

November 5, 2020

Reston School
516 1st St W
Reston, MB
R0M 1X0

Dear Parent/Guardian of Reston School student(s),

Manitoba public health officials advised Reston School on November 4, 2020 of 2 confirmed cases of COVID-19 in the school on Monday October 26, 2020, Thursday October 29, 2020 and Friday October 30, 2020.

Reston is working closely with public health officials and following their recommendations.

Be assured that public health investigations to identify individuals who may have been exposed begin within 24 hours of a confirmed laboratory test. Anyone identified as a close contact will be contacted and provided instructions for self-isolation (quarantine). Testing may also be recommended.

Based on the public health investigation, this exposure was assessed to be low risk. The infection was not believed to be acquired at school. Close contacts connected to the case have been identified and advised to self-isolate. Anyone who is a close contact has received a close contact letter or phone call from public health.

Please note: Reston School is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not received a close contact letter or phone call from public health officials, your child(ren) have not been identified as being exposed to COVID-19 from this case. However, if your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. Call Health Links-Info Santé at 204-788-8200 or toll-free at 1-888-315-9257 for information on testing and isolation.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped after day 10 provided that the individual has been symptom free for 24 hours. Unless recommended by public health officials, only individuals experiencing COVID-19 symptoms should go for testing.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,

Sincerely,

A handwritten signature in blue ink, appearing to read 'M. Khodaveisi', written in a cursive style.

Dr. Mahmoud Khodaveisi
Medical Officer of Health
Prairie Mountain Health