



Health, Seniors and Long-Term Care

Public Health

300 Carlton Street

Winnipeg, Manitoba Canada R3B 3M9

August 7, 2026

RE: Update on the Ebola Disease Outbreak in Democratic Republic of the Congo and Uganda

The outbreak of Bundibugyo virus disease in the Democratic Republic of the Congo (DRC) continues to expand. Transmission occurs through direct contact with the virus or with the blood or body fluids of an infected person or animal, alive or deceased. Symptoms typically develop 2 to 21 days following exposure and may include fever, chills, fatigue, myalgia, headache, sore throat, vomiting, diarrhea (which may be bloody), and hemorrhagic manifestations. Individuals are not infectious until symptom onset.

PHAC Border Measures and Quarantine Requirements:

In May 2026, the Government of Canada implemented temporary border measures for travellers from the DRC, Uganda, or South Sudan, with a mandatory 21-day quarantine required upon arrival in Canada if in any of these countries in the previous 21 days, unless exempt. For more information visit

www.canada.ca/en/public-health/services/diseases/ebola/border-measures.html.

Manitoba Situation:

Manitoba Public Health is currently monitoring a small number of travellers, who are required to quarantine under the federal order. Travellers under quarantine are advised not to seek in-person medical care, and to contact Public Health or Health Links–Info Santé if they develop symptoms or require non-Ebola related medical care. **If medical care is required, the patient must be assessed to exclude Ebola disease.** Health care providers may be contacted directly by individuals under quarantine for ongoing care. If virtual care is not sufficient, or if symptoms of Ebola are present, please follow the processes outlined below.

Viruses that cause Ebola disease are high consequence pathogens (HCPs) requiring specialized assessment and management. In Manitoba, assessment of individuals suspected to have exposure to, or are infected by a HCP must follow the Shared Health HCP processes and algorithms (available at <https://healthproviders.sharedhealthmb.ca/services/ers/ecm/>).

Providers who suspect Ebola disease or a potential Ebola exposure should:

- Immediately isolate the individual if present in a health care setting.
- If the individual is symptomatic in a health care setting, follow the HCP processes and algorithms and contact the **HCP Infectious Diseases Physician on-call (204-787-2071)**.



- For virtual patients and community settings, contact the **Medical Officer of Health (MOH) on-call (204-788-8666)** for consultation and guidance regarding assessment and next steps.

In consultation with the facility physician and/or MOH, the HCP ID Physician on-call will determine whether clinical escalation and testing is required. Patients under investigation for a HCP can only be tested through the High Consequence Pathogen Unit (HCPU) at Health Sciences Centre.

Ebola disease is unlikely to occur in Manitoba, as most travellers under quarantine are low risk. Individuals requiring medical attention for unrelated causes will be referred to an appropriate site for medical care with details of the risk assessment for Ebola and any further recommendations.

Thank you for your cooperation and support. If you have any questions, please email CDPC@gov.mb.ca.

Sincerely,

"Original Signed by"

"Original Signed by"

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