



October 14th, 2020

Dear Parent/Guardian of Students at Mitchell Middle School,

Manitoba public health officials advised Mitchell Middle School on October 13th, 2020 of a confirmed case of COVID-19 in an individual in the school on October 7th, 8th, and 9th.

Mitchell Middle School is working closely with public health officials and following their recommendations. Public health is investigating to identify individuals who may have been close contacts of this case. Anyone identified as a close contact will be contacted by public health and will be provided with instructions for self-isolation (quarantine). Testing may also be recommended.

The infection was not believed to be acquired at the school.

Please note: The school is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not been contacted by public health officials, your child(ren) have not been identified as being exposed to COVID-19 from this case. However, if your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. Call Health Links—Info Santé at 204-788-8200 or toll-free at 1-888-315-9257 for information on testing and isolation.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom-free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,



Dr. Davinder Singh
Medical Officer of Health
Southern Health-Santé Sud