
**A PATHWAY TO MENTAL HEALTH AND COMMUNITY WELLNESS:
A ROADMAP FOR MANITOBA**

A new five-year plan, *A Pathway to Mental Health and Community Wellness: A Roadmap for Manitoba*, sets out Manitoba's long-term vision for the wellness, mental health, substance use and addictions system, with the goal of creating an integrated, responsive and accessible system.

It incorporates input from system stakeholders as well as from the broader public and highlights five strategic focus areas for the work moving forward. These are:

- equitable access and co-ordination,
- mental well-being and chronic disease prevention,
- governance and accountability,
- Indigenous partnership and wellness, and
- quality and innovation.

Equitable access and co-ordination initiatives include investing in services and programs; making supports more accessible, especially for vulnerable populations; and increasing co-ordination to simplify system navigation.

Mental well-being and chronic disease prevention initiatives include advancing chronic disease prevention through investing in programs and supports; promoting mental well-being and increasing access to self-management supports; and investing in child and youth development initiatives.

Governance and accountability initiatives include implementing collaborative decision-making and system-planning through creating strong governance structures; strengthening accountability through more robust funding mechanisms; and improving outcomes and performance measurement through transparent public updates on performance and service delivery responsibilities.

Indigenous partnership and wellness initiatives include strengthening relationships with Indigenous governments, rights-holders and Indigenous-led organizations through a distinctions-based approach to partnership; and increasing access to Indigenous cultural programming and healing services by investing in culturally safe and relevant services.

Quality and innovation initiatives include strengthening the workforce through recruitment and retention efforts and enhancing representation in the workforce; defining quality standards for

programs and services; mobilizing knowledge and innovation through continuously adopting leading practices and innovative models for service delivery; and enhancing information sharing and the use of technology by expanding virtual care options and standardized screening and assessment tools.

These will help organize and guide a whole-of-government approach to implement the work over the next five-years, with initiatives that will support a more co-ordinated and accessible mental health, wellness and recovery system in Manitoba.