

DEPARTMENT OF FAMILIES CIRCULAR

Date: March 28, 2022

CIRCULAR NUMBER: COVID-19 2022-12

To: Department of Families staff
Service providers in the following sectors:
Children’s disABILITY Services
Community Living disABILITY Services
Child and Family Services Authorities, agencies and group care
Family Violence Prevention Program
Homelessness
Social Housing

Subject: Isolation recommendations

Replaces: 2021-68r(2) Staff Screening – Departmental Providers; 2021-69r(2) - Staff Screening – Service Providers; 2022-03r - Public Health Direction – Self-Isolation (Quarantine) Requirements and Exemptions

Type: Policy
 Procedure

Effective Date: Immediately

On March 15, 2022, Manitoba’s remaining public health orders ended. While people who have tested positive or have symptoms of COVID-19 are no longer required to isolate, it is still recommended. Isolation continues to be one of several important measures that we can take to reduce the spread of COVID-19.

Isolation is recommended for people who test positive (on a laboratory based test such as a PCR, or a rapid antigen test), or who have symptoms without testing:

- People who have symptoms should isolate for five days after the start of symptoms and until they have no fever and other symptoms have improved over the past 24 hours.
- People who do not have symptoms and test positive should isolate for five days after their test date.

People who test positive or who have symptoms without testing should also avoid any non-essential social visits to high-risk settings (e.g. personal care homes, health care facilities) or non-essential social contact with individuals at risk for severe disease for ten days after their

test/when their symptoms started. As well, they should wear a well-made, well-fitted mask during this 10 day period if/when in contact with other people.

Current information on COVID-19, including isolation recommendations, is available at: COVID-19 information: <https://manitoba.ca/covid19/info-for-mbs.html>.

Other Resources

- COVID-19 prevention and risk assessment: <https://manitoba.ca/covid19/prevention-assessing-risk.html>
- Shared Health's online COVID-19 Screening Tool: <https://sharedhealthmb.ca/covid19/screening-tool/>
- PPE recommendations for organizations choosing to continue/develop their own PPE policies: www.gov.mb.ca/fs/pubs/2022-11-covid-19-circular-march-15-changes-to-public-health-measures.pdf & www.gov.mb.ca/fs/pubs/2022-11-attachment-families-ppe-table-by-sector-mar-15-2022.pdf

We appreciate all of your efforts to minimize the spread of COVID-19 over the past two years, and your ongoing commitment to providing a healthy, safe environment for clients and staff.

Thank you.