

COVID-19 NOVEL CORONAVIRUS

MANITOBA PUBLIC HEALTH – PRIORITY CONSTRUCTION WORKERS TRAVELLING FROM OTHER PROVINCES

**ALL NON-ESSENTIAL WORKERS TRAVELING FROM OTHER COUNTRIES
MUST SELF-ISOLATE FOR 14 DAYS UNDER THE FEDERAL QUARANTINE ACT**

People should minimize non-essential travel to prevent the spread of COVID-19. When they do travel, steps should be taken to maintain social distancing. Priority construction workers who travel to Manitoba from other provinces must follow these rules:

- Use the screening tool before travel: www.sharedhealthmb.ca/covid19/screening-tool/.
- Do not travel if you or any family member are ill, require medical care or are COVID-19 positive or symptomatic (e.g., fever, cough or difficulty breathing).
- Bring all necessary supplies, including prescription drugs and medical supplies.
- If you are driving, get gas before travelling to Manitoba.
- Do not congregate in groups and do not use public facilities, such as washrooms.
- Maintain a two-metre distance from others whenever practical, except for brief exchanges.
- Wash your hands frequently and thoroughly.
- Avoid tasks that may result in injury.
- Do not use local health providers, unless it is an emergency.
- Use the screening tool for COVID-19 before leaving your place of residence each day.
- Do not attend the worksite if you have a fever or other symptoms of COVID-19.
- Allow your employer to take your temperature each day to ensure you do not have a fever before you enter the worksite. You must return home and self-isolate if you have a temperature.
- Sign an attestation at work each day indicating that you do not have COVID-19 symptoms.
- Wear a non-medical mask while at work and in public on your way home for 14 days after arrival.

- Self-isolate in housing the employer provides and do not attend common areas, such as dining rooms, for 14 days. Go directly to and from your workplace without visiting other residences or businesses.
- Self-isolate for 14 days while not at work, i.e. no movement in public other than going to work or other essential appointments, such as essential medical treatments. Self-isolation is re-imposed when you leave and return to the province.