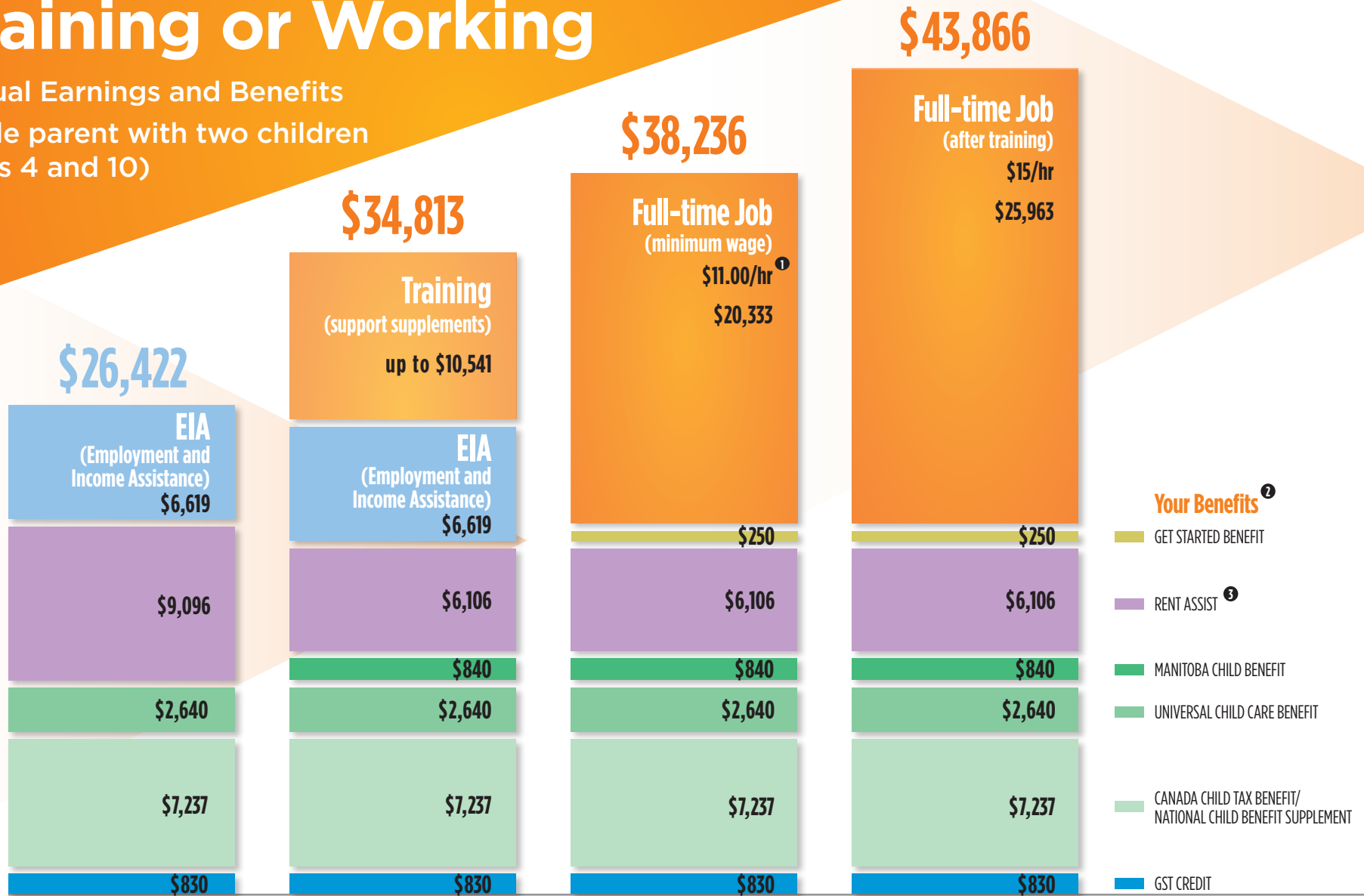


You Will Always Be Better Off Training or Working

Annual Earnings and Benefits
Single parent with two children
(ages 4 and 10)



- Your Benefits²**
- GET STARTED BENEFIT
 - RENT ASSIST³
 - MANITOBA CHILD BENEFIT
 - UNIVERSAL CHILD CARE BENEFIT
 - CANADA CHILD TAX BENEFIT/
NATIONAL CHILD BENEFIT SUPPLEMENT
 - GST CREDIT

¹ Minimum wage as of October 1, 2015
² You may be eligible for other federal and provincial income tax benefits
³ Rent Assist as of December 1, 2015

There are financial benefits you may be able to receive when you are working or training

<p>Rent Assist</p> <p>Manitoba Child Benefit & Children's Opti-care Program</p> <p>Child Care Subsidy</p>	<p>You can apply for these benefits at Provincial Services: 204-945-2197 Toll free 1-877-587-6224</p> <p>102 - 114 Garry Street, Winnipeg MB R3C 1G1 www.manitoba.ca/fs/about/org/csd/provincial Email: provservic@gov.mb.ca</p>
<p>Rewarding Work Health Plan</p>	<p>Drug, dental and optical benefits are available for up to two years for single parents and persons with disabilities.</p> <p>Your EIA case co-ordinator will connect you with these benefits if you are eligible.</p>
<p>Pharmacare</p>	<p>Contact Manitoba Health, Provincial Drug Programs: 204-786-7141 Toll free: 1-800-297-8099</p> <p>300 Carlton Street, Winnipeg, Manitoba R3B 3M9 www.manitoba.ca/health/pharmacare/ Email: pharmacare@gov.mb.ca</p>
<p>Canada Child Tax Benefit/ National Child Benefit Supplement</p>	<p>You need to apply when your child is born. To keep receiving benefits, you need to file an income tax return every year. Your benefit amount is based on your income. Both parents must file an income tax return.</p>
<p>Universal Child Care Benefit (if your child is under eighteen years old)</p>	<p>You get this automatically if you have applied for the Canada Child Tax Benefit (above), for children under 18.</p>
<p>Tax credits (after you file your income taxes at the end of the year)</p>	<p>You may get money back when you file taxes for tax credits such as the Personal Tax Credit or the Education Property Tax Credit.</p> <p>If you need help preparing your income tax return, call the Canada Revenue Agency at 1-800-959-8281.</p>

You can also check to see if you are likely eligible to receive benefits by using ServiceLink:

www.manitoba.ca/fs/services



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