SKIN CARE TECHNICIAN

Provincial Occupational Analysis

2013

Apprenticeship Manitoba

TABLE OF CONTENTS

	Page
ACKNOWLEDGEMENTS	4
GUIDE TO ANALYSIS	
DEVELOPMENT OF ANALYSIS	5
STRUCTURE OF ANALYSIS	5
VALIDATION METHOD	6
SCOPE OF TRADE	7
OBSERVATIONS AND TRENDS ARISING FROM ANALYSIS	7

ANALYSIS

BLOCK A	SAFETY AND SANITATION		8
	Task 1	Maintains a safe workplace environment.	8
	Task 2	Sanitizes/disinfects and sterilizes.	10
BLOCK B	BUSINES	S MANAGEMENT	12
BLOCK B	BUSINES	S MANAGEMENT Completes client information record.	12 12
BLOCK B			

BLOCK C	BASIC JOB SKILLS		
	Task 6	Performs a consultation.	16
	Task 7	Performs service.	17
BLOCK D	SKIN CARE	TREATMENTS	18
	Task 8	Performs body treatments.	18
	Task 9	Performs basic skin treatments.	19
	Task 10	Performs specialized facial treatments.	21
	Task 11	Performs make-up artistry.	21
	Task 12	Performs hair removal.	22
	Task 13	Performs lash/brow tints.	23

Page

APPENDICES

Appendix "A"	Implements and Equipment	26
Appendix "B"	Glossary	27
Appendix "C"	Block Percentages	28
Appendix "D"	Task Profile Chart	29

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Janice Colatruglio Hilary Lewis-Brandon Jessica LoRusso Shauna Mutter Anita Tandon Riverstone Spa Perfect '10' Zealous Medi Spa Total Wrapture Tonic Spa and Hair

GUIDE TO ANALYSIS

DEVELOPMENT OF ANALYSIS

A draft analysis is developed by a knowledgeable consultant who, with the assistance of a committee of industry experts, identifies all the tasks performed in the occupation.

The analysis is forwarded to specialists in the field for validation. Their recommendations are assessed and incorporated into the final draft which also includes the identification of the common core tasks performed in the occupation.

STRUCTURE OF ANALYSIS

To facilitate the understanding of the nature of the occupation, the work performed is divided into the following divisions:

BLOCK

Is the largest division within the analysis and reflects a distinct operation relevant to the occupation.

TASK

Is the distinct activity that, combined with others, makes up the logical and necessary steps the worker is required to perform to complete a specific assignment within a "BLOCK."

SUB-TASK

Is the smallest division into which it is practical to subdivide any work activity and, combined with others, fully describes all duties constituting a "TASK."

Supporting Knowledge and Abilities

The element of skill and knowledge that an individual must acquire to perform the task adequately.

Trends

Any shifts or changes in technology which affect the blocks are identified under this heading.

VALIDATION METHOD

A draft of the analysis is sent to a representative number of trade experts in Manitoba for validation. The trade expert reviews each sub-task in the analysis and provides feedback on whether it is performed by workers in the occupation in Manitoba.

The Provincial Advisory Committee (PAC) applies percentage ratings to the blocks and tasks. This method for validation identifies common core tasks across Manitoba and establishes the relative importance of the blocks and tasks for the creation of a provincial certification examination.

DEFINITIONS

- **YES:** the sub-task is performed by workers in the occupation.
- **NO:** the sub-task is not performed by workers in the occupation.
- **BLOCK %:** the average number of questions (items), derived from the collective decision made by the Provincial Advisory Committee, which will be placed on a provincial examination to assess each block of the analysis.
- **TASK %:** the average number of questions (items), derived from the collective decision made by the Provincial Advisory Committee, which will be placed on a provincial examination to assess each task of the analysis.

PIE CHART (APPENDIX "C")

The pie chart depicts the percentages the Committee assigned to blocks in the analysis during validation.

SCOPE OF THE TRADE: SKIN CARE TECHNICIAN

Skin Care Technicians provide a service to individuals through their professional knowledge and expertise in the use of cosmetic products and treatments.

A skin care technician performs the following:

- Cleansing of face, neck and shoulders
- Skin care treatments
- Advanced skin treatments
- Facial treatments
- Body treatments
- Analysis of skin condition
- Facial masks
- Make-up artistry and techniques
- Hair removal by depilatory methods
- Relaxation massages and muscle toning
- Correction of skin problems using currents
- Lash and brow tinting
- Individual eyelash application

OBSERVATIONS AND TRENDS ARISING FROM ANALYSIS

Due to the growing demand for services, there is a need for better pre-service and post-service consultation between the skin care technician and the client. This trend has altered the role and skill requirements of the skin care technician. In addition, the introduction of the computer has created a need for a new set of skills.

Considerable variations are evident among salons regarding the nature and range of services provided. Trends in this industry including permanent make-up, chemical peels, electronic toning, micro-dermabrasion (to eliminate scarring) and lymphatic drainage massage (the elimination of toxins through lymph nodes).

Skin care technicians are also involved in retailing products for at-home maintenance programs, further expanding the marketing, product knowledge and skill required in the occupation.

ANALYSIS

BLOCK A

SAFETY AND SANITATION

Trends:

Growing concerns of the spread of communicable diseases have led to an increased emphasis on safety and sanitation. Disposable equipment and supplies are more widely used for convenience and sanitation. There is also an ever-increasing importance being placed on standardization of protocols and procedures related to safety and sanitation.

TASK 1MAINTAINS A SAFE WORKPLACE ENVIRONMENT.

1.01	Assesses workplace safety.	Supporting Knowledge and Abilities
		Knowledge of applicable safety and health standards, provincial and local regulations
		Knowledge of occupational health hazards and methods of prevention
		Knowledge of personal protective wear such as face mask, protective eyewear, gloves
		Ability to identify health and safety hazards, in order to eliminate human injuries, damage to tools, equipment and environmental contamination
		Ability to abide by governing legislation and regulations by the Province of Manitoba
1.02	Cares for common tools and equipment.	Supporting Knowledge and Abilities
		Knowledge of basic maintenance requirements for tools and equipment, according to manufacturer's instructions

		Knowledge of sharps containers for disposal of sharp- edged objects Knowledge of safety practices and regulations for common hand/electric tools Ability to perform basic maintenance according to manufacturer's instructions
1.03	Handles hazardous materials safely.	Supporting Knowledge and Abilities
		knowledge of the various products, chemicals and their related hazards
		knowledge of WHMIS and MSDS
		ability to handle various products for personal and client's safety
		ability to obtain WHMIS and MSDS
		ability to follow manufacturers' specifications
		ability to determine one's legal right if working under hazardous conditions
1.04	Practices effective fire prevention.	Supporting Knowledge and Abilities
		knowledge of various classes of fires and extinguishers
		knowledge of proper storage and handling of flammable liquids and materials
		knowledge of fire safety
		ability to locate fire extinguishers, fire exits and fire department phone numbers
		ability to operate emergency safety equipment
		ability to follow emergency safety procedures

1.05	Practices first aid and	Supporting Knowledge and Abilities
	CPR.	

knowledge of basic first aid and CPR

ability to perform first aid and CPR

TASK 2 SANITIZES/DISINFECTS AND STERILIZES.

2.01	Sanitizes workstation.	Supporting Knowledge and Abilities
		Knowledge of Health Canada/Jurisdictional health standards
		Knowledge of Manufacturer's specifications
		Knowledge of solution ratios and strength(s)
		Knowledge of sanitation aspects regarding the use of workstations
		Ability to sanitize workstation
2.02	Sanitizes and sterilizes equipment.	Supporting Knowledge and Abilities
		Knowledge of washing implements before the sanitation and sterilization process
		Ability to wash implements before the sanitation and sterilization process
		Ability to use autoclave or dry heat
2.03	Sanitizes bedding and towels.	Supporting Knowledge and Abilities
		Knowledge of the correct use of washer and dryer
		Ability to manage existing stock, to ensure an adequate supply of clean bedding and towels

Ability to use washer and dryer according to manufacturer's instructions

2.04	Practices infection control.	Supporting Knowledge and Abilities
		Knowledge of the spread of infectious diseases and methods of prevention
		Knowledge of housekeeping operations
		Knowledge of personal and public hygiene
		Ability to sort waste products for recycling
2.05	Practices personal hygiene.	Supporting Knowledge and Abilities
		Knowledge of proper attire, personal hygiene, and personal grooming
		Ability to maintain proper attire, personal hygiene, and personal grooming

BLOCK B

BUSINESS MANAGEMENT

Trends:

Computers and software for the Skin Care Technician trade are now used for scheduling, recordkeeping, and bookkeeping. The documentation of clients' records is important in cases of liability.

TASK 3 COMPLETES CLIENT INFORMATION RECORD.

3.01	Obtains personal and medical information.	Supporting Knowledge and Abilities
		Knowledge of recordkeeping
		Knowledge of allergic reactions and treatment contra- indicators
		Knowledge of medical conditions for specific clients
		Knowledge of <i>The Freedom of Information and</i> <i>Protection of Privacy Act</i> (Manitoba)(S.M.1997,c.50- cap.F175
		Ability to record data on record cards and forms and/or use a computer data file
3.02	Records treatments.	Supporting Knowledge and Abilities
		Ability to record services provided and results of treatments to clients
		Ability to record results of treatment analysis
		Ability to complete a client's record card and obtain signature

3.03	Maintains an organized filing system.	Supporting Knowledge and Abilities
		Knowledge of filing systems and techniques
		Ability to use a system for file keeping
		Ability to review and update files
		Ability to file routinely and systematically
3.04	Practices ethical behaviour.	Supporting Knowledge and Abilities
		Knowledge of business ethics
		Ability to demonstrate professional ethics
		Ability to maintain client confidentiality

TASK 4 PERFORMS RECEPTION DUTIES.

4.01	Interacts with clients.	Supporting Knowledge and Abilities
		Knowledge of interpersonal relations
		Knowledge of telephone etiquette
		Ability to greet and direct clients
		Ability to schedule appointments
		Ability to handle client concerns
		Ability to demonstrate professionalism, initiative, courtesy, tact, discretion, flexibility
		Ability to analyze, handle and settle complaints according to company policies

4.02 Performs retail functions. Supporting Knowledge and Abilities

Knowledge of services/products and their costs Knowledge of salon policy regarding product pricing Knowledge of sales transaction procedures Knowledge of attractive display techniques Knowledge of product promotion Ability to price products Ability to complete sales/service transactions Ability to display products attractively Ability to promote products to clients

4.03 Maintains office and waiting area. Supporting Knowledge and Abilities Knowledge of professional image of reception areas Ability to maintain attractive, clean and comfortable salon

TASK 5 PERFORMS SALON MANAGEMENT FUNCTIONS.

Tallies individual daily intake.	Supporting Knowledge and Abilities
	Knowledge of basic math calculations
	Knowledge of salon's policy on timesheets
	Ability to record individual technician's intake
	Ability to tally sales slips and record results to master sheet
	Ability to compute mentally and/or use electronic devices
	•

5.02	Records working hours.	Supporting Knowledge and Abilities
		Knowledge of salon's policy on timesheets
		Ability to complete timesheets
		Ability to record working hours
5.03	Maintains inventory control.	Supporting Knowledge and Abilities
		Knowledge of importance of inventory control
		Knowledge of safe practices for lifting and stocking
		Ability to check inventory, order supplies, count and organize received supplies, complete inventory forms and follow-up
		Ability to delete products sold and restock new products
		Ability to rotate stock
		Ability to write legibly and compute accurately
		Ability to report missing and/or outstanding products
		Ability to analyze sales trends
		Ability to determine re-order point, schedule purchases and deliveries, check delivery receipts and verify invoices
		Ability to check expiry dates
		Ability to stock in an organized manner

BLOCK C

BASIC JOB SKILLS

Trends:

Changes are always occurring with new products and services and the technologies associated with them. This has led to increased public awareness of and demand for these new trends.

TASK 6 PERFORMS A CONSULTATION.

6.01	Introduces and orients client to salon.	Supporting Knowledge and Abilities
		Knowledge of interpersonal relations
		Ability to interact effectively with clients
		Ability to communicate to interpret client's instructions
6.02	Performs analysis for service requested.	Supporting Knowledge and Abilities
		Knowledge of sensitivity-testing procedures
		Knowledge of service related diseases and disorders
		Ability to assess and analyze client's needs
6.03	Recommends treatment or service.	Supporting Knowledge and Abilities
		Knowledge of products, procedures and side effects
		Ability to recommend services based on analysis and appropriate treatment

TASK 7 PERFORMS SERVICE.

Sub-task

7.01	Prepares client.	Supporting Knowledge and Abilities
		Knowledge of removal and securing of client's personal belongings
		Knowledge of draping and positioning client
		Ability to select cleansing products
		Ability to handle chemical products
7.02	Carries out service.	Supporting Knowledge and Abilities
		Knowledge of service procedures.
		Ability to provide service.
7.03	Provides post-treatment care information and/or products.	Supporting Knowledge and Abilities
		Knowledge of post-treatment products
		Ability to assist client in departure

Ability to instruct clients regarding post-treatment care and future appointments

BLOCK D

SKIN CARE TREATMENTS

Trends:

There has been an increased use in equipment for face and body. More holistic treatments are performed including aromatherapy and massage for stress relief. There is also an increased awareness and application of medical approaches to treatments.

TASK 8 PERFORMS BODY TREATMENTS.

8.01	Determines specific product line to be used.	Supporting Knowledge and Abilities
		Knowledge of different product lines carried in salon
		Knowledge of skin conditions and contra-indications
		Ability to assess skin and recommend proper treatment
8.02	Follows manufacturers' recommendations.	Supporting Knowledge and Abilities
		Knowledge of manufacturers products
		Ability to perform required treatment according to manufacturers' specifications
		Ability to assess skin and recommend proper treatment
8.03	Performs spa treatments.	Supporting Knowledge and Abilities
		Knowledge of spa treatments
		Knowledge of manufacturers products
		Ability to perform spa treatments
		Ability to perform required treatment according to manufacturers' specifications

TASK 9 PERFORMS BASIC SKIN TREATMENTS.

9.01	Performs skin analysis.	Supporting Knowledge and Abilities
		Knowledge of skin conditions, types, diseases and disorders
		Ability to perform a skin analysis
9.02	Cleanses and exfoliates skin.	Supporting Knowledge and Abilities
		Knowledge of exfoliation products and techniques
		Ability to exfoliate in an appropriate manner
9.03	Performs extractions.	Supporting Knowledge and Abilities
		Knowledge of proper techniques
		Knowledge of facial equipment used in this process
		Knowledge of products used for anti-bacterial treatments
		Knowledge of skin's tolerance
		Ability to extract manually
		Ability to identify skin's tolerance
		Ability to use equipment and/or products
9.04	Performs massages.	Supporting Knowledge and Abilities
		Knowledge of products for skin types
		Knowledge of massage equipment
		Ability to apply products and perform massage service
		Ability to remove products

Ability to use equipment

9.05	Applies skin mask products.	Supporting Knowledge and Abilities
		Knowledge of products
		Knowledge of product application time
		Knowledge of removal procedures for products used
		Ability to select appropriate products for skin type
		Ability to apply products according to manufacturers' recommendations
		Ability to remove product
9.06	Applies toner.	Supporting Knowledge and Abilities
		Knowledge of toner
		Knowledge of appropriate products for skin type
		Knowledge of equipment used in this process
		Ability to apply toner
		Ability to use equipment in this process
9.07	Applies protective products.	Supporting Knowledge and Abilities
		Knowledge of products
		Ability to apply products
9.08	Prescribes home care.	Supporting Knowledge and Abilities
		Knowledge of products
		Ability to recommend appropriate home care products

TASK 10PERFORMS SPECIALIZED FACIAL TREATMENTS.

Sub-task

10.01	Performs skin analysis.	Supporting Knowledge and Abilities
		Knowledge of skin conditions
		Ability to perform skin analysis
10.02	Determines specific product line and equipment to be used.	Supporting Knowledge and Abilities
		Knowledge of manufacturers' products and equipment
		Knowledge of specialized treatments
		Ability to assess skin and recommend proper treatments
10.03	Follows manufacturers' recommendations.	Supporting Knowledge and Abilities
		Knowledge of manufacturers' products and equipment
		Ability to perform required treatments according to manufacturers' specifications

TASK 11 PERFORMS MAKE-UP ARTISTRY.

Sub-task

 11.01 Prepares client for makeup application.
 Supporting Knowledge and Abilities

 Knowledge of draping client
 Knowledge of draping client

 Knowledge of appropriate products for skin types

Knowledge of application procedures

11.02 Applies make-up. Supporting Knowledge and Abilities

Knowledge of facial shapes and features Knowledge of enhancing and concealing techniques Knowledge of colour theory Knowledge of make-up products and equipment Knowledge of make-up application techniques Knowledge of natural skin tones Knowledge of make-up brushes Ability to match make-up to client's skin tone Ability to apply make-up artistically

TASK 12 PERFORMS HAIR REMOVAL.

12.01 Performs client consultation.	Supporting Knowledge and Abilities	
	Knowledge of contra-indications	
		Ability to determine service based on contra-indications
12.02	Prepares skin for hair removal.	Supporting Knowledge and Abilities
		Knowledge of pre-treatment products
		Knowledge of measuring eyebrow shape and size for client
		Ability to use pre-treatment products
		Ability to measure eyebrow shape and size for client
12.03	Performs hair removal.	Supporting Knowledge and Abilities
		Knowledge of tweezing techniques

		Knowledge of shaping eyebrows by tweezing
		Knowledge of application of depilatory products to hair growth pattern
		Knowledge of removal of depilatory products
		Ability to shape eyebrow according to client
		Ability to tweeze unwanted hair
		Ability to remove depilatory products
12.04	Applies post-treatment products.	Supporting Knowledge and Abilities
12.04		Supporting Knowledge and Abilities Knowledge of post-treatment products
12.04		
12.04		Knowledge of post-treatment products
-	products.	Knowledge of post-treatment products Ability to use post-treatment products

TASK 13 PERFORMS LASH/BROW TINTS

13.01	Prepares client for lash/brow tint.	Supporting Knowledge and Abilities
		Knowledge of cleansing and protective products
		Knowledge of lash/brow tint products
		Ability to select appropriate tinting product for client
		Ability to apply protective products to client
		Ability to dispense and mix tinting products
13.02	Applies tinting product.	Supporting Knowledge and Abilities
		Knowledge of product application

Knowledge of processing and colour absorption time Ability to apply product Ability to remove tinting product

13.03Tests tinting results.Supporting Knowledge and Abilities

Knowledge of client's desired result Knowledge of colour mixtures for intensity and duration Ability to determine desired colour APPENDICES

Appendix "A"

Implements and Equipment: Skin Care Technician

Skin care technicians commonly use the following implements and equipment:

Alcohol Sanitizer Applicator/Spray Bottle **Appointment Book Blankets** Brooms Brushes: brow, mask, exfoliation **Brushing Machine Buckets** Calculators Cash Register **Client Record Cards Comedones Extractors** Computer and Software (optional) **Cosmetic Brushes/Applicators** Dryer (Clothes) **Dry Heat Sterilizer** Dustpan **Electric Facial Steamer Electric High Frequency Machine** Electric Magnifying Lamp Electric Mask **Electric Pulverizer Electric Spray Machine** Eye Pads **Eyebrow Brush Evebrow Tweezers** Evelash Curler Facial Bed **Facial Tissues Finger Cots** First Aid Kit Galvanic Current Machine Gloves Hair Removal Tools Hand Mirrors Head Band Infra-red Light Lancets

Measuring Cups Mop **Muslin Cloth Strips** Note Book Plastic/Metal or Glass Bowl Policy Manual Protective Caps **Recycling Containers (Biohazard)** Safety Glasses Sanitizing Jar Scissors Sharps Containers Sheets Skin Analysis Equipment Smocks/Salon Gowns Spatulas Sponges Stapler Sterilizers Sterilizer Jar Stir Stick Suction Machine Swivel Chair **Telephone/Answering Machine** Timer Towels **Treatment Mitts** Ultraviolet Sanitizer Vacuum Cleaner Vapor Mask Washing Machine Waste Can Water Bowl Water Heater Wet Sanitizer Wooden Wax Applicator Woods Lamp

Appendix B: Skin Care Technician Glossary

Antiseptic	Chemical agent that prevents the growth of bacteria.
Aromatherapy	The use of aromatic fragrances to induce relaxation; used in the practice of esthetics; facial and body treatments.
Contra-indication	To indicate danger.
Depilatory	Preparations used for the temporary removal of hair.
Disinfect	To destroy micro-organisms on any object.
Disinfectant	A chemical agent that kills bacteria (stronger than an antiseptic).
Exfoliation	Peeling and shredding of the horny layer of the skin; a process that normally follows inflammation or may occur in some skin diseases.
Extractions	Pull out, to withdraw by physical or chemical process.
Tweezers	A pair of small tweezers to remove or extract hair.
Massage	A rubbing and kneading of the body to stimulate the circulation of the blood and make the muscles and joints more supple.
Sanitize	To render objects clean and sanitary
Sterilize	To render sterile; to make free from all bacteria (harmful or beneficial).

Appendix "C"

Block Percentages



Titles of Blocks

Block A	Safety and Sanitation
Block B	Business Management
Block C	Basic Job Skills
Block D	Skin Care

The average number of questions, derived from the collective decision make by workers within the occupation from all areas of the province, which will be placed on a one-hundred question provincial examination to assess each block of the analysis.

Appendix "D"

SKIN CARE TECHNICIAN Task Profile Chart



