

# BEACH ADVISORY

High levels of bacteria have occurred at this beach this season. These high levels usually last for short periods of time. Although most swimmers are not expected to become ill, the possibility of illness increases with higher levels of bacteria.

To reduce the risk of illness, it is recommended that beach users take the following precautions:

- **Avoid swallowing lake water**
- **Wash your hands before handling food**
- **Avoid swimming with an open cut or wound, or if you are experiencing illness**

For further information please contact Health Links - Info Santé at 788-8200 or toll-free at 1-888-315-9257.