



Winnipeg Regional Health Authority
Caring for Health

Office régional de la santé de Winnipeg
À l'écoute de notre santé

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www.wrha.mb.ca

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November 2, 2020

Seven Oaks Child Day Care Centre Inc.
2300 McPhillips St
Winnipeg MB R2V 3M3 .

Dear Parent/Guardian of Seven Oaks Child Day Care Centre,

Manitoba public health officials advised Seven Oaks Child Day Care Centre today of a confirmed case of COVID-19 present in the Child Care Centre on October 22 & 23, 2020 when the individual may have been infectious.

Seven Oaks Child Day Care Centre is working closely with public health officials and following their recommendations. Public health has advised that the affected cohort begin quarantine (self-isolation) as of today. At the present time, public health anticipates that quarantine (isolation) will continue for these contacts until November 6, 2020. All other cohorts can continue to attend the child care centre.

If you have not been contacted by public health officials, your child(ren) have not been identified as being exposed to COVID-19 from this case. However, public health is recommending that your child monitor for symptoms until November 6, 2020 and seek testing if symptoms develop effective today.

Please note: the centre is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the centre, community or media.

If your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit gov.mb.ca/covid19/locations.html, or call Health Links-Info Santé at 204-788-8200 or toll-free at 1-888-315-9257.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom-free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,



Dr. Lisa Richards MD MSc FRCPC
 Medical Officer of Health
 Winnipeg Regional Health Authority