



### **Families**

The Office of the Commissioner for Adults Living with an Intellectual Disability  
315 – 258 Portage Avenue  
Winnipeg MB R3C 0B6  
T 204 945-5039 F 204 948-3713  
Toll Free: 1-800-757-9857  
Website: [www.gov.mb.ca/fs/calido](http://www.gov.mb.ca/fs/calido)

### **Familles**

Bureau du commissaire aux adultes ayant une déficience intellectuelle  
258, avenue Portage, bureau 315  
Winnipeg (MB) R3C 0B6  
Tél. : 204 945-5039 Téléc. : 204 948-3713  
Sans frais : 1 800 757-9857  
Site web : [www.gov.mb.ca/fs/calido/index.fr.html](http://www.gov.mb.ca/fs/calido/index.fr.html)

## **The Seven Guiding Principles of the *Adults Living with an Intellectual Disability Act*:**

- 1) WHEREAS Manitobans recognize that an adult living with an intellectual disability is presumed to have the capacity to make decisions affecting themselves, unless demonstrated otherwise;
- 2) AND WHEREAS it is recognized that an adult living with an intellectual disability should be encouraged to make their own decisions;
- 3) AND WHEREAS it is recognized that the support network of an adult living with an intellectual disability should be encouraged to assist the adult in making decisions so as to enhance his or her independence and self-determination;
- 4) AND WHEREAS it is recognized that when an adult living with an intellectual disability is assisted in decision making, the assistance should be guided by the adult's wishes, values and beliefs and provided in a manner that respects their rights, privacy and dignity and be the least restrictive and least intrusive form of assistance that is appropriate in the circumstances;
- 5) AND WHEREAS it is recognized that substitute decision making should be invoked only as a last resort when an adult living with an intellectual disability needs decisions to be made and is unable to make these decisions by himself or herself or with the involvement of members of his or her support network;
- 6) AND WHEREAS under the United Nations Convention on the Rights of Persons with Disabilities, which Canada ratified in 2010, member states are expected to promote, protect, and ensure the full and equal enjoyment of all human rights and fundamental freedoms of adults living with an intellectual disability and promote respect for their inherent dignity;
- 7) AND WHEREAS the equality rights of all Canadians, including adults living with an intellectual disability, are enshrined in the *Canadian Charter of Rights and Freedoms*;

## **And now in plain language:**

- 1) Adults living with an Intellectual Disability are presumed able to make their own decisions.
- 2) Adults living with an Intellectual Disability are encouraged to make their own choices.
- 3) If a person needs help to make a choice, the legislation encourages friends, family, and service providers to help him/her understand the choices to make an informed decision.

- 4) Any help provided must be respectful of the adult living with an intellectual disability's privacy and dignity as an adult and be the least restrictive form of assistance appropriate for the circumstances.
- 5) There may be a decision that the adult living with an intellectual disability is unable to make, even with help. As a last resort a substitute decision maker can be identified.
- 6) Adults living with an intellectual disability can expect that their rights will be protected and respected to ensure full, equal, and effective participation and inclusion in society.
- 7) Adults living with an intellectual disability along with all Canadians have equal rights and freedom from discrimination.