

# Healthy Food In Schools

HEALTHY KIDS | HEALTHY SCHOOLS | HEALTHY COMMUNITIES

## Valentine's Day Classroom Party Snack Ideas

### From the Oven

- Mini Strawberry Banana Muffins
- Cinnamon Cookies

### Cold Food

- Pink Smoothies
- Strawberry with Chocolate Dip
- Black Cherry Frozen Yogurt
- Mini Heart Shape Sandwiches [Cookie Cutter]

For Valentine's Day, try red and pink popsicle stick fruit kabobs.

Strawberry    Watermelon  
Red Apple    Pink Grapefruit  
Red Pear



### Fun ways to share with friends on Valentine's Day!

#### Friendship Fruit Salad

Instead of bringing candy on Valentine's Day, ask each child in the class to bring in one piece of fruit. Together students can prepare the fruit and mix it together for a delicious, Valentine's Day snack.

#### Friendship Messages

Create friendly food valentines. For example; "You are PEARfect!" or "ORANGE you be my Valentine"



Call toll free for assistance from the School Nutrition Support Team—1-888-547-0535

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