healthy relationships. It was incorporated in April 2015, maintaining Manitoba's long standing tradition of providing services for women and their children who have experienced family violence. New services for men have been added.

They provide:

- 24-hour crisis line
- emergency shelter in Winnipeg for women and their children leaving family violence situations

SUPPORT SERVICES

- one to one and group counselling
- follow-up services
- men's crisis line support
- men's outreach
- the Caring Dads program
- advocacy and links to community supports
- outreach and prevention services

Winnipeg Aboriginal Sport and Recreation Association

100 Sinclair Street

Winnipeg, MB R2X 1X1

E-Mail: wasac@wasac.ca

Tel: 204-589-2772

Fax: 204-586-2772

Website: www.wasac.ca

Winnipeg Aboriginal Sport and Recreation Association (WASRA) provides recreation and leadership opportunities for Indigenous youth across the Province of Manitoba.

CHILD AND FAMILY SERVICES

ADDICTIONS AND RELATED SERVICES

AA Alcoholics Anonymous - Manitoba

Central Office

1856 Portage Avenue
Winnipeg, MB R3J 0G9
Website: aamanitoba.org

Tel: 204-942-0126
Fax: 204-957-5024
Email: aambco@mts.net

Self-help groups for persons suffering from alcoholism.

Addictions Foundation of Manitoba

1031 Portage Avenue
Winnipeg, MB R3G 0R8
Website: <http://www.afm.mb.ca>

Tel: 204-944-6200
Fax: 204-786-7768
Toll free: 1-866-638-2561

The Addictions Foundation of Manitoba (AFM) is a Crown agency that is committed to being a foundation of excellence in providing addictions services and supporting healthy behaviors. AFM employs over 400 staff and provides a wide range of addictions services to Manitobans through 28 locations across the province.

At least one in five Canadians experience problems with alcohol, drugs or gambling during their lifetime. Many more are affected by someone they care about experiencing these struggles. People of all ages and backgrounds experience these issues – and make positive changes with the help of AFM.

Behavioural Health Foundation, Inc.

35 De la Digue, Box 250
St. Norbert, MB R3V 1L6
Website: www.bhf.ca

Tel: 204-269-3430
Fax: 204-269-8049
Email: info@bhf.ca

The Behavioural Health Foundation Inc. is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). It provides long-term residential programming for single adult and family units that are experiencing a variety of problems with a primary focus on addictions. The program is designed to offer graduated opportunities for equipping a person with the vocational, intellectual and communicative skills necessary for successful integration into society.

Addiction Treatment Services:

- Group, family and individual counselling
- Addictions counselling, mental health supports
- Licensed Child daycare
- Advocacy on behalf of residents
- Cultural programming provided by the Director of Indigenous Services
- Court and provincial corrections' services including pre-sentence reports, bail recognizance, temporary absence, and probation residence

ADDICTIONS AND RELATED SERVICES

- Interviews and assessments at correctional institutions
- Community residential centre for parolees
- Employment training and job placement opportunities
- Education classrooms for Kindergarten to Grade 12

Breezy Point Women's Program (Separate program for women and women with children up to age 4):

- Group, family and individual counselling
- Focus on issues for women including intimate partner violence (IPV)
- Addictions counselling, mental health supports
- Licensed Child daycare
- Advocacy on behalf of residents
- Cultural programming provided by the Director of Indigenous Services
- Court and provincial corrections' services including pre-sentence reports, bail recognizance, temporary absence, and probation residence
- Interviews and assessments at correctional institutions
- Community residential centre for parolees
- Employment training and job placement opportunities

Klinic Community Health Centre

167 Sherbrook Street
Winnipeg, MB R3C 2B7

Website: klinic.mb.ca

Tel: 204-784-4090

Email: klinic@klinic.mb.ca

Hours of Operation:

Monday to Thursday 9am-8pm

Friday 9am-5pm

Saturday 10am-4pm

Klinic Community Health provides a full range of health related services from medical care to counselling and education. Driven by our vision of creating healthy and engaged communities, we promote health and quality of life for people of every age, background, ethnicity, gender identity, and socio-economic circumstance. Rooted in social justice values, we believe that everyone deserves quality care, support and respect.

Specific services include:

- medical appointments, Teen Klinic, information: 204-784-4090
- 24 hour Manitoba Suicide Prevention & Support Lines 1-877-435-7170
- 24-hour crisis line: 204-786-8686/888-322-3019
- 24-hour sexual assault crisis line: 204-786-8631/888-292-7565
- Primary Care & Counselling Intake: 204-784-4059
- sexual assault crisis program info line: 204-784-4049
- Drop-In Counselling Info Line: 204-784-4067
- Mobile Withdrawal Management Services: 204-784-4094
- Latent TB Klinic: 204-784-4023

ADDICTIONS AND RELATED SERVICES

- STI Klinik Test Results: 204-784-4219
- Trans Health Klinik: 204-784-4051
- Unplanned Pregnancy Nurse: 204-784-4001
- public education and training: 204-784-4066
- volunteer information: 204-784-4006
- administrative fax: 204-772-7998
- medical fax: 204-784-4013

Main Street Project

661 Main Street
Winnipeg, MB R3B 1E3
Email: admin@mainstreetproject.ca

Tel: 204-982-8229
Fax: 204-982-8266
Website: www.mainstreetproject.ca

Main Street Project's mission is to provide safe and welcoming places of respite and healing with services that aim to reduce harm for people experiencing homelessness, substance use and/or mental health challenges, while working collaboratively to achieve measurable success in the journey to end homelessness. Our vision is a community in which everyone has access to a safe space where dignity, respect and self determination are supported. Underlying our core values of reducing harm, being trauma-informed, and supporting reconciliation and anti-oppression. Services include:

Mobile Outreach

The mobile outreach van is on the road 24/7 with peer support workers and caseworkers onboard. The outreach performs wellness checks, offering food and harm reduction supplies, access to shelter, as well as assistance accessing other services should an individual wish. This is an important point of contact and through establishing relationships and trust at this level we are able to better help individuals access the supports they need.

24/7 Emergency Shelter and Drop-in

120 bed low-barrier shelter is open 24/7 365 days a year. While at shelter visitors will have access to showers, food, harm reduction supplies, phones, and caseworkers. Our shelter also allows people to sleep during the day as well as overnight. Through the shelter and drop-in we serve approximately 500 meals every day to members of the community.

Withdrawal Management

Main Street Project's withdrawal management services support both men and women on their journey to reduce harm or move towards lasting recovery. Both sites provide 24-hour support in a safe and stable environment. Staff do regular check-ins with clients regarding their plans, goals, physical, emotional and spiritual well-being and create individualized care plans to support and guide individual recovery.

Food Bank and Essentials Market

Provides a shopping experience once per week to approximately 100 community members at no cost to the individual. The food bank and essentials market is run almost entirely by volunteers and food and essentials are provided by Manitoba Harvest and generous private donors.

ADDICTIONS AND RELATED SERVICES

Residential and Supportive Housing

Mainstay Residence and the Bell Hotel Apartments are supported transitional living environments that provide residents with a safe place to live while they work to make positive changes in their lives. Our team works together to support eviction prevention, harm reduction, life skills, capacity building, counselling, goal-setting and advocacy services through the lens of independence and tenant defined success. Many have successfully transitioned into permanent housing in the community.

COVID-19 Isolation Suites

We are operating COVID-19 isolation suites so that individuals experiencing homelessness can self-isolate and self-monitor while awaiting a COVID-19 test result, or so they have a safe place to recover from COVID-19. Individuals are referred to the isolation site through the healthcare system, not through self-referral.

Native Addictions Council of Manitoba

160 Salter Street

Winnipeg, MB R2W 4K1

Email: info@nacm.ca

Tel: 204-586-8395

Fax: 204-589-3921

The Native Addictions Council works with other agencies and offers the following services:

- assistance, counselling and referral for First People regarding alcohol abuse;
- prevention and education on addictions;
- Follow-Up Care and Recovery Care programs consisting of Smart Recovery and group sessions; and,
- In-House Healing 20 bed facility for the treatment of addiction (Currently operating as a day program due to COVID until further notice)

Neeginan Centre

103 - 181 Higgins Avenue

Winnipeg, MB R3B 3G1

Email: events@abcentre.org

Tel: 204-989-6605

Fax: 204-989-7137

Website: <https://neeginancentre.com/>

Incorporated in 1990, the Neeginan Centre Inc. is a non-profit organization and is fully operated by the Indigenous community in Winnipeg. Neeginan Centre provides urban Indigenous people in Winnipeg a centralized, culturally safe space in which to gather socially, and to access education, job training, primary health care, healing, childcare and a host of other services and resources.

Union Gospel Mission

Men's Addiction Resident Program

320 Princess Street

Winnipeg, MB R3B 3C7

Tel: 204-943-9904 ext. 240

Fax: 1-888-449-6820

ADDICTIONS AND RELATED SERVICES

Women's Addiction Resident Program

271 Archibald Street
Winnipeg, MB R2J 0W5

Tel: 204-415-3934
Fax: 1-888-693-3468

The Union Gospel Mission offers a Bible-based addictions recovery program. This is a long-term resident program with a Christian perspective that provides help for alcohol and chemical dependency.

MEDICAL SERVICES

MEDICAL SERVICES

Aboriginal Health and Wellness Centre of Winnipeg, Inc.

Room 215 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1
Email: reception@ahwc.ca

Tel: 204-925-3700
Fax: 204-925-3709
Website: <https://ahwc.ca/>

The Aboriginal Health and Wellness Centre (AH&WC) of Winnipeg, Inc. is a community based and culturally based centre that provides holistic services to the Aboriginal community of Winnipeg. The AH&WC's philosophy is rooted in traditional Aboriginal culture. A healthy person is one who achieves and maintains balance among four elements: body, mind, spirit and emotions. The Aboriginal Health and Wellness Centre offers healing services and resources from both traditional and Western practices. The Aboriginal Health and Wellness Centre is a primary health care facility funded by Winnipeg Regional Health Authority (WRHA). Its hours of operation are:

- Physicians and Nurses: Monday - Friday 8:30 a.m. - 4:30 p.m.
- Traditional Healer/Elder: varies throughout the month
- Please call 204-925-3700 for more information and appointments

AH&WC offers many programs including: Head Start, Fetal Alcohol Syndrome/Effects Education Program, Abinotci Mino-Ayawin (children's healing), a Men's Healing Wellness Program, Women's Healing Program, and an Indian Residential School-Alternative Dispute Resolution Program.

Centre for Aboriginal Health Research (CAHR)

Suite 715, 7th floor
Buhler Research Centre
715 McDermot Avenue
Winnipeg, MB R3E 3P4

Tel: 204-789-3250
Fax: 204-975-7783
Email: cahr@mb.umanitoba.ca

Website: <https://umanitoba.ca/centres/abhealth/>

The Centre for Aboriginal Health Research (CAHR) is a joint initiative of the Assembly of Manitoba Chiefs, the Faculty of Medicine at the University of Manitoba, and the Foundations for Health. The CAHR was established through a generous contribution from the Assembly of Manitoba Chiefs to the fundraising campaign of the Foundations for Health for the construction of the Buhler Centre for Health Research. Development of the CAHR was also facilitated by a research infrastructure grant awarded to the University of Manitoba by the Canadian Foundation for Innovation and the Manitoba Innovation Fund. Operating funds have been awarded by the Canadian Institutes for Health Research and the Social Science and Humanities Research Council.

The CAHR will initiate, coordinate and support research activities designed to assist First Nations and Aboriginal communities and organizations in their efforts to promote healing, wellness and improved health services in their communities. The research program will integrate scientific and traditional Aboriginal approaches to produce new knowledge about

MEDICAL SERVICES

health care in First Nations and Aboriginal communities.

Community-Based Clinics

The following community-based clinics provide services relating to:

- Healthy Parenting and Early Childhood Development
- Healthy Children and Youth
- Nutrition Promotion
- Communicable Disease Prevention and Management
- Immunization
- and others

ACCESS Downtown

2-640 Main Street
Winnipeg, MB. R3B 0L8
Tel: 204-940-1626

Downtown West Community Health & Social Services Centre

755 Portage Avenue
Winnipeg, MB. R3G 0N2
Tel: 204-940-2236

ACCESS River East

975 Henderson Highway
Winnipeg, MB R2K 4L7
Tel: 204-938-5000

ACCESS NorWest

2013-785 Keewatin Street
Winnipeg, MB R2X 3B9
Tel: 204-938-5900

ACCESS Winnipeg West

280 Booth Drive (beside Grace Hospital)
Winnipeg, MB. R3J 3R7
Tel: 204-940-2040

Dakota Ojibway Health Services

300 – 320 Alpine Way
Headingley, MB R4H 0E1

ACCESS Transcona

845 Regent Avenue West
Winnipeg, MB R2C 3A9
Tel: 204-938-5555

ACCESS Fort Garry

135 Plaza Drive
Winnipeg, MB R3T 6E8
Tel: 204-940-2313

ACCESS St. Boniface

4-170 Goulet Street
Winnipeg, MB R2H 0R7
Tel: 204-940-1692

Point Douglas Community Health Centre

601 Aikins Street
Winnipeg, MB R2W 4J5
Tel: 204-940-2542

Seven Oaks Health & Social Services Centre

Unit 3 - 1050 Leila Avenue
Winnipeg, MB R2P 1W6
Tel: 204-938-5600

Tel: 204-988-5370

Fax: 204-947-5179

This organization provides health services and community support to six communities –

MEDICAL SERVICES

Long Plain First Nation, Dakota Tipi First Nation, Birdtail Sioux First Nation, Sandy Bay Ojibway First Nation, Swan Lake First Nation and Roseau River Anishinaabe First Nation, in the Dakota Ojibway Tribal Council.

Dial-A-Life Housing, Inc.

100-130 Watson Street
Winnipeg, MB R2P 1Y4

Tel: 204-694-9170
Fax: 204-632-5963
Email: dialhsg@mts.net

This housing program provides suitable and affordable housing for medically displaced persons and their families of Aboriginal ancestry. It will be home to Aboriginal patients who have reached end stage renal disease and have to relocate to Winnipeg for dialysis. Dial-A-Life provides a good home environment for those having to leave the reserve and adjust to city living.

First Nations and Inuit Health Branch (Health Canada)

300 - 391 York Avenue
Winnipeg, MB R3C 4W1

Tel: 204-983-4199
Fax: 204-983-6018

North Zone Office:

Suite 202 - 83, Churchill Drive
Thompson, MB R8N 0L6

Tel: 204-677-6980
Fax: 204-677-7007

First Nations and Inuit Health Branch supports the delivery of public health and health promotion services on-reserve and in Inuit communities. It also provides drug, dental and ancillary health services to First Nations and Inuit people, regardless of residence. The Branch also provides primary care services on-reserve in remote and isolated areas, where there are no provincial services readily available.

First Nations Health and Social Secretariat of Manitoba

Head Office:

Unit B103 – 1075 Portage Avenue
Winnipeg, MB R3G 0R8
Email: info@fnhssm.com

Tel: 204-942-9400
Fax: 204-946-9761
Website: <https://www.fnhssm.com/>

Sub-Office:

Unit 74 – 630 Kernaghan Avenue
Winnipeg, MB R2C 5G1

The goal of the First Nations Health & Social Secretariat of Manitoba (FNHSSM) is for First Nations in Manitoba to have increased opportunities to participate in: the planning & development of a Unified Health System in Manitoba; the influence of regional and national health policy, health systems and program development in areas including, but not limited to, health consultation, maternal child health, e-Health/Panorama, youth suicide, mental

MEDICAL SERVICES

health, inter-governmental health, health & social determinants of health, health research, web-based home & community care training, health governance, and infrastructure support.

Hope Centre Health Care, Inc.

240 Powers Street

Winnipeg, MB R2W 5L1

Email: hopece@mymts.net

Tel: 204-589-8354

Fax: 204-586-4260

Hope Center Health Care Inc. is a charitable organization that began in 1982. Hope Centre Health Care Inc. is designed to be a place for people to find hope for spiritual, emotional, physical and social healing. Counselling and community outreach services include:

- individual, couple, family and group counselling
- crisis counselling
- support and advocacy
- group programs
- information
- special events and workshops
- home visits and referrals
- general medical care (by appointment only)
- sexually transmitted disease testing and treatment
- pregnancy tests, prenatal care and birth control
- pap tests (cervical cancer screening)
- diabetic management and education
- foot care
- emergency food
- shoe closet
- community garden
- public computers and Internet access

The Centre is open Monday, Tuesday, Thursday and Friday from 9 a.m. to 4 p.m. and Wednesdays from 10 a.m. to 4 p.m. Please note they are closed daily from 12 p.m. to 1 p.m. for lunch.

Indigenous Health-Centralized Support:

Local: 204-940-8880

Toll free: 1-877-940-8880

Email: indigenoushealth@wrha.mb.ca

Website: <https://wrha.mb.ca/indigenous-health/>

GH215 Health Sciences
Centre
820 Sherbrook Street
Winnipeg, MB R3A 1R9

D2001 St. Boniface
Hospital
409 Tache Avenue
Winnipeg, MB R2H 2A6

3A52 Seven Oaks
General Hospital
2300 McPhillips Street
Winnipeg, MB R2V 3M3

MEDICAL SERVICES

Winnipeg Regional Health Authority (WRHA) Indigenous Health builds capacity within the Winnipeg health region to support the holistic needs of First Nations, Métis, and Inuit people.

WRHA Indigenous Health works with Regional programs and facilities in helping identify, develop and implement culturally safe environments, practices and services. WRHA Indigenous Health also provides a range of services for staff, community members, patients and patients' families through its Patient Services, Workforce Development and Cultural Initiatives programs.

- **Indigenous Language Interpretation**
Interpreter Resource Workers provide Indigenous language interpretation in Cree, Ojibway, and Ojibway-Cree languages to support with full or partial language barrier patients. Interpreters have training in medical terminology and function as members of the health-care team. Services are available Monday to Friday 8:00am-7:00pm; Saturday and Sunday: 9:00am-5:15pm, closed all holidays.
- **Resource Coordination**
Interpreter Resource Workers also support Indigenous patients by helping them navigate the health-care system and connect with additional support services and organizations. This work begins with an assessment that identifies gaps in care, transportation and discharge needs. Monday to Friday: 8:00am-7:00pm; Saturday and Sunday: 9:00am-5:15pm, closed all holidays.
- **Patient Advocacy**
Regional Indigenous Patient Advocates work on behalf of patients both in hospital and in the community to support their needs and rights. The advocate also partners with Assembly of Manitoba Chiefs Patient Advocacy Unit to make sure individuals who live outside of Winnipeg have support.
- **Discharge Planning**
Regional Discharge Planning Coordinators work as part of your health-care team to plan patient discharges. This is to make sure that everyone involved (community, government, health facilities, etc.) have a plan for you or your family member as they leave hospital. This may involve planning health care in the home community, transportation, housing and medical equipment.
- **Spiritual & Cultural Care**
Spiritual/Cultural Care Providers can perform ceremonies and provide support for patients and their families. Many hospitals host smudges and other ceremonies.
- **Traditional Wellness Clinic** is open to everyone and offers support using a traditional healing approach. The clinic is located at Health Sciences Centre and is open two days each month. Appointments can be made by calling 204-940-8880 or toll free at 1-877-940-8880.

MEDICAL SERVICES

Indigipure Environmental Inc.

Unit B 851 Dufferin Ave
Winnipeg, MB R2X 0A2

Email: brad-indigipure@outlook.com

Tel: 204-784-4090

Website: www.indigipure.ca

Hours of Operation:

Monday to Sunday 8am-8pm

Indigipure provides air & water purification technology and products to Indigenous organizations, programs and communities throughout Manitoba. Indigipure caters to communities in Manitoba but also has the ability to serve communities throughout Canada.

Klinik Community Health Centre

167 Sherbrook Street
Winnipeg, MB R3C 2B7

Email: klinik@klinik.mb.ca

Tel: 204-784-4090

Website: klinik.mb.ca

Hours of Operation:

Monday to Thursday 9am-8pm

Friday 9am-5pm

Saturday 10am-4pm

Klinik Community Health provides a full range of health related services from medical care to counselling and education. Driven by our vision of creating healthy and engaged communities, we promote health and quality of life for people of every age, background, ethnicity, gender identity, and socio-economic circumstance. Rooted in social justice values, we believe that everyone deserves quality care, support and respect.

Specific services include:

- medical appointments, Teen Klinik, information: 204-784-4090
- 24 hour Manitoba Suicide Prevention & Support Lines 1-877-435-7170
- 24-hour crisis line: 204-786-8686/888-322-3019
- 24-hour sexual assault crisis line: 204-786-8631/888-292-7565
- Primary Care & Counselling Intake: 204-784-4059
- sexual assault crisis program info line: 204-784-4049
- Drop-In Counselling Info Line: 204-784-4067
- Mobile Withdrawal Management Services: 204-784-4094
- Latent TB Klinik: 204-784-4023
- STI Klinik Test Results: 204-784-4219
- Trans Health Klinik: 204-784-4051
- Unplanned Pregnancy Nurse: 204-784-4001
- public education and training: 204-784-4066
- volunteer information: 204-784-4006
- administrative fax: 204-772-7998
- medical fax: 204-784-4013

MEDICAL SERVICES

Manitoba Adolescent Treatment Centre (MATC)

120 Tecumseh Street
Winnipeg, MB R3E 2A9
CENTRALIZED INTAKE:
Website: www.matc.ca

Tel: 204-477-6391
Fax: 204-783-8948
Tel: 204-958-9660

Manitoba Adolescent Treatment Centre (MATC) provides a range of mental health services to children and adolescents who experience psychiatric and/or emotional disorders. MATC strives to be sensitive, responsive and innovative in meeting the changing needs of children, adolescents, families and communities.

Anyone can make a referral to MATC through the Centralized Intake office. This includes any young person, parents, family members or professionals who work with the young person. If you are not sure whether MATC is the best place for you or someone you know, you are welcome to phone and discuss this with us. The intake worker will ask for other information over the phone to help you determine which service best meets your needs.

Centralized Intake and MATC do not offer emergency services. Any young person at immediate risk of self-harming or harming others should be directed to:
MOBILE CRISIS TEAM: 204-949-4777 or EMERGENCY 911

Mount Carmel Clinic

886 Main Street
Winnipeg, MB R2W 5L4
Email: info@mountcarmel.ca

Tel: 204-582-2311
Fax: 204-582-6006
Website: www.mountcarmel.ca

People are at the heart of Mount Carmel Clinic (MCC) - Canada's first community health clinic, a central hub located in the Point Douglas/North End neighbourhoods in Winnipeg, serving both individuals and families. MCC provides primary care services, including doctor and nursing appointments, a dietitian, diabetes nurse educator, foot care nurse, immunization, diagnostic, reproductive health, and chiropractic services, and teen clinic. They offer crisis intervention and counseling, Indigenous wellness and multicultural wellness and settlement programming, community outreach and community education services. All services are offered using a client-centred, respectful, trauma informed, non-judgmental and collaborative approach to working together for a healthy community.

The clinic also offers additional urban health resources including Sage House, a program for street-involved women, women identifying, and gender non-binary populations; the Anne Ross Day Nursery; the Manito Ikwe Kagiikwe - Mothering Project for mothers involved with Child and Family Services and/or substance use issues, and the Wiisocotatiwin- Assertive Community Treatment program, a housing-first program for people experiencing homelessness living with severe mental illness. MCC believes in a holistic healthcare model that values the body, mind and spirit.

Mount Carmel Clinic is open:

- Monday, Wednesday*, Friday 9 AM – 5 PM *closed 9 AM - 11 AM on the first Wednesday of each month

MEDICAL SERVICES

- Tuesday & Thursday, 9 AM – 8 PM open late only for Dental clinic (Tuesday & Thursday) and Teen Clinic (Thursdays only)

Neeginan Centre

103 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1

Email: events@abcentre.org

Tel: 204-989-6605

Fax: 204-989-7137

Website: <https://neeginancentre.com/>

Incorporated in 1990, the Neeginan Centre Inc. is a non-profit organization and is fully operated by the Indigenous community in Winnipeg. Neeginan Centre provides urban Indigenous people in Winnipeg a centralized, culturally safe space in which to gather socially, and to access education, job training, primary health care, healing, childcare and a host of other services and resources.

Nine Circles Community Health Service

705 Broadway
Winnipeg, MB R3G 0X2

Toll free: 1-888-305-8647

Website: www.ninecircles.ca

Tel: 204-940-6001

Fax: 204-940-6003

STI line: 204-945-2437

Nine Circles offers a primary care, HIV/STBBI testing and treatment, peer outreach program aimed at HIV-hepatitis C prevention, and services for Indigenous people with HIV. Staff includes a Cultural Support Worker who conducts Healing Circles, Drumming and other cultural activities

Northern Patients' Transportation Program

This program provides transportation for patients and escorts from regions north of the 53rd parallel.

Regional Transportation Officer
c/o Thompson General Hospital
871 Thompson Drive South
Thompson, MB R8N 0C8

Tel: 1-800-290-1098

Fax: 204-778-1496

Serving: Brochet, Cross Lake, Garden Hill, Gillam, God's Lake, God's River, Granville Lake, Ilford, Island Lake, Lac Brochet, Leaf Rapids, Lynn Lake, Nelson House, Oxford House, Piwitonei, Red Sucker Lake, Shamattawa, South Indian Lake, Split Lake, St. Theresa Point, Tadoule Lake, Thicket Portage, Thompson, Wabowden, Wasagamack and York Landing

Regional Transportation Officer
c/o Pine Falls Health Complex
Box 2000
Pine Falls, MB R0E 1M0

Tel: 204-367-4441

Fax: 204-367-8981

Serving: Beren's River, Big Black River, Bissett, Bloodvein, Little Grand Rapids, Long Body Creek, Loon Straits, Manigotogan, Pauingassi, Pine Falls, Poplar River, Princess Harbour and Wanipigow

MEDICAL SERVICES

Regional Transportation Officer
c/o The Pas Health Complex
Box 240
The Pas, MB R9A 1K4

Tel: 204-623-6431
Fax: 204-623-9632

Serving: Cormorant, Easterville, Grand Rapids, Moose Lake, Pukatawagan, The Pas and Wanless

Regional Transportation Officer c/o Flin Flon General Hospital
Box 340
Flin Flon, MB R8A 1N2

Tel: 204-687-9638
Fax: 204-687-7355

Serving: Cranberry Portage, Sherridon, Snow Lake and Flin Flon

Ongomiizwin – Indigenous Institute of Health and Healing

University of Manitoba – Rady Faculty of Health Sciences

665 - 745 Bannatyne Avenue

Winnipeg, MB R3E 0J9

Email: Pam.Woods@umanitoba.ca

Tel: 204-789-3711

Fax: 204-774-8919

Ongomiizwin Indigenous Institute of Health and Healing (IIHH) falls under the Rady Faculty of Health Sciences and is representative of three pillars - education, research and health service. These pillars provide support to the five colleges of the Rady Faculty of Health Sciences (Nursing, Dentistry, Pharmacy and Rehabilitation Sciences and Max Rady College of Medicine). The Indigenous Institute of Health and Healing enhances the ability of the University to support the independence, autonomy and authority in the First Nations, Métis and Inuit communities. The Indigenous Institute of Health and Healing fosters authentic engagement and relationship building in the development of research partnerships and platforms; and actively engages in the utilization of Indigenous knowledge for evidence and best practice development in curriculum, clinical skills, research skills and knowledge sharing.

Sagkeeng Mino Pimatziwin Family Treatment Centre Inc.

Box 84

Fort Alexander, MB R0E 0P0

Email: info@familytreatment.ca

Website: <http://www.sagkeengfamilytreatment.ca/>

Tel: 204-367-2172

Fax: 204-367-2324

Toll free: 1-866-329-0736

The Healing Lodge is a nationally accredited facility which honours the strengths and gifts of the First Nations and Inuit families we serve by providing a culturally focused program in a safe environment that supports healing for people who use substances.

Selkirk Mental Health Centre (SMHC)

Indigenous Services and Spiritual Care

Box 9600

825 Manitoba Avenue

Selkirk, MB R1A 2B5

Toll free: 1-800-881-3073

Tel: 204-482-3810

Fax: 204-785-8936

MEDICAL SERVICES

Email: smhc@gov.mb.ca

Website: <https://www.gov.mb.ca/mh/smhc/services.html#indigenous>

Indigenous Services is designed to link First Nations, Inuit and Métis patients with Indigenous Resource Workers at Selkirk Mental Health Centre (SMHC).

The Indigenous Resource Worker provides culturally appropriate social support for those who request this service. The Indigenous Resource Worker's goal is to meet the person's need for social interaction. As part of SMHC's Indigenous Services, reporting to the Coordinator of Indigenous Services, the Indigenous Resource Workers:

- Provide important cultural input and social interaction
- Provide one-to-one support
- Assist in strengthening their skills in areas of daily living activities, self-care, communication, social behaviour through role modeling, mentoring and encouraging personal growth
- Assist in cultural, recreational/vocational or educational interests of choice
- Participate in the development and implementation of activities, programs and events
- Assist individuals or groups to understand the traditional cultural, social or spiritual relevance of activities and events

Specialized Services for Children and Youth (SSCY)

1155 Notre Dame Avenue
Winnipeg, MB R3E 3G1

Tel: 204-452-4311
Fax: 204-477-5547

Website: <http://sscy.ca/>

The Specialized Services for Children and Youth (SSCY) is an alliance of families, community agencies, regional health authorities, and government that provides specialized community based services for children and youth with disabilities and special needs to support them in reaching their full potential. SSCY services are delivered in a coordinated, integrated, family centred manner by bringing stakeholders together to provide expertise in service delivery, research, education and technology serving the Province of Manitoba and surrounding areas. Some programs offered through SSCY include, augmented communication; audiology; child development clinic; Manitoba Fetal Alcohol Spectrum Disorder (FASD) Centre; specialty medical clinics; physiotherapy; occupational therapy; prosthetics and orthotics; respite; speech language pathology services; family resource centre

Northern Connection Medical Centre (NCMC)

Seven Oaks General Hospital
2300 McPhillips Street
Winnipeg, MB R2V 3M3

425 Elgin Avenue
Winnipeg, MB R3A 1P2

Tel: 204-940-8777
Fax: 204-940-3839

Northern Connections Medical Centre (NCMC) provides primary care and other medical

MEDICAL SERVICES

services for northern and remote residents who are temporarily in Winnipeg, while at the same time helping train medical residents to become family physicians who will work in northern and remote locations.

Women's Health Clinic

419 Graham Avenue, Unit A
Winnipeg, MB R3C 0M3
TTY: 204-956-0385

Tel: 204-947-1517

Fax: 204-943-3844

Email: whc@womenshealthclinic.org

Website: <http://www.womenshealthclinic.org>

Women's Health Clinic (WHC) is a feminist community health clinic in Winnipeg, Manitoba. Since 1981, they have offered a range of services. WHC maintain the name Women's Health Clinic due to the history and ongoing need for a safe place for women. WHC welcomes other genders including Two-Spirit, genderqueer, trans and non-binary people. WHC also welcomes males in some programs, recognizing that there are barriers to care for all genders.

WHC's holistic approach to health emphasizes prevention, education and action. WHC encourages people to learn all they can about what contributes to their health and well-being, so they can make informed choices.

Women's Health Clinic offers:

- Client-centred, non-judgmental and fully confidential sexual & reproductive health services (including abortion)
- Pre-natal, pregnancy & early parenting support (including pregnancy loss)
- Community-based eating disorders treatment
- health education to community and professional groups
- resources and information
- advocacy on women's health issues

WHC service providers include a range of genders including women, trans and non-binary people, and men.

Women's Health Clinic Hours of Operation:

- Monday – Wednesday 9:00 am – 8:00 pm
- Thursday 9:00 am – 8:30 pm
- Friday 9:00 am – 4:00 pm
- Saturday 10:30 am – 3:00 pm
- Closed Saturdays in July & August

MEDICAL SERVICES

Youville Centre

33 Marion Street
Winnipeg, MB R2H 0S8
Website: www.youville.ca

Tel: 204-233-0262
Fax: 204-233-1520
Email: admin@youville.ca

6 - 845 Dakota Street
Winnipeg, MB R2M 5M3

Tel: 204-255-4840
Fax: 204-255-4903

Youville Centre in St. Vital is a community-based accessible health resource centre. There is a diverse mix of services, some available in both official languages, ranging from health care and wellness education, to counselling and support. The staff of qualified, dedicated health care professionals includes:

- community health nurses
- clinical nurse specialists
- a nurse practitioner
- diabetes educators
- dietitians
- mental health counsellors
- a part-time physician (for Teen Clinic only)

The Youville Centre's Diabetes Education Resource Team assists clients with diabetes and their families with the necessary education and support to help them be more responsible in the overall management of diabetes.

Winnipeg Hospitals - Patient Information Services

St. Boniface Hospital	Tel: 204-237-2193
HSC Children's Emergency (24-hour service)	Tel: 204-787-2306
HSC Adult Hospitals (24-hour service)	Tel: 204-787-3661
Seven Oaks Hospital	Tel: 204-632-3224
Grace Hospital	Tel: 204-837-0111
Victoria Hospital	Tel: 204-477-3377
Misericordia Hospital	Tel: 204-774-6581
Concordia Hospital	Tel: 204-667-1560

Winnipeg hospitals - Hospital pastoral care services

St. Boniface Hospital	Tel: 204-237-2356
Health Sciences Centre	Tel: 204-787-3884
Seven Oaks Hospital	Tel: 204-632-7133
Grace Hospital	Tel: 204-837-0105
Victoria Hospital	Tel: 204-477-3216
Misericordia Hospital	Tel: 204-788-8283
Concordia Hospital	Tel: 204-667-1560

MEDICAL SERVICES

Nursing Stations and Hospitals

Hospitals (Health Canada):

Norway House Indian Hospital
Box 730
Norway House, MB R0B 1B0

Tel: 204-359-6731
Fax: 204-359-6599

Percy E. Moore Hospital

Box 190
Hodgson, MB R0C 1N0

Tel: 204-372-8444
Fax: 204-372-6991

Manitoba Health - Provincial Nursing Station Unit

2nd Floor - 300 Carlton Street
Winnipeg, MB R3B 3M9

Tel: 204-788-6685 / 204-788-6664
Fax: 204-948-2366

The Provincial Nursing Station Unit manages the operation of nursing stations at Easterville/ Chemawawin Cree Nation, Grand Rapids / Grand Rapids First Nation, and Moose Lake/ Mosakahiken Cree Nation. These stations provide emergency, primary and public health nursing services to the communities they serve. The unit also participates in planning the transfer of the nursing stations to local community health authorities.

Grand Rapids First Nation Nursing Station

Box 53
Grand Rapids, MB R0C 1E0

Tel: 204-639-2215
Fax: 204-639-2448

Easterville Nursing Station

Box 122
Easterville, MB R0C 0V0

Tel: 204-329-2212
Fax: 204-329-2337

Mosakahiken Cree Nation Nursing Station

General Delivery
Moose Lake, MB R0B 0Y0

Tel: 204-678-2252
Fax: 204-678-2343

Nursing Stations and Health Centres (Health Canada) :

Adam Hardisty Health Centre
Box 2567
Wanipigow, MB R0E 2E0
Tel: 204-363-7364
Fax: 204-363-7201

Berens River Nursing Station
Box 343
Berens River, MB R0B 0A0
Tel: 204-382-2265
Fax: 204-382-2005

Birdtail Sioux Health Office
Box 90
Beulah, MB R0H 0B0
Tel: 204-568-4545
Fax: 204-568-4615

Bloodvein Nursing Station
General Delivery
Bloodvein, MB R0C 0J0
Tel: 204-395-2161
Fax: 204-395-2087

Brochet Nursing Station
Box 10
Brochet, MB R0B 0B0
Tel: 204-323-2120
Fax: 204-323-2650

Brokenhead Health Centre
Box 88
Scanterbury, MB
R0E 1W0
Tel: 204-766-2740
Fax: 204-766-2634

MEDICAL SERVICES

Canupawakpa Dakota Nation
Health Office
Box 11
Pipestone, MB R0M 1T0
Tel: 204-854-2990
Fax: 204-854-2221

Cross Lake Nursing Station
Box 160
Cross Lake, MB R0B 0J0
Tel: 204-676-2011
Fax: 204-676-3179

Dauphin River Health Office
Box 129
Gypsumville, MB R0C 1J0
Tel: 204-659-2330
Fax: 204-659-4100

Ebb & Flow Health Centre
Ebb & Flow, MB
R0L 0R0
Tel: 204-448-2665
Fax: 204-448-2404

Fairford Health Centre
Box 322
824 Main Market Road
Fairford, MB R0C 0X0
Tel: 204-659-5786
Fax: 204-659-5841

Fisher River Health Centre
Box 362
Koostatak, MB R0C 1S0
Tel: 204-645-2689
Fax: 204-645-2461

Gambler Health Office
Box 87
Binscarth, MB R0J 0G0
Tel: 204-532-2192
Fax: 204-532-2359

Garden Hill Nursing Station
Box 264
Island Lake, MB R0B 0T0
Tel: 204-456-2343
Fax: 204-456-2866

Ginew Wellness Centre
Box 90
Ginew, MB R0A 2R0 **Tel:** 431-
800-1275
Fax: 204-427-2484

God's Lake Narrows Nursing
Station
Box 323
God's Lake Narrows, MB
R0B 0M0
Tel: 204-335-2557
Fax: 204-335-2043

God's River Nursing Station
Box 100
God's River, MB R0B 0N0
Tel: 204-366-2355
Fax: 204-366-2474

Jackhead Health Centre
Box 359
Hodgson, MB R0C 1N0
Tel: 204-394-2370
Fax: 204-394-2194

Lac Brochet Nursing Station
Box
Lac Brochet, MB R0B 2E0
Tel: 204-337-2161
Fax: 204-337-2143
Confidential Fax: 204-337-2983

Lake Manitoba Health Centre
Box 1247
Lake Manitoba First Nation, MB
R0C 3K0
Tel: 204-768-2304
Fax: 204-768-2791

Lake St. Martin Health Centre
Box 80
Gypsumville, MB R0C 1J0
Tel: 204-659-2466
Fax: 204-659-5504

Little Black River Health Office
General Delivery
O'Hanley, MB
R0E 1K0
Tel: 204-367-8089
Fax: 204-367-4188

Little Grand Rapids Nursing
Station
Box 70
Little Grand Rapids, MB
R0B 0V0
Tel: 204-397-2115
Fax: 204-397-2016

Little Saskatchewan Health
Office
St. Martin, MB
R0C 2T0
Tel: 204-659-5278
Fax: 204-659-5782

Long Plain Health Centre
Box 580
Portage La Prairie, MB R1N
3B9
Tel: 204-252-2369
Fax: 204-252-2898

Nelson House Nursing Station -
General Delivery
Nelson House, MB
R0B 1A0
Tel: 204-484-2031
Fax: 204-484-2284

Pauingassi Nursing Station
Box 32
Pauingassi, MB R0B 2G0
Tel: 204-397-2395
Fax: 204-397-2104

Peguis Health Centre

Pine Creek Health Centre

Red Sucker Lake Nursing

MEDICAL SERVICES

Box 690
Peguis, MB R0C 3J0
Tel: 204-645-2169
Fax: 204-645-2874

Box 160
Camperville, MB R0L 0J0
Tel: 204-524-3000
Fax: 204-524-3010

Station - General Delivery
Red Sucker Lake, MB
R0B 1H0
Tel: 204-469-5321
Fax: 204-469-5769

Rolling River Cultural Education
Program
Box 145, Erickson, MB
R0J 0P0
Tel: 204-636-2211
Fax: 204-636 7823

Sagkeeng Health Centre
Box 70
Pine Falls, MB R0E 1M0
Tel: 204-367-9990
Fax: 204-367-9535

Winnipeg Hospitals:

Concordia Hospital
1095 Concordia Avenue
Winnipeg, MB R2K 3S8
Tel: 204-667-1560

Riverview Health Centre
1 Morley Avenue
Winnipeg, MB R3L 2P4
Tel: 204-452-3411

Grace General Hospital
300 Booth Drive
Winnipeg, MB R3J 3M7
Tel: 204-837-0111

St Boniface General Hospital
409 Tache Avenue
Winnipeg MB R2H 2A6
Tel: 204-233-8563

Health Sciences Centre General Hospital
820 Sherbrook Street
Winnipeg, MB R3A 1R9
Tel: 204-774-6511

Seven Oaks General Hospital
2300 Mc Phillips Street
Winnipeg, MB R2V 3M3
Tel: 204-632-3203

Misericordia Health Centre
99 Cornish Avenue
Winnipeg, MB R3C 1A2
Tel: 204-774-6581

Victoria General Hospital
2340 Pembina Hwy
Winnipeg, MB R3T 2E8
Tel: 204-269-3570

Regional Health Authorities in Manitoba

Health authority boards are accountable to the Minister of Health and are responsible for the mandate, resources and performance of the health authority.

Winnipeg Regional Health Authority (WRHA)

4th floor, 650 Main Street
Winnipeg MB R3B 1E2
Website: www.wrha.mb.ca

Tel: 204-926-7000
Fax: 204-926-7007

Community Health Offices

The services of community health agencies are focused on the delivery of primary care.

MEDICAL SERVICES

Mental health services are typically embedded in the primary care services. Specialty services provided include pre- and post-natal care, HIV treatment, crisis intervention, occupational therapy, rehabilitation services, diabetes education and sexuality education.

Inkster/Nor'West Coop Community Health Centre
785 Keewatin Avenue
Winnipeg, MB R2X 3B9
Tel: 204-938-5900

Winnipeg West Integrated Health & Social Services
280 Booth Drive
Winnipeg, MB R3J 3R7
Tel: 204-940-2040

ACCESS Downtown
2 – 640 Main Street
Winnipeg, MB R3B 0L8
Tel: 204-940-3638

WRHA Seven Oaks Health and Social Services Centre
Unit 3 – 1050 Leila Avenue
Winnipeg, MB R2P 1W6
Tel: 204-940-5600

Downtown West Community Health & Social Services Centre
755 Portage Avenue
Winnipeg, MB R3G 0N2
Tel: 204-940-2236

Centre de santé Saint-Boniface
170, rue Goulet Street
Winnipeg, MB R2H 0R7
Tel: 204-940-1692

WRHA Point Douglas Community Health Centre
601 Aikins Street
Winnipeg, MB R2W 4J5
Tel: 204-940-2025

ACCESS Fort Garry
135 Plaza Drive
Winnipeg, MB R3T 6E8
Tel: 204-940-7091

Other Manitoba Regional Health Authorities (RHAs)

Interlake-Eastern Regional Health Authority
233A Main Street
Selkirk, MB R1A 1S1
Email: info@ierha.ca

Tel: 204-785-4700
Fax: 204-482-4300
Toll free: 1-855-785-8500
Website: www.ierha.ca

Northern Health Region
Flin Flon Regional Office
84 Church Street
Flin Flon, MB R8A 1L8
Email: northernhealthregion@nrha.ca

Tel: 204-687-1300
Fax: 204-687-6405
Toll free: 1-888-340-6742
Website: www.northernhealthregion.com

Prairie Mountain Health
192 – 1st Avenue West
Box 579
Souris, MB R0K 2C0

Tel: 204-483-5000
Fax: 204-483-5005
Toll free: 1-888-682-2253
Website: www.prairiemountainhealth.ca

Southern Health-Santé Sud
180 Centenaire Drive

Tel: 204-428-2720
Fax: 204-428-2779

MEDICAL SERVICES

Southport, MB R0H 1N1

Toll free: 1-800-742-6509

Website: www.southernhealth.ca

EDUCATION

EDUCATION

Centre for Aboriginal Human Resource Development, Inc. (CAHRD)

304 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1

Tel: 204-989 7110
Fax: 204-989 7113

Website: www.cahrd.org

The Centre for Aboriginal Human Resource Development Inc. (CAHRD) is a non-profit, human resource development organization that delivers literacy, education, training and employment services to the urban Indigenous population of Winnipeg, Manitoba. CAHRD provides a variety of supports including childcare, student housing, personal development and wellness programs.

Centre for Indigenous Environmental Resources (CIER)

PO Box 26092
RPO Maryland,
Winnipeg, MB R3G 3R3

Tel: 204-956-0660
Fax: 1-866-288-3919
Website: yourcier.org

Email: earth@yourcier.org

The Centre for Indigenous Environmental Resources (CIER) is a national, charitable, First Nations organization. CIER's mission is to design and implement environmental capacity building through education, research, communications, and consulting by combining both Indigenous and western science perspectives. Post-secondary environmental programming was delivered through a co-developed, University of Manitoba accredited, two-year Environmental Education and Training Program curriculum. CIER also develops and delivers other environmental programs to First Nations, government and others utilizing western science and Indigenous knowledge.

Children of the Earth School

100 Salter Street
Winnipeg, MB R2W 5M1

Tel: 204-589-6383
Fax: 204-589-4822

Email: cote@wsd1.org

Children of the Earth High School is a small personal high school grades 9-12 that believes in the dignity, value and worth of each individual. We believe that the purpose of education is to provide a pathway through which each individual may realize self-respect, self-fulfillment and his/ her relevance in a dynamic society.

The school also believes in quality education that is culturally based, flexible, and centered on the needs of the students. Academic programming is run in the regular semester-based system with teachers providing flexible opportunities to master outcomes. Programs concentrate on integrating Indigenous perspectives to make content meaningful. This includes teaching cultural teachings and Cree and Ojibwe languages from grade 9-12.

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Family Life Centre (Union Gospel Mission)

Box 1073
240 Prichard Avenue
Winnipeg, MB R2W 2J1

Tel: 204-586-7790
Fax: 204-586-7813

Family Life Centre's Upgrading Program offers classes to students wishing to advance their English, Intake Math, Computer Use Basics and Piano. When the students have finished the upgrading program, they can enter our Mature Student High School Diploma Program. Students who are ready for high school can start taking courses at the senior 1, 2, 3, and 4 levels. To graduate from high school as a mature student, the student must complete four Grade 12 courses including, one English, one math and four other courses at any senior level. To register with the Faith Life Centre, students are required to undergo an assessment. The results of the assessment will be used to determine at what grade level the student will be placed.

Frontier School Division

30 Speers Road
Winnipeg, MB R2J 1L9
Email: frontier@fsdnet.ca

Tel: 204-775-9741
Fax: 204-775-9940
Website: www.fsdnet.ca

Since 1965, Frontier School Division (FSD) has been continually building on their Excellence and Experience in Education.

As the largest geographical school division in Manitoba, spanning 75% of the province's land mass, they are fortunate to be part of a large number of communities – some of which are often only accessible by boat, air, rail or winter ice road. This allows FSD to provide rich opportunities to their students, including a wide variety of outdoor educational activities, travel to new and sometimes remote parts of the province, and participation in school events such as Frontier Games.

FSD is committed to building and maintaining relationships across the diverse communities that comprise Frontier as they play an important role in the strength of the division. Reflecting this diversity in cultural activities and programs enhances the knowledge of the students and their awareness of their own and other cultures. FSD is fortunate to be able to blend traditional and innovative learning to reflect the needs and aspirations of each area.

FSD's focus has been, and always will be, their children, their success and their future. For a deeper look into who FSD is, read about their history, mission, vision and values, future, or take a look at Frontier by the numbers. Please refer to the their website for more details.

Indigenous Languages of Manitoba Association, Inc.

119 Sutherland Avenue
Winnipeg, MB R2W 3C9
Email: info@ilmb.org

Tel: 204-989-6392
Fax: 204-989-6396
Website: ilmb.org

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Guiding Principles

Indigenous Languages of Manitoba Association (ILM) recognizes all of the Mother Tongue in Manitoba: Anishinaabemowin, Anishininemowin, Dakota, Dene, Ininimowin, Inuktitut and Michif. ILM is guided by the following principles:

- To support our mother tongue speakers and specialists with retention and advancement of Indigenous languages;
- To lead Indigenous language learning and promotion, as well as to be a resource for Indigenous communities and places of learning;
- To collaborate in research into the development and promotion of language learning and revitalization;
- To promote the full immersion of Indigenous language in everyday personal and professional use;
- To respect the cultural integrity of our mother tongue.

Our History

ILM was established in 1984 by The Native Education Concerns Group to address the critical concerns of Indigenous language loss, which led to the incorporation in 1985 as the Manitoba Association of Native Languages. Revitalizing the oral histories, promoting the importance of daily language use, and continuing the Traditions and Sacred Teachings of our Elders and Knowledge Keepers were the founding values that ILMB was built upon. Therefore, we continue to be committed to building strong connections with Indigenous communities, ensuring that resources and learning opportunities are accessible are prioritized.

Our Mission

To be the leader in supporting Indigenous Peoples to preserve, protect and advance their mother tongue to ensure that traditional knowledge, history, culture and values are passed on to our future generations.

Vision

To see that every Indigenous person will have the opportunity to be fluent in their mother tongue

Introduction

Indigenous Languages of Manitoba Inc. is a Non-Profit Organization dedicated to ensuring the strength and survival of our Indigenous Languages. We are committed to maintaining the interconnectedness of culture and language, which have been severely impacted by the Indian Act, Residential Schools, colonialism, and intergenerational trauma. The importance of preserving and promoting these languages is key to strengthening a sense of identity and belonging in everyday life.

EDUCATION

Ka Ni Kanichihk, Inc.

455 McDermot Avenue
Winnipeg, MB R3A 0B5
Email: admin@kanikanichihk.ca

Tel: 204-953-5820
Fax: 204-953-5824
Website: www.kanikanichihk.ca

Ka Ni Kanichihk's **Social Innovation/Community Development Program** provides graduates with accreditation from Red River College, delivered in partnership with Centre for Aboriginal Human Resource Development (Neeginan Institute of Applied Technology). An educational and work experience program to prepare Indigenous women for a career in community development. The program is delivered on-site at Ka Ni Kanichihk, a culturally authentic, safe environment. **Honoring Gifts** is an innovative career and employment training program for Indigenous young mothers between 18-30 that supports participants to build on their natural and acquired abilities through career internships, skill development and training.

Klinic Community Health Centre

167 Sherbrook Street
Winnipeg, MB R3C 2B7
Email: klinic@klinic.mb.ca

Tel: 204-784-4090
Website: klinic.mb.ca

Hours of Operation:
Monday to Thursday 9am-8pm
Friday 9am-5pm
Saturday 10am-4pm

Klinic Community Health provides a full range of health related services from medical care to counselling and education. Driven by our vision of creating healthy and engaged communities, we promote health and quality of life for people of every age, background, ethnicity, gender identity, and socio-economic circumstance. Rooted in social justice values, we believe that everyone deserves quality care, support and respect.

Specific services include:

- medical appointments, Teen Clinic, information: 204-784-4090
- 24 hour Manitoba Suicide Prevention & Support Lines 1-877-435-7170
- 24-hour crisis line: 204-786-8686/888-322-3019
- 24-hour sexual assault crisis line: 204-786-8631/888-292-7565
- Primary Care & Counselling Intake: 204-784-4059
- sexual assault crisis program info line: 204-784-4049
- Drop-In Counselling Info Line: 204-784-4067
- Mobile Withdrawal Management Services: 204-784-4094
- Latent TB Clinic: 204-784-4023
- STI Clinic Test Results: 204-784-4219
- Trans Health Clinic: 204-784-4051
- Unplanned Pregnancy Nurse: 204-784-4001
- public education and training: 204-784-4066

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- volunteer information: 204-784-4006
- administrative fax: 204-772-7998
- medical fax: 204-784-4013

Manitoba Association for Rights and Liberties (MARL)

500 Shaftesbury Blvd
Winnipeg, MB R3P 2N2
Website: <http://www.marl.mb.ca>

Tel: 204-946-0905
Fax: 204-946-0403
Email: ed@marl.mb.ca

Manitoba Association for Rights and Liberties (MARL) is a community organization for the protection and extension of human rights and civil liberties. MARL specifically focuses on Charter Rights and Legislative Review. MARL reviews provincial legislation; presents briefs and recommendations to government; and, offers public education. Core funding is provided by the United Way.

Manitoba First Nations Education Resource Centre (MFNERC)

2 - 1100 Waverley Street
Winnipeg, MB R3T 3X9
Toll free: 1-877-319-4857
Email: info@mfnerc.com

Tel: 204-594-1290
Fax: 204-942-2490
Website: <https://mfnerc.org/>

Other Office:

Manitoba First Nations Resource Centre
69-C Thompson Drive North
Thompson, MB R8N 0M7

Tel: 204-594-1290
Fax: 204-677-0938
Toll free: 1-877-506-1568

Manitoba First Nations Education Resource Centre (MFNERC) provides second- and third-level education services to 42 schools from 38 Member First Nations. The Manitoba First Nations School System (MFNSS) was established in 2016, a milestone towards fulfilling a mandate on developing education systems. 11 participating First Nations in MFNSS have delegated their education system administration to MFNERC under an Education Governance Agreement (EGA).

MFNERC supports First Nations to develop and implement a comprehensive holistic educational system inclusive of First Nations languages, world views, values, beliefs and traditions with exemplary academic standards, under First Nation jurisdiction.

MFNERC staff provide training, guidance, and support to First Nations school staff to facilitate capacity building. The Inclusive Education Services Department provides culturally responsive models of care through a combination of specialized education services and school-based clinical services to school-aged children in various disciplines.

Through engagement with Member schools, MFNERC works toward education transformation that includes the development of a First Nations Curriculum with a focus on First Nations languages and cultures as the foundation of lifelong learning.

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Manitoba Hydro Awards, Bursaries and Scholarships for Indigenous Peoples

Box 815 Station Main
Winnipeg, MB R3C 2P4

Tel: 204-474-4560

Fax: 204-474-4820

Website: https://www.hydro.mb.ca/careers/students/indigenous_peoples/

Manitoba Hydro is committed to supporting Indigenous students interested in a career with Manitoba Hydro. Manitoba Hydro also provides other funding opportunities for Indigenous students. All applicants must self-declare as Indigenous descent and provide proof of Indigenous ancestry. Refer to the Manitoba Hydro link above for information on awards and deadlines.

Manitoba Indigenous Cultural Education Centre

119 Sutherland Avenue
Winnipeg MB R2W 3C9

Tel: 204-942 0228

Fax: 204-947 6564

Email: info@micec.com

Website: www.micec.com

Social Media:

- Facebook/micec.mb
- Tiktok/@micec.mb
- Instagram/micec.mb

The Manitoba Indigenous Cultural Education Centre (MICEC) is a provincial, non-profit, charitable and educational organization that works to promote awareness and understanding of Indigenous culture for all Manitobans. MICEC's programs and services include the People's Library, the Heritage Collection and the Community Connection Program. The People's Library has more than 17,000 books, approximately 600 DVD videos and over 1500 digital recordings available for lending. The Heritage Collection includes over 600 artifacts, artwork and paintings that have been collected since 1975 and are displayed throughout the Centre. The Community Connection Program works with the community to deliver presentations, workshops and activities that educate about indigenous culture.

Other Cultural Education Centres

Anishinabe Mikinack Kinamakamik (Turtle Lodge) **Tel:** 204-367-1403

Box 1267

Pine Falls, MB R0E 1M0

Email: theturtlelodge@gmail.com

Contact Person: Sabina Ijaz

Brokenhead Skywind Cultural Tours

Scanterbury, MB R0E 1W0

Contact Person: Carl Smith

Tel: 204-766-2494

Fax: 204-766-2306

Email: ctsmith@bon261.ca

Dakota Ojibway Tribal Council C.E.C.

230 – 5010 Crescent Road West

Portage la Prairie, MB R1N 3B7

Contact Person: Robert Daniels

Tel: 204-239-8650

Fax: 204-857-6037

Email: ceo@dotc.mb.ca

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Lake St. Martin Cultural Program
Box 69
Gympsumville, MB R0C 1J0
Contact Person: Chief Adrian Sinclair

Tel: 204-659-4539
Tel: 204-560-3350
Fax: 204-659-2034
Email: adriansinclair@lsmfn.ca

Norway House First Nation Cultural Centre
Norway House, MB R0B 1B0
Contact Person: Jodie Folster

Tel: 204-359-6721
Fax: 204-359-6080
Email: jfolster@nhcn.ca

Sagkeeng First Nation
Box 3
Fort Alexander, MB R0E 0P0
Contact Person: Crissy Courchene

Tel: 204-367-2287
Fax: 204-367-4315
Email: educationdirector@sagkeeng.ca

Skownan First Nation Cultural Program
Box 106
Skownan, MB R0L 1Y0

Tel: 204-628-3373 ext. 103
Email: cnepinak@skofn.com
Contact Person: Charlotte Nepinak

Manitoba Student Aid

401 - 1181 Portage Avenue
Winnipeg, MB R3G 0T3

Toll free: 1-800-204-1685
Tel: 204-945 6321

Indigenous Manitobans who apply for student financial assistance are automatically considered for non-repayable student financial support in the form of the Canada Student Grant, the Manitoba Bursary and, the Indigenous Learner's Top-Up. The Indigenous Learners Top-Up provides up to \$1500 in addition to the funds they receive from the Manitoba Bursary. These are needs-based awards and eligibility is calculated during needs assessment process that students undergo when they apply for student financial assistance.

The Indigenous Learners Top-Up replaced the Prince of Wales and Princess Anne awards in an effort to increase borrowers' access to up-front, non-repayable financial assistance. An Indigenous student in full time study could receive up to a maximum of \$1500.

Indigenous learners may also qualify for The Helen Betty Osborne Memorial Award. This application based award is not administered by Manitoba Student Aid, but rather by the Indigenous Chamber of Commerce, The National Center for Truth and Reconciliation and, The Winnipeg Foundation.

Fly Higher! Business Council of Manitoba Aboriginal Education Awards Aboriginal Education Awards of up to \$3,000 for university and \$1,500 for college students are available to students of Indigenous ancestry who are planning to, or are already attending a post-secondary school.

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Manitoba Student Aid does not administer this award but is being advertised in Manitoba Student Aid website: <https://www.edu.gov.mb.ca/msa/planning-for-your-future/what-are-the-options-for-funding.html>

Link to the Business Council Manitoba: <https://businesscouncil.mb.ca/indigenous-education-awards/>

Recipients of the awards may be considered for summer and/or part-time employment with one of the Business Council's member companies.

These awards were introduced in 2001 to assist Indigenous students attending post-secondary schools with costs such as tuition, books and supplies for the academic year. The Business Council of Manitoba initiated a partnership arrangement with the Governments of Canada and Manitoba to provide education awards to eligible Indigenous students. Funding for the awards is based on matching contributions from each of the partners. Due to the success of the program, the three partners have doubled their portion of funding from \$75,000 to \$150,000 per partner. In the first year of the new agreement, 120 Indigenous students will share a total of \$312,000 in awards.

To be eligible for these awards, you must:

- be a Canadian citizen
- be a permanent resident of Manitoba for at least 12 months
- be enrolled in a post-secondary public school
- maintain full-time status (at least a 60 per cent course load)
- be in need of financial assistance

Even if you are receiving funds from other sources you may still apply for this award.

To apply you must:

- complete an application form
- attach a brief essay in your own handwriting
- attach a copy of your most recent transcript or academic history
- submit all information to the financial services office at your post-secondary school

You do not need to enclose proof of acceptance at the university or college but will need to produce it before the award is released.

Applications are screened based on the combined criteria of personal achievements, academic standing, and financial need.

Indigenous students don't have to be enrolled in a post-secondary school to apply for these awards. They can be in the planning stage as well (potential high school graduate students planning to attend a post-secondary school upon graduation can apply as long as they are applying for the current fall session).

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For further information, contact the school directly:

Assiniboine Community College	Tel: 204-725-8700
Brandon University	Tel: 204-727-9737
University of Manitoba	Tel: 204-474-9531
University of Winnipeg	Tel: 204-786-9458
Red River Polytech	Tel: 204-632-2437
University College of the North	Tel: 1-866-627-8500
Université de Saint-Boniface	Tel: 204-235-4408
Manitoba Institute of Trades and Technology	Tel: 204-989-6519

National Indigenous Diabetes Association (NIDA)

202 – 160 Provencher Blvd. **Tel:** 204-927-1224
Winnipeg, MB R2H 0G3 **Email:** executivedirector@nada.ca
Website: <http://www.nada.ca>

The Mission of the National Indigenous Diabetes Association is to address diabetes amongst Indigenous Peoples by creating networks and opportunities for individuals, families and communities within their beliefs, traditions, and values.

NIDA is unique. It is the only non-government office with official non-profit status working in Aboriginal diabetes. Its goals are to:

- support individuals, families and communities to access resources for diabetes prevention, education and research;
- create working relationships with organizations committed to the prevention and management of diabetes;
- promote community wellness as a strategy to prevent diabetes; and,
- manage and operate in effective and efficient ways.

Neeginan Centre

103 - 181 Higgins Avenue **Tel:** 204-989-6605
Winnipeg, MB R3B 3G1 **Fax:** 204-989-7137
Email: events@abcentre.org **Website:** <https://neeginancentre.com/>

Incorporated in 1990, the Neeginan Centre Inc. is a non-profit organization and is fully operated by the Indigenous community in Winnipeg. Neeginan Centre provides urban Indigenous people in Winnipeg a centralized, culturally safe space in which to gather socially, and to access education, job training, primary health care, healing, childcare and a host of other services and resources.

Niji Mahkwa School

450 Flora Avenue **Tel:** 204-589-6742
Winnipeg, MB R2W 2R8 **Fax:** 204-582-7049
Email: nijimahkwa@wsd1.org

Our Vision

Niji Mahkwa (My Friend the Bear) School and Community, formerly Aberdeen School, upholds the belief that all children have an inherent right to the highest quality of holistic

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education. The integration of traditional and cultural teachings in a supportive learning environment will provide students with strengths and skills to meet the challenges of life.

Goals and Objectives:

- provide the academic programming reflected in the Educational Standards and Outcomes as directed by the Province of Manitoba
- develop and maintain a safe environment that will nurture in students self-worth, self-discipline, increased awareness of inner resources and a stronger identity
- promote, develop and empower family, extended family, spiritual guides, teachers and community members as equal partners with rights and responsibilities, who will then become pro-active participants in the education of our children
- nurture respect for spiritual guides and teachers
- ensure the preservation, appreciation, and utilization of traditional languages by offering Cree and Ojibwe language instruction as compulsory subjects (other languages may be offered in the future)
- promote a balanced lifestyle by incorporating cultural teachings to meet the students' spiritual, emotional, physical and mental needs

These teachings will be based on the Seven Teachings as adopted by Niji Mahkwa parents, community, staff and students:

1. Knowledge/Wisdom
2. Love/Peace
3. Honesty/Bravery
4. Honour/Respect
5. Courage/Integrity
6. Humility/Interdependence
7. Truth/Balance

Salvation Army - STEPS: Stages Education Program Tel: 204-946-9141
324 Logan Avenue Fax: 204-946-9167
Winnipeg, MB R3A 0L5

This full-time, Monday – Friday program seeks to improve the literacy of adults who are reading and writing below a grade 6 level.

Sandy-Saulteaux Spiritual Centre

Box 210 Tel: 204-268-3913
Beausejour, MB R0E 0C0 Fax: 204-268-4463
Email: connect@sandysaulteaux.ca Website: <http://sandysaulteaux.ca>

The Sandy-Saulteaux Spiritual Centre is an Aboriginal theological and ministry training program of the United Church of Canada. It prepares Aboriginal people for lay and ordered ministry by affirming a style of leadership appropriate to Aboriginal culture and Aboriginal church experience. It also develops and tests curricula and models to uphold this style of

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learning, including theological education by extension programs. The Sandy-Saulteaux Spiritual Centre provides cross-cultural and spiritual awareness for the larger community.

The Sandy-Saulteaux Spiritual Centre is located on 36 peaceful acres of wooded parkland beside the Brokenhead River, one mile east of Beausejour, Manitoba. The buildings include a main lodge, offices, and three residential lodges. Meals are prepared on site.

Sagkeeng Education Authority

P.O. Box 3,

Fort Alexander, MB R0E 0P0

Tel: 204-367-4287

Email: sea.executiveassistant@sagkeeng.ca

Fax: 204-367-2129

Website: <http://www.sagkeeng.ca/education-authority/>

Sagkeeng Education Authority runs three schools in the Sagkeeng community, the elementary school, junior high school and high school. They also offer post-secondary funding to community members.

Southeast Collegiate

1301 Lee Boulevard

Winnipeg, MB R3T 5W8

Tel: 204-261-3551

Fax: 204-269-7880

Email: secinfo@sec.education

Website: www.southeastcollegiate.ca

The mission of Southeast Collegiate is to provide sound academic standards and a holistic balance of quality education that includes traditional, cultural and academic teachings.

Manitoba Education and Training requires that students complete **30 credits** to achieve a high school diploma, from the time they begin S1 (Grade 9) to S4 (Grade 12). They are required to have 17 compulsory credits and 13 optional credits.

All senior high school courses are assigned a certain value (credit). A student who completes a course requiring approximately 110 hours (one semester) earns one credit, while a course requiring approximately 55 hours (a half-semester) is worth a half-credit.

Credits fall into two categories: Compulsory course - a course in the subject areas listed for Grade 9 to Grade 12 that state that each student must earn a credit towards their graduation requirements (e.g. English language arts, mathematics, social studies, physical education, science etc.)

Optional Courses (also known as elective courses) are courses that students may choose based on their interests, abilities, values and career goals (e.g. arts, languages, music, industrial arts, information and communication technology etc.). Courses are either full-credit or a half-credit value. Students and parents are encouraged to discuss credit requirements with their school counsellors and teachers. Students should ensure that they meet the entrance requirements of the post-secondary education (college or university), training or work situation they intend to pursue.

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UNIVERSITIES AND COLLEGES:

Assiniboine Community College

Victoria Avenue East Campus:

1430 Victoria Avenue East
Brandon, MB R7A 2A9

Tel: 204-726 6600

Toll free: 1-800-862-6307

Fax: 204-726 6753

Other Campuses:

Parkland Campus

520 Whitmore Avenue East
Dauphin, Manitoba R7N 2V5

Email: parklandinfo@assiniboine.net

Tel: 204-622-2023

Fax: 204-638-3941

Portage la Prairie Campus

180 Centenaire Drive
Southport, MB R0H 1N1

Email: nursing@assiniboine.net

North Hill Campus

1035 1st Street North,
Brandon, MB R7A 2Y1

Email: trades@assiniboine.net

Tel: 204-725-8715

Fax: 204-725-8740

Winnipeg Campus

Unit 87 – 1313 Border Street
Winnipeg, MB R3H 0X4

Email: nursing@assiniboine.net

Tel: 204-694-7111

Fax: 1-800-482-2933

Assiniboine Community College has been providing exceptional learning experiences for more than 60 years, offering unparalleled learning environments and responding to the demands and requirements of the Manitoba labour market. Following the philosophy of “learn by doing,” programs combine theory with hands-on learning inside classrooms, labs, kitchens, shops, fields and the college’s Sustainable Greenhouse.

Assiniboine Community College offers more than 60 certificate, diploma and post-graduate programs across a variety of disciplines including culinary arts and hospitality, business, agriculture and environment, health and human services, and trades and technology. The college also delivers apprenticeship programming in a range of skilled trades disciplines.

We are honoured to welcome students from many nations across the province and around the country, strengthening our wealth of First Nations, Métis and Inuit knowledge at Assiniboine Community College. We aim to infuse cultural teachings into curriculum to ensure that Indigenous students see themselves and their realities reflected in the learning process. Our goal is that all students will acquire the knowledge and skills to be culturally

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competent and gain a true understanding of Indigenous affairs, past and present, in Canada.

Assiniboine Community College campuses are located on the traditional territories of Treaty No. 1 and Treaty No. 2, the shared traditional lands of Cree, Oji-Cree, Dakota, Dene and Anishinabek/Ojibwe peoples, and the homeland of the Red River Métis. We acknowledge their welcome to the students who seek knowledge here.

Visiting Elders & Knowledge Keepers

Visiting Elders and Knowledge Keepers are available at all campuses for traditional knowledge and teachings. They represent Cree, Dakota, Lakota, Ojibway, St'at'imc and Métis Nations, and provide guidance, teachings, historical information, traditional knowledge and support to all students. Although Elders are not always present on campus, they will meet with students anytime there is a request to do so. Meeting with an Elder may be as informal as a casual visit or can include cultural or spiritual teachings and guidance at your request.

Community-Based Training

Community-based education is a key piece of Assiniboine Community College's strategic direction, helping communities address specific labour market needs. This training model allows students to live and study in their community, tackling what is an ongoing barrier to training and employment.

Drawing from programs across a variety of disciplines, Assiniboine Community College customizes training using industry experts, curriculum development experience and collaboration with community stakeholders. In addition, we can provide an adult upgrading component, allowing students to complete their high school education and become college graduates.

For more information, email contracttraining@assiniboine.net.

Brandon University

Department of Native Studies
Brandon University
Brandon, MB R7A 6A9
Website: www.brandonu.ca

Tel: 204-727-9734
Fax: 204-726-4573
Email: registrar@brandonu.ca

In 1975, Brandon University was the first university in western Canada (and the second in Canada) to establish a Native Studies Department.

The goals of the department include:

- scholarly recognition of Indigenous cultures and Indigenous peoples of North America, bringing to bear the full academic resources of study and research representing all disciplines
- communication of the results of this research and expected new perspectives to students and others through university instruction and scholarly communication
- dissemination of the teaching and research resources to the university off-campus for the benefit of Indigenous peoples, especially in northern and remote areas

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The Department of Native Studies offers both general courses in Native Studies and comprehensive programs of study in six areas, each identified as integral streams for students completing 3- or 4-year degrees. Comprehensive streams include Indigenous Languages, Indigenous Humanities (including Literature), Indigenous Fine Arts, Indigenous Policy and Administration, Indigenous Human Services and Indigenous Research.

Program for the Education of Native Teachers (PENT)

Brandon University
Faculty of Education
Brandon, MB R7A 6A9

Tel: 204-727- 7371
Fax: 204-727-0942

The Program for the Education of Native Teachers (PENT) is a community-based teacher education program of the Faculty of Education at Brandon University. Students combine paraprofessional work in their community schools from September to April with courses at Brandon University from April to July. Beginning in September of 2022, PENT will also be offering online courses each Fall and Winter session.

This program of studies is the Brandon University Bachelor of Arts/Bachelor of Education concurrent program in either the early or middle years area. Through PENT, there is also opportunity to gain teacher certification through an after-degree program.

While studying on Campus, students have access to a modern library and computer facilities. Studying with students from across Manitoba provides opportunities to interact professionally and socially with people from many other communities.

Student teaching is carried out during the school year in conjunction with paraprofessional work.

University College of the North

The Pas Campus:

University College of the North
Box 3000
436 - 7th Street East
The Pas, MB R9A 1M7

Tel: 204-627-8595
Fax: 204-623-6091
Toll free: 1-866-627-8500

The University College of the North is an institution devoted to community and northern development and reflects the Aboriginal reality and cultural diversity of northern Manitoba.

Thompson Campus:

University College of the North
55 UCN Drive
Thompson, MB R8N 0A5

Tel: 204-677-6450
Toll free: 1-866-677-6450

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Regional Centres:

Cross Lake (Pimicikamak) Regional Centre	Tel: 204-676-2677 Fax: 204-676-3981
Churchill Regional Centre	Tel: 204-675-2975 Fax: 204-675-2971
Flin Flon Regional Centre	Tel: 204-687-1560 Fax: 204-687-8558
Split Lake (Tataskweyak) Regional Centre	Tel: 204-342-2621 Fax: 204-342-2997
Swan River Regional Centre	Tel: 204-734-4419 Fax: 204-784-3293

Red River College Polytech

2055 Notre Dame Avenue
Winnipeg, MB R3H 0J9
Email: register@rrc.ca

Tel: 204-632-3773
Toll free: 1-888-515-7722
Website: www.rrc.ca/indigenous

Red River College (RRC) Polytech offers over 200 full-and part-time degree, diploma, post-diploma, and certificate options. Most of our programs take two years or less to complete, allowing you to get a head start on your career. From skilled trades and research labs to the frontlines of industry, our practicum-based programming gives you the chance to learn through experience.

At RRC Polytech, you'll learn using the same equipment and technology found in industry, giving you a competitive edge before you enter the workforce. Our programs offer experiential learning through industry placements, apprentices, and even paid work terms! Indigenous Education at RRC Polytech offers exploratory, preparatory and specialized programs to support Indigenous growth into all industry sectors and Indigenous culture reclamation and sovereignty, with wraparound Indigenous Student Supports like Elders-in-Residence, academic tutors, navigation coaches, and counsellors. Whether you're starting to plan your future, changing jobs, or looking to advance your career, our programs offer something for everyone.

Treaty Relations Commission of Manitoba

Unit 300 – 300 Alpine Way
Headingley, MB R4H 1C9
Email: administration@trcm.ca

Tel: 204-777-1871
Toll free: 1-866-296-3228
Fax:

Treaty Relations Commission of Manitoba maintains a positive relationship with a variety of agencies, conduct independent research that advances discussion on Treaty-related issues, and facilitate public understanding of the importance and role of Treaty-making in building a stronger and healthier nation.

EDUCATION

University of Manitoba

Indigenous Business Education Partners (IBEP) | I. H. Asper School of Business

Indigenous Business Education Partners (IBEP)

Asper School of Business

University of Manitoba

374 Drake Centre, 181 Freedman Crescent

Winnipeg, MB R3T 5V4

Email: ibep@umanitoba.ca

Website: <https://umanitoba.ca/asper/indigenous-business-education-partners>

Tel: 204-474-7401

Toll free: 1-800-432-1960, ext. 7401

Fax: 204-474-7544

Indigenous Business Education Partners (IBEP) offers a welcoming community as you explore your leadership potential in the world of business at I.H. Asper School of Business. Our team provides a variety of services to Canadian Indigenous students in pursuit of their Bachelor of Commerce (Honours) or Asper MBA degree, including tutoring, access to bursaries & scholarships, and networking opportunities. Whether you are in your first year or a final year student, our dedicated staff and friendly students are eager to welcome you into our growing community.

Extended Education: Access and Aboriginal Focus Programs

Access and Aboriginal Focus Programs

Room 221 – 114 Sidney Smith Street

Winnipeg, MB R3T 2N2

Website: extended.cc.umanitoba.ca/access/

Tel: 204-474-8000

Toll free: 1-800-432-1960 ext. 8000

Fax: 204-275-6489

Email: accessafp@umanitoba.ca

The Access and Aboriginal Focus Programs provide a safe, respectful, and inclusive environment for students seeking to complete an undergraduate degree at the University of Manitoba.

Access Program:

The Access Program supports students on their journey to academic success. The program is designed for students who have experienced barriers to post-secondary education for economic, cultural, or geographic reasons. Students benefit from a holistic system of supports, including personal counselling, enhanced academic preparation, and spiritual guidance. Three streams provide program-specific academic resources for students pursuing a degree in the health sciences (HCAP and PHP), science and technology fields (STEM), and the liberal arts (UMAP).

Students interested in the Access Program are encouraged to apply online by the annual May 1 deadline. Preference is given to Indigenous peoples (Status, Non-Status, Inuit and Métis), residents of Northern Manitoba, low-income earners, and newcomers.

EDUCATION

Aboriginal Focus Programs:

Aboriginal Focus Programs offer a holistic approach to areas of study that blend “Western” concepts with the traditional philosophies and knowledge systems of Indigenous peoples. Certificate and diploma programs can be offered on request.

Indigenous Engagement and Communications

406 – 55 Chancellor’s Circle
University of Manitoba
Winnipeg, MB R3T 2N2

Email: Indigenous.engagement@umanitoba.ca **Website:** umanitoba.ca/indigenous

The Indigenous Engagement and Communications team works collaboratively with Indigenous communities and partners across the university to co-design programs and initiatives that support Indigenous students, to highlight and share Indigenous research and knowledge(s), and to celebrate First Nations, Métis and Inuit success.

Indigenous Student Centre

Indigenous Student Centre
114 Sidney Smith Street
University of Manitoba
Winnipeg, MB R3T 2N2

Tel: 204-474-8850
Fax: 204-275-3142

Website: <https://umanitoba.ca/indigenous/student-experience>

The Indigenous Student Centre is responsible for welcoming and supporting Indigenous students at the University of Manitoba as well as providing opportunities for students to learn about First Nations, Inuit and Métis culture. Our mission is to provide holistic and culturally-grounded advising services and programming for Indigenous students, where we consider mental, emotional, physical, spiritual and cultural well-being.

Indigenous Student Recruitment

Indigenous Student Centre
114 Sidney Smith Street
University of Manitoba
Winnipeg, MB R3T 2N2

Email: Indigenous_recruitment@umanitoba.ca

The University of Manitoba Indigenous student recruitment team is here to assist you in becoming a UM student -- whether you are applying directly from high school, are coming from an adult learning centre or are a mature learner. We work with all Indigenous students who self-identify as First Nations, Métis and Inuit.

We can help you:

- Find the university program that is right for you
- Explore the university’s Indigenous programs and resources

EDUCATION

- Complete the student application process, including help with documents, online application forms and processes
- Find financial aid and awards
- Connect with the campus Indigenous community
- Attend a one-on-one campus tour/advising session

Faculty of Arts: Department of Indigenous Studies

Indigenous Studies
Room 215 Isbister Building
University of Manitoba
Winnipeg, MB R3T 2N2

Tel: 204-474-9899
Toll free: 1-800-432-1960 (within MB)

Email: indigenous.studies@umanitoba.ca
Website: umanitoba.ca/arts/indigenous-studies

For over 40 years, the Department of Indigenous Studies has been an international leader in the field. You can examine the diversity of Indigenous cultures, histories, spiritualities, languages, literature and visual art as well as the history of colonialism, Indigenous governance, politics and economics. The department has many exciting opportunities including: Undergraduate and graduate degrees (Master's and PhD), annual colloquium series featuring prominent speakers on various themes, summer school in Grassy Narrows First Nation, and internationally renowned faculty.

Faculty of Engineering: Engineering Access Program

Engineering Access Program (ENGAP)
E2-442, EITC
University of Manitoba
Winnipeg, MB R3T 5V6

Tel: 204-474-9872
Toll free: 1-800-432-1960 Ext: 9872
Email: engap@umanitoba.ca
Website: umanitoba.ca/engap/

The Engineering Access Program (ENGAP) is the most successful program of its kind in Canada. ENGAP provides an opportunity for students of Indigenous ancestry who may not have had access to the necessary resources to obtain the prerequisites required to get into, prepare for, and succeed in the Faculty of Engineering. Through its warm and supportive community and staff, ENGAP offers students a home away from home, as well as: academic upgrading; summer orientation for successful transition; individualized academic; social, personal and financial supports; and, scholarships and bursaries for qualifying students.

Indigenous Institute of Health and Healing

Ongomiizwin – Education
Medical Services Building
S206- 750 Bannatyne Avenue
Winnipeg MB R3E 0W2

Tel: 204-789-3511
Fax: 204-480-1354
Email: cahe@cc.umanitoba.ca

Website: <https://umanitoba.ca/ongomiizwin/education>

EDUCATION

Ongomiizwin - Education's goal is to increase the number of First Nations, Métis and Inuit health professionals in Manitoba.

Their mission is to support and enhance the potential for success of First Nations, Métis and Inuit students in the health education faculties and programs at UM's Rady Faculty of Health Sciences: Dentistry, Dental Hygiene, Medicine, Rehabilitation Sciences, Nursing, and Pharmacy

Faculty of Law: Aboriginal Academic Support Program

Faculty of Law, University of Manitoba
Winnipeg, MB R3T 2N2

Tel: 204-474-6448

Fax: 204-474-7580

The Academic Support Program supports students in the Faculty of Law with tutoring, advising and access to a valuable network of peers. Bursaries and scholarships are available. By offering admission categories to both mature and Aboriginal students and the option of half-time studies, Robson Hall promotes diversity.

Rady Faculty of Health Sciences – College of Nursing: Mahkwa omushki kiim: Pathway to Indigenous Nursing Education (PINE)

College of Nursing

89 Curry Place

Winnipeg, MB R3T 2N2

Tel: 204-474-7452

Toll free: 1-800-432-1960 ext 7452

Fax: 204-474-7682

Website: <https://umanitoba.ca/nursing/programs-of-study/mahkwa-omushki-kiim-pathway-indigenous-nursing-education-pine>

The Pathway to Indigenous Nursing Education (PINE) is a welcoming community of Indigenous students, staff, and Knowledge Keepers, offering supports to facilitate success towards entrance and completion of the Bachelor of Nursing program.

Faculty of Social Work: Inner-City Social Work Program

Inner City Special Work Program (ICSWAP)

Winnipeg Education Centre

485 Selkirk Avenue

Winnipeg, MB R2W 2M6

Tel: 204-668-8160

Fax: 204-663-8857

Email: icswp@umanitoba.ca

Website: umanitoba.ca/social_work/programs/inner_city/

If you are at least 21 years of age and have faced barriers to education, consider this highly successful program which supports students to acquire a Bachelor of Social Work degree. Programming takes place in the heart of Winnipeg's North End at William Norrie Centre and offers you: small class sizes; full and part-time studies; hands-on practical experience through field placements; and, holistic supports including ACCESS bursaries.

EDUCATION

Faculty of Social Work: Northern Social Work Program

Northern Social Work Program
3 Station Road
Thompson, MB R8N 0N3

Email: leeanne.deegan@umanitoba.ca

Tel: 204-677-1450

Toll free: 1-866-237-5509

Fax: 204-677-4110

Designed for mature students who are committed to a rewarding career in social work and interested in earning a Bachelor of Social Work degree in Manitoba's beautiful north. Located in Thompson, full-and part-time options offer you placements with local agencies. Each year, 20 to 25 students are accepted into the program.

Libraries: Indigenous Services Librarian

Elizabeth Dafoe Library
25 Chancellors Circle
University of Manitoba
Winnipeg, MB R3T 2N2

Tel: 204-480-1054

U of M Libraries has an excellent collection of books, journals, and government publications to support the study of Canadian Aboriginal peoples from the undergraduate to the PhD level. The Libraries also collect materials about Indigenous people in the United States and around the world. The Indigenous Services Librarian is responsible for addressing the unique library needs of the Indigenous community at the U of M; promoting Indigenous scholarship through collection development; the development of new programs aimed to aid in Indigenous student retention, as well as instruction; collection development and reference work pertaining to the subject areas of Anthropology, Native Studies, and Social Work.

National Centre for Truth and Reconciliation

Chancellor's Hall, 177 Rue Dysart Road
Winnipeg, MB R3T 2N2

Email: NCTR@umanitoba.ca

Tel: 204- 474-6069

Toll free: 1-855-415-4534 North America

Website: www.nctr.ca/

In 2015, the Truth and Reconciliation Commission of Canada (TRC) released its final report about residential schools in Canada. The release of the final report marked the end of a six-year journey towards the truth with millions of documents and thousands of statements collected along the way. All materials collected by the TRC are now safely housed at the National Centre for Truth and Reconciliation (NCTR). Survivors, families of Survivors, students, educators, researchers and the public now have the opportunity to interact with these materials in meaningful and personal ways, learning from them and using them to teach others. The University of Manitoba is honoured to be the home of the NCTR and is committed to the journey of Reconciliation and to leading a national conversation that engages Indigenous and non-Indigenous communities. The NCTR supports these efforts, helping preserve the memory of the Residential School System and its legacy for all Canadians.

EDUCATION

Yellowquill University College

Main Campus:

480 Madison Avenue
Winnipeg, MB R3J 1J1

Email: reception@yellowquill.org

Tel: 204-953-28050

Fax: 204-953-2810

Website: www.yellowquill.org

Annex:

500 – 1300 Ellice Avenue
Winnipeg, MB R3G 0E9

Mission Statement:

Yellowquill University College was mandated and established in 1984 by the Dakota Ojibway Tribal Council. Yellowquill University College embraces all learners and provides holistic education and training. The College encompasses a team of dedicated and supportive professionals guiding our learners to achieve excellence and success in education, employment, and economic development.

Vision Statement:

Yellowquill University College is a First Nation accredited educational institute of excellence, preparing and advocating for students to meet the needs of the 21st century and beyond while providing an appropriate environment that preserves and enhances culture and tradition.

EDUCATION

Winnipeg Schools

GORDON BELL, Grades: 7-S4
3 Borrowman Place, Winnipeg, MB R3G 1M6
Tel: 204-774-5401 Fax: 204-783-9469
Email: gboffice@wsd1.org
Website: www.winnipegssd.ca/GordonBell

HUGH JOHN MCDONALD Grades: 7-S1
567 Bannatyne Avenue, Winnipeg, MB R3A 0G8
Tel: 204-786-5631 Fax: 204-783-6473
Email: hjm@wsd1.org
Website: www.winnipegssd.ca/HughJohnMacdonald

JOHN M. KING Grades: N-6
525 Agnes Street, Winnipeg, MB R3G 1N7
Tel: 204-775-4404 Fax: 204-772-6931
Email: jmking@wsd1.org
Website: www.winnipegssd.ca/JohnMKing

KING EDWARD Grades: N-6
825 Selkirk Avenue, Winnipeg, MB R2X 2Y6
Tel: 204-586-8381 Fax: 204-586-3984
Email: kingedward@wsd1.org
Website: www.winnipegssd.ca/KingEdward

MACHRAY Grades: N-6
320 Mountain Avenue, Winnipeg, MB R2W 1K1
Tel: 204-586-8085 Fax: 204-589-8222
Email: marchray@wsd1.org
Website: www.winnipegssd.ca/Machray

MULVEY Grades: N-6
750 Wolseley Avenue, Winnipeg, MB R3G 1C6
Tel: 204-786-3469 Fax: 204-774-2894
Email: mulvey@wsd1.org
Website: www.winnipegssd.ca/Mulvey

NIJI MAHKWA Grades: N-8
450 Flora Avenue, Winnipeg, MB R2W 2R8
Tel: 204-589-6742 Fax: 204-582-7049
Email: nijimahkwa@wsd1.org
Website: www.winnipegssd.ca/NijiMahkwa

NORQUAY Grades: N-6
132 Lusted Avenue, Winnipeg, MB R2W 2P2
Phone: 204-943-9541 Fax: 204-943-4715
Website: www.winnipegssd.ca/Norquay

PINKHAM Grades: N-6
765 Pacific Avenue, Winnipeg, MB R3E 1G1
Phone: 204-786-5749 Fax: 204-783-0597
Email: pinkham@wsd1.org
Website: www.winnipegssd.ca/Pinkham

R. B. RUSSELL Grades: S1-S4
364 Dufferin Avenue, Winnipeg, MB R2W 2Y3
Tel: 204-589-5301 Fax: 204-586-1817
Email: rbrusell@wsd1.org
Website: www.winnipegssd.ca/rbrusell

SISTER MACNAMARA Grades: N-6
460 Sargent Avenue, Winnipeg, MB R3B 1V5
Tel: 204-942-6965 Fax: 204-989-2224
Email: debbielm@wsd1.org
Website: www.winnipegssd.ca/SisterMacNamara

STRATHCONA Grades: N-6
233 McKenzie Street, Winnipeg, MB R2W 4Z2
Tel: 204-586-8493 Fax: 204-586-1161
Email: strathcona@wsd1.org
Website: www.winnipegssd.ca/Strathcona

VICTORIA-ALBERT Grades: N-6
110 Ellen Street, Winnipeg, MB R3A 1A1
Tel: 204-943-3459 Fax: 204-957-7207
Email: vicalbert@wsd1.org
Website: www.winnipegssd.ca/Victoria-Albert

WELLINGTON Grades: N-6
690 Beverley Street, Winnipeg, MB R3E 2A5
Tel: 204-774-8085 Fax: 204-772-2799
Email: wellington@wsd1.org
Website: www.winnipegssd.ca/Wellington

WILLIAM WHYTE Grades: N-8
200 Powers Street, Winnipeg, MB R2W 4P3
Tel: 204-589-4313 Fax: 204-586-0144
Email: wmwhytw@wsd1.org
Website: www.winnipegssd.ca/WilliamWhyte

EDUCATION

Band-operated Schools

LOCATION - SCHOOL INDEX:

O'Hanley - Little Black River School
Oxford House - Oxford House School

- '72 Memorial High School

Pauingassi - Pauingassi School

- Peguis Central School
- Peguis First Nation - Peguis N - 5 School

Pelican Rapids - Neil Dennis Kematch Memorial School

Pine Falls - Anicinabe Community School

- Sagkeeng Consolidated School
- Sagkeeng Anicinabe High School

Pipestone - Wambdi Iyotake School

Poplar River - Poplar River School

Portage la Prairie - Dakota Tipi School

Pukatawagan - Pukatawagan School

Red Sucker Lake - Red Sucker Lake School
Scanterbury - Sergeant Tommy Prince School

Shamattawa - Abraham Beardy School

Shortdale - Chief Clifford Lynxleg Anishinabe School

Split Lake - Chief Sam Cook Nahmuwee

St. Theresa Point - St. Theresa Point School

Swan Lake - Indian Springs School

Tadoule Lake - Peter Yassie Memorial School

The Pas - Joe A. Ross School

Vogar - Lake Manitoba School

Wasagamack - George Knott School

Waywayseecappo - Waywayseecappo Community School

York Landing - George Saunders Memorial School

ABRAHAM BEARDY SCHOOL
100 Trout Creek Road
General Delivery,
Shamattawa, MB R0B 1K0
Tel: 204-565-2022
Fax: 204-565-2122

AMOS OKEMOW MEMORIAL SCHOOL
Box 106,
God's River, MB R0B 0N0
Tel: 204-366-2070
Fax: 204-366-2105

ANICINABE COMMUNITY SCHOOL
Box 219,
Pine Falls, MB R0E 1M0
Tel: 204-367-2285
Fax: 204-367-9205

BIRDTAIL SIOUX EDUCATION
Box 160,
Beulah, MB R0M 0B0
Tel: 204-568-4757
Fax: 204-568-4762

CHARLES SINCLAIR SCHOOL
Box 109,
Koostatak, MB R0C 1S0
Tel: 204-645-2206
Fax: 204-645-2614

CHEMAWAWIN SCHOOL
Box 10
Easterville, MB R0C 0V0
Tel: 204-329-2115
Fax: 204-329-2214

CHIEF CLIFFORD LYNXLEG
ANISHINABE SCHOOL
Valley River Reserve
Shortdale, MB R0L 1W0
Tel: 204-546-2641
Fax: 204-546-3120

CHIEF SAM COOK NAHMUWEE
General Delivery,
Split Lake, MB R0B 1P0
Tel: 204-342-2134
Fax: 204-342-2139

PEGUIS CENTRAL SCHOOL
Box 670,
Peguis First Nation R0C 3J0
Tel: 204-645-2164
Fax: 204-645-2270

DAKOTA PLAINS SCHOOL
Box 100,
Edwin, MB R0H 0G0
Tel: 204-252-2895
Fax: 204-252-2188

DAKOTA TIPI SCHOOL
2000a Dakota Drive,
Dakota Tipi, MB R1N 3X6
Tel: 204-856-0118
Fax: 204-857-7012

DAUPHIN RIVER SCHOOL
Box 140, Gypsumville R0C 1J0
Tel: 204-659-5268
Fax: 204-659-5790

DONALD AHMO SCHOOL
General Delivery,
Crane River, MB R0L 0M0
Tel: 204-732-2548
Fax: 204-732-2753

EBB AND FLOW SCHOOL
General Delivery,
Ebb and Flow, MB R0L 0R0
Tel: 204-448-2012
Fax: 204-448-2393

FOX LAKE NATIVE
SPIRITUAL SCHOOL
Box 279, Gillam, MB R0B 0L0
Tel: 204-486-2307
Fax: 204-486-2606

EDUCATION

GARDEN HILL FIRST NATION HIGH SCHOOL
General Delivery
Island Lake, MB R0B 0T0
Tel: 204-456-2886
Fax: 204-456-2894

GARDEN HILL ELEMENTARY SCHOOL
Box 1103
Island Lake, MB R0B 0T0
Tel: 204-456-2391
Fax: 204-456-2350

GINEW SCHOOL
Box 10,
Ginew, MB R0A 2R0
Tel: 204-427-2490
Fax: 204-427-2398

ISAAC BEAULIEU MEMORIAL
Marius Post Office,
Marius, MB R0H 0T0
Tel: 204-843-2407
Fax: 204-843-2269

LAKE MANITOBA SCHOOL
Box 1249,
Lake Manitoba First Nation MB
R0C 3C0
Tel: 204-768-2728
Fax: 204-768-2194

LITTLE BLACK RIVER SCHOOL
Box 160,
O'Hanley, MB R0E 1K0
Tel: 204-367-8298
Fax: 204-367-2266

NISICAWAYASIIK NEYO OHTINWAK COLLEGIATE
General Delivery,
Nelson House, MB R0B 1A0
Tel: 204-484-2095
Fax: 204-484-2257

OTETISKIWIN
KISKINWAMAHTOWEKAMIK SCHOOL
1 School Drive
Nelson House, MB R0B 1A0
Tel: 204-484-2242
Fax: 204-484-2002

PETER YASSIE MEMORIAL SCHOOL
Box 77,
Tadoule Lake, MB R0B 2C0
Tel: 204-684-2279
Fax: 204-684-2130

NEIL DENNIS KEMATCH
MEMORIAL SCHOOL
General Delivery,
Pelican Rapids, MB R0L 1L0
Tel: 204-587-2045
Fax: 204-587-2341

GEORGE KNOTT SCHOOL
General Delivery
Waasagamack, MB R0B 1Z0
Tel: 204-457-2485
Fax: 204-457-2273

GOD'S LAKE NARROWS FIRST NATIONS SCHOOL
God's Lake Narrows R0B 0M0
Tel: 204-335-2003
Fax: 204-335-2440

JOE A. ROSS SCHOOL
Opaskwayak Education Authority
Box 10160,
Opaskwayak, MB R0B 2J0
Tel: 204-623-4286
Fax: 204-623-4444

LAKE ST. MARTIN SCHOOL
Box 2020,
Gypsumville, MB R0C 1J0
Tel: 204-659-2600
Fax: 204-659-2616

LITTLE GRAND RAPIDS SCHOOL
General Delivery
Little Grand Rapids, MB R0B 0V0
Tel: 204-397-2197
Fax: 204-397-2102

MIKISEW MIDDLE SCHOOL
General Delivery,
Cross Lake, MB R0B 0J0
Tel: 204-676-3030
Fax: 204-676-2798

OTTER NELSON RIVER
CROSS LAKE EDUCATION AUTHORITY
Cross Lake, MB R0B 0J0
Tel: 204-676-2050
Fax: 204-676-2464

PETIT CASIMIR MEMORIAL SCHOOL
Box 60,
Lac Brochet, MB R0B 2E0
Tel: 204-337-2278
Fax: 204-337-2078

LONG PLAIN SCHOOL
Box 430
Portage la Prairie, MB R1N 3B7
Tel: 204-252-2326
Fax: 204-252-2786

GEORGE SAUNDERS MEMORIAL SCHOOL
Tel: 204-341-2118
Fax: 204-341-2235
Email: vanessao@mfnso.com

INDIAN SPRINGS SCHOOL
Box 145,
Swan Lake, MB R0G 2S0
Tel: 204-836-2332
Fax: 204-836-2317

KEESEKOOOWENIN SCHOOL
Box 129, Elphinstone R0J 0N0
Tel: 204-625-2062
Fax: 204-625-2418

LAWRENCE SINCLAIR MEMORIAL SCHOOL
Box 359, Hodgson, MB R0C 1N0
Tel: 204-394-2429
Fax: 204-394-2104

LITTLE SASKATCHEWAN SCHOOL
Box 5050,
Gypsumville R0C 1J0
Tel: 204-659-2672
Fax: 204-659-5763

MISKOOSSEPI SCHOOL
Bloodvein, MB R0C 0J0
Tel: 204-395-2012
Fax: 204-395-2189

PEGUIS CENTRAL SCHOOL
Box 670,
Peguis First Nation, MB R0C 3J0
Tel: 204-645-2164
Fax: 204-645-2270

PINAYMOOTANG SCHOOL
Fairford Reserve,
Fairford, MB R0C 0X0
Tel: 204-659-2045
Fax: 204-659-2270

EDUCATION

SAGKEENG CONSOLIDATED SCHOOL
Box 1610,
Pine Falls R0E 1M0
Tel: 204-367-2588
Fax: 204-367-9231

SAGKEENG ANICINABE HIGH SCHOOL
Box 1610,
Pine Falls, MB R0E 1M0
Tel: 204-367-2243
Fax: 204-367-4566

SERGEANT TOMMY PRINCE SCHOOL
General Delivery,
Scanterbury R0E 1W0
Tel: 204-766-2636
Fax: 204-766-2809

SIOUX VALLEY SCHOOL
Sioux Valley Reserve,
Box 99, Griswold MB R0M 0S0
Tel: 204-855-2536 Fax: 204-855-3204

VOCATIONAL TRAINING AND EMPLOYMENT

Adult Education Centre

1747 Main Street

Winnipeg, MB R2V 1Z6

Website: <https://www.7oaks.org/school/aec/>

Tel: 204-589-9852

Email: aec@7oaks.org

Offer a variety of literacy and high school credit courses including options in math, English, science, and electives. Manitoba Education and Training recognizes both the 30-credit and mature adult high school diplomas that are offered.

Building Urban Industries for Local Development (BUILD) Inc.

Unit 200 – 765 Main Street

Winnipeg, MB R2W 3N5

Email: info@buildinc.ca

Website: <https://buildinc.ca/training-program/>

Tel: 204-943-5981

Fax: 204-943-6003

Building Urban Industries for Local Development (BUILD) is a social enterprise non-profit contractor and a training program for people who face barriers to employment. BUILD offers a six-month paid training program for individuals who struggle to find employment. Participants are provided with skills training and mentorship in a supportive environment.

Vision Statement:

A prosperous community, healthy families and employed individuals.

Mission Statement:

Empowering multi-barriered people by providing skills training and employment opportunities.

Centre for Aboriginal Human Resource Development, Inc. (CAHRD)

304 - 181 Higgins Avenue

Winnipeg, MB R3B 3G1

Website: www.cahrd.org

Tel: 204-989 7110

Fax: 204-989 7113

The Centre for Aboriginal Human Resource Development Inc. (CAHRD) is a non-profit, human resource development organization that delivers literacy, education, training and employment services to the urban Indigenous population of Winnipeg, Manitoba. CAHRD provides a variety of supports including childcare, student housing, personal development and wellness programs.

Indigenous Inclusion Directorate (Manitoba Education and Early Childhood Learning)

510 Selkirk Avenue

Winnipeg, MB R2W 2M7

Tel: 204-945-7886

Fax: 204-948-2010

Website: <http://www.edu.gov.mb.ca/abedu/index.html>

Toll free: 1-800-282-8069 ext. 7886

The Indigenous Inclusion directorate operates from within Education and Early Childhood Learning to provide leadership and co-ordination for departmental initiatives in Indigenous education and training.

The primary role of the Indigenous Inclusion Directorate is in research, policy development and strategic initiatives. This is accomplished in the spirit of cooperation and consultation with many groups and individuals, such as school administrators, educators, students, parents, Indigenous and community organizations and other government departments. The Indigenous Inclusion Directorate works in partnership with First Nations communities and organization in Manitoba. The Directorate's work is supported by the guidance of two advisory councils from the Indigenous community.

Indigenous Leadership Development Institute Inc.

Unit 206 - 1075 Portage Avenue

Winnipeg, MB R3G 0R8

Email: info@ildii.ca

Tel: 204-940-1700

Fax: 204- 940-1719

Website: www.ildii.ca

The Indigenous Leadership Development Institute Inc. works closely with educational institutes, government and the private sector. Rich and varied educational opportunities are provided to our clients through partnerships and cooperative alliances. For example, a university may be engaged to provide courses in self-governance, a private consultant to provide training on effective negotiation skills, or a senior civil servant to speak on legislative protocol. Through customized training, communities will become stronger and govern more effectively. The calendar of courses offers approximately 20 single-day or multi-day courses annually, on topics such as:

- government-to-government relations
- financial management and accountability
- governance
- nation-building
- media training
- negotiation
- dispute resolution

Whenever possible, courses are fully or partially sponsored by public or private partners.

VOCATIONAL TRAINING AND EMPLOYMENT

Manitoba Advanced Education and Skills

Post Secondary Institutions Branch
Advanced Education Division
400 - 800 Portage Avenue
Winnipeg, MB R3G 0N4

Tel: 204-945-1833
Email: PSI@gov.mb.ca
Website: <https://www.edu.gov.mb.ca/ald/>

Advanced Education and Skills Division of the Manitoba Government is responsible for financial oversight, policy development and accountability in the post-secondary system.

Manitoba Institute of Trades and Technology (MITT) Adult Learning Centres

Unit H – 2211 McPhillips Street
Winnipeg, MB R2V 3M5
Email: crossroadslearning@mymts.net

Tel: 204-953-2030
Fax: 204-694-0779
Website: www.crossroadslearning.ca

Manitoba Institute of Trades and Technology (MITT) Adult Learning Centres (formerly CrossRoads & Horizons Learning Centres) provides high school credit courses (Grade 11-12) for adults to help them prepare for further training at the post-secondary level, or secure meaningful employment.

Neeginan Centre

103 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1
Email: events@abcentre.org

Tel: 204-989-6605
Fax: 204-989-7137
Website: <https://neeginancentre.com/>

Incorporated in 1990, the Neeginan Centre Inc. is a non-profit organization and is fully operated by the Indigenous community in Winnipeg. Neeginan Centre provides urban Indigenous people in Winnipeg a centralized, culturally safe space in which to gather socially, and to access education, job training, primary health care, healing, childcare and a host of other services and resources.

Peguis School Board Post Secondary Department

2001- 1075 Portage Avenue
Winnipeg, MB R3G 0R8

Tel: 204-942-1260
Fax: 204-949-0616
Toll free: 1-866-942-1260

The Peguis School Board Post Secondary Department provides financial assistance to Peguis First Nation band members to obtain a post secondary education. The objective is to assist band members to achieve their education goals, while contributing to the development of their communities. Offices in Peguis and Winnipeg are staffed with education counsellors to provide information and assistance to individuals who are interested in pursuing post secondary education. Peguis School Board Post Secondary Department also operates in partnership with **Peguis First Nation Training and Employment**, and the **Peguis Adult Education Learning Centre** for individuals who are interested in obtaining their Mature Grade 12 high school diploma.

VOCATIONAL TRAINING AND EMPLOYMENT

Sagkeeng Employment and Training Services

P.O. Box 8,
Fort Alexander, MB R0E 0P0

Tel: 204-367-8740
Fax: 204-367-9061
Toll free: 1-866-367-8740

Unit 710 – 294 Portage Avenue
Winnipeg, MB R3B 1G7
Toll free: 1-866-426-8551

Tel: 204-943-6073
Fax: 204-943-6081
Email: sets@sagkeeng.ca

The mandate of Sagkeeng Employment and Training Services is to provide assistance to Sagkeeng band members and make information and resources available regarding education and employment. Everyone is welcome to use the many resources and services, such as computers and other resource equipment, employment and training counselling, employment workshops and job search assistance.

Salvation Army – Work Readiness Program

324 Logan Avenue
Winnipeg, MB R3A 0L5

Tel: 204-946-9141
Fax: 204-946-9167

This full-time, Monday - Friday program offers 10 weeks of Life Skills training, Job Search Training, Introduction to Computers and Supervised Job Search.

Training Resources for Youth (T.R.Y)

New Directions for Children, Youth and Families

1st Floor - 717 Portage Avenue
Winnipeg, MB R3G 0M8

Tel: 204-786-7051 - Ext. 5256
Fax: 204-783-0851
TTY: 204-774-8541

Email: TRY@newdirections.mb.ca

Website: <https://newdirections.mb.ca/training-resources-for-youth-try/>

Training Resources for Youth (T.R.Y) is a 12-week group based program for youth who are not in the regular school system and are facing barriers to finding employment.

This program consists of:

- a 6-week in class training that covers pre-employment, interview, resume building, and life skills;
- a 3-week part time work experience assessment; and;
- a 3-week full time work experience with goal of obtaining employment.

Individuals in this program will have the opportunity to build the job-finding and work-related skills, and work towards obtaining a reference. Training allowances for the class component and minimum wage for the work experience placements will be available.

Urban Circle Training Centre, Inc.

519 Selkirk Avenue
Winnipeg, MB R2W 2M6

Tel: 204-589-4433
Fax: 204-582-6439

Website: www.urbancircletraining.com

VOCATIONAL TRAINING AND EMPLOYMENT

At Urban Circle, our goal is to provide culturally appropriate education and training to First Nations, Métis, and Inuit women and men in Winnipeg. Since 1991, we have offered certified programming that connects to both our cultural teachings and labour-market demands. At our Centre, students are provided with a sense of belonging and community, and we are committed to enriching the quality of their educational experience by providing them with opportunities for personal growth and success.

JobWorks Employment Education Programs Inc.

1175 Pembina Highway
Winnipeg, MB R3T 2A5

Email: info@jobworksschool.com

Tel: 204-453-8351

Fax: 204-453-0277

Website: www.jobworksschool.com

Jobworks offers the following tuition-free programs:

- **Adult Learning Centre** – offers courses for individuals interested in completing their high school diploma, upgrading for post-secondary education, or building skills for employment.
- **Alternative High School** – offers an opportunity for youth, 16 years of age or older, to complete a high school diploma in a different learning environment, fulfill requirements to return to a regular high school, or build the skills required for other programs and/or employment.
- **Educational Assistant Internship** – offers training for adults who have a desire to work as an Educational Assistant within the school system.

HOUSING

HOUSING

Anicinabe Housing Corporation

217 Main Street
Dauphin, MB R7N 1K5

Tel: 204-638-8927
Email: propertymanager_ahc@wcgwave.ca

Brandon Friendship Centre Housing Authority

836 Lorne Avenue
Brandon, MB R7A 0T8

Tel: 204-727-1407

Dakota Ojibway First Nations Housing Authority

100 - 11 Arden Avenue
Winnipeg MB R2M 2J7

Tel: 204-988-5375
Fax: 204-783-6850

Elbert Chartrand Friendship Centre Housing

Box 2020
1328 Main Street
Swan River, MB R0L 1Z0

Tel: 204-734-9970

Kanata Housing Corporation

Suite 202 - 2055 McPhillips Avenue
Winnipeg, MB R2V 3C6

Tel: 204-338-6261

Keewatin Housing Association

23 Nichol Road
Thompson, MB R8N 0Y4

Tel: 204-677-0241 ext. 1

Kinew Housing Corporation

394 McGregor Street
Winnipeg, MB R2W 4X5
Email: kinew@mymts.net

Tel: 204-956-5093
Website: www.kinewhousing.ca

Neeginan Centre

103 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1
Email: events@abcentre.org

Tel: 204-989-6605
Fax: 204-989-7137
Website: <https://neeginancentre.com/>

Incorporated in 1990, the Neeginan Centre Inc. is a non-profit organization and is fully operated by the Indigenous community in Winnipeg. Neeginan Centre provides urban Indigenous people in Winnipeg a centralized, culturally safe space in which to gather socially, and to access education, job training, primary health care, healing, childcare and a host of other services and resources.

HOUSING

Rural and Native Housing Program

Manitoba Family Services and Housing

2nd Floor – 352 Donald Street

Winnipeg, MB R3B 2H8

Email: housing@gov.mb.ca

Website: <http://www.gov.mb.ca/housing/housingoffice.html>

Tel: 204-945-4663

Fax: 204-948-2013

Toll free: 1-800-661-4663

Manitoba Housing provides a wide range of subsidized housing throughout the province of Manitoba. Manitoba Housing partners with other governments, community organizations and private groups to create safe and affordable housing.

Individuals and organizations **may be eligible** for one of the following programs:

- rental housing
- co-operative housing
- home ownership
- repair programs
- housing development
- secondary suites program
- rental housing construction tax credit program

S.A.M. (Management) Inc.

200-1080 Portage Avenue

Winnipeg, MB R3G 3M3

Email: admin@sam.mb.ca

Tel: 204-942-0991

Fax: 204-957-5829

Website: www.sam.mb.ca

Urban Native Non-profit Housing

Manitoba Housing

2nd Floor – 352 Donald Street

Winnipeg, MB R3B 2H8

Email: housing@gov.mb.ca

Website: <https://www.gov.mb.ca/housing/progs/urbannativehousing.html>

Tel: 204-945-4663

Fax: 204-948-2031

This program supports the operation of non-profit native corporations or cooperatives that have developed housing for Aboriginal households in need. Applicants for housing assisted under this program will be selected on the basis of being financially unable to obtain affordable, suitable and adequate housing in the private market.

COMMUNICATIONS

COMMUNICATIONS

Indigenous Procurement Initiative

Manitoba Consumer Protection and Government Services
Procurement and Supply Chain **Tel:** 204-945-6361
600 – 352 Donald Street **Fax:** 204-945-1455
Winnipeg, MB R3B 2H8
Email: procserv@gov.mb.ca
Website: https://www.manitoba.ca/central/psc/api/ab_proc.html

The objective of the Indigenous Procurement Initiative is to increase the participation of Indigenous peoples and suppliers in providing goods and services to the Manitoba government. To that end, Manitoba has introduced an Indigenous Procurement Initiative (IPI) to increase the participation of Indigenous businesses in providing goods and services to government.

Benefits

There are several key benefits anticipated through this initiative:

- Stimulation of Indigenous business development
- Indirect creation of new employment opportunities
- Increased procurement from Indigenous business through sub-contracting and/or joint ventures with non-Indigenous firms when bidding on contracts
- Increased competitiveness
- Relationship building between Indigenous suppliers and government buyers
- Better understanding of the tender process by suppliers; increased knowledge of Indigenous supplier base by government buyers

Policy

All departments, including Special Operating Agencies, shall endeavor to increase the participation of Indigenous business in providing goods and services to the Manitoba Government by incorporating the Indigenous Procurement Initiative into tenders.

Application

The Indigenous Procurement Initiative applies to all government departments and Special Operating Agencies.

Indigenous Business Directory

Website: https://www.manitoba.ca/central/psc/api/api_bd.html

Procurement and Supply Chain maintains an Indigenous Business Directory to serve as a

COMMUNICATIONS

resource guide for all government buyers. The Directory is a listing of businesses that have formally registered under the Indigenous Procurement Initiative. Each business is categorized according to the information on goods and services provided in the registration profile. The Directory is comprised of a wide variety of business sectors (i.e. restaurants, accommodations, construction, information technology, consulting services), as well as non-profit organizations and economic development corporations.

The purpose of the Directory is to:

- Help Manitoba government buyers identify Indigenous businesses as bidders and potential suppliers of goods and services required by departments.
- Provide a networking opportunity for suppliers, Indigenous and non-Indigenous, to do business with one another.
- Promote procurement from Indigenous business in other ways such as joint ventures and/or sub- contracting.

The Directory is updated on a regular basis as registrations by Indigenous business are received. As business profiles and corporate information (address, email, etc.) may change over time, Procurement and Supply Chain will also conduct an overall review of the Directory with changes updated periodically. Inclusion of a business in the Directory does not signify an endorsement by the Government of Manitoba.

If you are an Indigenous owned business and have yet to register for the Indigenous Procurement Initiative, please complete the [Indigenous Business Directory application form](#).

Businesses may be requested to provide an updated status of their Indigenous certification and may be subject to audit both prior to and subsequent to contract awards.

An electronic version of the [Indigenous Business Directory](#) is available on our website to view or save to your local computer.

Aboriginal Peoples Television Network (APTN)

339 Portage Avenue
Winnipeg, MB R3B 2C3

Email: info@aptn.ca

Website: <https://www.aptn.ca/>

Tel: 204-947-9331

Fax: 204-947-9307

Toll free: 1-888-278-8862

The Aboriginal Peoples Television Network (APTN) launched in 1999 as the first national Indigenous broadcaster in the world. Since then, the network has become a global leader in programming that celebrates the rich diversity of Indigenous Peoples across Turtle Island and beyond. A respected non-profit and charitable broadcaster, APTN shares authentic stories in English, French and a variety of Indigenous languages with over 10 million Canadian subscribers. APTN proudly features over 80 per cent Canadian content and inspires audiences via multiple platforms, including its Indigenous-focused streaming service, APTN lumi.

COMMUNICATIONS

APTN has served Indigenous Peoples in Canada as well as Canadian audiences, for over two decades. Steadfastly adhering to its mission, *“to share our Peoples’ journey, celebrate our cultures, inspire our children and honour the wisdom of our Elders.”*

Aboriginal Youth Network (AYN)

PO Box 34007 - Kingsway
Edmonton, AB T5G 3G4
Email: info@comminit.com

Tel: 780-459-1058
Fax: 866-419-7266

The Aboriginal Youth Network (AYN) was brought about because of the social and health issues that Aboriginal youth face due to the breakdown of Aboriginal Culture in Canada. This website will attempt to unite and bring cultural identity to youth across the country. The goal is to provide a place where youth can access information that they may find useful in their everyday lives. The main focus is on news, events, and getting youth to communicate with each other. The reason the AYN was implemented was to get youth over the disadvantages they faced as Aboriginal people. This is done through tying social issues together with culture. The AYN’s focus is on current events, expression of ideas, involvement in the community, remedying disadvantages that Aboriginal peoples face, and providing communication tools to Aboriginal youth.

Grassroots News

Main Floor, 150 Henry Avenue
Winnipeg, MB R3B 0J7
Email: admin@grassrootsnews.mb.ca

Tel: 204-589-7495
Fax: 204-589-7540
Website: <http://www.grassrootsnews.mb.ca>

Grassroots News reaches 63 First Nations, most Métis communities, as well as major cities and towns in Manitoba. Within the City of Winnipeg we have over 200 strategically placed distribution points. We also do door-to-door distribution in many neighborhoods where Aboriginal people live. Papers are also distributed through Aboriginal Tribal Councils, libraries, government offices, colleges and Aboriginal and Métis community centres. As our name implies, we are read by the "Grassroots" people making up the Aboriginal and Métis population of Manitoba, as well as the decision-makers within that Aboriginal demographic. Our National edition reaches Aboriginal people and decision-makers throughout Canada.

CHURCH SPONSORED GROUPS

CHURCH SPONSORED GROUPS

Agape Table

364 Furby Street
Winnipeg, MB R3B 2V5

Tel: 204-783-6369

Website: www.agapetable.ca

Agape Table is committed to providing a community based program, nourishing the body, mind, and spirit of our guests in a safe and socially responsible manner. Agape Table provides a bagged meal that is served every Monday to Friday from 7 - 11am. Our bagged meals are prepared with fresh ingredients each day, which typically includes a sandwich, soup, fruit or vegetable, yogurt, granola bar and a pastry. Agape Table also hosts Harvest Manitoba each Tuesday and Thursday from 12 - 2 pm. Emergency food hampers may be made available Tuesday, Thursday and Friday for 1:30 pm after registering with staff.

First Nations Community Church

44 Tentler Street
Winnipeg, MB R2R 0L1
Email: fncc@shaw.ca

Tel: 204-632-5100

Fax: 204-694-7157

Worship service at 11 a.m. Children's Church during worship service. Phone for information.

Indigenous Family Centre, Inc.

470 Selkirk Avenue
Winnipeg, MB R2W 2M5
Email: indigenousfamilycentre@gmail.com

Tel: 204-586-8393

Fax: 204-582-3131

Website: www.ifcentre.com/

The Indigenous Family Centre (IFC) is a non-profit organization serving Winnipeg's north end. IFC provides families with opportunities to build communities, learn about Indigenous culture, develop positive life skills, and experience healing.

IFC creates a place for all who seek community, cultural teaching, spiritual growth and healing.

IFC is a non-profit organization serving Winnipeg's north end. The purposes of IFC are:

- to educate the public and community on Indigenous culture, traditions, and customs by providing cultural programs;
- to promote health and wellness among Indigenous people by using an Indigenous approach to healing
- which includes workshops, sharing circles and ceremonies;
- to address and prevent specific problems faced by the community by providing summer camps, afterschool
- programs and parenting workshops to develop life skills; and
- to undertake activities ancillary and incidental to the above mentioned charitable purposes.

CHURCH SPONSORED GROUPS

St. Kateri Tekakwitha Indigenous Catholic Church

265 Flora Avenue
Winnipeg, MB R2W 2R2
Email: st.kateri@shaw.ca

Tel: 204-783-7215
Fax: 204-775-1126
Office Hours: 9 a.m. to 4 p.m.

The parish exists in response to the expressed need of the Catholic Indigenous people of Winnipeg for a church of their own – a church not only in the sense of a place to attend mass and celebrate the sacraments, but a church as the central place in the development of an Indigenous Christian community.

This ministry provides liaison and assistance to individuals and families attempting to obtain services from the various social agencies in the city, and also provides support and help to individuals and families in crisis. Church Mass: Sunday at 11 a.m.

Mennonite Central Committee (MCC) Manitoba

Indigenous Neighbours Program
159 Henderson HWY
Winnipeg, MB R2L 1L4
Website: <https://mcccanada.ca/indigenous-neighbours>

Tel: 204-925-1910
Email: indigenousneighbours@mccmb.ca

Mennonite Central Committee (MCC)'s **Manitoba's Indigenous Neighbours** program strives to support Indigenous peoples in Manitoba, particularly treaty areas 1 to 3, in achieving political, economic, social and cultural self-determination, as well as to foster respectful relationships towards reconciliation between non-Indigenous and Indigenous peoples. Thus, the work is concentrated in two areas:

- **Social Development and Advocacy:** MCC uses a community development approach to facilitate strategic planning and organizational development, with a particular focus on community wellness, youth employment, environmental justice, and sacred access to land and resources. Taking our lead from the TRC Calls to Action, MCC also collaborates with Indigenous partners on advocacy to promote positive political, social and economic change for Indigenous Peoples.
- **Renewing Relationships:** MCC facilitates educational opportunities for non-Indigenous groups around our shared history towards mutual understanding between Indigenous and non-Indigenous people as a basis for working together to address issues of contemporary or historical injustices experienced by Indigenous peoples. This is done through workshops, speaking engagements, publications, online resources and community collaboration.

West End Drop In

365 McGee Street
Winnipeg, MB R3G 3M5
Website: <https://www.1justcity.ca/westend>

Tel: 204-995-2944
Email: welead@1justcity.ca

West End Drop In (formerly known as the St Matthew's Maryland Community Ministry) offers health and wellness programs to meet basic needs and help individuals and families thrive in Winnipeg's West End community.

CHURCH SPONSORED GROUPS

Programs include a daily Drop-in, Indigenous Cultural Programming, Community Capacity Building Programming, food supports, and more.

We also offer social and recreational programs to build social connection in our community, and provide safety and belonging. We are working hard to build a resilient community of love and support – a place where people are known by name. Please see their website or call for the most current information.

Winnipeg Inner City Missions (WICM)

415 Logan Avenue
Winnipeg, MB R3A 0A4
Email: wicm@wicm.ca

Tel: 204-942-8682
Website: <https://wicm.ca>

Winnipeg Inner City Mission (WICM) is a not-for-profit charitable organization committed to providing a healthy community for children, youth and families. WICM offers a number of programs, including:

- **Place of Hope First Steps Project:** an employment program for single adults ages 30-50 who are committed to change. We support adults as they achieve an overall increased wellness and reach life goals. Our program focuses on each individual's success while providing support in the development of positive life skills.

Contact:

Ruth Magnuson (Executive Director)
Crystal McKeen (Social Worker)

Tel: 204-942-8682 ext 222
Tel: 204-942-8682 ext 223

- Flora House Afterschool Programs and Summer Day Camp: **programs offered for children and youth ages 6-12 with a focus on activities that encourage a healthier lifestyle. Each day takes a different learning focus such as literacy, nutrition, sports, art, music and computer skills. Registration is required.**

Contact:

Beverly Burkard (Executive Director)
739 Flora Avenue

Email: beverlyburkard@wicm.ca
Tel: 204-942-8682 ext 739

ARTS AND CRAFTS

ARTS AND CRAFTS

Arctic Trading Company

Box 910
Churchill, MB R0B 0E0
Toll free: 1-800-665 0431
Email: atcpenny@outlook.com

Tel: 204-675-8804
Fax: 204-675-2164

Arctic Trading Company features the work of a number of Aboriginal women in Churchill who specialize in mukluks, moccasins, fur mitts, sheepskin hats, etc. They deal directly with Aboriginal artists. Two workshops are held: 1) Caribou hair tufting and sculptures, and 2) framing caribou hair sculptures and tuftings, birchbark bitings, beadwork and fish scale work produced by native artists.

Bill Worb Furs

312-314 Ross Avenue
Winnipeg, MB R3A 0L4
Email: sales@billworfurs.com
Website: <https://billworfurs.com/>

Tel: 204-294-2345

Bill Worb Furs is one of the last great independent fur and leather houses in Canada, selling primarily to Indigenous and Inuit communities across Canada, including all Northern markets. We are a small business located in downtown Winnipeg. Although Bill Worb Furs is a non-Indigenous owned company, we are continuously trying to reach all of the Indigenous communities in Manitoba that could use our products for their crafts and traditional garments and regalia.

Canadian Plains Gallery, Inc.

106 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1
Email: cpgallery@gmail.com
Websites: <http://neeginacentre.com/canadian-plains-gallery>
<http://www.canadianplainsgallery.com/>

Tel: 204-943-4972
Fax: 204-943-5008

Gallery Hours: Monday to Friday 9 a.m. - 5 p.m.

Canadian Plains Gallery is an agency that promotes the highest quality art of Manitoba's premiere Indigenous Artists (Cree, Michif, Ojibwe, Dene, Inuktitut, Dakota, Ojibwe-Cree) and offers a wide selection of quality and cultural gifts.

The mediums consist of paintings, carvings, sculptures, original jewelry, stone painting, caribou hair tufting, porcupine quill work, talking sticks, beadwork, pottery, wood burning, birch bark biting, flutes, photography, prints and art cards. Artists are available for workshops, murals, commissions and logos.

ARTS AND CRAFTS

Canadian Plains Gallery also offers traditional dance demonstrations, singers, photography services and entertainment coordinating.

Nunavut Gallery

603 Corydon Avenue

Winnipeg, MB R3L 0P3

Email: Richard@nunavutgallery.com

Gallery Hours: Monday to Friday 10 a.m. - 5 p.m.

Tel: 204-478-7233

Fax: 204-943-2734

Website: www.nunavutgallery.com

Nunavut Gallery carries sculpture, drawings and prints from all areas of the Arctic, and conducts appraisals.

Teekca's Boutique

The Forks Market

223 - 1 Forks Market Road

Winnipeg, MB R3C 4L9

Tel: 204-946-0539

Fax: 204-942-1722

St. Matthews

1654 St. Matthews Avenue

Winnipeg, MB R3H 0X6

Tel: 204-783-4542

St. Vital Centre

Located right beside the movie theatre

Email: sales@teekcasboutique.com

Tel: 204-783-4542

Website: teekcasboutique.com

Teekca's Boutique is a unique Aboriginal shop catered to provide gifts crafted by the first peoples of North America. The artisans incorporate the history, geography and culture into their beautiful wares and artwork by drawing upon the natural resources from the land. Inside you will discover a bounty of Aboriginal treasures for that special person or a keepsake reminiscent of past generations for yourself. The virtual and actual store hosts a variety of Aboriginal art work and hand crafted items from all Aboriginal ancestry of Canada and across North America. And if we don't have what you're looking for we can work with you to create them.

Winnipeg Trading Post

1128 Main Street

Winnipeg, MB R2W 3S3

Email: staffwtp@gmail.com

Tel: 204-947-0513

Website: www.winnipegtradingpost.com

Winnipeg Trading Post carries Native handcrafted supplies, Navajo and Mojave blankets, mukluks and crafts, beads, leather and furs.

PROFESSIONAL SERVICES

PROFESSIONAL SERVICES

First Peoples Economic Growth Fund:

102-1075 Portage Avenue
Winnipeg, MB R3G 0R8

Tel: 204-942-6026

Fax: 204-942-6441

Toll free: 1-888-942-6026

Email: info@firstpeoplesfund.ca

Website: www.firstpeoplesfund.ca

First Peoples Economic Growth Fund Inc. (FPEGF) is an organization with the mandate to provide financing to support Manitoba First Nation business proposals that are economically viable.

Indigenous Chamber of Commerce

100 - 259 Portage Avenue
Winnipeg, MB R3B 2A9

Tel: 204-237-9359

Fax: 204-947-0145

Email: info@indigenouchambermb.ca

Website: www.indigenouchambermb.ca

Indigenous Chamber of Commerce is a national business association that, while focused on Indigenous business and commerce, is open to all business leaders.

Louis Riel Capital Corporation (LRCC)

Floor 3 - 150 Henry Avenue
Winnipeg, MB R3B 0J7

Tel: 204-589-0772

Fax: 204-589-0791

Email: info@lrcc.mb.ca

Website: www.lrcc.mb.ca

Founded in 1992 by the economic development initiatives of the Manitoba Métis Federation (MMF), Louis Riel Capital Corporation (LRCC) is a Manitoba Métis-owned lending institution created to finance the start-up, acquisition and/ or expansion of viable Métis controlled small businesses based in Manitoba.

Tribal Wi-Chi-Way-Win Capital Corporation (TWCC)

419 Norte Dame Avenue
Winnipeg, MB R3B 1R3

Tel: 204-943-0888

Fax: 204-946-5318

Website: <http://www.twcc.mb.ca>

Toll free: 1-800-568-8488

The Tribal Wi-Chi-Way-Win Capital Corporation (TWCC) was established in 1993 to provide financial resources to qualified member Aboriginal entrepreneurs and businesses in Manitoba. Structured under the guidelines of the Aboriginal Capital Corporation Program of the Canadian Aboriginal Economic Development Strategy, TWCC was created through the efforts and application of five Manitoba Tribal Councils and a number of Independent First Nations. From the original three employees, TWCC has grown to its current size of over 165 employees across multiple lines of business. Its diversification strategy has led to consistent and strategic growth within the organization.

PROFESSIONAL SERVICES

TWCC embraces a culture founded on strong governance, commitment to deliver value to its shareholders and to make positive contributions within the community. Today, TWCC is one of the largest of the 60+ Aboriginal Capital Corporations across Canada. Since inception in 1993, TWCC loans have helped approximately 800 Aboriginal businesses in Manitoba, which in turn has generated over 2,300 jobs.

Aboriginal Funeral Chapel

724 Selkirk Avenue
Winnipeg, MB R2W 2N3
Email: aboriginalfc@mymts.net

Tel: 204-586-7700
Fax: 204-582-4829

At the Aboriginal Funeral Chapel, Aboriginal staff serve First Nations people. The chapel is dedicated to honouring and upholding First Nations traditions.

Aboriginal Printing Services (Shinnecock Native Printers)

Room B02 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1

Tel: 204-589-4844
Email: native@mts.net

Aboriginal Printing Services specializes in digital, full-colour, offset and letterpress printing. The company has been in business since 1977.

Canadian Council for Aboriginal Business (CCAB)

2 Berkeley Street, Suite 202
Toronto, ON M5A 4J5
Email: info@ccab.com

Tel: 416-961-8663
Fax: 416-961-3995
Website: <http://www.ccab.com>

The Canadian Council for Aboriginal Business (CCAB) is dedicated to promoting the full participation of Aboriginal people in the Canadian economy. CCAB's mission is to connect Aboriginal and non-Aboriginal people and companies with the opportunities they require to achieve personal and business success. CCAB's most far-reaching initiative is the Progressive Aboriginal Relations (PAR) program, which helps corporations assess their performance in their relations and involvement with Aboriginal communities and provides tools to help them improve.

Dakota Ojibway Community Futures Development Corporation

310 – 200 Alpine Way
Headingley, MB R4H 0B7
Email: info@docfdc.mb.ca

Tel: 204-988-5373
Fax: 204-988-5365

Website: <https://cfmanitoba.ca/dakota-ojibway>

The corporation provides service to nine First Nation Communities:

- Birdtail Sioux First Nation
- Canupawakpa Dakota Nation
- Dakota Plains First Nation
- Long Plain First Nation
- Roseau River First Nation
- Sandy Bay First Nation
- Sioux Valley Dakota Nation
- Swan Lake First Nation
- Waywayseecappo First Nation

PROFESSIONAL SERVICES

First Nations Bank Micro Loan Program

Western Economic Diversification Canada

P.O. Box 777
Suite 712 - 240 Graham Avenue
Winnipeg, MB R3C 2L4

Tel: 204-983-4472
Toll free: 1-888-338-9378
Fax: 204-983-1280

Winnipeg Branch:

360 Broadway Avenue
Winnipeg, MB R3C 0T6

Tel: 1-866-519-5898
Fax: 204-988-1388

Website: <https://www.fnbc.ca/Business/>

The First Nations Bank Micro Loan Program, from Western Economic Diversification Canada (WD) and the First Nations Bank of Canada, offers loans to help start or expand a business.

The First Nations Bank Micro Loan Program is specifically designed to benefit people meeting the following criteria:

- operating or about to operate in Western Canada
- enrolled in or a graduate of the Self-Employment Benefits Program or similar entrepreneurial program
- referred to First Nations Bank by Western Economic Diversification.

To be eligible, interested applicants must clearly show a commitment to starting or expanding a small business. This may involve demonstrating a significant time commitment to the start-up or management of the business and some financial stake in the prospective or existing business.

Ininew Limited Partnership

Suite 208 – 1075 Portage Avenue
Winnipeg, MB R3G 0R8
Email: ininew@ininew.com

Tel: 204-956-0900
Toll free: 1-855-895-6598
Fax: 204-956-4766
Website: www.ininew.com/

Ininew Limited Partnership, formed & registered November 1, 2004 (formerly operating as Ininew Project Management Ltd. incorporated in October 1990), specifically to provide feasibility study, engineering design, project management and housing inspection services for the full range of capital projects in First Nation Communities

ME-DIAN Credit Union

303 Selkirk Avenue
Winnipeg, MB R2W 2L8
Email: info@mediancu.mb.ca

Tel: 204-943-9111
Fax: 204-942-3698
Website: www.mediancu.mb.ca

PROFESSIONAL SERVICES

ME-DIAN Credit Union is the first Indigenous full-service financial institution to be founded in Canada. As a co-operative, the people who use our services-our members are also owners and shareholders. Members have a say in how Me-Dian Credit Union operates. They also share in the profits of the credit union, usually in the form of lower rates on loans and higher rates on deposits than they could ordinarily get at any other financial institutions. Me-Dian Credit Union is responsive to the needs of members, no matter where they live or how they choose to access our services.

Tribal Councils Investment Group of Manitoba Ltd.

Unit 15 – 801 Century Street
Winnipeg, MB R3H 0C3

Tel: 204-947-1916
Fax: 204-946-0635

In 1990, the seven Tribal Councils of Manitoba, representing 55 First Nation communities and over 100,000 people, combined resources to establish themselves in the corporate business community. Tribal Councils Investment Group of Manitoba Ltd. (TCIG) is dedicated exclusively to the economic development of member First Nations communities. This is achieved by planning long-term strategic investments in the mainstream economy that provide a reasonable return, generating a solid foundation of wealth and employment, and creating a capital pool for economic development.

Vincent Design Inc.

303 - 765 Main Street
Winnipeg, MB R2W 3N5

Tel: 204-298-9038
Cell: 204-770-3109
Email: chris@vincentdesign.ca
Website: vincentdesign.ca

Vincent Design Inc. is a Métis owned, Winnipeg-based, graphic design firm specializing in branding, programming and designing for the Indigenous community.

JUSTICE SYSTEM

JUSTICE SYSTEM

Court Workers

Senior Court Worker

313-408 York Avenue
Winnipeg, MB R3C 0P9

Tel: 204-945-0024
Fax: 204-948-2150

Winnipeg Law Courts Complex and Circuit Courts

313-408 York Avenue
Winnipeg, MB R3C 0P9

Tel: 204-945-1938
Fax: 204-948-2150

Manitoba Youth Centre and Circuit Courts

172 Doncaster Street
Winnipeg, MB R3N 1X0

Tel: 204-475-2017
Tel: 204-475-2018

Brandon

1104 Princess Street R7A 0P9

Tel: 204-726-6486

Dauphin

27 - 2nd Avenue S.W. R7N 3E5

Tel: 204-622-2080

Portage la Prairie

25 Tupper Street N. R1N 3K1

Tel: 204-239-3562

The Pas

P.O. Box 1741 R9A 1L5

Tel: 204-627-8489

Thompson

59 Elizabeth Road M8N 1X4

Tel: 204-677-6754

Split Lake

Tel: 204-342-2045

Nelson House

Tel: 204-484-2392

Pukatawagan

Tel: 204-553-2089

Oxford House

Tel: 204-538-2164

God's Lake Narrows

Tel: 204-335-2427

Easterville

Tel: 204-329-2161

Behavioural Health Foundation, Inc.

35 De la Digue, Box 250
St. Norbert, MB R3V 1L6

Website: www.bhf.ca

Tel: 204-269-3430

Fax: 204-269-8049

Email: info@bhf.ca

The Behavioural Health Foundation Inc. is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). It provides long-term residential programming for single adult and family units that are experiencing a variety of problems with a primary focus on addictions. The program is designed to offer graduated opportunities for equipping a person with the vocational, intellectual and communicative skills necessary for successful integration into society.

JUSTICE SYSTEM

Addiction Treatment Services:

- Group, family and individual counselling
- Addictions counselling, mental health supports
- Licensed Child daycare
- Advocacy on behalf of residents
- Cultural programming provided by the Director of Indigenous Services
- Court and provincial corrections' services including pre-sentence reports, bail recognizance, temporary absence, and probation residence
- Interviews and assessments at correctional institutions
- Community residential centre for parolees
- Employment training and job placement opportunities
- Education classrooms for Kindergarten to Grade 12

Breezy Point Women's Program (Separate program for women and women with children up to age 4):

- Group, family and individual counselling
- Focus on issues for women including intimate partner violence (IPV)
- Addictions counselling, mental health supports
- Licensed Child daycare
- Advocacy on behalf of residents
- Cultural programming provided by the Director of Indigenous Services
- Court and provincial corrections' services including pre-sentence reports, bail recognizance, temporary absence, and probation residence
- Interviews and assessments at correctional institutions
- Community residential centre for parolees
- Employment training and job placement opportunities

Civilian Review and Complaints Commission for the RCMP

National Intake Office
P.O. Box 1722, Station B
Ottawa, ON K1P 0B3

Email: complaints@crcc-ccetp.gc.ca

Website: <http://www.complaintscommission.ca>

The Civilian Review and Complaints Commission for the RCMP (CRCC) is an independent agency. Created by Parliament in 1988, the Commission ensures that public complaints made about the conduct of RCMP members are examined fairly and impartially. The Commission receives complaints from the public and conducts reviews when complainants are not satisfied with the RCMP's handling of their complaints. The Commission is not part of the RCMP.

If you wish to make a complaint, you may do so by submitting the [online complaint form](#) (This online form cannot be e-mailed).

You may also print and complete the [complaint form in PDF](#) and fax the completed form

JUSTICE SYSTEM

613-960-6147 or mail the completed form to:

Civilian Review and Complaints Commission for the RCMP
National Intake Office
P.O. Box 1722, Station B
Ottawa, ON K1P 0B3

Both forms can be found at the back of this directory.

The Law Enforcement Review Agency (LERA)

Manitoba Justice

LERA Commissioner

420 - 155 Carlton Street

Winnipeg, MB R3C 3H8

Email: lera@gov.mb.ca

Website: <http://www.gov.mb.ca/justice/lera>

Tel: 204-945-8667

Fax: 204-948-1014

Toll free: 1-800-282-8069

The Law Enforcement Review Agency (LERA) is an independent, non-police agency established under The Law Enforcement Review Act in 1985 to investigate public complaints about police. LERA deals only with complaints about municipal and local police performance arising out of the performance of duties. LERA does not investigate criminal matters, which are referred to the Crown Attorney's office. LERA is staffed by a Commissioner, a registrar and professional investigators. The Act applies to any peace officer employed by a Manitoba municipal or local police department, including police chiefs. The Act does not apply to members of the RCMP. Complaints about members of the RCMP should be directed to the Civilian Review and Complaints Commission for the RCMP (see separate listing above).

Legal Aid Manitoba

Winnipeg

4th Floor - 287 Broadway

Winnipeg, MB R3C 0R9

Website: <http://www.legalaid.mb.ca>

Tel: 204-985-8500

Fax: 204-949-9216

Toll free: 1-800-261-2960

Legal Aid Manitoba exists to help people - individuals and groups - who need a lawyer but who cannot afford to pay for one. There are three main types of Legal Aid services:

- On Call Emergency Adult and Youth Criminal Legal Advice - Members of the public who have been arrested may contact an on call lawyer 24 hours a day to seek advice on their rights and to get assistance in securing their release. There is no fee and all members of the public are eligible. Through the use of an interpretation service this service is available in almost all languages and dialects.
- Formal representation - Legal Aid Manitoba pays for or helps to pay for a lawyer. For this service, individuals must complete an application and be found eligible. In some cases, Legal Aid will provide this service through full-service duty counsel.

JUSTICE SYSTEM

- Duty counsel - Lawyers are present in many criminal and youth and some child welfare courts to help and advise anyone who has to appear before a judge. An application is not needed for this type of service - everyone qualifies.

Other Legal Aid Offices in Manitoba:

Brandon Area Office

236 -11th Street
Brandon, MB R7A 4J6

Toll free: 1-800-766-2148

Tel: 204-729-3492

Fax: 204-726-1732

Parklands Area Office

138-1st Avenue S.W. Unit A
Dauphin, MB R7N 1S2

Toll free: 1-877-622-4660

Tel: 204-622-4666

Fax: 204-622-4679

The Pas - Northern Area Office

P.O. Box 4062
1 - 236 Edwards Avenue
The Pas, MB R9A 1S6

Toll free: 1-855-787-0694

Tel: 204 627 4837

Fax: 204 627 4840

Thompson - Northern Area Office

2nd floor, 3 Station Road
Thompson, MB R8N 0N3

Toll free: 1-855-444-4665

Tel: 204-677-1224

Fax: 204-677-1347

Manitoba Human Rights Commission

700 – 175 Hargrave Street
Winnipeg, MB R3C 3R8
Email: hrc@gov.mb.ca

Tel: 204-945-3007

Fax: 204-945-1292

Website: www.manitobahumanrights.ca

Brandon Office *

Rm. 341-340 Ninth Street
Brandon, MB R7A 6C2

Tel: 204-726-6261

Fax: 204-726-6035

*Note: MHRC's Brandon office is currently closed to the public. Please contact its general line (204-945-3007 / hrc@gov.mb.ca) for service.

The Manitoba Human Rights Commission is the agency responsible for administering The Human Rights Code. The Commission is a resource for all Manitobans with respect to discrimination and human rights issues. The Commission takes complaints of discrimination against provincially regulated businesses and organizations and investigates them to determine if a public hearing of the complaint is warranted. The Commission assists in trying to resolve complaints without the need for a hearing. The Commission also conducts human rights education programs for businesses, schools and other organizations and does presentations to promote human rights principles.

JUSTICE SYSTEM

Native Clan Organization

94 McGregor Street
Winnipeg, MB R2W 4V5
Email: kendelljoiner@nativeclan.org

Tel: 204-943-7357
Fax: 204-943-4085
Website: <http://www.nativeclan.org>

The Native Clan Organization, Inc. (NCO) established in 1972, is a unique non-profit community support agency. A simple mission statement offers; to provide services primarily but not exclusively to aboriginal offenders and ex offenders that will facilitate their re-integration back into the community as constructive and law abiding citizens. A private, Indigenous-lead, non-profit organization, the Native Clan operates on a fee-for-service basis via renewable contracts with Correctional Service of Canada and the Winnipeg Regional Health Authority. The Native Clan Organization also operates on awarded grants and generous donations of our amazing donors.

Onashowewin Justice Circle (Restorative Justice Program)

395 Notre Dame Avenue
Winnipeg, MB R3B 1R2
Email: reception@onashowewin.com
Website: www.onashowewin.com

Tel: 204-336-3600
Fax: 204-336-3610
Toll free: 1-855-320-0022

Onashowewin Inc. is a community based, non-profit organization dedicated to establishing restorative and holistic approaches for achieving justice that take into account the needs and strengths of the community. Onashowewin accepts referrals from the Crown Attorney's office for people who have been charged with a variety of offences. They accept both young offenders and adults at various points in the justice system. They offer victim/offender mediation, community justice forums, and conciliation, as well as programs for offenders. The program is not retributive, as is the mainstream justice system. They do not punish, even though they do hold offenders accountable for their actions. They do not judge people based on a single criminal incident. Their approach is to try and address underlying issues that have led to criminal behaviours. Their objective is to help restore, heal and transform relationships and the community.

In-house programs- Mino-Pamatezwin:

The Mino-Pamatezwin Healthy Decision-making program
The Mino-Pamatezwin Auto-related program
The Mino-Pamatezwin Theft under programs

Onashowewin Programs offered:

- **Ways of Being Workshop:** full day of cultural teachings/ceremony where the participants have an opportunity to participate and learn about preparing for a ceremony. Onashowewin's cultural advisors will share the significance of their teachings and how the teachings are a part of self-identity, self-esteem, and self-worth.

JUSTICE SYSTEM

- **The Live Free Workshop:** held in two sessions, each session being two hours in length. The workshop teaches the participants the importance of taking responsibility for their actions/behaviours, as well as exploring how to make positive lifestyle changes.
- **The One Life Workshop:** two-hour information workshop for individuals who have issues with alcohol and drugs. The participants may become aware of their patterns of behaviours, their triggers, and learn the affects of alcohol and drugs on their body, emotions, and their minds.
- **The Knowing Energy Workshop:** held in two, two-hour sessions. The objective is to focus on the participant's negative emotions, take responsibility for them, and to explore the root cause of anger and the importance of having a balanced way of life.
- **The Inini Workshop:** two-hour session for men with teachings on the role of a man. Inini is the Ojibway term for man. The participants have the opportunity to hear the traditional role of a man and their responsibilities to themselves and everyone around them.
- **The Ekwe Workshop:** two-hour session for woman with teachings on the role of a woman. Ekwe is the Ojibway term for woman. The participants have the opportunity to hear the traditional role of a woman, the sacredness of a woman, and their responsibilities to themselves and everyone around them.
- **The Ni Dashay Gi Way Workshop:** two-hour session. The participants may become aware of their patterns of behaviour and their association with theft and shoplifting. As well as the impact theft has on the community.
- **The Sense of Belonging Workshop:** two-hour session. The objective is to create awareness, as well as developing strategies to build self-esteem, self-worth, and self-identity.
- **Living in Balance:** program designed to promote healthy relationships. It begins with defining a healthy relationship and how you can achieve and maintain one.

MISSING AND MURDERED INDIGENOUS WOMEN AND MEN

MISSING AND MURDERED INDIGENOUS WOMEN AND MEN

Bear Clan Patrol Inc.

584 Selkirk Avenue
Winnipeg, MB R2W 2M9

Tel: 204-306-8571

Email: kwalker@bearclanpatrol.org

Website: <http://bearclanpatrol.org/>

Bear Clan Patrol came about as a result of the ongoing need to assume our traditional responsibility to provide security to our Aboriginal community. Given that the Aboriginal population in Winnipeg is anywhere from 60,000 to 80,000, and is heavily concentrated in certain inner city neighborhoods, it was felt that the community must organize to keep the peace and to assist community members. The concept behind the patrol, then, is community people working with the community to provide personal security in the inner city in a non-threatening, non-violent and supportive way.

Mission Statement:

To provide restoration and maintenance of harmony within the community by:

- promoting and providing safety
- conflict resolution
- mobile witnessing and crime prevention
- maintaining a visible presence on the streets
- providing an early response to situations

Ikwe Safe Ride – Winnipeg

Website: www.ikwesaferrides.wordpress.com **Email:** ikwesaferride@hotmail.com

Facebook Group: <https://www.facebook.com/groups/1762967384026177/>

Ikwe (Women Helping Women) Safe Ride Mission Statement; Ikwe Safe Ride aims to provide a safe means of transportation for female members and children of our community through a volunteer run initiative. We are an alternative to taking a taxi. We embrace diversity and promote equality in our community. The safety of our volunteers and passengers is our number one priority. Donations appreciated: minimum donation \$10. We are a safe alternative to taxi rides, not a free ride service.

MISSING AND MURDERED INDIGENOUS WOMEN AND MEN

Ka Ni Kanichihk, Inc.

455 McDermot Avenue
Winnipeg, MB R3A 0B5

Email: admin@kanikanichihk.ca

Tel: 204-953-5820

Fax: 204-953-5824

Website: www.kanikanichihk.ca

Ka Ni Kanichihk's **Medicine Bear Counselling Support and Elder Services** Program offers a blend of traditional and western knowledge and approaches to support families of Missing and Murdered Indigenous Women.

Family Information Liaison Unit (FILU) supports families of MMIGW2S+ for the South of the 53rd parallel in Manitoba

Please visit their website to get a full list of our community programs.
<http://www.kanikanichihk.ca/programs/>

NOTES

NOTES

Registration

The Manitoba Government maintains an Indigenous Business Directory that provides an inventory of Indigenous business and related organizations, and the goods or services they provide. The Directory is intended for use by government Buyers and Administrators to identify Indigenous business that may provide the goods or services required within their department. The Directory may also be useful to Indigenous business and general business when seeking partnerships or sub-contractor arrangements.

An Indigenous business or organization may be included in the Directory by providing the following information to the address or fax number shown below. An Indigenous business may also be asked at the time it submits a bid to certify that it continues to qualify as an Indigenous business. Indigenous business should inform Procurement Services Branch of any changes in their profile such as ownership, location, contacts and changes in goods and services.

Please print when providing your business information.

Business/Organization Name

Mailing Address/Street

Address

City/Town

Province

Postal Code

Phone

Fax

Email

Website

Contact Name

Title

I have personal knowledge about the ownership and control of the business/organization named above and as of the date shown, certify that:

- at least 51 percent is owned and controlled by Indigenous people (For purposes of this Directory, Indigenous is defined as a First Nations, Non-status Indian, Métis or Inuit person who is a Canadian citizen and resident in Canada); AND
- if the business or organization has six or more full-time employees, at least one third of them are Indigenous people.

Signature of authorized representative of Indigenous business

Printed Name

Date

Forward Registration Forms by mail, fax or email to:

Procurement and Supply Chain
600-352 Donald Street
Winnipeg, Manitoba R3B 2H8

Phone: (204) 945-6361
Fax: (204) 945-1455
Email: procserv@gov.mb.ca

Please indicate the goods and/or services offered using the provided Category Listings below.

Category listing: Please select the **categories** that best describe your business.

- | | |
|--|---|
| Agriculture <input type="checkbox"/> | Janitorial Equipment & Supply <input type="checkbox"/> |
| Appliances <input type="checkbox"/> | Linens & Fabrics <input type="checkbox"/> |
| Chemicals & Gases <input type="checkbox"/> | Machinery <input type="checkbox"/> |
| Clothing & Footwear <input type="checkbox"/> | Maintenance & Repair Services <input type="checkbox"/> |
| Communication Equipment <input type="checkbox"/> | Material, Used, Obsolete <input type="checkbox"/> |
| Communication Services <input type="checkbox"/> | Medical, Dental, Veterinary <input type="checkbox"/> |
| Construction Materials <input type="checkbox"/> | Office Equipment <input type="checkbox"/> |
| Construction Services <input type="checkbox"/> | Operating Services <input type="checkbox"/> |
| Consulting Services <input type="checkbox"/> | Photographic Equipment & Supply <input type="checkbox"/> |
| Deleted Materials & Services <input type="checkbox"/> | Plumbing <input type="checkbox"/> |
| Electrical <input type="checkbox"/> | Professional Services <input type="checkbox"/> |
| Engines & Motors <input type="checkbox"/> | Publications, Reference Material <input type="checkbox"/> |
| Equipment <input type="checkbox"/> | Recreation & Hobby <input type="checkbox"/> |
| Firearms & Explosive Devices <input type="checkbox"/> | Safety Equipment & Devices <input type="checkbox"/> |
| Food <input type="checkbox"/> | Saleable Materials/Services <input type="checkbox"/> |
| Food Service Supply <input type="checkbox"/> | Stationery Supply <input type="checkbox"/> |
| Fuels & Lubricants <input type="checkbox"/> | Timepieces <input type="checkbox"/> |
| Furniture & Furnishings <input type="checkbox"/> | Toiletries, Personal Supply <input type="checkbox"/> |
| Hardware <input type="checkbox"/> | Tools, Hand, Power <input type="checkbox"/> |
| Heating, Cooling, Ventilation <input type="checkbox"/> | Vehicles, All Types <input type="checkbox"/> |
| Identification & Presentation <input type="checkbox"/> | |

Additional information:



Available in alternate formats upon request.