

# AGE FRIENDLY Manitoba

## Age-Friendly Ste. Anne

### COMMUNITY CONSULTATION SUMMARY



## STE. ANNE, MANITOBA April 24, 2017

Community consultations are held with seniors and community members across Manitoba. The goal of these community consultations is to assist communities with prioritizing issues that will help them form action plans to make their communities age-friendly. On April 24, 2017, 27 residents from the community of Ste. Anne, Manitoba came together to talk about age-friendly priorities and issues within their community. Participants also had the opportunity to complete a survey of the age-friendliness of their community. The following is a summary of the age-friendly priorities identified at the meeting and the survey results.

## Summary of Group Discussion

The participants had the following to say about the benefits of living in Ste. Anne:

- Pocket parks in Ste. Anne are appreciated.
- Bilingual community services are available.
- Ste. Anne is a friendly, safe, and secure community.
- Dawson Trail Days are a great event.
- Lots of employment opportunities.
- Reliable local police services are available in Ste. Anne.
- Ste. Anne has good medical and health services, including a hospital.
- Volunteer drivers assist seniors to appointments.
- Beautiful parks and surroundings are enjoyed in the summer.
- Villa Youville provides a variety of accommodations for seniors, personal care, supportive and independent living.



## Priority 1: Broaden Walking & Pedestrian Opportunities

### Potential Actions:

- Encourage the Ste. Anne Council to work on the development of a walking/pedestrian infrastructure that is safe and secure for all ages and abilities.
- Increase safety by repairing cracked and uneven sidewalks and placing curb cuts at intersections.
- Ensure yellow sidewalk markers and crosswalk lines are visible for those with poor eyesight.
- Where possible, increase the width of sidewalks so snow can be removed by the equipment around the poles.
- Consider a continuous, safe walking circuit in Ste. Anne for all ages and include walkways around the Villa Youville.
- Repair the William Champagne Bridge so it is safe for people to use.
- Encourage trimming of tree branches and bushes that overhang walkways.
- Consult with the Ste. Anne Council and the business community to address general accessibility and walking spaces; for example, sidewalks, walking paths and trails for all citizens, including older adults.
- Explore the following grant programs to assist with the development of trails:
  - Community Places
  - New Horizon for Seniors Program
  - Regional Recreation Services



## Priority 2: Increase Accessibility

### Potential Actions:

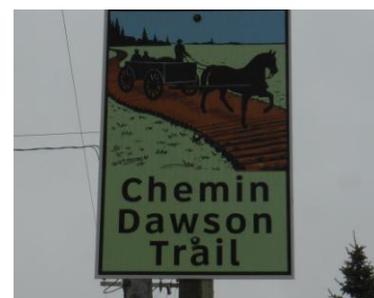
- Conduct a community accessibility survey to identify and prioritize community buildings and facilities that need immediate renovations to make them accessible for all ages and abilities.
- Consult with the business community to address accessibility needs of all residents by encouraging installation of ramps.
- Promote and raise awareness about the importance of accessibility for all ages and abilities.
- Consult with the local police, Council, and other groups, as well as the business community to establish a priority parking strategy that will meet the needs of residents of Ste. Anne. For example:
  - Add accessible signs at designated parking spots (key businesses and community buildings) and ensure they are kept clear for those who need to use them.
  - Improve signage for accessible parking spots and drop off areas so they are available.
- Consider adding or increasing accessible public washrooms for wheelchairs, walkers and families.
- Consult with the Manitoba Disabilities Issues Office to learn more about the Accessibility for Manitobans Act, including discussing issues of accessibility and the current strategies in place to address them.



## Priority 3: Increase Social Opportunities

### Potential Actions:

- Seek opportunities to introduce the new Recreation Director to the diverse groups of Ste. Anne.
- Invite and integrate the linguistically and culturally diverse groups to all community events.
- Support and encourage the interdependence and importance of various groups in overall success and prosperity of Ste. Anne.
- Consult with the new Recreation Director to plan age appropriate activities for all age groups, or connect with your local Public Health-Healthy Living officer. For a listing of Public Officers in your region, contact the Southern Health Sante Sud Regional Health Authority.
- Seek ways to increase opportunities for intergenerational activities. For more information on intergenerational activities, visit



Intergenerational Manitoba website at,  
[www.intergenerationalmanitoba.ca/](http://www.intergenerationalmanitoba.ca/).

- Contact the Manitoba Regional and Recreational Services and your regional health authority for Healthy Living grants and other community support.
- Consider the use of a 'community' facility or hall to hold events and activities that are open to all in the community.
- Distribute a recreation guide to all Ste. Anne residents that include recreation activities and events, inviting everyone to participate.

## Priority 4: Improve Communication and Information

### Potential Actions:

- Increase ways to share information about community events in both English and French.
- Consider a semi-annual meeting of all social and service group representatives in Ste. Anne so all are kept informed and supportive of programs and services.
- Promote the services of the recreation department, the services for seniors and other groups so residents are aware of what is available.
- Provide written information for older adults that do not use electronic devices.
- Consult with Ste. Anne Council to discuss sharing of emergency measures plan with the residents/community of Ste. Anne so they are well informed in the event of an emergency.



## Priority 5: Seek Ways to Encourage New Businesses in Ste. Anne

### Potential Actions:

- Assess the need for new businesses, such as restaurants, coffee shop, laundromat and a campground that allows families to visit and enjoy the area.
- Consider forming a coalition that would help with the assessment and ideas.
- Consult with the new residents in the recent housing developments as well as residents of established neighbourhoods.



## Survey Responses

As part of the Age-Friendly Consultation, individuals from Ste. Anne, Manitoba were asked to complete a brief questionnaire designed to collect information on the age-friendliness of their community. A total of 25 questionnaires were completed; most individuals were from Ste. Anne. This report summarizes the findings from the 25 individuals who completed the Age-Friendly Communities Survey; 72 per cent identified themselves as a senior.

### Summary of the Most Age-Friendly and Least Age-Friendly Areas

The following is a summary of the ***most age-friendly aspects***, defined as those areas in which 70 per cent or more of the respondents indicated 'yes'.

- The road signs in my community are easy to read and large enough for older drivers (72%).
- There are sidewalks linking residences and essential services in most or all areas of my community (73%).
- There are enough volunteer opportunities for seniors (73%).
- Seniors in my community are generally treated with respect (96%).
- The health care services that are provided in my community meet the needs of seniors (e.g. hospital, physicians, eye care) (77%).
- Seniors feel safe when walking alone during the day (100%).

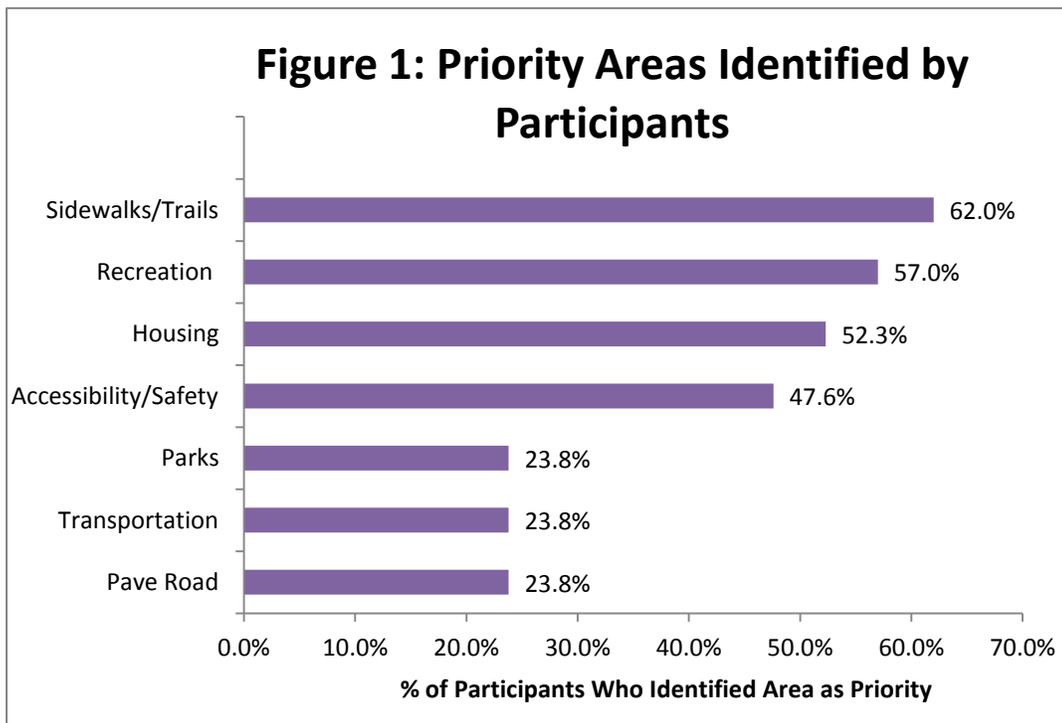
The following is a summary of the ***least age-friendly aspects***, defined as those areas in which 20% or less of the respondents indicated 'yes'.

- There is enough housing that meets the needs of seniors (17%).
- Public Transportation (including Handi-van) is affordable (14%).
- Most or all businesses and public buildings in my community are easily accessible to everybody (e.g., have wheelchair ramps, automatic doors) (18%).
- There are enough programs in my community that bring seniors and children together (17%).
- There are enough lifelong learning programs specifically for seniors in my community (18%).
- There are enough seniors' advocacy services available in my community (e.g. ombudsman) (13%).
- Community consultations in my community specifically include seniors (14%).
- Planning processes in my community specifically consider the needs of seniors (e.g., housing, transportation) (18%).

## PRIORITY AREAS

Individuals were also asked to write down the top five issues they felt needed to be most urgently addressed in their community. Twenty-one participants (84%) identified at least one priority area. These written comments were grouped into the priority areas as shown in Figure 1:

- **Sidewalks and Trails** (e.g., Widen and increase so families and friends can use as a circular route around Ste. Anne. Prune overgrown branches and add benches for resting and lights for safety.)
- **Recreation and Promotion** (e.g., Increase communication and awareness of services and recreation programs, especially for seniors and English speaking residents. Increase recreational programs and store equipment so it is accessible.)
- **Housing Options** (e.g., Increase affordable and subsidized housing options, personal care home spaces to reduce waiting lists, and home care services so older adults can stay in their homes.)
- **Accessibility and Safety** (e.g., Add handrails, ramps, automatic doors and remove barriers at public buildings, community centres, and stores).
- **Parks** (e.g., Enhance with flowers, benches and accessible bathrooms and repair footbridge to park.)
- **Organized Transportation Services** (e.g., Consider offering bi-monthly transport to Steinbach for shopping at a reasonable cost or monthly transportation to St. Vital mall for Christmas shopping.)
- **Pave Road** (e.g. Consider paving gravel road behind Villa Youville so people can use their walkers and electric scooters.)



## FINDINGS

	Percent Responding		
	% Yes	% No	% Don't Know
<b>Housing</b>			
There is enough housing that meets the needs of seniors.	17	65	18
Housing for seniors is affordable.	65	15	20
There is enough subsidized housing for low-income seniors.	22	61	17
The waiting times are reasonable to get into senior housing that provides supports to seniors.	25	54	21
There is enough housing for younger people.	40	24	36
<b>Transportation</b>			
	% Yes	% No	% Don't Know
The transit service to shopping, senior centres, religious events, cultural events, and so forth is sufficient.	26	69	5
The public transportation (not provided by family or friends) to and from medical appointments is sufficient.	25	75	0
The transportation that is available for individuals with disabilities (e.g., Handi-Van) is sufficient.	22	61	17
Public Transportation (including Handi-Van) is affordable.	14	19	67
There are volunteer drivers or an informal network of drivers available for seniors who need.	68	23	9
There are enough parking spaces close to services and stores.	67	33	0
There are enough "handicap" parking spaces close to services and stores.	29	63	8
<b>Outdoor Spaces and Buildings</b>			
	% Yes	% No	% Don't Know
The road signs in my community are easy to read and large enough for older drivers.	72	8	20
There are sidewalks linking residences and essential services in most or all areas of my community.	73	27	0
Sidewalks in most or all areas of my community are well maintained (even surfaces or paved, not a lot of cracks).	35	65	0
Snow clearing in my community is done in a timely manner so walking and driving is safe.	54	42	4
There are enough street crosswalks in busy business areas.	60	32	8
There are enough street crosswalks in busy residential and/or recreation areas.	43	35	22
There are enough public washrooms in key areas of my community (e.g., business and recreation areas).	27	64	9
Public washrooms accommodate people with wheelchairs.	22	48	30

## Age-Friendly Communities Consultation/Survey

Most or all businesses and public buildings in my community are easily accessible to everybody (e.g., have wheelchair ramps, automatic doors).	18	77	5
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			<b>% Don't Know</b>
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### **Community/Work Force Participation**

There are enough volunteer opportunities for seniors.	73	9	18
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There is enough official recognition for seniors who volunteer in my community (e.g., an appreciation banquet or volunteer awards).	53	33	14
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There are enough paid job opportunities for seniors.	22	17	61
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The job opportunities in my neighbourhood accommodate the needs of seniors (e.g., part-time work is available).	25	17	58
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			<b>% Don't Know</b>
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### **Social Participation**

My community has enough pleasant places for walking (e.g., walking trails, parks, well-treed streets).	62	38	0
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Local parks or walking trails in my community are accessible and easy to use for seniors (e.g., paths with even surfaces).	54	42	4
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There are enough resting areas with benches along paths or trails.	46	54	0
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There are enough exercise classes specifically for seniors.	36	41	23
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There are enough recreation programs specifically for seniors in my community.	61	26	13
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There are enough lifelong learning programs specifically for seniors in my community.	18	36	46
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There are enough programs in my community that bring seniors and children together.	17	50	33
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Recreational activities, such as exercise and other recreational programs are generally affordable for seniors.	43	9	48
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Isolated seniors (e.g., those who don't have anybody) are contacted, visited or taken to activities.	33	33	33
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			<b>% Don't Know</b>
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### **Information/Advocacy**

Information about community events is readily available to seniors.	58	21	21
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Information about the services and programs provided by various organizations is readily available to seniors.	43	22	35
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Official, written information, such as forms or brochures is easy to read and understand.	52	35	13
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Public telephone answering services in my community are adapted to the needs of seniors.	35	26	39
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There is enough assistance available for completing official forms (e.g. government or income tax forms).	38	25	37
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There are enough seniors' advocacy services available in my community (e.g. ombudsman).	13	42	45
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## Age-Friendly Communities Consultation/Survey

<b>Respect &amp; Social Isolation</b>	<b>% Yes</b>	<b>% No</b>	<b>% Don't Know</b>
Seniors in my community are generally treated with respect.	96	4	0
Seniors serve in an advisory role to municipal government in my community.	22	48	30
Community consultations in my community specifically include seniors.	14	43	43
Planning processes in my community specifically consider the needs of seniors (e.g. housing, transportation).	18	36	46
			<b>% Don't Know</b>
<b>Health and Community Services</b>	<b>% Yes</b>	<b>% No</b>	<b>% Don't Know</b>
The home care services that support seniors in their own home (e.g. meal preparation, nursing care) are sufficient.	46	29	25
The services that help seniors around the home (e.g. snow removal, lawn care) are sufficient.	29	29	42
The congregate meal programs available (e.g., lunch at a recreation or senior centre) are sufficient.	56	20	24
The meal delivery services that bring meals to seniors' homes are sufficient.	48	38	14
The health care services that are provided in my community meet the needs of seniors (e.g. hospital, physicians, eye care).	77	9	14
Public transportation (not provided by family or friends) to health care services that are not provided in my community is sufficient.	33	42	25
Access to health care that are not provided in my community is generally convenient (e.g. not too far away and appointment times).	59	27	14
			<b>% Don't Know</b>
<b>Safety</b>	<b>% Yes</b>	<b>% No</b>	<b>% Don't Know</b>
Crime and vandalism are a problem.	9	59	32
Seniors feel safe when walking alone during the <i>day</i> .	100	0	0
Seniors feel safe when walking alone during the <i>night</i> .	52	26	22