



October 11, 2020

Dear Parent/Guardian and staff of St. Joseph the Worker,

A confirmed case of COVID-19 has been identified at your school.

The individual was at school on October 1 & 2 from 0815-1500 daily and followed all public health measures that were put in place at the school.

Based on the public health investigation, no close contacts have been identified at St. Joseph the Worker School. No one is required to self-isolate from this exposure. The infection was not acquired at school.

As a general recommendation by Public Health, if your child or any member of your family develops new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. Call Health Links—Info Santé at 204-788-8200 or toll-free at 1-888-315-9257 for information on where to go to for testing and/or assessment and duration of isolation.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

All Manitobans are encouraged to follow the fundamentals to help stop the spread of COVID-19. This means staying home if you are sick, washing/sanitizing your hands, covering your cough and physically distancing when you are with people outside your household. If you cannot physically distance, wear a mask.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,

Richard Rusk, DVM, MD, DipABPM
Medical Officer of Health