## **Public Health - Thompson**



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October 19, 2020

Opasquia Elemental School 27-8<sup>th</sup> St. W The Pas, Manitoba

Dear Parent/Guardian of Opasquia Elemental School,

Manitoba public health officials advised Opasquia Elemental School on October 19, 2020 of a confirmed case of COVID-19 in the school on October 16, 2020 when the individual may have been infectious.

Opasquia Elemental School is working closely with public health officials and following their recommendations. Based on the public health investigation, this exposure was assessed to be low risk.

Be assured that Public Health investigations to identify individuals who may have been exposed begin within 24 hours of a confirmed laboratory test. Anyone identified as a close contact will be contacted and provided instructions for self-isolation (quarantine). Testing may also be recommended.

Close contacts connected to the case have been identified and advised to self-isolate. Anyone who is a close contact has been contacted directly by public health. The school will remain open to all other students and staff, who can continue to attend school in person.

Please note: the school/child care facility is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not been contacted by public health officials, your child(ren) have not been identified as being exposed to COVID-19 from this case. If your child develops a new onset or worsening of any one symptom listed in Column A or any two or more

symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit <a href="https://www.gov.mb.ca/covid19/updates/testing.html">https://www.gov.mb.ca/covid19/updates/testing.html</a>, or call Health Links—Info Santé at 204-788-8200 or toll-free at 1-888-315-9257.

A	В
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom free for 24 hours.

For more public health information about COVID-19, please visit https://manitoba.ca/covid19/updates/resources.html.

Sincerely,

Dr. Sarah Lesperance Medical Officer of Health