



Winnipeg Regional Health Authority
Caring for Health

Office régional de la santé de Winnipeg
À l'écoute de notre santé

490 Hargrave Street
 Winnipeg, Manitoba
 R3A 0X7 CANADA

490, rue Hargrave
 Winnipeg (Manitoba)
 R3A 0X7 CANADA

www.wrha.mb.ca

www.wrha.mb.ca

November 9, 2020

École Centrale
 604 Day St
 Winnipeg MB R2C 1B6

Dear Parent/Guardian of Students at École Centrale,

Manitoba public health officials advised École Centrale today of a confirmed case of COVID-19 present in the school on November 3 & 4, 2020 when the individual may have been infectious.

École Centrale is working closely with public health officials and following their recommendations. Based on the public health investigation, this exposure was assessed to be low risk overall for the school community. The classroom contacts have been advised to monitor for symptoms.

Please note: the school is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not been contacted via a separate letter, your child has not been identified as being exposed to COVID-19 from this case. However, if your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit gov.mb.ca/covid19/locations.html, or call Health Links-Info Santé at 204-788-8200 or toll-free at 1-888-315-9257.

| A | B |
|---|----------------------------|
| Fever/Chills | Runny nose |
| Cough | Muscle aches |
| Sore throat/hoarse voice | Fatigue |
| Shortness of breath/difficulty breathing | Pink eye (conjunctivitis) |
| Loss of taste or smell | Headache |
| Vomiting or diarrhea for more than 24 hours | Skin rash of unknown cause |

| | |
|--|-----------------------------|
| | Nausea or loss of appetite |
| | Poor feeding (if an infant) |

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom-free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,



Dr. Lisa Richards MD MSc FRCPC
Medical Officer of Health
Winnipeg Regional Health Authority