



**PRAIRIE MOUNTAIN HEALTH
SANTÉ PRAIRIE MOUNTAIN**

December 15, 2020

Vincent Massey High School
715 McDiarmid Drive
Brandon, MB R7B 2H8

Dear Parent/Guardian of Vincent Massey High School student(s),

Manitoba public health officials advised Vincent Massey High School on December 15, 2020 of a confirmed case of COVID-19 in the grade twelve class on December 9, 2020 when they may have been infectious.

Vincent Massey High School is working closely with public health officials and following their recommendations.

Be assured that public health investigations to identify individuals who may have been exposed begin within 24 hours of a confirmed laboratory test. Anyone identified as a close contact will be contacted by phone or letter and provided instructions for self-isolation (quarantine). Testing may also be recommended.

Based on the public health investigation, this exposure was assessed to be low risk. The infection was not believed to be acquired at school. Close contacts connected to the case have been identified and advised to self-isolate. Anyone who is a close contact has received a close contact letter or phone call from public health.

Please note: Vincent Massey High School is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not received a close contact letter or phone call from public health officials, your child(ren) have not been identified as being exposed to COVID-19 from this case. If your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit <https://www.gov.mb.ca/covid19/updates/testing.html>, or call Health Links—Info Santé at 204-788-8200 or toll-free at 1-888-315-9257.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath / difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 11 if the individual has been symptom free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,

A handwritten signature in black ink, appearing to read "A Frykoda". The signature is stylized and cursive.

Dr. Amy Frykoda
Medical Officer of Health
Prairie Mountain Health