

# Day Services – Personal, Social and Recreational Programming

## Reference Previous CLDS Policy or Circular (if applicable)?

|              |     |
|--------------|-----|
| CLDS Policy: | N/A |
|--------------|-----|

## Service Definition

### Value Statement

Day services supports individuals to develop skills that will maximize their independence, and provides opportunities that will enable individuals to contribute and participate in all aspects of community life.

### Purpose

The purpose of day services is to promote the development and maintenance of skills that are appropriate to the individual's age and abilities, and which assist the individual to participate as fully as possible in the day-to-day activities of their community. Individual areas of emphasis and the type of day service provided are based on the individual's employment and personal skill development goals established through the person-centred planning process.

### Definition

*Day Services – Personal, Social, and Recreational Programming* is the provision of personal, social, recreational and fitness activities by CLDS-funded non-profit agencies in order to support CLDS participants to participate in community life during those hours when they are not engaged in Supported Employment or Vocational Skills Development and Maintenance services.

## Components

### Core Components

- A. Participating in the development and implementation of **person-centred plans** by:
  - i. Attending planning meetings, wherever possible
  - ii. Participating in establishing goals
  - iii. Implementing responsibilities identified in the plan
  - iv. Actively supporting the overall plan developed for each individual
  - v. Consulting with the support network, professionals and resource persons, as required
  
- B. Supporting the development of **independent living skills**, including:
  - i. Development of personal safety skills
  - ii. Maintaining appropriate hygiene and dress
  - iii. Engaging in social interactions with members of the community
  - iv. Using public transportation, where possible
  - v. Development of time management skills
  - vi. Development of self advocacy skills

### Personal, Social and Recreational Components

- A. Supporting individuals to achieve **self care goals** by assisting each individual with:
  - i. following **health care plans**, including, but not limited to:
    - a. administration of oral medications
    - b. gastro-intestinal tube feeding
    - c. seizure response
    - d. oxygen administration

- e. simple exercise routines
- ii. Managing **personal care routines**, including:
  - a. toileting
  - b. eating and meal preparation
  - c. ambulation or transfers
  - d. behavioral support
- B. Supporting individuals to achieve **personal development goals** by assisting each individual with:
  - i. developing communication and interpersonal skills for work, social and recreational settings
  - ii. enhancing literacy and numeracy skills
  - iii. understanding the importance of proper nutrition and making healthy food choices
  - iv. understanding the importance of physical activity in order to maintain good health
  - v. learning and maintaining life skills, including, but not limited to: doing laundry, money management, grocery shopping; and taking public transit
- C. Supporting individuals to achieve **socialization goals** by assisting each individual with:
  - i. accessing community resources and attending activities in a group setting (e.g. bowling, park, zoo)
  - ii. connecting with others who share common interests and becoming involved in activities in the community
  - iii. independently pursuing social activities within the community
  - iv. hosting social events with others either at the day service or at a location within the community
- D. Supporting individuals to achieve **recreational and fitness goals** by assisting each individual with:
  - i. participating in sports, physical fitness activities or wellness activities (e.g. yoga, Tai chi)
  - ii. pursuing hobbies or activities of personal interest independently or with others

### Provider Qualifications Eligibility Criteria

- The service provider must have an active Service Purchase Agreement (SPA) with the Department.
- All persons hired by a CLDS-funded agency to deliver *Day Services – Personal, Social, and Recreational Programming* are required to obtain a satisfactory Criminal Record Check and clear Child Abuse Registry and Adult Abuse Registry checks.

### Parameters/Exclusions allowed Mode(s) of Delivery

#### Service Parameters:

- CLDS program participants become eligible for day services on July 2<sup>nd</sup> of the calendar year that they turn 21 years of age.
- *Day Services – Personal, Social, and Recreational Programming* cannot be provided or billed for at the same hours on the same day as any other CLDS-funded service.

#### Funding Parameters:

- Individuals receiving *Day Services – Personal, Social, and Recreational Programming* are eligible to receive per diem funding dependent on the individual's person-centred plan and the Day Services Funding Guidelines.
- The Service Provider may also be eligible to receive Supplemental Rate funding.

### Mode of Delivery Parameters

- **Community-Based:** 40% or more of a participant's time in an average week is spent outside of an agency-operated facility (in the community)
- **Facility-Based:** more than 60% of a participant's time in an average week is spent at an agency owned or operated facility

### Additional Service Criteria

Funded as a per diem.