



**PRAIRIE MOUNTAIN HEALTH
SANTÉ PRAIRIE MOUNTAIN**

December 14, 2020

Ecole La Source
T-102 St. Barbara Avenue
Shilo, MB R0K 2A0

Dear Parent/Guardian of Ecole La Source student(s):

Manitoba public health officials advised Ecole La Source on December 14, 2020 of a confirmed case of COVID-19 in the school on December 7, December 8, December 9, December 10, December 11 and December 14, 2020 when they may have been infectious.

Ecole La Source is working closely with public health officials and following their recommendations.

Be assured that public health investigations to identify individuals who may have been exposed begin within 24 hours of a confirmed laboratory test. Anyone identified as a close contact has been contacted by phone or letter and provided instructions for self-isolation (quarantine). Testing may also be recommended.

Based on the public health investigation, this exposure was assessed to be low risk. The infection was not believed to be acquired at school. Everyone in the school is recommended to self-monitor for symptoms until the end of the day on December 28, 2020 and seek testing if symptoms develop.

Please note: Ecole La Source is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit <https://www.gov.mb.ca/covid19/updates/testing.html>, or call Health Links—Info Santé at 204-788-8200 or toll-free at 1-888-315-9257.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 11 if the individual has been symptom free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,

A handwritten signature in black ink, appearing to read "A Frykoda". The signature is written in a cursive, flowing style.

Dr. Amy Frykoda
Medical Officer of Health
Prairie Mountain Health