



Winnipeg Regional Health Authority  
 Office régional de la santé de Winnipeg  
*Caring for Health À l'écoute de notre santé*

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[www.wrha.mb.ca](http://www.wrha.mb.ca)

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November 12, 2020

St. John's High School  
 401 Church Ave  
 Winnipeg, MB R2W 1C4

Dear Parent/Guardian of Students at St. John's High School,

Manitoba public health officials advised St. John's High School today of a confirmed case of COVID-19 present in the school on October 30, 2020 when the individual may have been infectious.

St. John's High School is working closely with public health officials and following their recommendations. Based on the public health investigation, this exposure was assessed to be low risk overall for the school community. No close contacts were identified in the school.

Please note: the school is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit [gov.mb.ca/covid19/locations.html](http://gov.mb.ca/covid19/locations.html), or call Health Links-Info Santé at 204-788-8200 or toll-free at 1-888-315-9257.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom-free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,

A handwritten signature in black ink, appearing to read 'Lisa Richards', with a stylized flourish at the end.

Dr. Lisa Richards MD MSc FRCPC  
Medical Officer of Health  
Winnipeg Regional Health Authority