



Winnipeg Regional Health Authority  
*Caring for Health*

Office régional de la santé de Winnipeg  
*À l'écoute de notre santé*

490 Hargrave Street  
Winnipeg, Manitoba  
R3A 0X7 CANADA

490, rue Hargrave  
Winnipeg (Manitoba)  
R3A 0X7 CANADA

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November 4, 2020

Sister Macnamara School  
460 Sargent Ave  
Winnipeg, MB  
R3B 1V5

Dear Parent/Guardian of Student at Sister MacNamara School,

Manitoba public health officials advised Sister MacNamara School today of two confirmed cases of COVID-19 present in the school from October 26 to 29, 2020 when the individuals may have been infectious.

Sister MacNamara School is working closely with public health officials and following their recommendations. Classroom contacts are being advised to monitor for symptoms and seek testing if symptoms develop, effective today. Close contacts of the cases have also been identified and advised to self-isolate (quarantine).

Based on the public health investigation, this exposure was assessed to be low risk overall for the school community. The infections are not believed to be acquired at school.

Manitoba public health officials also advised Sister MacNamara School today of a confirmed case of COVID-19 that was not present in the school while infectious. This case is also not believed to be acquired at school. This case is not believed to be linked to the other two cases announced today.

Please note: the school is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not been contacted by a separate letter, your child(ren) have not been identified as being exposed to COVID-19 from this case. However, if your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit [gov.mb.ca/covid19/locations.html](http://gov.mb.ca/covid19/locations.html), or call Health Links—Info Santé at 204-788-8200 or toll-free at 1-888-315-9257.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,



Dr. Lisa Richards MD MSc FRCPC  
 Medical Officer of Health  
 Winnipeg Regional Health Authority