



November 17, 2020

Valley Gardens Middle School
 220 Antrim Rd
 Winnipeg, MB R2K 3L2

Dear Parent/Guardian of Students at Valley Gardens Middle School,

Manitoba public health officials advised Valley Gardens Middle School today of a confirmed case of COVID-19 present in the school on November 5 & 9-13, 2020 when the individual may have been infectious. This infection is not believed to be acquired at school.

Valley Gardens Middle School is working closely with public health officials and following their recommendations. Based on the public health investigation, this exposure was assessed to be low risk overall for the school community. Classroom contacts are being advised to monitor for symptoms, and seek testing if symptoms develop, effective today.

Please note: the school is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not been contacted via a separate letter, your child has not been identified as being exposed to COVID-19 from this case. However, if your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit gov.mb.ca/covid19/locations.html, or call Health Links-Info Santé at 204-788-8200 or toll-free at 1-888-315-9257.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause

	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom-free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,



Dr. Lisa Richards MD MSc FRCPC
Medical Officer of Health
Winnipeg Regional Health Authority