

# Masks and Other Personal Protective Equipment (PPE) Recommendations



## FAMILIES



# Public Health Guidance

- This is Manitoba Health's Public Health infection prevention and control guidance for Government of Manitoba staff and funded agencies/organizations for management and protection from COVID-19.
- The information in this guidance was current at the time of development. Scientific knowledge and technology are constantly evolving. Revisions of this guidance is occurring when necessary to respond to the changes in Public Health direction as further experience and advances in the field provide new information.
- Public Health encourages the Government of Manitoba departments to follow this guidance to ensure optimal prevention of transmission of COVID-19 and other communicable diseases.
- Departments will have the ability to access PPE from MDA based on these tables. If departments wish to have a higher level of PPE than what is in this guidance, further steps for those approvals will need to occur.

# MDC and CLDS (shift-staffed/group homes)

Areas	Activity	Mask/PPE	Specific Instructions
<p>MDC</p> <p>CLDS (shift-staffed/group homes)</p>	<p>Client Support</p> <p>Client Care</p>	<p>Medical Mask</p> <p>Eye Protection</p> <p>Gowns (as required)</p> <p>Gloves (as required)</p> <p>Fit-tested N95 Respirator/Mask (as required)</p>	<p>MDC will continue to follow Shared Health’s LTC requirements: <a href="https://sharedhealthmb.ca/files/ppe-provincial-requirements-ltc.pdf">https://sharedhealthmb.ca/files/ppe-provincial-requirements-ltc.pdf</a></p> <p>Shared Health will be using a transitional approach for the use of PPE. It is recommended CLDS – shift-staffed/group homes continue to follow Shared Health’s LTC requirements: <a href="https://sharedhealthmb.ca/files/ppe-provincial-requirements-ltc.pdf">https://sharedhealthmb.ca/files/ppe-provincial-requirements-ltc.pdf</a></p> <p>Perform hand hygiene upon arrival at a facility, when leaving a facility and before and after donning and doffing of PPE/non-medical mask. Hand hygiene must also be performed before/after contact with clients, other workers, or surfaces, items or areas that people touch (e.g. washrooms, papers)</p> <p>For specific instructions on mask use, refer to Shared Health Extended Use of Face Masks: <a href="https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf">https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf</a> Change mask if it becomes wet, damaged or soiled and at breaks.</p> <p>For staff transporting a client in a vehicle for work related reasons: The driver must wear a medical grade mask with no eye protection. The client wears a medical mask if they are able to and if additional staff are in the vehicle they are required to wear a medical mask and eye protection.</p> <p>Recommended eye protection is frames with lenses. Extended use of eye protection for complete shift. Refer to Shared Health Disinfecting Eye Protection <a href="https://sharedhealthmb.ca/files/standard-operating-procedure-disinfecting-eye.pdf">https://sharedhealthmb.ca/files/standard-operating-procedure-disinfecting-eye.pdf</a></p> <p>N95 respirator/mask should be the default choice for respiratory protection when caring for clients who are suspect or positive cases for COVID-19. If following completion of a risk assessment, staff feel a medical mask is appropriate, they can choose to wear one. N95 respirator/mask must be used when assisting suspect or positive COVID-19 clients with a PAP device and when in the room of using one of these devices.</p> <p>Wear gloves and gowns for routine practices and contact/direct care with clients</p>

# CLDS–Home Shares, Supported Independent Living, Living at Home with Family and Day Services

Areas	Activity	Mask/PPE	Specific Instructions
<p><b>CLDS – Home Shares (agency or department staff), Supported Independent Living, Living at Home with Family Day Services</b></p>	<p>Client Support Client Care</p>	<p>Mask (as required)</p>	<p>Perform hand hygiene upon arrival at a facility, when leaving a facility and before and after donning and doffing of PPE/non-medical mask. Hand hygiene must also be performed before/after contact with clients, other workers or surfaces, items or areas that people touch (e.g. washrooms, papers).</p> <p>Follow Public Health recommendations for the general population for when to wear a mask. Refer to: <a href="https://www.gov.mb.ca/covid19/resources/masks.html">https://www.gov.mb.ca/covid19/resources/masks.html</a></p> <p>If non-medical mask is worn, reuse the same mask <b>for maximum of one complete shift of work</b>. Change mask if it becomes wet, damaged or soiled</p> <p>If disposable mask is used refer to Shared Health Extended Use of Face Masks <a href="https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf">https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf</a> Change mask if it becomes wet, damaged or soiled and at breaks.</p>
	<p>Client support and care of suspect or positive COVID-19 individuals</p>	<p>Medical Mask Eye Protection Gowns (as required) Gloves (as required) Fit-tested N95 Respirator/Mask (as required)</p>	<p>Refer to Shared Health Extended Use of Face Masks: <a href="https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf">https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf</a> Change mask if it becomes wet, damaged or soiled and at breaks.</p> <p>Recommended eye protection is frames with lenses. Extended use of eye protection for complete shift. Refer to Shared Health Disinfecting Eye Protection: <a href="https://sharedhealthmb.ca/files/standard-operating-procedure-disinfecting-eye.pdf">https://sharedhealthmb.ca/files/standard-operating-procedure-disinfecting-eye.pdf</a></p> <p>N95 respirator/mask should be the default choice for respiratory protection when caring for clients who are suspect or positive cases for COVID-19. If following completion of a risk assessment, staff feel a medical mask is appropriate, they can choose to wear one. N95 respirator/mask must be used when assisting clients with a PAP device and when in the room of client that is using one of these devices.</p> <p>For staff transporting a client in a vehicle for work related reasons: The driver must wear a medical grade mask with no eye protection. The client wears a medical mask if they are able to and if additional staff are in the vehicle they are required to wear a medical mask and eye protection.</p>

# CFS Group Care

Areas	Activity	Mask/PPE	Specific Instructions
CFS Group Care	Client Support Client Care	Mask (as required)	<p>Perform hand hygiene upon arrival at a facility, when leaving a facility and before and after donning and doffing of PPE/non-medical mask. Hand hygiene must also be performed before/after contact with clients, other workers or surfaces, items or areas that people touch (e.g. washrooms, papers).</p> <p>Follow Public Health recommendations for the general population for when to wear a mask. Refer to: <a href="https://www.gov.mb.ca/covid19/resources/masks.html">https://www.gov.mb.ca/covid19/resources/masks.html</a></p> <p>If non-medical mask is worn, reuse the same mask <b>for maximum of one complete shift of work</b>. Change mask if it becomes wet, damaged or soiled</p> <p>If disposable mask is used refer to Shared Health Extended Use of Face Masks: <a href="https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf">https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf</a> Change mask if it becomes wet, damaged or soiled and at breaks.</p>
	Client support and care of suspect or positive COVID-19 individuals	Medical Mask Eye Protection Gowns (as required) Gloves (as required) Fit-tested N95 Respirator/Mask (as required)	<p>Refer to Shared Health Extended Use of Face Masks: <a href="https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf">https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf</a> Change mask if it becomes wet, damaged or soiled and at breaks.</p> <p>Recommended eye protection is frames with lenses. Extended use of eye protection for complete shift. Refer to Shared Health Disinfecting Eye Protection: <a href="https://sharedhealthmb.ca/files/standard-operating-procedure-disinfecting-eye.pdf">https://sharedhealthmb.ca/files/standard-operating-procedure-disinfecting-eye.pdf</a></p> <p>N95 respirator/mask should be the default choice for respiratory protection when caring for clients who are suspect or positive cases for COVID-19. If following completion of a risk assessment, staff feel a medical mask is appropriate, they can choose to wear one. N95 respirator/mask must be used when assisting clients with a PAP device and when in the room of client that is using one of these devices.</p> <p>Wear gloves and gowns for contact/direct care with clients who are suspect or positive cases for COVID-19. Gloves and gowns are used one time and discarded.</p>

# CFS Authorities

Areas	Activity	Mask/PPE	Specific Instructions
CFS Authorities	Routine Child Protection Services	Mask (as required)	<p>Perform hand hygiene upon arrival at a facility, when leaving a facility and before and after donning and doffing of PPE/non-medical mask. Hand hygiene must also be performed before/after contact with clients, other workers or surfaces, items or areas that people touch (e.g. washrooms, papers).</p> <p>Follow Public Health recommendations for the general population for when to wear a mask. Refer to: <a href="https://www.gov.mb.ca/covid19/resources/masks.html">https://www.gov.mb.ca/covid19/resources/masks.html</a></p> <p>If non-medical mask is worn, reuse the same mask <b>for maximum of one complete shift of work</b>. Change mask if it becomes wet, damaged or soiled</p> <p>If disposable mask is used refer to Shared Health Extended Use of Face Masks: <a href="https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf">https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf</a> Change mask if it becomes wet, damaged or soiled and at breaks.</p>
October 13-22	Child Protection Services in close contact with Suspect or Positive Cases of COVID-19	Medical Mask Eye Protection Gowns (as required) Gloves (as required)	<p>Refer to Shared Health Extended Use of Face Masks: <a href="https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf">https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf</a> Change mask if it becomes wet, damaged or soiled and at breaks.</p> <p>Recommended eye protection is frames with lenses. Extended use of eye protection for complete shift. Refer to Shared Health Disinfecting Eye Protection: <a href="https://sharedhealthmb.ca/files/standard-operating-procedure-disinfecting-eye.pdf">https://sharedhealthmb.ca/files/standard-operating-procedure-disinfecting-eye.pdf</a></p> <p>For staff transporting a client who is suspect or positive for COVID-19 in a vehicle for work related reasons: The driver must wear a medical grade mask with no eye protection. The client wears a medical mask if they are able to and if additional staff are in the vehicle they are required to wear a medical mask and eye protection.</p> <p>Wear gloves and gowns for contact/direct care with clients who are suspect or positive cases for COVID-19. Gloves and gowns are used one time and discarded.</p>

# Children's disABILITY Services

Areas	Activity	Mask/PPE	Specific Instructions
<p><b>Children's disABILITY Services</b></p>	<p>All services</p>	<p>Mask (as required)</p>	<p>Perform hand hygiene upon arrival at a facility, when leaving a facility and before and after donning and doffing of PPE/non-medical mask. Hand hygiene must also be performed before/after contact with clients, other workers, or surfaces, items or areas that people touch (e.g. washrooms, papers)</p> <p>Follow Public Health recommendations for the general population for when to wear a mask. Refer to: <a href="https://www.gov.mb.ca/covid19/resources/masks.html">https://www.gov.mb.ca/covid19/resources/masks.html</a></p> <p>If non-medical mask is worn, reuse the same mask <b>for maximum of one complete shift of work</b>. Change mask if it becomes wet, damaged or soiled.</p> <p>If disposable mask is used refer to Shared Health Extended Use of Face Masks <a href="https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf">https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf</a> Change mask if it becomes wet, damaged or soiled and at breaks.</p>
	<p>Contact with suspect COVID-19 individual</p>	<p>Medical Mask</p>	<p>Refer to Shared Health Extended Use of Face Masks: <a href="https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf">https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf</a> Change mask if it becomes wet, damaged or soiled and at breaks.</p>

# Family Violence Shelters

# Families-Homeless Shelters

Areas	Activity	Mask/PPE	Specific Instructions
<p><b>Family Violence Shelters</b></p> <p><b>Families-Homeless Shelters</b></p>	<p>Site Support</p>	<p>Mask (as required)</p>	<p>Perform hand hygiene upon arrival at a facility, when leaving a facility and before and after donning and doffing of PPE/non-medical mask. Hand hygiene must also be performed before/after contact with clients, other workers, or surfaces, items or areas that people touch (e.g. washrooms, papers)</p> <p>Follow Public Health recommendations for the general population for when to wear a mask. Refer to: <a href="https://www.gov.mb.ca/covid19/resources/masks.html">https://www.gov.mb.ca/covid19/resources/masks.html</a></p> <p>If non-medical mask is worn, reuse the same mask <b>for maximum of one complete shift of work</b>. Change mask if it becomes wet, damaged or soiled.</p> <p>If disposable mask is used refer to Shared Health Extended Use of Face Masks <a href="https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf">https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf</a> Change mask if it becomes wet, damaged or soiled and at breaks.</p>
	<p>Contact with suspect COVID-19 individual</p>	<p>Medical Mask</p>	<p>Refer to Shared Health Extended Use of Face Masks: <a href="https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf">https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf</a> Change mask if it becomes wet, damaged or soiled and at breaks.</p>



# Manitoba Housing

Areas	Activity	Mask/PPE	Specific Instructions
<p><b>Property Services</b></p> <p><b>Security</b></p>	<p>Building maintenance</p> <p>Mobile patrols</p>	<p>Mask (as required)</p>	<p>Perform hand hygiene upon arrival at a facility, when leaving a facility and before and after donning and doffing of PPE/non-medical mask. Hand hygiene must also be performed before/after contact with clients, other workers, or surfaces, items or areas that people touch (e.g. washrooms, papers)</p> <p>Follow Public Health recommendations for the general population for when to wear a mask. Refer to: <a href="https://www.gov.mb.ca/covid19/resources/masks.html">https://www.gov.mb.ca/covid19/resources/masks.html</a></p> <p>If non-medical mask is worn, reuse the same mask <b>for maximum of one complete shift of work</b>. Change mask if it becomes wet, damaged or soiled.</p> <p>If disposable mask is used refer to Shared Health Extended Use of Face Masks <a href="https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf">https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf</a> Change mask if it becomes wet, damaged or soiled and at breaks.</p>
<p>October 13-22</p>	<p>Entering tenant suites with suspect or positive COVID-19 individuals present</p>	<p>Medical Mask Eye Protection Coveralls (as required) N95/P100 Respirators (as required)</p>	<p>Refer to Shared Health Extended Use of Face Masks: <a href="https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf">https://sharedhealthmb.ca/files/extended-use-of-face-masks.pdf</a> Change mask if it becomes wet, damaged or soiled and at breaks.</p> <p>Recommended eye protection is frames with lenses. Extended use of eye protection for complete shift. Refer to Shared Health Disinfecting Eye Protection: <a href="https://sharedhealthmb.ca/files/standard-operating-procedure-disinfecting-eye.pdf">https://sharedhealthmb.ca/files/standard-operating-procedure-disinfecting-eye.pdf</a></p> <p>Disposable coveralls and N95/P100 respirators may be needed according to the Workplace Safety and Health Act</p>