



Adult Provincial Mental Health and Acquired Brain Injury Services Map

Selkirk Mental Health Centre
January 2017

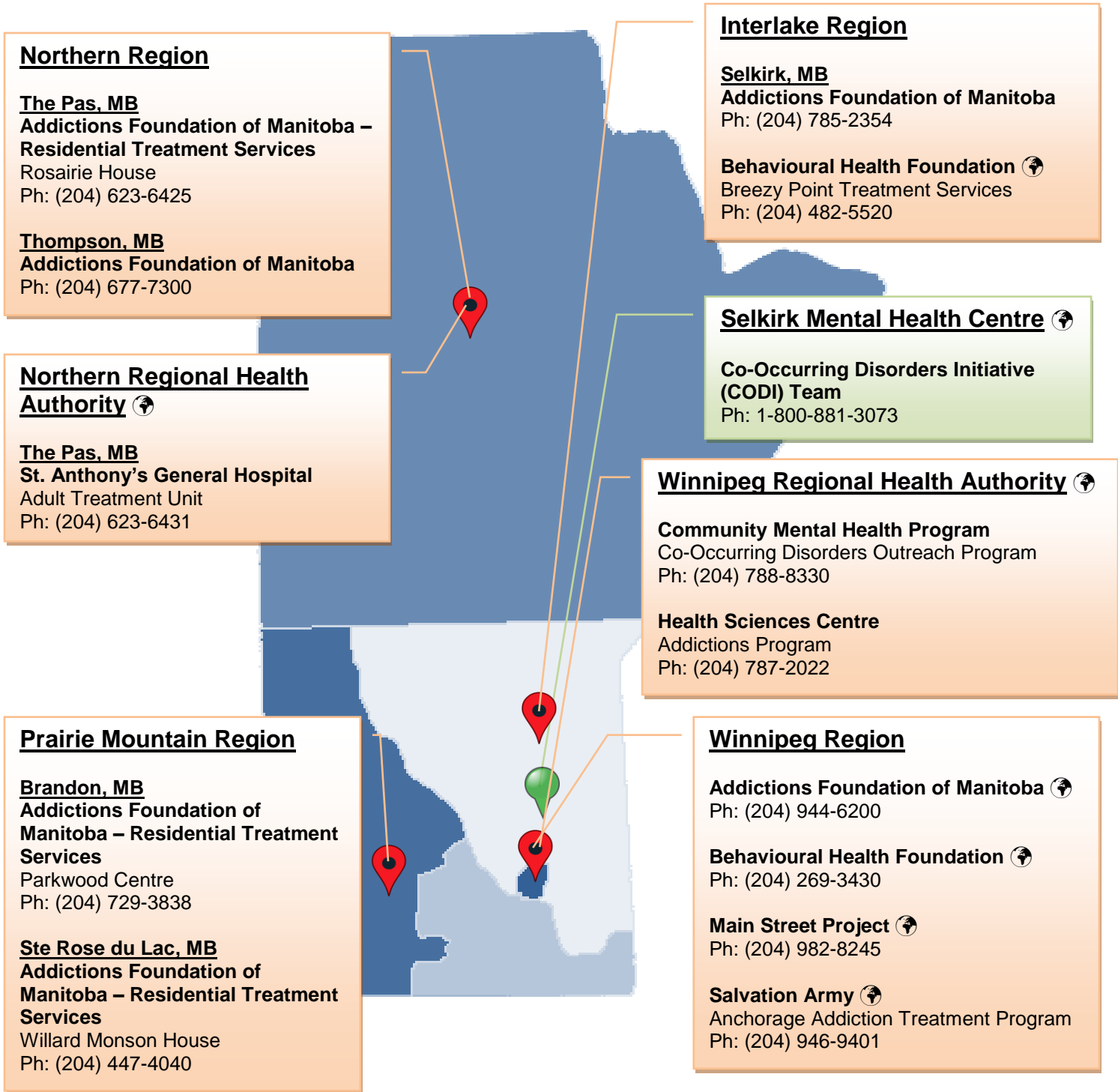
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Acquired Brain Injury Services



Addictions Services



Community Mental Health Services

Northern Regional Health Authority 🌐

Community Mental Health Services

Flin Flon, MB

Ph: (204) 687-1350

The Pas, MB

Ph: (204) 623-9650

Thompson, MB

Ph: (204) 677-5358

Interlake-Eastern Regional Health Authority 🌐

Community Mental Health Services

Ph: 1-866-757-6205

- Community Mental Health Workers
- Intensive Case Managers
- Proctors

Prairie Mountain Health Authority 🌐

Community Mental Health Services (South)

Ph: (204) 578-2400

Ph: 1-855-222-6011

Community Mental Health Services (North)

Ph: (204) 638-2118

Winnipeg Regional Health Authority 🌐

Community Mental Health Services

Ph: (204) 788-8330

- Community Mental Health Workers
- Intensive Case Managers
- Proctors
- Transition Workers

Southern Health-Santé Sud 🌐

Community Mental Health Services 🌐

Ph: 1-888-310-4593

- Community Mental Health Workers
- Intensive Case Managers
- Proctors
- Outpatient Psychiatry

Community Psychosocial Rehabilitation and Housing

Selkirk Mental Health Centre 🌐

Community Rehabilitation Services

- McLean House
Ph: (204) 482-6387
- Mildred House
Ph: (204) 482-3225

Winnipeg Regional Health Authority 🌐 **Program of Assertive Community Treatment**

Ph: (204) 788-8330

WRHA Mental Health Housing Services

Ph: (204) 788-8330

Interlake Region

Canadian Mental Health Association 🌐

Residential Care Program

Ph: (204) 482-9723

- Housing Support Workers

Winnipeg Region

Canadian Mental Health Association 🌐

Rehabilitation and Recovery Services

Ph: (204) 982-6100

Eden Housing and Support Services 🌐

Ph: (204) 325-0946

Friends Housing Inc. 🌐

Ph: (204) 953-1160

Mount Carmel Clinic 🌐

Assertive Community Treatment Program

Ph: (204) 943-5512

Salvation Army 🌐

The Haven

Ph: (204) 946-9404

Sara Riel Inc.

- Community Recovery Services 🌐

Ph: (204) 237-9263

- Seneca Respite 🌐

Ph: (204) 231-0217

Siloam Mission

Madison Supportive Housing

Ph: (204) 956-4344

Prairie Mountain Health Authority 🌐

Psychosocial Rehabilitation

Ph: (204) 578-2400

Ph: 1-855-222-6011

Residential and Community Support

Ph: (204) 578-2400

Ph: 1-855-222-6011

Prairie Mountain Region

Canadian Mental Health Association

- Westman – Ph: (204) 727-5425
- Parkland/Swan River
Ph: (204) 734-2734
- Dauphin – Ph: (204) 638-4097

Southern Health-Santé Sud 🌐

Eden Housing and Support Services 🌐

Ph: (204) 325-9384 (Winkler)

Ph: (204) 326-5437 (Steinbach)

Mental Health Promotion, Housing and Supports

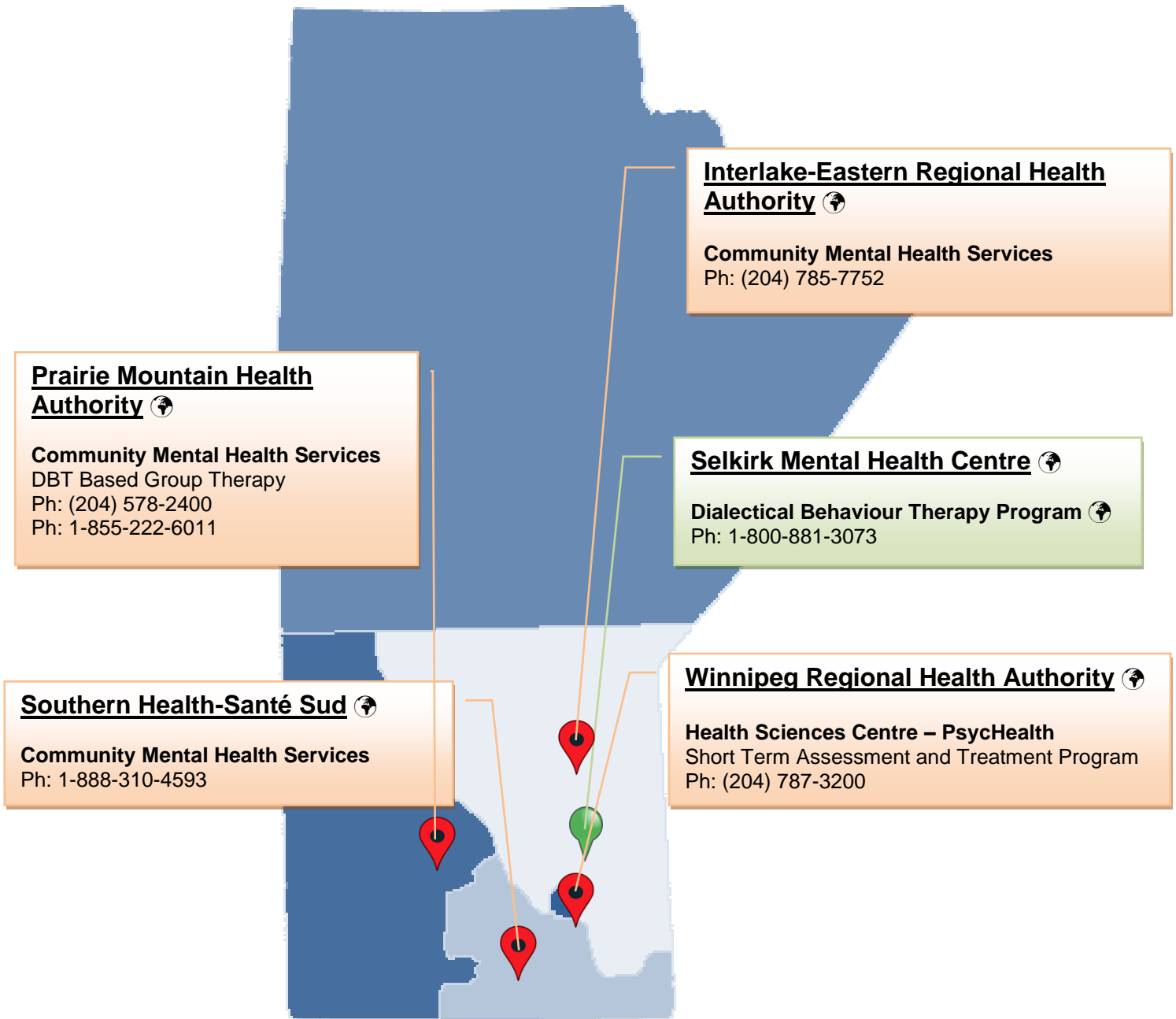
Ph: (204) 325-6585

Steinbach, MB

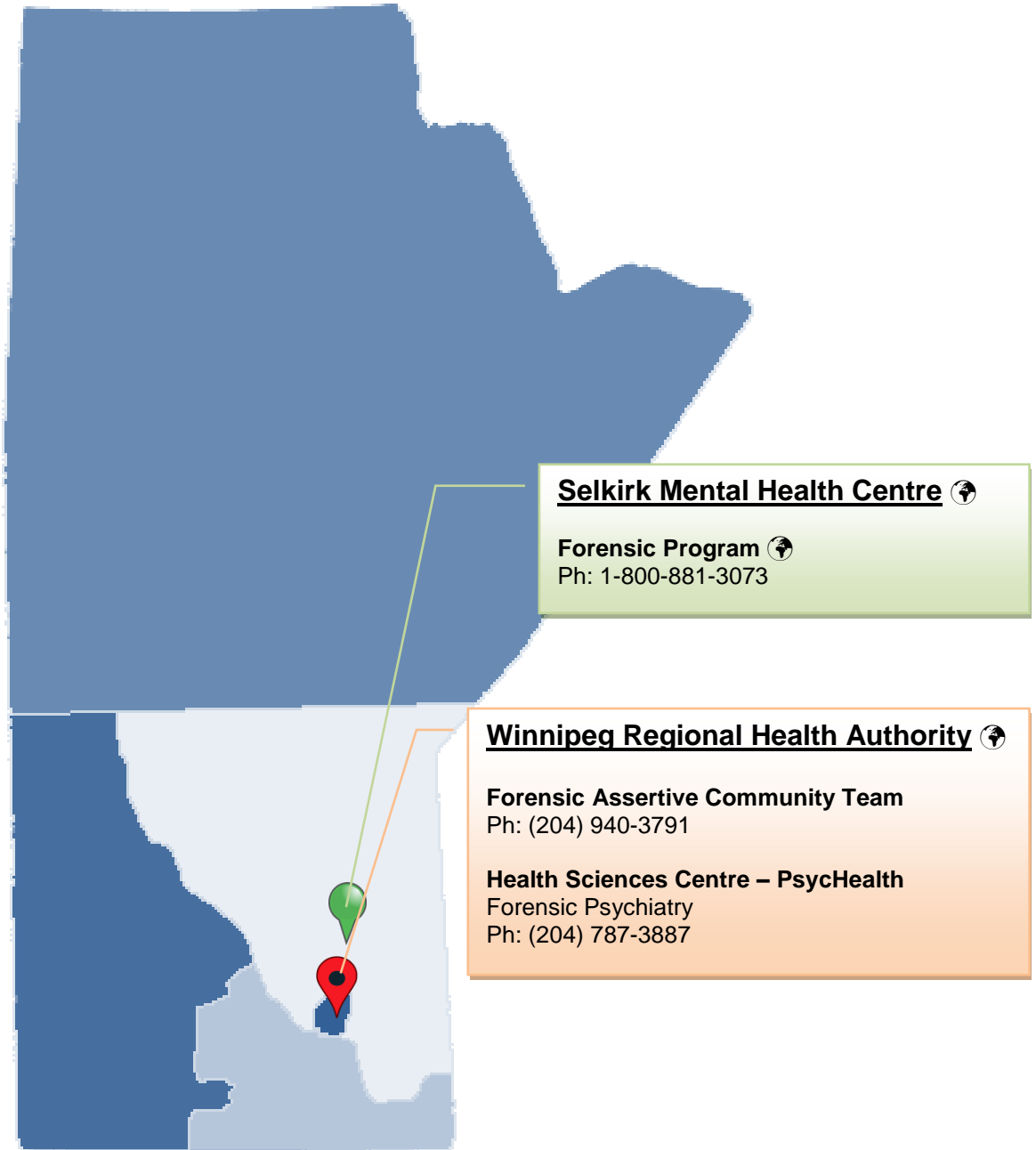
Positive Living Program

Ph: (204) 392-5670

Dialectical Behaviour Therapy Services

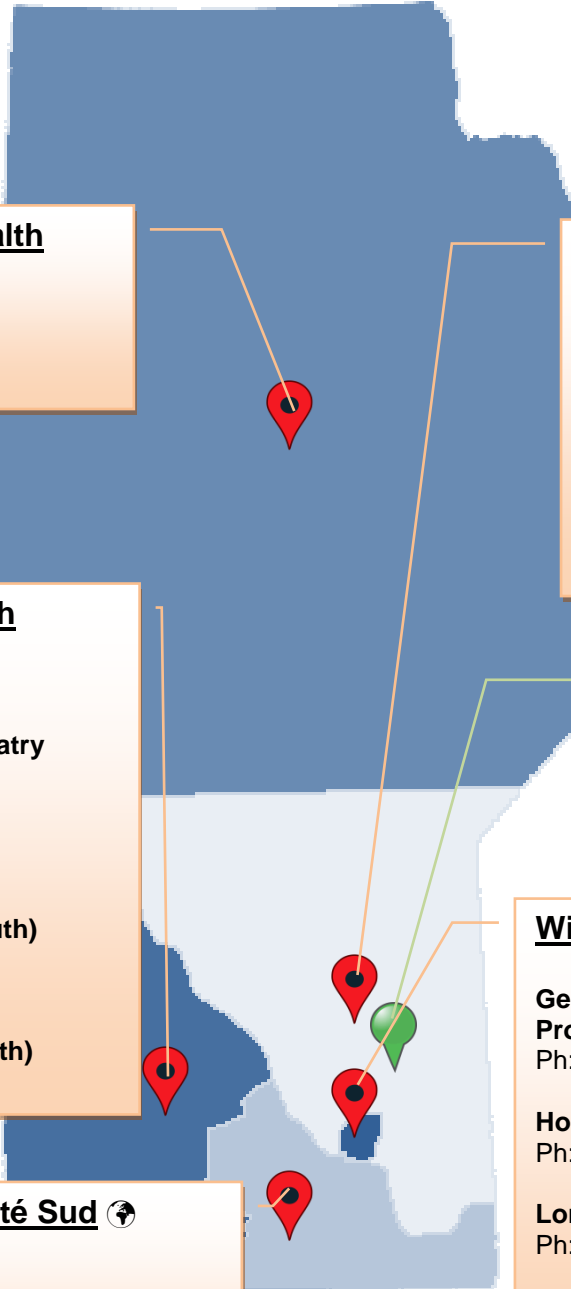


Forensic Services



Geriatric Mental Health Services

For information on Personal Care Homes in each region, please see the Provincial Bed Map (2015).



Northern Regional Health Authority 🌐

Home Care Services
Ph: (204) 687-4870

Interlake-Eastern Regional Health Authority 🌐

Home Care Services
Ph: 1-855-347-8500

Long Term Care Access
Ph: (204) 785-5500

Mental Health Services for the Elderly
Ph: 1-866-757-6205

Prairie Mountain Health Authority 🌐

Brandon, MB
Centre for Geriatric Psychiatry
Ph: (204) 578-4560

Home Care Services
Ph: (204) 578-2325

Seniors Mental Health (South)
Ph: 1-855-222-6011
Ph: (204) 578-2400

Seniors Mental Health (North)
Ph: (204) 638-2118

Selkirk Mental Health Centre 🌐

Geriatric Program 🌐
Ph: 1-800-881-3073

Southern Health-Santé Sud 🌐

Home Care Services 🌐
Ph: (204) 346-6122

Senior Consultation Team
Ph: 1-888-310-4593

Winnipeg Regional Health Authority 🌐

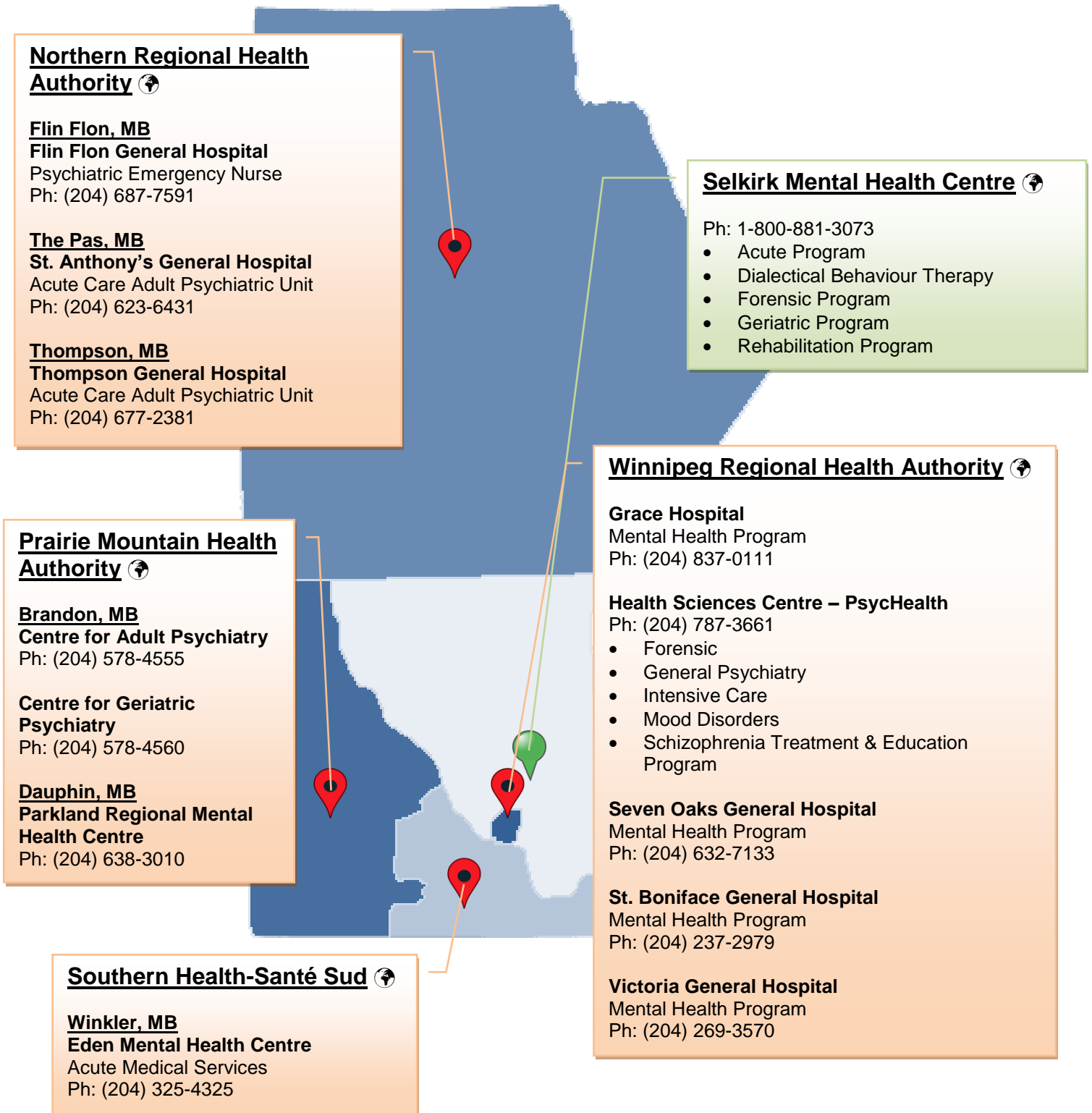
Geriatric Mental Health Team & Geriatric Program Assessment Team 🌐
Ph: (204) 982-0140

Home Care Program 🌐
Ph: (204) 788-8330

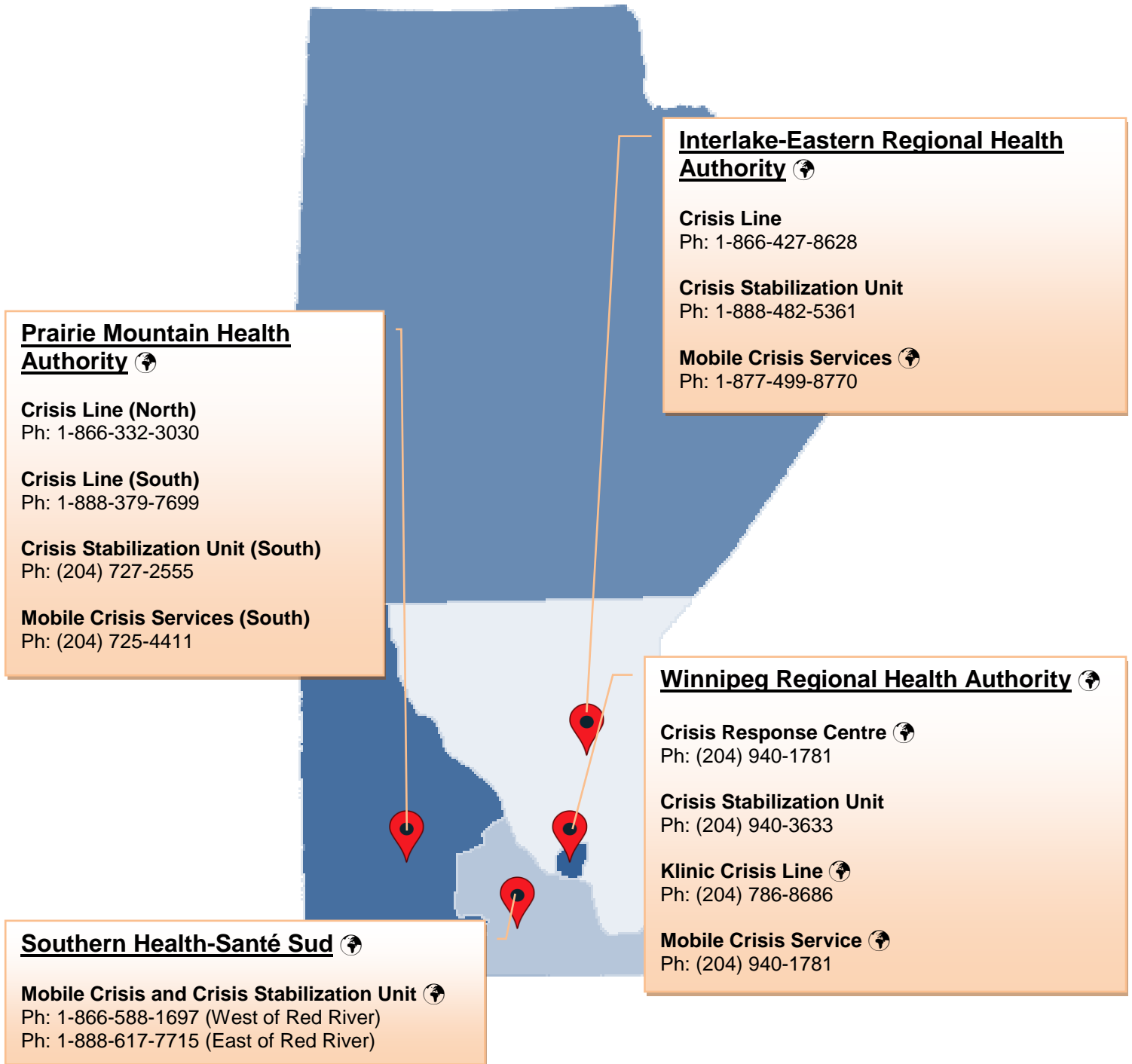
Long Term Care Access Centre
Ph: (204) 833-1769

Supportive Housing 🌐
Ph: (204) 788-8330

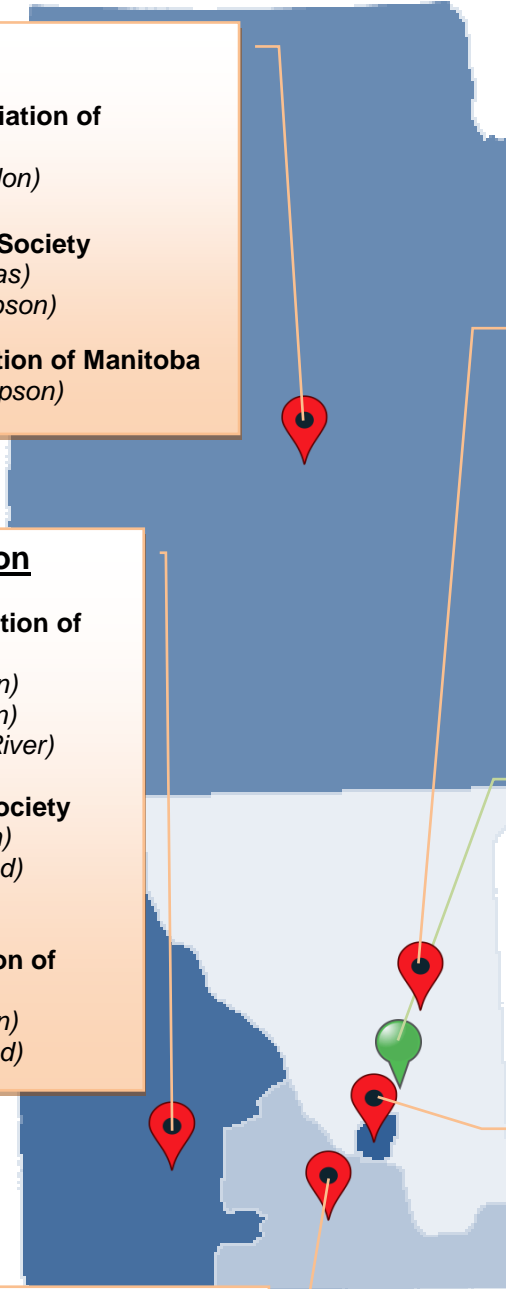
Inpatient Psychiatric Services



Mental Health Crisis Services



Self Help Services



Website Information

- Anxiety Disorders Association of Manitoba
- Manitoba Schizophrenia Society
- Mood Disorders Association of Manitoba

Northern Region

Anxiety Disorders Association of Manitoba

Ph: (204) 271-0060 (*Flin Flon*)

Manitoba Schizophrenia Society

Ph: (204) 623-3387 (*The Pas*)

Ph: (204) 677-6051 (*Thompson*)

Mood Disorders Association of Manitoba

Ph: (204) 679-2324 (*Thompson*)

Interlake-Eastern Region

Anxiety Disorders Association of Manitoba

Ph: (204) 389-5030 (*Winnipeg Beach*)

Ph: (204) 345-8511 (*Lac Du Bonnet*)

Manitoba Schizophrenia Society

Ph: (204) 485-1253 (*Selkirk*)

Mood Disorders Association of Manitoba

Ph: (204) 444-5228 (*Dugald*)

Ph: (204) 330-7821 (*Teulon*)

Prairie Mountain Region

Anxiety Disorders Association of Manitoba

Ph: (204) 725-8550 (*Brandon*)

Ph: (204) 638-5368 (*Dauphin*)

Ph: (431) 280-0116 (*Swan River*)

Manitoba Schizophrenia Society

Ph: (204) 728-5811 (*Brandon*)

Ph: (204) 648-6833 (*Parkland*)

Ph: (204) 724-0167 (*Souris*)

Mood Disorders Association of Manitoba

Ph: (204) 725-1232 (*Brandon*)

Ph: (204) 638-7278 (*Parkland*)

Selkirk Mental Health Centre

Self Help Office

Ph: 1-800-881-3073

- Anxiety Disorders of Manitoba
- Manitoba Schizophrenia Society
- Mood Disorders Association of Manitoba

Winnipeg Region

Anxiety Disorders Association of Manitoba

Ph: (204) 925-0600

Manitoba Schizophrenia Society

Ph: (204) 786-1616

Mood Disorders Association of Manitoba

Ph: (204) 786-0987

Southern Region

Steinbach, MB

Manitoba Schizophrenia Society

Ph: (204) 371-0824

Mood Disorders Association of Manitoba

Ph: (204) 444-5228

Appendix 1: List of Nursing Stations by Region (Alphabetical)

Interlake – Eastern Regional Health Authority

Health Centre

Contact Number

| | |
|--|----------------|
| Black River First Nation Health Centre | (204) 367-8089 |
| Brokenhead Ojibway First Nation Health Centre | (204) 766-2494 |
| Dauphin River First Nation Health Centre | (204) 772-6117 |
| Fisher River Health Centre Health Centre | (204) 645-2689 |
| Fort Alexander Health Centre | (204) 367-2208 |
| Hollow Water First Nation Health Centre | (204) 363-7364 |
| Lake Manitoba First Nation Health Centre | (204) 768-3492 |
| Lake St Martin First Nation Health Centre | (204) 948-1119 |
| Little Saskatchewan First Nation Health Centre | (204) 659-4584 |
| Kinonjeoshtegon First Nation Health Centre | (204) 394-2255 |
| Pinaymootang Health Centre | (204) 659-5786 |
| Peguis Health Centre | (204) 645-2169 |

Nursing Station

Contact Number

| | |
|---|----------------|
| Berens River First Nation | (204) 382-2813 |
| Bloodvein First Nation | (204) 395-2161 |
| Little Grand Rapids First Nation: | (204) 397-2450 |
| Paungassi First Nation Band Nursing Station | (204) 397-2166 |
| Poplar River Nursing Station | (204) 244-2102 |

Northern Regional Health Authority

Nursing Station

Contact Number

| | |
|--|----------------|
| Barren Lands First Nation | (204) 323-3200 |
| Cross Lake Nursing Station | (204) 676-2011 |
| Easterville/Chemawawin Nursing Station | (204) 329-2212 |
| Fox Lake Cree Nation | (204) 486-2463 |
| Garden Hill Nursing Station | (204) 456-2615 |
| God's Lake Nursing Station | (204) 335-2557 |
| God's River/Manto Sipi Nursing Station | (204) 366-2355 |
| Grand Rapids/Misipawistik Nursing Station | (204) 639-2215 |
| Lac Brochet/Northlands Nursing Station | (204) 337-2161 |
| Marcel Colomb First Nation | (204) 356-2439 |
| Mathias Colomb Cree Nation | (204) 553-2089 |
| Moose Lake/Mosakahiken Nursing Station | (204) 678-2252 |
| Nelson House/Nisichawayasihk Nursing Station | (204) 484-2031 |
| Norway House Nursing Station | (204) 359-8230 |

| | |
|--|----------------|
| Opaskwayak Cree Nation | (204) 623-7193 |
| Oxford House/Bunibonibee Nursing Station | (204) 538-2347 |
| Pukatawagan/Mathias Colomb Nursing Station | (204) 553-2271 |
| Red Sucker Lake Nursing Station | (204) 469-5321 |
| Shamattawa Nursing Station | (204) 565-2370 |
| South Indian Lake/O-Pipon-Na-Piwin Nursing Station | (204) 374-2013 |
| Split Lake/Tataskweyak Nursing Station | (204) 342-2033 |
| St Theresa Point Nursing Station | (204) 462-2264 |
| Tadoule Lake/Sayisi Nursing Station | (204) 684-2031 |
| Waasagamach Nursing Station | (204) 457-2189 |
| War Lake First Nation | (204) 288-4315 |
| Wuskwi Sipikh First Nation | (204) 236-4894 |
| York Landing Nursing Station | (204) 341-2325 |

Prairie Mountain Health Authority

Nursing Station

Contact Number

| | |
|--|----------------|
| Birdtail Sioux First Nation | (204) 568-4540 |
| Canupawakpa Dakota First Nation (Oak Lake) | (204) 854-2959 |
| Chemawawin Cree Nation | (204) 329-2161 |
| Crane River First Nation | (204) 732-2490 |
| Ebb and Flow First Nation | (204) 448-2134 |
| Keeseekoowenin First Nation | (204) 625-2001 |
| O-Chi-Chak-Ko-Sipi First Nation | (204) 732-2076 |
| Pine Creek First Nation | (204) 524-2478 |
| Rolling River First Nation | (204) 636-2211 |
| Shoal Lake First Nation | (204) 587-2012 |
| Sioux Valley First Nation | (204) 855-2690 |
| Tootinaowaziibeeng First Nation | (204) 546-3267 |
| Waterhen First Nation (Skownan) | (204) 628-3333 |
| Waywayseecappo First Nation | (204) 859-5080 |

Southern Health – Santé Sud

Nursing Station

Contact Number

| | |
|---------------------------------------|----------------|
| Buffalo Point First Nation | (204) 437-2133 |
| Dakota Plains First Nation | (204) 252-3636 |
| Dakota Tipi First Nation | (204) 857-4381 |
| Long Plain First Nation Health Centre | (204) 252-2369 |
| Roseau River Anishinabe First Nation | (204) 427-2584 |
| Sandy Bay First Nation | (204) 843-2462 |
| Swan Lake First Nation | (204) 836-2424 |