

Profile Chart: Esthetician (Nail Technician and Skin Care Technician) - Technical Training

Course A: Esthetician (Common Core) 136 hrs	A1 Orientation I: Structure & Scope of Esthetician 12 hrs	A2 Client Services: Pre- service/Post-service 20 hrs	A3 Retail and Salon Management 16 hrs	A4 Introduction to Anatomy and Physiology 30 hrs	A5 Trade Safety Awareness 7 hrs
	A6 Safety in the Workplace 14 hrs	A7 Hygiene, Bacteriology and Sterilization 30 hrs	A8 Orientation II: The Job of Journeywork 7 hrs		

Nail Technician (Esthetician Common Core (136) + 264 hours)

Course B: Basic Nail Technician Skills 30 hrs	B1 Introduction to Nail Technician 10 hrs	B2 Implements and Equipment + Nail Product Chemistry 10 hrs	B3 Nail Structure and Function 10 hrs			
Course C: Manicures and Pedicures 110 hrs	C1 Anatomy and Physiology(Nail) 10 hrs	C2 Hand and Arm Massage 15 hrs	C3 Nail and Skin Diseases and Disorders 10 hrs	C4 Basic Manicure 25 hrs	C5 Manicure Treatments 10 hrs	C6 Foot Massage 15 hrs
	C7 Basic Pedicure 25 hrs					
Course D: Artificial Nails 110 hrs	D1 Basic Tip Application 20 hrs	D2 Overlays 40 hrs	D3 Sculptured Nails 30 hrs	D4 Modified Nails 10 hrs	D5 Artificial Nail Maintenance 10 hrs	
Course E: Nail Technician Post-Training 14 hrs	E1 Pre-Provincial Certification Exam <i>Review</i> 7 hrs	E2 Nail Technician Practical Exam 7 hrs				

Skin Care Technician (Esthetician Common Core (136) + 664 hours)

Course F: Basic Skin Care Technician Skills 229 hrs	F1 Introduction to Skin Care Technician 12 hrs	F2 Implements and Equipment 41 hrs	F3 Anatomy and Physiology (Skin) 30 hrs	F4 Skin Dermatology and Histology 43 hrs	F5 Relaxation Massage 103 hrs
Course G: Skin Care 245 hrs	G1 Skin care Products and Chemistry 45 hrs	G2 Skin Diseases and Disorders 20 hrs	G3 Basic Skin Care Treatments 69 hrs	G4 Specialized Facial Treatments 57 hrs	G5 Body Treatments 54 hrs
Course H: Related Services 176 hrs	H1 Hair Removal (Depilatory and Tweezing) 67 hrs	H2 Make-up Artistry 90 hrs	H3 Lash and Brow Tints 12 hrs	H4 Introduction to Aromatherapy 7 hrs	
Course I: Skin Care Technician Post- Training 14 hrs	I6 Pre-Provincial Certification Exam <i>Review</i> 7 hrs	I7 Skin Care Technician Practical Exam 7 hrs			