Self-Administered Rapid Testing for Employees

COVID-19 “How To” Guide for Asymptomatic Screening

SEPTEMBER 2021
Preparing for Rapid Testing

When preparing your testing station, it is recommended that you have the following on hand:

- Test Kit (See next page for details)
- Hand sanitizer or hand washing station – wash your hands before and after administering the test
- Paper towel and/or wipes. If self-administering the test in the workplace, clean any surfaces that may be touched.
- Clock or timer to time the test
- Trash can for disposal – no special disposal bins are required
- Method for reporting results to your employer

Manitoba Rapid Testing Program Supplies

Your shipment includes:

- Your pre-specified number of Abbott Panbio rapid test kits in boxes of 25
- Packages of nasal swabs (2020700)

### IMPORTANT USE INSTRUCTIONS FOR TESTERS

1. Dispose of the swabs (nasopharyngeal) that are included in the rapid test kit boxes.
2. Replace with the flexible flocked nasal swabs that are packaged separately (2020700).

The nasopharyngeal swabs are for healthcare provider use only, and are not recommended for this program.

Additional Resources

Click the icon to watch the YouTube video

*Panbio™ COVID 19 Ag Nasal Swab Procedure Live Action.*

For manual instructions from Abbott, visit:

# About the Test: Abbott Panbio Test Kit

<table>
<thead>
<tr>
<th>Testing Kit Contents</th>
<th>• 25 tests, patient swabs and positive control swabs</th>
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</thead>
<tbody>
<tr>
<td>Collection Method</td>
<td>• Nasal swab</td>
</tr>
<tr>
<td>Number of samples per test</td>
<td>• 1 sample tested at a time</td>
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<tr>
<td>Turnaround Time</td>
<td>• 15 minutes</td>
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<tr>
<td>Storage Requirements</td>
<td>• Swab must be tested immediately</td>
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<tr>
<td></td>
<td>• Store between 2–30°C</td>
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<td></td>
<td>• Bring to room temperature before use</td>
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<td></td>
<td>• Stable until manufacturer’s expiration date marked on outer packaging</td>
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Conducting the Test with the Abbott Panbio

1. Write patient ID on device

2. Put the buffer fluid in the tube to the marked line (300 µl)

3. Label the tube with patient ID
   • Place it in the tube rack

4. Collect sample with one of the nasal swabs
   • Gently rub and roll the swab 3-4 times then remove slowly

5. Swirl the swab stick in the buffer fluid, making sure to push the stick into the side of the tube at least 5 times
   • Squeeze the tube with your fingers where arrows show
   • Break the swab as shown and close the cap on the tube

6. Open the dropper nozzle and add 5 drops of the sample onto the test device
   • Close cap on the tube and dispose
   • Start a 15 minute timer and wait for the result

7. Check results after 15 minutes
   • Dispose of test device
   Note: Results must be read within 20 minutes
Reading the Result

Results are ready within 15 minutes and MUST be read within 20 minutes of taking the sample.

Two lines = positive result

One line at the C mark = negative result

In rare instances you may get a test result that is inconclusive.

If this happens it is recommended that you rerun the test, if feasible based on your operations.
Rapid Testing Results Pathways

1. Swab the nose
2. Run the rapid test
3. If test is positive: Isolate
   - If test is negative: Safe to return to work
4. Get tested at a public site
   - Inform the tester you had a positive self-administered test
   - If test is negative: Safe to return to work
   - If test is positive: Comply with Manitoba public health guidelines