

CIRCULAR

Date: November 6, 2020

CIRCULAR NUMBER: COVID-19 2020-178

To: Residential and group care providers in regions coded critical (red), including the Winnipeg Metropolitan (Nov 2) and Southern Health-Santé Sud (Nov 9) regions

Subject: Public health direction – self-isolation (quarantine) - CLDS/CFS

Program(s): Community Living and disABILITY Services and Child and Family Services

Type: Policy

Procedure

Effective Date: Immediately

On November 2, public health officials advised that all household members in the **Winnipeg Metropolitan Region** must self-isolate while waiting for the COVID-19 test results of someone in their household. This directive is in place while a region is under the Critical (red) response level on the Pandemic Response System. There are some exemptions in place for some critical professions.

Public health officials have advised that staff working in CLDS residential homes and in CFS group homes who have no symptoms can continue to work as long, as they wear appropriate personal protective equipment (PPE). However, outside of work, they should be self-isolating (quarantining).

Staff must not attend work if they are ill or exhibiting any cold/flu-like symptoms, even if the symptoms are very mild. The COVID-19 Screening Questions are available at: www.gov.mb.ca/asset_library/en/coronavirus/covid19_screening_checklist.pdf

Individuals who have possible symptoms/suspected cases of COVID-19 based on the screening must contact Health Links – Info Santé at 204-788-8200 or 1-888-315-9257. For those who do not have symptoms but are required to self-isolate (quarantine), information on how to do this effectively is available at: https://www.gov.mb.ca/asset_library/en/covid/factsheet-isolation-selfmonitoring-returningtravellers-contacts.pdf.

If you have symptoms, information on how to isolate effectively is available at:
https://www.gov.mb.ca/asset_library/en/covid/factsheet-isolation-selfmonitoring-recoveringhome.pdf.

For the latest provincial public health information on COVID-19, visit the Manitoba government's website at: www.manitoba.ca/covid19

Thank you for your continued dedication to providing a safe and supportive living environment for vulnerable individuals.

Catherine Gates | Assistant Deputy Minister
Community Service Delivery

Christina Moody | Acting Assistant Deputy Minister
Child and Youth Services