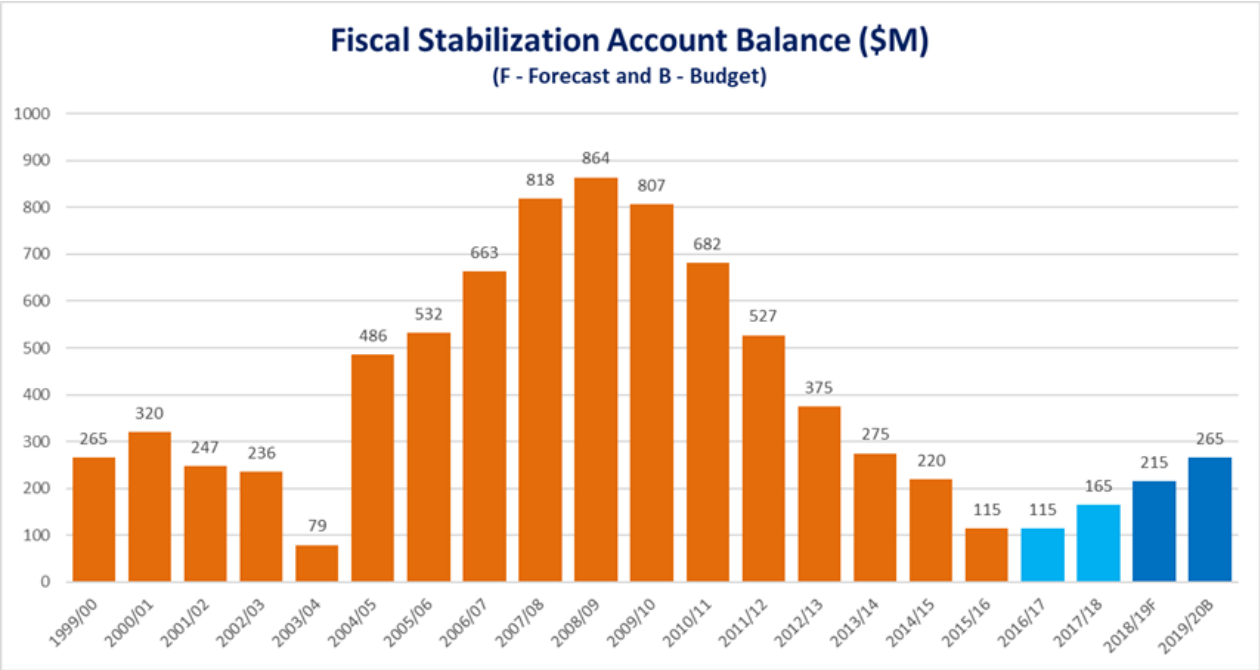Manitoba Backgrounder