



Winnipeg Regional Health Authority  
*Caring for Health*

Office régional de la santé de Winnipeg  
*À l'écoute de notre santé*

490 Hargrave Street  
Winnipeg, Manitoba  
R3A 0X7 CANADA

490, rue Hargrave  
Winnipeg (Manitoba)  
R3A 0X7 CANADA

[www.wrha.mb.ca](http://www.wrha.mb.ca)

[www.wrha.mb.ca](http://www.wrha.mb.ca)

October 7, 2020

Seven Oaks Middle School  
800 Salter Street  
Winnipeg, MB R2V 2E6

Dear Parent/Guardian of Seven Oaks Middle School,

Manitoba public health officials advised Seven Oaks Middle School today of a confirmed case of COVID-19 present in the school on September 28, 29 & 30, 2020 when the individual may have been infectious.

Seven Oaks Middle School is working closely with public health officials and following their recommendations. Be assured that public health investigations to identify individuals who may have been exposed begin within 24 hours of a confirmed laboratory test. Anyone identified as a close contact was contacted and provided instructions for self-isolation (quarantine).

Based on the public health investigation, this exposure was assessed to be low risk overall for the school community. The infection was not acquired at school.

Please note: the school is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not been contacted by public health officials, your child(ren) have not been identified as being exposed to COVID-19 from this case. However, if your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. Call Health Links—Info Santé at 204-788-8200 or toll-free at 1-888-315-9257 for information on testing and isolation.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom-free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,



Dr. Lisa Richards MD MSc FRCPC  
 Medical Officer of Health  
 Winnipeg Regional Health Authority