Cinnamon Tortilla Crisps

Serves 12-15 children.

Ingredients

- 5 multigrain or whole wheat tortillas
- 45-60 ml (3-4 tbsp) canola oil
- Cinnamon sugar

Instructions

1. Brush tortillas with oil on both sides.
2. Sprinkle with a little cinnamon sugar (mix white sugar with cinnamon, to taste).
3. Cut each tortilla (or pita) into 8 triangles.
4. Place on baking sheet and bake at 175°C (350°F) for about 8-10 minutes, or until golden brown and crispy.
5. Serve with yogurt dip and/or a fruit salsa.

TIPS:

- You could also try making this with whole wheat pita bread, naan bread or roti.