



Winnipeg Regional Health Authority  
Caring for Health

Office régional de la santé de Winnipeg  
À l'écoute de notre santé

490 Hargrave Street  
Winnipeg, Manitoba  
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[www.wrha.mb.ca](http://www.wrha.mb.ca)

490, rue Hargrave  
Winnipeg (Manitoba)  
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November 25, 2020

Principal Sparling School  
1150 Sherburn St.  
Winnipeg, MB  
R3E 2N4

Dear Parent/Guardian of Students at Principal Sparling School,

Manitoba public health officials advised Principal Sparling School today of three confirmed cases of COVID-19 in the school when the individuals may have been infectious. One on November 17-19. One on November 18. One on November 19.

Principal Sparling School is working closely with public health officials and following their recommendations. Based on the public health investigation, these exposures were assessed to be low risk overall for the school community. Close contacts have been identified and advised to self-isolate (quarantine). One class will quarantine.

Please note: the school is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not been contacted by a letter from public health officials, your child(ren) have not been identified as being exposed to COVID-19 from this case. If your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit <https://www.gov.mb.ca/covid19/updates/testing.html>, or call Health Links—Info Santé at 204-788-8200 or toll-free at 1-888-315-9257.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,



Dr. Heejune Chang  
 Medical Officer of Health  
 Winnipeg Regional Health Authority